

# WHAT'S ON

July 2025 / Tammuz 5785

## EHR S

### What is What's On?

EHRs's monthly newsletter highlights what our lively community offers for you to participate in, enjoy and learn from.

Full details of all events and services can be found at [www.ehrs.uk/event](http://www.ehrs.uk/event) and our 'Our Week Ahead' emails or call the Synagogue Office.



# Contact Us

The normal office operating hours are Monday to Thursday 9:30-17:00, Friday 9:30-15:30, and Sundays 10:00-12:30. You are welcome to call or visit during these times. The office is not staffed on Shabbat and festivals. If you wish to see a specific member of staff, please call in advance to ensure that they are available. The telephone is operated during the normal office hours, 020 8238 1000. You can email to [admin@ehrs.uk](mailto:admin@ehrs.uk). Emails and messages will be checked during the normal operating hours. If you need to advise of a death or arrange a funeral, outside of the normal hours, please call the JJBS directly on 020 8989 5252. Please try to make any payments via the synagogue website at

[www.ehrs.uk/payment](http://www.ehrs.uk/payment), via bank transfers or otherwise please phone to pay by either a credit or debit card. Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

## BEREAVEMENT

Office hours: in all cases of bereavement please contact Amanda Bookatz, the Executive PA to the Clergy. Out of office hours: in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message. JJBS email [info@jewishfunerals.org.uk](mailto:info@jewishfunerals.org.uk)

## THE CLERGY

Our EHRS Clergy Team are always happy to hear from you, please contact their Executive PA, Amanda Bookatz, on 020 8238 1002 or [amanda.bookatz@ehrs.uk](mailto:amanda.bookatz@ehrs.uk). You can contact them directly:

Rabbi Mark Goldsmith (Senior Rabbi)  
020 8238 1020, [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk)  
Rabbi Debbie Young-Somers  
020 8238 1019, [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)  
Rabbi Sandra Kviat  
020 8238 1018, [sandra.kviat@ehrs.uk](mailto:sandra.kviat@ehrs.uk)  
Cantor Tamara Wolfson  
020 8238 1010, [cantor.tamara@ehrs.uk](mailto:cantor.tamara@ehrs.uk)

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Clergy Team.

**For information about our "Together Groups"  
see [ehrs.uk/togethergroups](http://ehrs.uk/togethergroups)**

## Subscription Payments for 2025

If you are paying by standing order and wish to continue paying monthly, please download the mandate from our website or call us with your bank sort code, account number and name so that we can switch you to a direct debit. If you wish to pay in full, this can still be made by card, bank transfer, or through the payment page on our website.

Thank you for enabling EHRS to be a thriving Jewish community by paying your membership subscription on time.

**For all Zoom details please  
see forthcoming Our Week  
Ahead emails, or email  
[admin@ehrs.uk](mailto:admin@ehrs.uk).**

**If you find it difficult to book  
events online, please call the  
synagogue office so that we  
can help you.  
Tel: 020 8238 1000**

## Dates for your diary at EHRS in 2025

**Erev Tisha B'Av at EHRS**  
Saturday 2 August

**Tisha B'Av**  
Sunday 3 August

**Afternoon Films & Courtyard BBQ**  
Sunday 7 September

# Monthly Musings

Rabbi Mark Goldsmith

## Return and Renewal



As I write these words for What's On at EHRS it is impossible to know what the situation of Israel will be when you read them. This is the week of Israel's attack on the nuclear bomb making capability of Iran, and Iran's bombardment of Israel in return. We have already heard of the destruction, by Iranian missile, of the apartment block in Ramat Gan which was home to the daughter, grandchildren and great grandchildren of EHRS members, thankfully while they were in the local bomb shelter. On another sad level, the new front of the war in which Israel is embroiled has meant that the two young women from the Leo Baeck Center in Haifa, who were to join us for some of the summer, have not been able to leave the country. They have had to abandon their trip and all they were to bring to our young people. As we enter the month of Tammuz, the sense of being under siege as a people, which the Haftarat of this time of the year, always give, rings tragically true.

We head towards Tisha b'Av this month, a point in the year on which the Rabbis hung a whole series of tragedies which befell the Jewish people. Using the Book of Eichah/Lamentations they encouraged us to mourn for what we had lost as a people, but they had no intention of leaving us there. The book ends with words that we sing every time we close the Ark in the Synagogue, 'turn us back to You, Eternal, and we shall return; renew our lives as of old.' (Eichah 5:21) Whatever tough, even tragic, times befall us we need to repair, reinvigorate, be resilient. The Temples were destroyed, so Judaism rebuilt a new way that was not dependent on a particular location in Jerusalem, but could continue in any Synagogue, anywhere. We were expelled from country after country but we re-established our Jewish communities in new lands. We were decimated brutally by Nazism, but we ensured that we would always have a place of refuge in our new State of Israel.

Now we live in a newly uncertain time. We will continue, though, to be a repairing and resilient people. In this edition of What's On you will see many opportunities to consider what that repair and resilience can be, meeting Israel's next generation, hearing from a visionary Israeli Rabbi and Head Teacher, hearing how World Jewish Relief never gives up on Jewish communities. Our first Rabbi, Ignaz Maybaum z"l had these words from the Hallel Psalms engraved in Hebrew on his gravestone: 'I shall not die but live to declare the works of the Eternal'. (Psalm 118:17) Whatever is going on in the world we will always look towards a living future.

## Rabbi Tanya Sakhnovich

Rabbi Tanya Sakhnovich joined EHRS in November 2022. She has made a great impact in the community, for example creating popular Shabbat Evening musical services, a great post B'nei Mitzvah study programme, our connection with the pre-war home of one of our Sifrei Torah in Sobeslav, extraordinary trips to Poland, Germany and Czechia for EHRS members. She has accompanied many members in their lives and been a much appreciated member of our Clergy team in all respects.

In March 2025, Rabbi Tanya went to Georgia to look after her mother who is long-term sick. She had hoped to return in September but now knows that she cannot, due to the needs of her family. So she has made the difficult decision to relinquish her position at EHRS with immediate effect. We are so sorry to lose her special skills and presence in our community and hope that she will visit EHRS in the future. We wish her the very best for the future and the strength that she needs to care for her mother. We hope to organise a time for the community to celebrate her time with us as our Rabbi when this is possible for Rabbi Tanya.

EHRS Council has begun the recruitment process for a new Rabbi or Cantor to join Rabbi Mark, Rabbi Debbie and Cantor Tamara right away so that we can soon return to the full strength of our Clergy Team. Rabbi Sandra will remain with us part-time until September at least, as we continue our search.

# Mazel Tovs & Simchas

## Bar/Bat Mitzvahs

**5 July**

**Dora Brier**, daughter of Jeremy and Louisa Brier

**19 July**

**Eliana Young-Somers**, daughter of Rabbi Gary Somers and Rabbi Debbie Young-Somers

## Births

Mazel Tov to Abby and Ben Dahan on the birth of their son, **Cody Micah Dahan**

## Marriages

Mazel Tov to **Lewis Woolfson** and **Emma Conn** on their marriage

Mazel Tov to **Ross Weinrabe** and **Natasha Collins** on their marriage

Mazel Tov to Spencer and Gail Botchin on the marriage of their son, **Joe Botchin**, to **Natalie Zakaïem**

## Special Birthdays

Mazel Tov to **Michael Albert** on his 80th birthday

### Have you Got News for Us?

**Whether it be a birth, anniversary, special birthday or achievement, please let us know so it can be announced.**

**Please email [communications@ehrs.uk](mailto:communications@ehrs.uk)**

# New Members

A warm welcome is extended to the following new members of our community:

Andrew, Francesco, and Everleigh Cuffaro-Lightstone

Leon Morris

Justyn Nathan

We look forward to getting to know them.

## Welcome to our new Colleagues

We are delighted to welcome two new colleagues to the EHRS Staff Team.

**Amanda Bookatz** joins us as the Executive PA to the Clergy Team. She takes over the work that June Lewis did for eleven years, supporting our Rabbis, Cantor and Senior Warden and also the work which Debbie Drapkin established as our Membership Engagement Lead, before her retirement.

**Hannah Weber** joins us as our Head of Youth Development, in the position that Jack Murphy had before he moved to work with Kisharon-Langdon. Hannah can draw on her wealth of youth leadership experience here at EHRS having been one of our most skilled madrichot since her early teens. Her mother Jo held the same position at EHRS as our Head of Youth when she was Hannah's age.

We wish Amanda and Hannah the very best in their new positions.



# Services

## Erev Shabbat Service, 18:30–19:20

Our Erev Shabbat Service takes place every Friday evening. Led by our Clergy in person at the Synagogue and through the EHRS Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world. Once a month, returning in September, our *Shirah* (musical) or *Shirah SheBaLev* (accapella choir) Friday night services enhance the experience with great music.

## Shabbat Morning Service, 10:30–12:30

Our Shabbat Morning Service is held in the EHRS Beit Tefillah (sanctuary). The service is also available on the EHRS Livestream Classic Channel.

## Children's Shabbat Experiences

We aim for there to be a special Shabbat experience for children every week at EHRS. Our *Shabbat Shirah* and *Shabbat Club* on respectively the second and fourth Shabbat each month are especially created for children to enjoy. On the first and third Shabbat, from 10:45–11:15 our Clergy and educators run *Torah Time* or *Build a Bible* sessions for any children that would like to join them. See Our Week Ahead for what is on this week. All are suitable for collecting CRP points for Jewish schools.

## Kuddle Up Shabbat , 16:15–16:45

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

## Early Risers Service – Second Shabbat of Each Month, 9:30–11:00

This especially friendly service is mostly in Hebrew, uses nusach (traditional modes of chant for the prayers), includes the Torah reading and Musaf (which is the repetition of the Amidah special to Shabbat) and other features to create a participative experience, ending with a hospitable Kiddush.

## Sunday Shacharit, 9:30–10:00

Half an hour of morning prayer with a friendly bunch of folks, includes the Kaddish if you are remembering a loved one. On the first Sunday of each month, it includes a bagel breakfast.

### Israel – The Next Generation Tuesday 8 July, 19:00–20:00



To understand Israel today, it is very important to hear the voices of young people.

Led by Rabbi Mark, speaking with Israeli teenagers in Northern Israel. They will share their hopes, fears and feelings about the future with plenty of time for your questions. All ages welcome, but please do encourage your teens to join in.

Only on Zoom.

Please email [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) for Zoom details.

### Israel Shiur – Rabbi Ofek Meir Saturday 19 July 9:15–10:15



Rabbi Ofek Meir is the Principal of the Leo Beack Center in Haifa. Beginning as an Israeli *shaliach* in London, he has had a remarkable career as a community Rabbi, head of the Rabbinic Programme at the Jerusalem Hebrew Union College and now leader of a flagship 4–18 school, community centre and social action driver in his home city of Haifa.

Rabbi Ofek's Shiur will ask tough questions about Israel-Diaspora relations post October 7<sup>th</sup>, reflecting on the work of the Leo Baeck Centre from his perspective as a Rabbi, teacher and father. All accompanied by music and song.

Hosted by Rabbi Mark, in person and on Zoom.

Please email [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) for Zoom details.

# Coming Soon

## Kaytana 2025

### Week 1:

**Monday 28 July – Friday 1 August**

(Week 1 trip: Mini golf & graffiti workshop)

### Week 2:

**Monday 4 August – Friday 8 August**

(Week 2 trip: Phasels Wood)

### Week 3:

**Monday 11 August – Friday 15 August**

(Week 3 trip: Riverside Hub)

A colorful poster for Kaytana 2025! featuring puzzle pieces, a rainbow, and various activity icons. The text details the schedule for three weeks: Week 1 (28th July - 1st August) with a Mini Golf & Graffiti Workshop; Week 2 (4th August - 8th August) with a Phasels Wood trip; and Week 3 (11th August - 15th August) with a Riverside Hub trip. It also lists pricing for members (£150 for 5 days or £30 per day) and non-members (£200 for 5 days or £40 per day), and offers an early bird discount from May 16th to 21st. Individual trip days are priced at £38 for members and £48 for non-members. The poster includes contact information for EHRs Youth Centre and an Ofsted Registered logo.

**KAYTANA 2025!**

WEEK 1: 28<sup>TH</sup> JULY - 1<sup>ST</sup> AUGUST  
WEEK 1 TRIP - MINI GOLF & GRAFFITI WORKSHOP!

WEEK 2: 4<sup>TH</sup> AUGUST - 8<sup>TH</sup> AUGUST  
WEEK 2 TRIP - PHASELS WOOD

WEEK 3: 11<sup>TH</sup> AUGUST - 15<sup>TH</sup> AUGUST  
WEEK 3 TRIP - RIVERSIDE HUB

EARLY BIRD DISCOUNT AVAILABLE  
FROM 16<sup>TH</sup> - 21<sup>ST</sup> MAY

EHRs Members: £150 for 5 days or £30 per day  
Non Members: £200 for 5 days or £40 per day

EARLY DROP OFF & LATE PICK UP  
AVAILABLE

Individual trip day for  
members: £38

Individual trip day for non  
members: £48

FOR MORE INFORMATION GO TO  
WWW.EHRS.UK/YOUTHCENTRE OR  
EMAIL HANNAH.youth@ehrs.uk

Ofsted  
Registered

Kaytana is our inspiring and creative multi-activity day camp where you can take part in sport, drama, music, arts & crafts, cookery, competitions, team games, park activities and enjoy some free time with your friends. Trip days on Wednesdays.

Join us for 3 weeks packed full of fun and creative activities.

EHRs Youth Centre offers children the opportunity to express themselves and have fun in a safe and structured Reform Jewish environment.

Book: [ehrs.uk/kaytana](https://ehrs.uk/kaytana)

## Erev Tisha B'Av Service

**Saturday 2 August**

**20:00–21:30**



On Tisha B'Av we commemorate a number of sad events which have changed the course of Jewish history, the destruction of the First and Second Temples, the expulsion of the Jews from Spain in 1492 and England in 1290.

Rabbi Sandra and Rabbi Mark will lead a reading of the Megillah Eichah/Lamentations and then we will consider how Judaism and Jewish communities have repaired themselves after such deep shattering.

What might we learn from this process of repair today?

# Week at a Glance

## 30th June to 6th July

Event details are correct at time of printing but may be subject to change.

Please visit [www.ehrs.uk/events](http://www.ehrs.uk/events) and see our "Our Week Ahead" emails for up to date information.

### Monday 30th

11:15–12:30 Folk Dancing

14:00–15:30 Singing Circle

### Tuesday 1st

14:00–16:30 The League of Jewish Women

19:00–20:30 Scouts

19:00–21:30 Cornerstone

19:30–21:00 Rabbi Kraft Memorial Book Club

20:00 **Cookalong – Scandinavian Herring**

### Wednesday 2nd

20:00–22:00 Bridge for Beginners

### Thursday 3rd

10:00–11:00 Zumba Gold

11:00–11:45 Sing & Sensory

13:30–15:30 JACS at EHRS

14:00–16:00 Rummikub Group

18:45–20:00 Cubs

### Friday 4th

10:30–11:45 Shabbat Stay & Play

18:30–19:20 Erev Shabbat Service led by our B'nai Mitzvah students

### Saturday 5th

9:15–10:15 **First Shabbat Shiur**

10:30–12:30 Shabbat Morning Service

10:30–11:45 **Shabbat B'Ya'ar – Shabbat in the Forest**

10:45–11:15 Build a Bible

### Sunday 6th

9:30–10:00 Sunday Shacharit

9:45–12:30 Orot – "The Happy Cheder"

11:30–12:30 EHRS Orot end of term BBQ

20:00 Football

Edgware & Hendon  
Reform Synagogue  
מיקוד לדור ודור

# COOKALONG — SCANDINAVIAN HERRING

**TUESDAY  
1 JULY  
20:00**

IN PERSON

PLEASE EMAIL  
SANDRA.KVIAT@EHRS.UK  
FOR DETAILS.



DANISH  
SMØRREBRØD  
IS AN ALL TIME  
CLASSIC, AND IS  
EATEN AT HOME AND  
IN RESTAURANTS. IT IS  
A WHOLE EXPERIENCE,  
WITH SPECIFIC RULES OF  
WHAT TO EAT WHEN, WHICH  
ARE NEVER EXPLAINED BUT  
JUST ASSUMED TO BE KNOWN.

LEARN TO MAKE THE CLASSIC  
'KARRYSILD' OR HERRING IN A  
MILD CURRY AND THYME  
DRESSING, COMPLETE WITH  
ALL THE EXTRAS, AND  
LEARN A FEW FACTS  
ABOUT THE IMPORTANCE  
OF HERRING, AND  
THE RIGHT WAY  
TO EAT THIS  
DANISH  
DELICACY.

BOOKING IS ESSENTIAL:  
[EHRS.UK/EVENT/COOKALONG-SCANDI-HERRING](http://EHRS.UK/EVENT/COOKALONG-SCANDI-HERRING)

### First Shabbat Shiur

Saturday 5 July

9:15–10:15



#### Elijah – Mad, Bad and Dangerous to Know

Jonathan Bergwerk makes a welcome return to EHRS to help us to get to know the Prophet Elijah.

Jonathan will tell the story of his entire life and how he was later reinvented by the Rabbis. Elijah's is of course a relevant story in an age of zealots.

And Elijah promises us – I'll be back!

Hosted by Rabbi Debbie, in person and on Zoom.

Email [admin@ehrs.uk](mailto:admin@ehrs.uk) for Zoom details.

### Shabbat B'Ya'ar – Shabbat in the Forest

Saturday 5 July

10:30–11:45



Join Rabbi Mark among the trees of Stanmore Common.

We will meet at the Warren Lane Car Park near the junction with The Common at 10:30 to explore our connection to the world around us and the prayers we say. Siddur provided but do bring a camping chair or something waterproof to sit on if it is looking wet!



# Week at a Glance

## 7th July to 13th July

Event details are correct at time of printing but may be subject to change.

Please visit [www.ehrs.uk/events](http://www.ehrs.uk/events) and see our "Our Week Ahead" emails for up to date information.

### Monday 7th

11:15–12:30 **Folk Dancing**

14:00–15:30 Singing Circle

### Tuesday 8th

13:00 Lunch Club

14:00–15:30 Spanish Conversation Group

19:00–20:30 Scouts

19:00–20:00 **Israel – The Next Generation – see page 5**

19:00–21:30 Cornerstone

### Wednesday 9th

10:30–12:00 Coffee & Chat

12:30–15:30 Bridge at EHRS

20:00 **Beer & Shiur**

### Thursday 10th

10:00–11:00 Zumba Gold

11:00–11:45 Sing & Sensory

13:30–15:30 JACS at EHRS

18:45–20:00 Cubs

### Friday 11th

10:30–11:45 Shabbat Stay & Play

18:30–19:20 Erev Shabbat Service

### Saturday 12th

9:30–11:00 Early Risers Service

10:30–12:30 Shabbat Morning Service

11:15–12:15 Shabbat Shirah Service

### Sunday 13th

9:30–10:00 Sunday Shacharit

10:30–12:30 **Oud & Food Celebration of the Jews of Yemen, Aden and Bahrain**

#### Folk Dancing

**Weekly on Mondays, 11:15–12:30**

Please join us for Folk Dancing at EHRS. This class is for all adults and runs weekly.

A warm welcome to all who want to join us for this energetic and fun morning.

Register your interest:

[ehrs.uk/israeli-dance-booking-form](http://ehrs.uk/israeli-dance-booking-form)



#### Beer & Shiur Monthly on Wednesdays 20:00



Join our Young Adults for a BBQ at Rabbi Debbie's and explore a variety of opinions on whether Judaism really intended for us to eat meat or not! And of course enjoy a cold beer! Please do book in advance! Vegetarian and meat options available!

EHRS Members £5. Non-members £8.50.

Book this date:

[ehrs.uk/event/beer-and-shiur-24](http://ehrs.uk/event/beer-and-shiur-24)

## Oud & Food

**SUNDAY 13 JULY  
10:30-12:30**

Join us to celebrate the culture and history  
of the Jews of Yemen, Aden and Bahrain

- Discover the 'Oud' in perfumes
- Tantalise your taste buds with food from the Arabian Peninsula
- Hear the story of growing up in an Adeni family
- Explore the history of the Jews of Bahrain
- Enjoy the sounds of Yemenite music

£5 EHRS Members | £10 Non-Members

**BOOK: [EHRS.UK/Event/oud-food-25](http://EHRS.UK/Event/oud-food-25)**

Edgware & Hendon  
Reform Synagogue  
קניק לדור דור





# Week at a Glance

## 14th July to 20th July

Event details are correct at time of printing but may be subject to change.

Please visit [www.ehrs.uk/events](http://www.ehrs.uk/events) and see our "Our Week Ahead" emails for up to date information.

### Monday 14th

11:15–12:30 Folk Dancing

14:00–15:30 Singing Circle

### Tuesday 15th

14:30–16:00 Art Appreciation

18:30 **East End Walking Tour**

19:00–20:30 Scouts

19:00–21:30 Cornerstone

19:30–21:30 **Stonegrove Serenade – Evening Concert – see page 12**

### Wednesday 16th

12:30–15:30 Bridge at EHRS

14:00–16:00 **Memory Way Café**

20:00–22:00 Bridge for Beginners

### Thursday 17th

10:00–11:00 Zumba Gold

11:00–11:45 Sing & Sensory

13:30–15:30 JACS at EHRS

14:00–16:00 **Rummikub Group**

18:45–20:00 Cubs

19:30–21:30 **Juke Box Gold**

### Friday 18th

10:30–11:45 Shabbat Stay & Play

16:15–16:45 Kuddle Up Shabbat!

18:30–19:20 Erev Shabbat Service

### Saturday 19th

9:15–10:15 **Israel Shiur – Rabbi Ofek Meir – see page 5**

10:30–12:30 Shabbat Morning Service – sermon by Rabbi Ofek Meir

10:45–11:15 Torah Time

### Sunday 20th

9:30–10:00 Sunday Shacharit



### Memory Way Café

**Wednesday 16 July, 14:00–16:00**

We offer tea, cake, support and advice in a warm and welcoming environment

A donation of £5 per couple towards refreshments would be greatly appreciated.

For more information contact 020 8238 1013 or 1015 or email us at [communitycare@ehrs.uk](mailto:communitycare@ehrs.uk).

### Rummikub Group

**Fortnightly on Thursdays, 14:00–16:00**

Calling all Rummikub players!

Do you love playing Rummikub? If you are interested please join this friendly group at EHRS.

Donation £3 per person. Booking essential.

Book this date: [ehrs.uk/event/rummikub-group-46](http://ehrs.uk/event/rummikub-group-46)



### Juke Box Gold

May 15<sup>th</sup>, July 17<sup>th</sup>, August 21<sup>st</sup>  
at 20:00–21:30

**If you love music from the 50's, 60's and 70's, then this group is for you!**


From Cliff Richard, Elvis Presley, Roy Orbison, Marty Wilde, Billy Fury, The Beatles and The Rolling Stones, to the Moody Blues, Pink Floyd, ELO, The Eagles and Fleetwood Mac, and great singers such as Matt Monroe, Dusty Springfield, Tom Jones, Scott Walker, Elton John and Neil Diamond together with many others.

We look forward to welcoming you each month with videos and songs on very informal basis, to enjoy many of your favourites! Refreshments available from 19:30. Hosted by Richard Hartman.

Please go to [ehrs.uk/togethergroups](http://ehrs.uk/togethergroups) where you can register for this group.

For more information email [richard.hartman@ehrs.uk](mailto:richard.hartman@ehrs.uk) or call 07900 224 961






# EAST END WALKING

TUESDAY 15 JULY, 18:30

JOIN OUR CORNERSTONE CLASS AND RABBI DEBBIE NEAR ALDGATE FOR A FASCINATING WALK THROUGH THE JEWISH HISTORY OF JUST A CORNER OF THE EAST END



FREE FOR MEMBERS  
£10 FOR NON-MEMBERS

BOOK: [EHRS.UK/Event/EAST-END-WALKING-TOUR](http://EHRS.UK/Event/EAST-END-WALKING-TOUR)  
YOU WILL BE SENT MEETING DETAILS IN DUE COURSE

# Week at a Glance

## 21st July to 27th July

Event details are correct at time of printing but may be subject to change.

Please visit [www.ehrs.uk/events](http://www.ehrs.uk/events) and see our "Our Week Ahead" emails for up to date information.

### Monday 21st

11:15–12:30 Folk Dancing

14:00–15:30 Singing Circle

### Tuesday 22nd

14:00–15:30 Spanish Conversation Group

20:00–21:30 SEND – Parents Support Group

### Wednesday 23rd

10:30–12:00 Coffee & Chat

12:30–15:30 Bridge at EHRS

12:30–14:00 **The "Gentle" Men's Club**

20:00–21:30 **Rosh Chodesh Av**

### Thursday 24th

10:00–11:00 Zumba Gold

13:30–15:30 JACS at EHRS

20:00–21:30 **The Best Songwriters of All Time – The Psalms**

### Friday 25th

18:30–19:20 Erev Shabbat Service

### Saturday 26th

9:45–10:25 Shabbat Coffee Stop

10:30–12:30 Shabbat Morning Service

11:15–12:15 Grandparents Shabbat Club

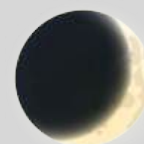
### Sunday 27th

9:30–10:00 Sunday Shacharit

10:00–11:00 Talmud Class

10:30–12:00 Rambling

#### **Rosh Chodesh Av Wednesday 23 July 20:00–21:30**



Join us on Zoom for music, contemplation, chat and creativity to mark the new month.

How to manage fear and anxiety in a difficult world. Rabbi Sandra will share some ancient and contemporary ideas of how to deal with feelings of fear and anxiety, and how to hold hope in these troubling times.

Led by Rabbi Sandra on Zoom.

Email [sandra.kviat@ehrs.uk](mailto:sandra.kviat@ehrs.uk) for Zoom details.

## The "Gentle" Men's Club

WEDNESDAY 23 JULY  
12:30-14:00



**Looking for a space where you can just be yourself?**

Rossi Be, a dedicated life and business coach group, welcomes all "gentle" men to join him in a supportive space which is all about creating a sense of brotherhood and trust.

It's a judgment-free zone where you can share what's really going on in your life, connect with others, and feel less alone.

Whether you're feeling overwhelmed, stuck, or just want to connect with other male members of EHRS, this session is a great way to meet others and tackle life's challenges together in a relaxed, safe environment.

**BOOK: [EHRS.UK/EVENT/GMC-4](http://EHRS.UK/EVENT/GMC-4)**

For EHRS members only.

Edgware & Hendon Reform Synagogue  
קיסריה ודוד



#### **The Best Songwriters of All Time – The Psalms Thursday 24 July, 20:00–21:30**

Nearly 3000 years ago 150 songs were written. They are still sung today and are an amazing repository of emotion, celebration, joy, despair, history and beauty.

Join Rabbi Mark to learn how the Psalms can move us today at least as much as the songs we know from recent years.

In person and on Zoom.

Email [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) for Zoom details.





# Week at a Glance

## 28th July to 3rd August

Event details are correct at time of printing but may be subject to change.

Please visit [www.ehrs.uk/events](http://www.ehrs.uk/events) and see our "Our Week Ahead" emails for up to date information.

### Monday 28th

11:15-12:30 Folk Dancing

14:00-15:30 Singing Circle

### Tuesday 29th

14:30-16:00 Art Appreciation

20:00 **Cookalong – Challah**

### Wednesday 30th

12:30-15:30 Bridge at EHRS

19:30-21:00 **The Rabbi Michael Leigh z"l**

**Memorial Lecture 5785**

20:00-22:00 Bridge for Beginners

### Thursday 31st

10:00-11:00 Zumba Gold

13:30-15:30 JACS at EHRS

14:00-16:00 Rummikub Group

### Friday 1st

10:30-11:45 **Shabbat Summer Stay & Play**

18:30-19:20 Erev Shabbat Service

### Saturday 2nd

10:30-12:30 Shabbat Morning Service

10:45-11:15 Torah Time

11:15-12:15 Shabbat For the Soul with Rabbi Debbie

20:00-21:30 **Erev Tisha B'Av Service – see page 6**

### Sunday 3rd

9:30-10:00 Sunday Shacharit

10:30-12:30 Sunday Morning Craftalong



**COOKALONG - CHALLAH**

TUESDAY 29 JULY, 20:00

The smell of challah baking in the oven is a sure-fire way to get us in the mood for Shabbat.

Whether you're a veteran or a newbie, come along to explore what makes a challah, how to braid it, and how to make this part of your Friday ritual. And as a bonus – an introduction to campfire challah and the importance of salt.

Please email [sandra.kviat@ehrs.uk](mailto:sandra.kviat@ehrs.uk) for details

Edgware & Hendon Reform Synagogue  
ישיבת הר הזיתים



**EHRS SHABBAT SUMMER STAY & PLAY**

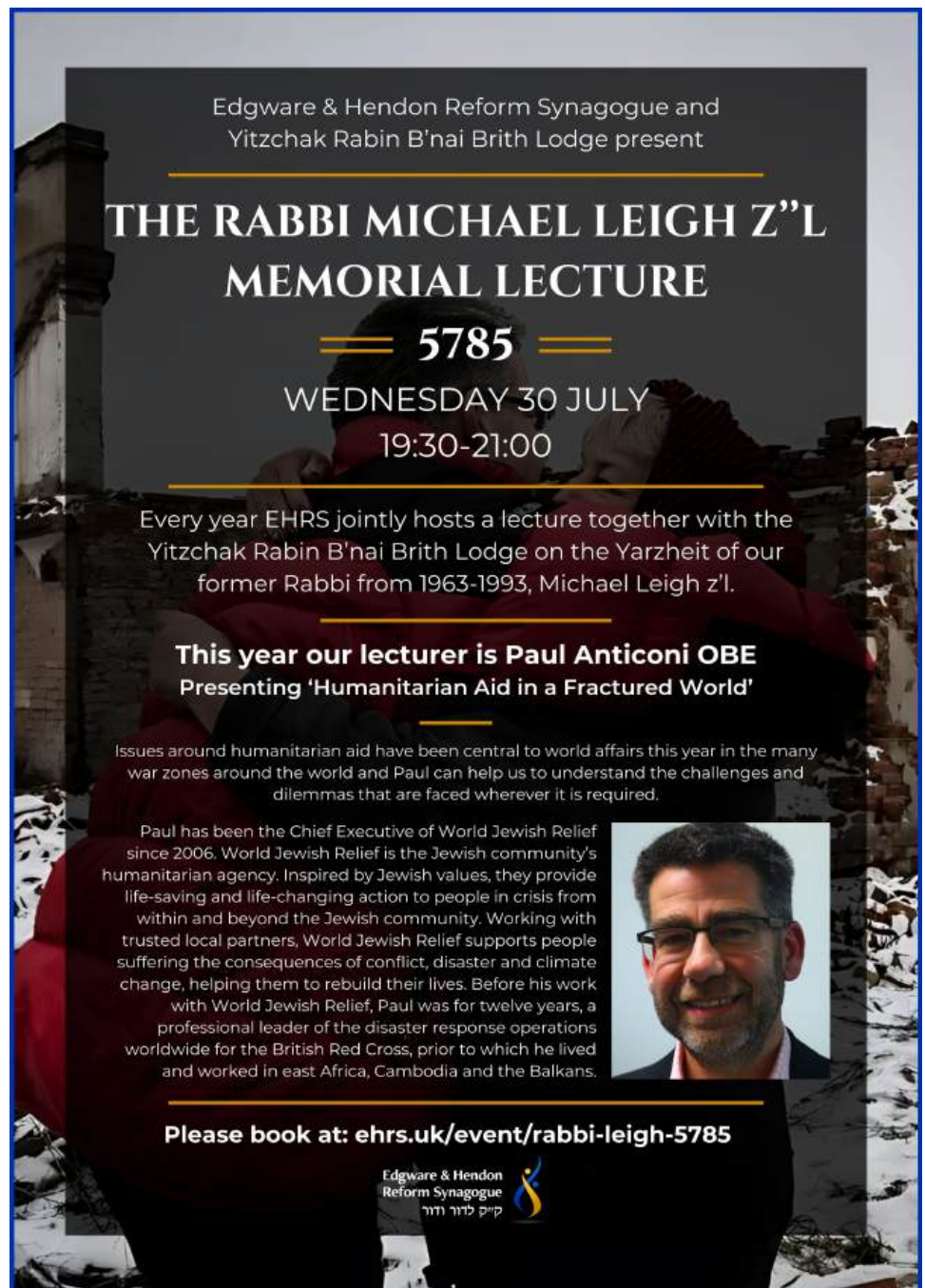
FRIDAY 1ST, 8TH & 15TH AUGUST  
10:30-11:45

TOYS - ACTIVITIES - CRAFTS - SENSORY ROOM

**SINGING & KIDDUSH**  
OLDER SIBLINGS WELCOME!

Prior booking is required: [www.ehrs.uk](http://www.ehrs.uk)  
Contact [youngfamilies@ehrs.uk](mailto:youngfamilies@ehrs.uk) for more information

Edgware & Hendon Reform Synagogue  
ישיבת הר הזיתים



Edgware & Hendon Reform Synagogue and  
Yitzchak Rabin B'nai Brith Lodge present

**THE RABBI MICHAEL LEIGH Z"l  
MEMORIAL LECTURE**

**5785**

WEDNESDAY 30 JULY  
19:30-21:00

Every year EHRS jointly hosts a lecture together with the Yitzchak Rabin B'nai Brith Lodge on the Yartzheit of our former Rabbi from 1963-1993, Michael Leigh z'l.

**This year our lecturer is Paul Anticoni OBE**  
Presenting 'Humanitarian Aid in a Fractured World'

Issues around humanitarian aid have been central to world affairs this year in the many war zones around the world and Paul can help us to understand the challenges and dilemmas that are faced wherever it is required.

Paul has been the Chief Executive of World Jewish Relief since 2006. World Jewish Relief is the Jewish community's humanitarian agency. Inspired by Jewish values, they provide life-saving and life-changing action to people in crisis from within and beyond the Jewish community. Working with trusted local partners, World Jewish Relief supports people suffering the consequences of conflict, disaster and climate change, helping them to rebuild their lives. Before his work with World Jewish Relief, Paul was for twelve years, a professional leader of the disaster response operations worldwide for the British Red Cross, prior to which he lived and worked in east Africa, Cambodia and the Balkans.

**Please book at: [ehrs.uk/event/rabbi-leigh-5785](http://ehrs.uk/event/rabbi-leigh-5785)**

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**Tuesday 15 July Evening Concert, 19:30**

**Ellen Baumring-Gledhill**



Ellen Baumring-Gledhill, a cellist at the Royal Academy of Music who graduated with First-Class Honours last summer and is now pursuing her Master's. She was the only cellist to reach the Strings Category Final of BBC Young Musician 2020 and won Junior Guildhall's Lutine Prize the same year. She has since performed major concertos including Lalo with the Junior Guildhall Symphony Orchestra and Elgar with both the Glyndebourne Tour Orchestra under Ben Glassberg and the North London Sinfonia. As runner-up in the Ernest Read Symphony Orchestra's Soloist of the Year Competition, she also performed the Elgar Concerto in 2022. Ellen premiered and recorded Tendril for solo cello by John Cooney for the Royal Academy's 200 Pieces Bicentenary Project, performed with Thomas and Patrick Demenga at a London Cello Society event, and is set to give a recital in Sittingbourne this summer, alongside appearances with the Regency String Quartet through the Academy's Frost Trust ASSET Scheme.

**Café 118**

In order to reduce food waste, and to ensure we cater for the correct number of people, Café 118 patrons are requested to book a minimum of 3 days prior to the event.

We invite you to enjoy a light supper in our pop up café before the concert.

'Café 118' will be open from 18:30.

Please note when booking if you will be using the café.

The café will re-open after the concert for drinks, cake and a chat.

**All are welcome**

**Admission is £5.00 payable at the door**

**Book at [ehrs.uk/event/stonegrove-serenade-evening-concert-3](https://ehrs.uk/event/stonegrove-serenade-evening-concert-3)**



Stonegrove Life



## EHRS YOUNG ADULTS (20'S-40'S)

### FRIDAY NIGHT DINNERS

If you'd like regular updates of when our dinners will be, Rabbi Debbie can add you to our young adults mailing list.

Booking will be essential!

### BEER & SHIUR

On the second Wednesday of every month our young adults come together to learn and socialise. Sometimes on Zoom, but often in person, where the first drink is on us!

Have a topic you'd love us to explore? Let Rabbi Debbie know!

### PUB QUIZ TEAM!

Fancy joining us for the occasional Weds night pub quiz at The Duck in the Pond?

Our first attempt had us in 3rd place - maybe you can get us to 1st?

Email Rabbi Debbie for details or to join our WhatsApp group to find out what's happening!

### SOCIALS

This year we are planning more opportunities to just get together!

### LED BY YOU

EHRS run a huge range of together groups driven by members interests.

You are welcome to join any of them from music to TV to foraging and cooking ... and you can also create your own!

What would you like to be doing? Get in touch!

**FOR MORE INFORMATION  
EMAIL [RABBI.DEBBIE@EHRS.UK](mailto:RABBI.DEBBIE@EHRS.UK)**

# May their memories be a blessing

## Bereavements

**Susan Droznika**, wife of Stuart Droznika, and mother of Natasha Monteverde and David Droznika.

**Stanley Lawrence**, uncle of Ivor Lawrence.

**Zara Max**, mother of Susanne Curtis.

**Martin Goldstein**, father of Madeleine Stern, and brother of Mark Goldstein.

**Norman Shapiro**, husband of Jaqueline Shapiro, father of Lisa Stern and Paul Shapiro, and brother of Sue Weir.

**Iris Mydat**, mother of Sheldon Mydat, Bradley Mydat, Philippa Butterick, and Sharon Callender, and sister of Anita Green.

**Anthony Gibber**, husband of Natalie Gibber, son of Jessie Gibber, father of Alex Gibber, Zoe Gilman, Sophie Goldner, and Chloe Kleinman, and brother of Robert Gibber.

**Catherine Faichney**, grandmother of Nicola Lanzkron.

**Rosalind Langleben**, wife of David Langleben, and mother of Adam and Jonny Langleben.

**Herbert Kane**, husband of Faye Milham.

**Renee Davis**, mother of Danielle Somers and Jackie Fleming.

**Maurice Barnes**, father of Debra Soller.

**Henry Billyack**, father of David Billyack and Andrea Weddle.

**Sid Jacobs**, father of Clive Jacobs and Karen Levy.

**Martin Steinberg**, husband of Sandra Steinberg, father of Suzanne Levine, and Franklin and Jonathan Steinberg, and brother of Robert Steinberg.

## Tombstone Consecrations

### Sunday 6 July

*Cheshunt Cemetery*

11:15 Adrienne Harris

### Sunday 13 July

*Edgwarebury Cemetery*

13:30 Allan Saunders

### Sunday 20 July

*Woodlands Cemetery*

11:00 Rosemary Hoffman

EHRs offers two social Together Groups for those who have lost their partners. Genesis (age 60+) and Phoenix (age 70+) For details about both groups, or to access bereavement support, please contact Community Care on 020 8238 1013 or email us at [communitycare@ehrs.uk](mailto:communitycare@ehrs.uk)

In case of a bereavement please call the Jewish Joint Burial Society on 020 8989 5252 They will help and support you to make the arrangements you need. Please also call the Synagogue on 020 8238 1000.

### Bereavement Support at EHRs

Our Community Care team contacts members who have been affected by bereavement as a means to offer fellowship and a listening ear. We have a small group of bereavement visitors who are volunteers trained to provide support to those in our community who have been bereaved. In some cases, we may suggest referral to approved professional support. All our work is carried out in the strictest confidence.



# A MEMORIAL TO THE VICTIMS OF THE OCTOBER 7 ATTACKS

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There is no doubt that all of us have been affected by what took place on October 7 2023. Over 1000 men, women and children were murdered by Hamas on that fateful day including Jake Marlowe z'l, a child of EHRS members.

It is now time for us to honour and respect those who have perished, so we are going to create a memorial which will be sculpted by Josette Perloff, one of our own members.

This memorial, which will cost about £7,000 will be situated in our memorial garden, and will be based on a tree - Eytz Chayim- a tree of life. It will remind us of the trees at the Nova Music Festival as well as the trees at the kibbutzim where many lost their lives.

We hope to unveil this sculpture at Sukkot, Sunday October 5, but clearly we do need your help to raise the funds. Please, I urge you, go to [ehrs.uk/memorial-sculpture-donation](https://ehrs.uk/memorial-sculpture-donation).

Four years ago we raised in excess of £30,000 which allowed us to create a new Torah Scroll in memory of Rabbi Neil Kraft z'l who died in the early days of Covid. Your generosity was immense and hopefully you will also wish to contribute towards this sculptured tree which will be an everlasting memorial to those who were murdered on October 7 2023.

The names of those who donate will appear in the High Holyday issue of LeDor VaDor.

If you require more information, please do email me at [laurence.stein@ehrs.uk](mailto:laurence.stein@ehrs.uk)

Thank you so much.

Laurence Stein

Edgware & Hendon  
Reform Synagogue  
ק"ק לדור ודור





# HAVE YOUR SIMCHA AT EHRS

WE HAVE IDEAL ROOMS AND SPACES AVAILABLE FOR HIRE  
AT EHRS, THE PERFECT PLACE TO HAVE YOUR CELEBRATION

The modern, light & airy Function Hall measures 16mx13m giving space to seat 160 guests and leave room for plenty of dancing. A room extension is also available if required to accommodate up to 220 guests.



Situated on the ground floor, this Function Hall includes a full stage, large well equipped kitchen, tables and chairs disabled access, and sound & video systems.

We also have a lovely spacious hall on our site, on the first floor of our Community Centre Building, with plenty of space and light for your special celebration.



Accessed by the lift or stairs, this hall offers 180 capacity, table and chairs, toilet facilities, sound system, and access to a separate kitchenette.

For further information and to book one of our spaces  
please call 020 8238 1011 or email [banqueting@ehrs.uk](mailto:banqueting@ehrs.uk)



**Nagila, which means "rejoice",  
is the excellent and highly  
praised nursery of EHRS.**

**Ages 18 months to 4 years old**

**OPEN ALL YEAR ROUND**

**Monday-Thursday  
7:45AM-5:30PM**

**Friday  
7:45AM-1:00PM**

**At Nagila we offer a safe, secure and stimulating setting in which pre-school children are free to develop to their full potential, in a friendly and nurturing environment.**

**The school is purpose built with its own secure outdoor play areas, which are used daily to give the children space to move and learn.**

**We provide a developmentally appropriate curriculum which encompasses the Early Years Foundation Stage Curriculum as set down by the Department of Education**

**We are delighted to have been consistently judged 'Good' or 'Outstanding' in all Ofsted inspections since 2010.**

**Come and see our very special nursery and meet the team. We would be delighted to discuss with you how we can nurture, educate and care for your child in our very exciting and dynamic nursery.**

**For more information visit our website  
[www.ehrs.uk/nagila-pre-school](http://www.ehrs.uk/nagila-pre-school)  
or email [nagila@ehrs.uk](mailto:nagila@ehrs.uk)**

