

EHR *High Holy Day* **APPEAL** **2024/5785**

EHR's Honorary Officers, Council and the Clergy
are delighted to enclose information on the selected
charities for this year's High Holy Day Appeal.



**PIRKEI AVOT 5:13:
A PERSON WHO GIVES CHARITY, AND WANTS OTHERS
TO GIVE, IS PIOUS.**



Edgware & Hendon
Reform Synagogue
ק"ק לדור ודור

EHRS High Holy Day Appeal 2024 / 5785

Dear Member,

The giving of charity is part of the High Holy Day experience along with prayer and repentance. Each year, our Tzedakah Group made up of people from the community, meets and chooses charities to support for the High Holy Day Appeal which they believe will speak to all interests in the community, in the wider neighbourhood, and in Israel.

This year there were 20 charities to consider, and are divided into 3 categories:

Tikkun Atzmi, Tikkun Ami & Tikkun Olam

The group recommends the following 9 charities for the coming appeal:

Tikkun Atzmi - the repair & improvement of ourselves & our local community

EHRS Community Needs Fund

Citizens Advice Barnet

Jewish Deaf Association

Tikkun Ami - the support of Jews both in the UK and abroad

Jewish Women's Aid

Leket UK

Tikkun Olam - helping to repair the wider world

World Jewish Relief

The Israel Movement for Reform & Progressive Judaism

The British Friends of Migdal Ohr

Friends of Leo Baeck, Haifa

If you wish to make a donation, please go to our website

www.ehrs.uk/hhdappeal and complete the online form.

Full details of all the charities can be found inside this brochure.

Please note that if you sign the gift aid declaration we will be able to recover a further 25% for the charities under the Government's current charity laws.

We are most grateful for your kind donation, which enables us to make a contribution as a community to the care and welfare of others. Every amount is welcomed, even the smallest, so please give as generously as you are able.

We would like to take this opportunity to wish you a very Happy New Year and well over the fast. L'Shanah Tova

Rabbi Mark Goldsmith and Jeremy Harrod (EHRS Chair)

EHRS High Holy Day Appeal 2024 / 5785

We would prefer donations to be made online at www.ehrs.uk/hhdappeal
(if you are unable to donate online we will accept cheques if absolutely necessary,
so please fill in this form and return to the Synagogue Office with your payment)

NAME/S (in capitals)

ADDRESS

..... POST CODE

I/we enclose a cheque for £..... (made payable to EHRS)
to be paid to the following charities, or to be split amongst all charities.

giftaid it

EHRS can claim Gift Aid for my donation: Yes ☐ No ☐
(please tick)

EHRS Community Needs Fund	£
Citizens Advice Barnet	£
Jewish Deaf Association	£
Jewish Women’s Aid	£
Leket UK	£
World Jewish Relief	£
The Israel Movement for Reform & Progressive Judaism	£
The British Friends of Migdal Ohr	£
Friends of Leo Baeck, Haifa	£
or AMOUNT TO BE SPLIT AMONGST ALL CHARITIES	£

‘There are eight steps in charity.
The highest is when you help people to help themselves.’

Maimonides, Mishneh Torah 10:7

EHRS COMMUNITY NEEDS FUND

The EHRS Community Needs Fund enables us to help each other.

For many years our Synagogue has been able to help when our members are struggling financially. The EHRS Community Needs Fund and its two sub funds, the EHRS Welfare Fund and the EHRS Jewish Participation Fund, aims to enable synagogue members to help their fellow members who are in distress or need financial help.

The fund makes grants of up to a few hundred pounds to help members access health services, prevent eviction from home, put food on the table, renew or repair basic equipment when it is broken (such as a bed or a fridge), afford school uniforms, participate equally in Jewish life and many other needs.

All grants are absolutely confidential and should not be seen as charity, but rather as enabling our members to do the mitzvah of Gemilut Chasadim, spreading loving kindness in the world. Your contribution to this fund could make a significant difference to our members who may be finding it difficult to pay for something important and very much needed in their lives.

To access the fund there is a simple, non-intrusive, form which is available from any of the EHRS Clergy or the EHRS Community Care team.

Decisions on grants are made by three long term trustees of the fund only, in order to ensure its probity & confidentiality.

www.ehrs.uk



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CITIZENS ADVICE BARNET

Citizens Advice Barnet are the only free local provider of complex advice for a range of problems available to everyone in Barnet.

They help people to help themselves by providing advice on a range of problems, including with housing, accessing support, immigration, and employment. While their services are available to everyone who lives, works, or studies in Barnet, regardless of faith, race, age, gender, sexuality, or disability, they prioritise those who are most in need, such as those with disabilities or poor mental health.

Funding from this appeal would be used to recruit, train, and support new volunteer advisers. While this is an existing project, we have a particular need to increase the number of volunteer advisers at the moment due to the increase demand for our services, as a result of the cost of living crisis, and a depletion in the number of advisers. Due to the heightened complexity and desperation of people's situations, volunteering as an adviser is an increasingly challenging role, and our advisers are the lifeblood of Citizens Advice Barnet. They staff our reception, answer calls to our helpline, process referrals, advise people at our outreach locations, and provide in-depth advice through pre-booked appointments.

We estimate that we will recruit 18 volunteers in the next financial year, and these will support 130 clients each in their first year.

www.barnetcab.org.uk



Barnet

JEWISH DEAF ASSOCIATION (JDA)

JDA has been our community's specialist in deafness for 73 years. JDA helps people who are Deaf/Deafblind, deafened, or hard of hearing to overcome the challenges life throws at them. Based at our Deaf-friendly community centre in North Finchley, our services are for people of all faiths and none, from newborn babies to end of life.

Many of us will one day face the trauma of hearing loss - or have a loved one who does. And now a need has become apparent. When people approached us concerned about the devastating effects of hearing loss and the ensuing family challenges, we responded by launching our new service 'Hearing Matters in Relationships', giving families a safe space to meet with JDA experts and discuss their challenges, and for family members, friends, and carers to get the chance to experience hearing loss for themselves.

With care, compassion, and expertise, we aim to help people understand that living with hearing loss takes tolerance, understanding, and effort from everyone involved, and that we must all play our part in sustaining happy, healthy relationships.

Your donation will enable us to offer experiential workshops, helping people with hearing loss to develop the confidence to express their needs at home and in their communities, to once more participate in family religious and other occasions, and retrieve relationships that were in danger of breaking down.

www.jdeaf.org.uk



JEWISH WOMEN'S AID (JWA)

JWA is the only UK specialist charity delivering culturally sensitive practical, emotional, and financial support to Jewish women and girls and their children affected by all forms of domestic abuse, sexual violence, sexual exploitation, sexual harassment, and stalking. Our services directly benefit over 700 women a year, as well as directly and indirectly benefitting over 350 children.

We are requesting funding to support our Independent Domestic Violence Advocacy work. Our specialist team of domestic abuse/sexual violence advocates deliver emotional and financial support, safety planning, and access to counselling, welfare grants and legal advice, emergency housing, peer support, helplines, webchat, and children's therapy services. The impact they have on the lives of women and girls who rely on them is simply life changing.

JWA is the only organisation delivering prevention education programmes designed to increase awareness of healthy relationships, create and embed a culture of consent, and understand signs of relationship abuse. Our education teams are working with Jewish and secular secondary school students, teachers, parents, youth movement leaders and participants, university students, community organisations, and pastoral leaders.

Our goal is to protect all Jewish women and girls from abuse.

www.jwa.org.uk



LEKET UK

Leket, Israel's largest food rescue network, has been leader in the fight against food waste and hunger for over 20 years. Our mission is to collect surplus food from the catering and agricultural sectors, and redistribute it to vulnerable populations in need. Every week we provide fresh produce and cooked meals to 330,00 recipients, making significant impact in the lives of Israelis in need.

Our organisation works tirelessly to address the issue of food insecurity and food waste, which are paradoxically linked. With a warehouse and refrigeration facilities, we are able to rescue food from over 1000 suppliers, and redistribute it at no cost to our non profit partner organisations, who serve diverse populations from all backgrounds. However, our efforts are only made possible through the support of generous donors like you. As we continue to expand our operations and serve more individuals in need, we are in urgent need of funding to sustain our crucial work. Leket aims to specifically increase our output to Eilat to provide hot meals to at-risk recipients five days a week. Your contribution would directly impact the lives of individuals struggling with food insecurity in this region.

Your donation, no matter the size, will make a difference in the lives of those we serve, make a positive impact in your community, and help us work towards a more sustainable and equitable society.

www.leket.org/en



WORLD JEWISH RELIEF

World Jewish Relief is the Jewish community's leading humanitarian agency. Inspired by our Jewish values, we save, support, and empower people in crisis. Founded in 1993 and proud to have rescued over 65,000 Jews fleeing the Nazis, World Jewish Relief today supports vulnerable people from marginalised Jewish communities and beyond, suffering the consequences of conflict and disaster to survive and thrive.

World Jewish Relief has been working in Ukraine for over 30 years, collaborating with trusted, local partners. Your donations will help us with two fantastic projects: 'Back to Childhood' and 'Home Repairs'.

Some 5.7 million school aged children have been affected since the start of the war with school closures and damaged educational institutions. 'Back to Childhood' aims to support approx 3000 children through our programme where we expect to see children improve their cognitive development, academic performance, behaviour and social connections, and their psycho-emotional well-being.

Since the outbreak of war, an estimated 1.4 million homes have been damaged or in ruin, and residents have either taken shelter elsewhere or tried to survive in poorly insulated homes. 'Home Repairs' will focus on repairing windows, doors, and insulation, and provide simple, yet essential repairs in areas which have sustained heavy shelling.

www.worldjewishrelief.org



THE ISRAEL MOVEMENT FOR REFORM & PROGRESSIVE JUDAISM (IMPJ)

Within hours of the attacks of 7 October 2023, the IMPJ began implementing a multi-pronged response. We facilitated the transportation of children in at-risk areas to safer ground, organised support groups for recent Russian and Ukrainian immigrants, supplied counselling and therapy for rabbis and community leaders, developed liturgy and rituals, and strengthened ties with Diaspora communities both Reform and general.

However two primary elements comprise the core of our ongoing response, and for which we seek continuing funding: 'Keren B'Kavod' and the work of 'Rabbi Yael Vurgan'. Keren B'Kavod is our centre for volunteer initiatives to bring comfort to thousands of children, who with their families have been evacuated. Keren B'Kavod has recruited volunteers, including therapists and facilitators who tend to each child's needs through workshops, therapies, and self defense classes. They also organise respite activities including music, dance, theatre, sports, and yoga.

The second component has been the pastoral work of Rabbi Yael Vurgan, spiritual leader of the Sha'ar HaNegev regional congregation. Rabbi Vurgan has brought counselling, spiritual solace, and emotional comfort to many community members. As the inhabitants begin re-acclimating to their home settings, Rabbi Vurgan's work will continue to be just as crucial.

www.reform.org.il



THE BRITISH FRIENDS OF MIGDAL OHR

Migdal Ohr 'Tower of Light' is Israel's largest welfare non-profit educational network that has been providing an enlightening framework of critical services and life changing programmes to disadvantaged and orphaned Jewish children across Israel since 1972. Its facilities include dozens of day-care centres, schools, vocational and academic institutions, boarding schools, foster homes and after-school clubs.

One of our most important projects, and one that we will use your donations for is the unique 'Mishpachtonim' Foster Family Care Programme in which twelve orphaned or under-privileged children live with a foster family, rather than being placed in a boarding school. Children under this programme are given full emotional support and educational services in order to help them thrive and build the skills that they require for adulthood.

Our primary focus is to provide these children and youngsters with a loving and stable home, essentially serving as a surrogate family. In addition they receive various benefits such as school fee exemption, school supplies, three meals daily, private lessons, entertainment, transportation, medical care, pocket money, clothes etc.

Following the tragic events of 7 October, we have welcomed additional orphans, each with their own unique story of resilience. During these challenging times we remain dedicated to the children's welfare, and Together, we will continue to love and support them.

www.migdalohr.org.uk



FRIENDS OF LEO BAECK, HAIFA

Established in 1938, the Leo Baeck Educational Center is now considered one of Israel's finest educational institutions, and the largest Reform one in Israel. Our schools provide children with a first-class education and community environment that is rich in humanistic values and embedded within a Progressive Jewish framework. Our educational programs and community activities are guided by the ideals of Tikkun Olam/social justice, equality and multiculturalism. We are dedicated to human rights, democracy, egalitarianism, and Jewish peoplehood. Leo Baeck is the only school in Israel that operates as a spiritual Jewish supportive community, for Jews and non-Jews, with educational facilities from pre-school to 12 grades, a synagogue, a community center, and sports center on site. Your donations will support the 'Building Shared Communities and Multiculturalism' project in the two elementary schools, and help make a change in the lives of Jewish and Arab boys and girls aged 11 & 12. They will foster an attitude of acceptance, equality, and respect for those who are different, change the discourse, and hopefully, they will lead the society to a better future.

Especially after the events of 7 October, the community realised that there is a strong connection between democracy, Judaism, and education. With the progress of the war, we understand the essential role of education in forming the characters of the next generation and its leaders. Your support will enable this change.

www.leobaeck.org.il



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