

# LEDOR & VADOR

FROM GENERATION TO GENERATION

## PURIM

Come along to our 'Musicals' themed Purim celebrations with a visit to our 'Choir of Ha-Man' pub, and our Chocolate Factory!

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## STONEGROVE LIFE

From Together Groups, to a Walking Tour of the East End, and an Iftar at EHRS, we have so much on offer for the whole community

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## PESACH

Your supplement for this year including Services, Seders, activities, and more

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## THE NEW MACHZOR

Celebrate this exciting moment and make your mark on the new Machzor by dedicating a set for our Synagogue

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## EHRS TRIPS

Read about our upcoming trips to Poland and Israel and how you can join us

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## CONTACT US

The normal office operating hours are Monday to Thursday 9:30-17:00, Friday 9:30-15:30, and Sundays 10:00-12:30. You are welcome to call or visit during these times. The office is not staffed on Shabbat and festivals. If you wish to see a specific member of staff, please call in advance to ensure that they are available. The telephone is operated during the normal office hours, 020 8238 1000. You can email to [admin@ehrs.uk](mailto:admin@ehrs.uk). Emails and messages will be checked during the normal operating hours. If you need to advise of a death or arrange a funeral, outside of the normal hours, please call the JJBS directly on 020 8989 5252

## SOCIAL AND PERSONAL

### BIRTHS

Cleo, a daughter for Amy & George, a granddaughter for Joanna & Hagai Sigalov. Asher, a son for Amy & Craig Taub, a grandson for Sandy Young & Michael Lerman and Pamela & Leonard Taub.

### BABY NAMINGS

**20 April** - Cleo, daughter of Amy & George.

### BAR/BAT MITZVAH

**13 April** - Jayden Irving, son of Fiona and Mark.

**20 April** - Jaden Bloom, son of Alexa and Darren.

### ENGAGEMENTS

Mazel Tov to Caroline and Michael Weber on the engagement of their daughter Francesca, to Aaron Lawee son of Maurice Lawee.

Mazel Tov to Val and Stephen Joseph on the engagement of their daughter Mimi, to Freddie Fulton son of Kate and Ashley Fulton.

### AUFRUFS

**23 March** - Nicola Faichney & Benji Lanzkron.

**30 March** - Joanne Leveson & Edward Mendelblatt.

### WEDDINGS

Mazel Tov to Richard and Danielle Burns on the marriage of their son Zak, grandson of John and Shirley Burns, to Alexa Effron, daughter of Craig and Karen Effron.

### BIRTHDAYS

Mazel Tov to Valerie Jablon on her 90th birthday.

Mazel Tov to Melvyn Abrahams on his 83rd birthday.

Mazel Tov to Linda Abrahams on her 80th birthday.

Mazel Tov to Jeffrey Fisher on his 80th birthday.

Mazel Tov to David Bagon on his 80th birthday.

Please try to make any payments via the synagogue website at [www.ehrs.uk](http://www.ehrs.uk)/**payment**, via bank transfers or otherwise please phone to pay with a credit or debit cards. Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

### BEREAVEMENT

**During office hours:** in all cases of bereavement please contact June Lewis, the Clergy's Personal Assistant.

**Out of office hours:** in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message. JJBS email [info@jewishfunerals.org.uk](mailto:info@jewishfunerals.org.uk)

**Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email [communications@ehrs.uk](mailto:communications@ehrs.uk)**

### ANNIVERSARIES

Mazel Tov to Shelley and Peter Bradley on their Pearl Wedding Anniversary.

Mazel Tov to Sandra and Ian Croke on their Diamond Wedding Anniversary.

### CONDOLENCES

To Jeanette Marks on the loss of her husband, Jack Marks.

To Caroline Martin on the loss of her husband, Stewart Martin.

To Audrey Gold on the loss of her husband, Barry Gold.

To Sharman Cardash on the loss of her husband, Alan Cardash.

To Janice Golden on the loss of her husband, and Ben Golden on the loss of his father, David Golden.

To Helen Karbaron on the loss of her husband, and Marc Karbaron on the loss of his father, Monte Karbaron.

To Valerie Leigh on the loss of her husband, and Stuart Leigh on the loss of his father, Alfred 'Alan' Leigh.

To Marian Wacholder on the loss of her husband, and Steven Wacholder on the loss of his father, Martin Wacholder.

To Lilian Cordell on the loss of her partner, Joseph Cohen.

To Howard Marks on the loss of his wife, Sandra Marks.

To Alan Lewis on the loss of his wife, Brenda Lewis.

To Harold Stutman on the loss of his partner, Rhoda Donner.

To Anthony Gordon on the loss of his father, Ivor Goldberg.

To Brian Freeman on the loss of his father, Cecil Freeman.

To Lisa Collins on the loss of her father, Ivan Collins.

To Nicole Diamond on the loss of her father, Michael Price.

To Simon and David Stern on the loss of their father, Bernard Stern.

To Jo Weber on the loss of her stepfather, Michael Wilson.

### THE CLERGY

Our EHRS Clergy Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on 020 8238 1002 or [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk) You can contact them directly:

Rabbi Mark Goldsmith (Senior Rabbi)  
**020 8238 1020**, [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk)

Rabbi Debbie Young-Somers  
**020 8238 1019**, [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

Rabbi Tanya Sakhnovich  
**020 8238 1018**, [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk)

Cantor Tamara Wolfson  
**020 8238 1010**, [cantor.tamara@ehrs.uk](mailto:cantor.tamara@ehrs.uk)

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Clergy Team.

To Laurence Gilford on the loss of his mother, Cecilia Gilford.

To Steven Allen on the loss of his mother, Carolyn Allen.

To Lorraine Miller on the loss of her mother, Irene Dempsey.

To Mark Lander on the loss of his mother, Muriel 'Sally' Lander.

To Sheldon Collins on the loss of his mother, Esther Collins.

To Leonard Taub on the loss of his mother, Shirley Taub.

To Sylvia Nineberg on the loss of her son, and Roger Nineberg on the loss of his brother, David Nineberg.

To the family of Patricia Lavender.

To the family of Donald Max.

### TOMBSTONE CONSECRATIONS

**3 March** at Edgwarebury Cemetery – 09:15 in memory of Michelle Kaye.

**10 March** at Cheshunt Cemetery – 11:00 in memory of Rhoda Levitan.

**10 March** at Edgwarebury Cemetery – 13:45 in memory of Judith Anders.

**17 March** at Edgwarebury Cemetery – 10:15 in memory of Aubrey Goldsmith.

**24 March** at Cheshunt Cemetery – 11:15 in memory of Sylvia Simons.

11:45 in memory of Alan & Rosalind Diamond.

**31 March** at Cheshunt Cemetery – 11:15 in memory of Alec Sterling.

**14 April** at Cheshunt Cemetery – 11:00 in memory of Rita Moss.

**21 April** at Southgate Cemetery – 11:00 in memory of Anita Godfrey.

### NEW MEMBERS:

A warm welcome is extended to the following new members of our community:

Alex, Melissa, Joey and Lily Bridge.

Ben Newman and Sasha Graham.

Brenda Lyons. Michael Adelman.

Matthew West. Pamela Freeman.

Guven Hamit.

## SERVICES

For Service Zoom details please see forthcoming Our Week Ahead emails, or email [admin@ehrs.uk](mailto:admin@ehrs.uk)

### Kuddle Up Shabbat

**Fridays 8 March & 5 April, 16:15-16:45**

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities.

You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

### Erev Shabbat Service

**Every Friday Evening, 18:30-19:20**

Our Erev Shabbat Service takes place every Friday Evening. Led by our Clergy in person at our Synagogue and through the EHRS Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world.

### Kabbalat Shabbat Shirah

**Friday 1 March, 18:30**

Join our Shabbat Shirah Band, Rabbi Tanya and Cantor Tamara for a joyful and relaxing Friday night service followed by a bring & share dinner. Cantor Tamara will treat us to a mini compilation of some Jewish songs, both traditional and modern. Children and friends are very welcome! Please bring a veggie dish to share. Please email [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk) to let us know you are joining us for dinner.

### Shirah sheBaLev - Song of the Heart

**Friday 19 April, 18:30**

Join our singing group and Rabbi Tanya for an uplifting service followed by a bring & share dinner and a sing-along evening with our talented singing group (please email Rabbi Tanya requests with your favourite Jewish and non-Jewish songs on [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk)) Children and people of all ages are welcome in particular! Due to pre-Pesach restrictions in our kitchen, it will be a catered sushi and salad dinner with some Kosher for Pesach desserts, ice-cream and fruit. £5 for members, £10 for non-members, children's dinner is free. Please book via the website.

### Friday Night Lights

**Friday 8 March, 20:00**

Join Rabbi Mark on Erev Shabbat for a warm and friendly candle lighting and Shabbat songs, on Zoom or the EHRS Facebook page through Facebook Live.

### Shabbat Coffee Stop

**Saturdays 23 March & 27 April, 9:45-10:25**

Meet for tea, coffee and biscuits (Pesadic

snacks in April!) at our Shabbat Coffee Stop in the Lounge this Shabbat and then go into the Shul together. Our Shabbat Coffee Stop could be especially helpful for those who are alone and who may be commemorating a Yahrzeit.

### Shabbat Morning Service 10:30-12:30

Our Shabbat Morning Service is held in the EHRS Beit Tefillah (sanctuary) every Saturday morning and also available on the EHRS Livestream Classic Channel.

### Chumash Babies - A sensory Shabbat experience for your five senses

**Saturday 2 March, 10:30- 11:30**

This is a special Shabbat experience for our very youngest children, their parents, siblings and grandparents. It brings together baby sensory play and Jewish ways of experiencing the wonder of Shabbat for a delightful half hour with Cantor Tamara and Sarah Koster. See, hear, feel, taste and smell Shabbat with your baby! Followed by a Shabbat brunch to help us all get to know each other. Booking essential so that we cater properly! Contact [sarah.koster@ehrs.uk](mailto:sarah.koster@ehrs.uk) 020 8238 1025.

### Friday Night Student Visits

Are you or a family member at **Oxford University** or nearby? Rabbi Debbie will be speaking at Oxford Jsoc during Friday night dinner on 8 March to mark International Women's Day and would love to see you! If you can't make this date, be in touch to find another time!

### Early Risers Service –

**Saturdays 9 March & 13 April, 9:30-11:00**

This especially friendly service will be mostly in Hebrew, use nusach (traditional modes of chant for the prayers), include the Torah reading and Musaf (which is the repetition of the Amidah special to Shabbat) and other features to create a participative experience, ending with a hospitable Kiddush. Led by members of congregation and Shaliach Tzibbur, Jeremy Harrod. Hosted by our Clergy.

### Teen Schmooze

**Saturdays 9 March & 13 April, 10:30-11:30**

For everyone in school years 7 upwards. It's a Shabbat schmooze especially for you with Rabbi Mark in March and Rabbi Debbie in April – talk, music and prayer together.

### Shabbat Shirah

**Saturdays 9 March & 13 April, 11:15-12:15**

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages, a Torah reading and the chance for everyone to participate in making

the music. Led by our Clergy and Shlichei Tzibbur (prayer leaders). If you play an instrument and would like to be part of the band let Rabbi Mark know at [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) so he can invite you in.

### V'hafoch Ba: Backwards Tefillah

**Saturday 23 March, 10:30**

The "catch-phrase" of Purim is na'afoch hu which we understand to mean "upside down", "turned on its head", or "opposite". In this spirit, join Cantor Tamara for a pre-Purim parallel service, which will be conducted backwards, beginning with Adon Olam and ending with Mah Tov! This service will aim to finish in time to join the rest of the community for Kiddush.

### Shabbat Club and Birthday Blessings

**Saturdays 30 March & 27 April, 11:15-12:15**

Our Shabbat experience for up to 11 year olds to enjoy parasha and Shabbat themed activities, stories and songs. If it is your birthday this month, then at the end of the service in the Beit Tefillah (main Synagogue) we would love to celebrate with you with a birthday blessing just before Kiddush at 12:30.

Our April Shabbat Club includes the famous EHRS Chocolate Seder - yum! It's Seder but super delicious.

### Shabbat Service in the Park

**Saturday 6 April, 10:45-12:00**

Meet at Cannons Park Good Friends Café for a hot drink & a few Shabbat funny stories about Kashrut (as it is Shabbat Shemini!) before a walking service appreciating the beauty of nature around us, fresh air, and the companionship of fellow members.

### Clear the Chametz from your Soul

**Saturday 20 April, 10:30**

Join Rabbi Debbie in person or on Zoom for a chance to turn to some spiritual spring cleaning before Pesach. We will aim to finish at 12:00 to join the rest of the community for the conclusion of the Main Service.

### Healing Service

**Saturday 4 May, 10:30-12:00**

Join with your EHRS family and Rabbi Debbie in a space where we will pray and reflect together and hold one another through life's challenges. Feel free to come in person to EHRS or join us over Zoom.

### Sunday Shacharit 09:30-10:00

Join our weekly Sunday Shacharit in the EHRS Beit Midrash. Half an hour of morning prayer with a friendly bunch of folks, which includes the Kaddish if you are remembering a loved one. On the first Sunday of the month, breakfast is served.



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Ladies and Gents, this is the moment you've waited for!

# 'Anything Goes' at Purim

**Saturday 23 March**

from 18:00, Havdallah 19:10

followed by the Megillah reading

Join us for an evening, all things musical, as we celebrate Purim.

Families with children are invited to join us from 18:00 for children's dinner & activities. Havdallah will be at 19:10 followed by our family friendly Megillah reading.

Then please stay as we present this year's Purim Spiel, and a visit to our special pub 'Choir of Ha-Man', where you can enjoy pub style food & drinks, singers and LIVE music!

Booking is required to receive your ticket for the afterparty food & drinks.

Free to EHRS Members

£5 for Non Members


[www.ehrs.uk/event/purim2024](http://www.ehrs.uk/event/purim2024)

We all know 'you're never fully dressed without a smile', but we would love to see your musicals themed fancy dress also.

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk)  
Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971

 Edgware & Hendon Reform Synagogue  
ק"ק לדור ודור





# Sacred Sounds

## Learn to Leyn (Megillat Esther)

**Mondays 4, 11, & 18 March, 19:30-20:30**

Join Cantor Tamara for a 3-part course where we will learn the special cantillation mode for the Book of Esther. Participants will have the option to use their newfound skills at our EHRS Purim festivities where we will chant a selection of verses from the megillah. Attendance at all 3 sessions is strongly encouraged. Sight-reading or musical knowledge is a bonus but is not required so please do come along, whatever your level! In person attendance preferable but Zoom is available. Please email [cantor.tamara@ehrs.uk](mailto:cantor.tamara@ehrs.uk) for Zoom details.

## The Whole Megillah and Shacharit

### Sunday 24 March, 09:30-11:15

On Sunday 24 March we will get to hear the whole Megillah (Book Of Esther) read or leyned (chanted) with our sofer (scribe) written Megillot in prominent use, including two beautiful new Megillot that have been donated to EHRS. The way this will work is that we will all join the Sunday Shacharit Group at 09:30 for their half hour morning service, then enjoy a bagel breakfast and then into our full Megillah reading from 10:20 to around 11:15.

After this, if you would like to, you are welcome to join our Purim and the Chocolate Factory family party in the Community Centre, see details below!

# PURIM AND THE CHOCOLATE FACTORY

## IN A WORLD OF PURIM IMAGINATION

Your Golden Ticket to the EHRS Family Purim Party

Join us Sunday 24th March  
10.30 to 12.00

Free for members  
£10 per non-member family  
Fancy dress

Musical Megillah

Chocolate making

Chocolate fountain





## GETTING TO KNOW CANTOR TAMARA



synagogue's music. I looked forward to hearing my Cantor sing during services every Shabbat morning. And after one service, I marched right up to him and said that I wanted to learn to sing "just like him".

From that day forward, Cantor Jacob Mendelson took me under his wing and I began singing solos and duets on the bimah during services. Over the years that followed, my path to cantorial ordination took me to Los Angeles where I received a Bachelor's Degree in Judaic Studies from American Jewish University, and then back to New York where I was ordained a Cantor and received a Master's in Sacred Music in May of 2018. The question I am asked most often is what the difference is between a Rabbi and a Cantor. The simplest answer is that Rabbis and Cantors receive nearly identical training over the course of our 5 years of study - but Cantors have an added speciality in music. Both Rabbis and Cantors are trained to officiate at all weekday, Shabbat and Festival services and all life cycle events in the life of their communities. We also receive years of training in pastoral care, and we use music alongside prayer in our chaplaincy work with the sick or the dying and their

families.

At a certain point during our graduate training, cantorial coursework diverges from rabbinic work. Whereas Rabbis begin a more in-depth study of Talmud, Midrash and homiletics, Cantors study music and liturgy. We take classes in the history and development of prayer, Torah Haftarah and Megillah cantillation, music education, Yiddish music, Israeli art song, piano, guitar... to name just a few! This specialised training enables Cantors to bring a unique perspective and expertise to our work with our Rabbinic colleagues and with our synagogue communities. I chose to become a Cantor rather than a Rabbi because of how deeply I care about the music of our Jewish tradition, and I feel privileged to work on a clergy team here at EHRS with Rabbis who are also passionate about (and skilled in!) music. I hope that in my work with our children, young families and adults, in shiurim and services, and on Shabbat and Festivals, we will have many opportunities over these coming months to learn together, to pray together, and to sing together. If I haven't already, I'm really looking forward to meeting you!

**Cantor Tamara Wolfson**

Take a trip back in time  
and join us at EHRS as we pay tribute  
to some of the most iconic artists of the 1960's

# Back to the Sixties

Sunday 17 March, 19:30

We are delighted to welcome  
**'The Sixties Roadshow'**  
a superb act with a full live band, bringing to life the sounds of the Sixties.

Tables for Four or theatre style row seating available to book.  
EHRS Member Table for Four £80 ~ Non Member Table for Four £100  
EHRS Member Adults £20 ~ Non EHRS Member Adults £25  
Under 21's £15

**LIVE MUSIC**

Last few tickets remaining.  
Book now!

**CORNETTO  
ICE CREAM  
FOR EVERY  
GUEST**

Last few tickets remaining.  
Book now!

Doors open for seating at 19:00, show begins at 19:30, show ends approx 21:45  
Refreshments of alcoholic & non-alcoholic drinks, will be available to purchase before the show and during the interval.

**BOOK ONLINE NOW at [www.ehrs.uk/event/sixties](http://www.ehrs.uk/event/sixties) or call 020 8238 1000**  
So 'Reach Out' and 'Come Together' for an evening to remember!

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
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 Edgware & Hendon  
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ק"ק לוו"ד ודור

The **Communal Seder** is back and will be held this year on **Tuesday 23 April**. We are very excited about it and if you wish to join us and cannot go online to book please call the main EHRS number on 020 8238 1000 where a member of the Admin Team will be able to assist with your booking.

Do you or someone you know need a helping hand with technology? **Jewish Care Explore** have computers, tablets and iPads at Sandringham in Stanmore and their friendly understanding staff are on hand to answer any questions and provide guidance, courses are also available. They can also assist with advice on technology for mild and moderate disabilities or medical conditions and their demo area is available to see how smart home products like Alexa, video doorbells or smart plugs work and if they would be suitable for you. For more information call **0208 922 2400** or email [explore@jcare.org](mailto:explore@jcare.org)

We regularly hear about members who have contacted **Hatzola** in a medical emergency. If you have not heard of them, Hatzola Edgware provides professional, highly trained emergency care to the Edgware, Mill Hill and Stanmore communities. Their volunteer medics have undertaken extensive first aid training and are equipped with life-saving medical equipment including defibrillators, oxygen and resuscitation devices. They are on standby 24 hours a day, 7 days a week, 365 days a year on **0203 813 6446** where you will be directed in an emergency. Please keep this number handy. Their website is [www.hatzola-edgware.org](http://www.hatzola-edgware.org)

Our popular **Monthly Lunch Club** is a great opportunity to meet up with others in the warmth and comfort of the Shul for a hot meal. It is open to all and is held on the second Tuesday monthly, our next lunches will be on **12 March** and **9 April**. Booking is essential before the end of the week before and if you have not been

previously and would like to know more please call us.

The EHRS **Memory Way Café** provides support for people living with dementia and their family carers and is open to all in the local community. We meet on the third Wednesday afternoon monthly and our next cafes will be held on **20 March** and **15 May**. If you are interested for your partner or a relative and would like more information or wish to discuss any concerns, please contact either Val or Marissa. We have a useful guide on tips for supporting carers from a member of another community; please let us know if you would like to receive a copy.

Do you like chatting? If so, we need you, especially coming up towards Pesach. **Telenet** is our vital telephone support system for members aged 85 years and above and without your help we cannot reach out to them all. You can make your calls from the comfort of your own home at a time that is convenient to you and not only will it enrich the lives of the members you call but your own life too. If you have not volunteered before and want to do something for our community, please contact Val or Marissa - we really want to hear from you!

Please contact us if you need a confidential discussion about yourself or a family member, Val and Marissa are here to support you.

**Val Joseph**  
**020 8238 1013,**  
**Marissa Rosenthal**  
**020 8238 1015**  
[community@ehrs.uk](mailto:community@ehrs.uk)



Val Joseph

**JEWISH BLIND & DISABLED**  
The key to independence

Registered Charity No. 259480

**INDEPENDENCE. DIGNITY. CHOICE.**

Raymond's stroke had a devastating effect on his and Pamela's life until they moved in to their Jewish Blind & Disabled apartment. Now they enjoy the best of both worlds - independence with a social life on their doorstep.

Raymond & Pamela moved into their state-of-the-art mobility apartment in 2019.

To make a donation or to apply for an apartment visit [www.jbd.org](http://www.jbd.org) or call **020 8371 6611**

ENABLED



For more information on Stonegrove Life events and activities, please visit the website [www.ehrs.uk/stonegrovelife](http://www.ehrs.uk/stonegrovelife) Where Zoom participation is required see Our Week Ahead, or email [stonegrove.life@ehrs.uk](mailto:stonegrove.life@ehrs.uk)

# STONEGROVE LIFE

education | events | entertainment

Our Stonegrove Life committee supports the Together Groups, Stonegrove Serenade, and other adult learning opportunities. An energetic team of Clergy, staff and volunteers, this committee is at the heart of the community.

## First Shabbat Shiur, 9:15-10:15

Our First Shabbat Shiurim are on all kinds of areas of Jewish life. You can join us in person at EHRS or at home using Zoom.

**Saturday 2 March - Jamaica - No I Went of my Own Accord:** In February, Rabbi Mark went to Jamaica to officiate the wedding of EHRS Members Monifa Angus & Gary Lewis. Jamaica is Monifa's original home country. He was also invited to preach and teach Torah at the Shaare Shalom Synagogue in Kingston, Jamaica on the Shabbat. This is the only Synagogue in Jamaica and provides a Jewish home for Reform, Masorti and Orthodox Jews, Sephardi and Ashkenazi. This Synagogue was built in 1912 but Jamaica has been a home for Jews since before the first Synagogue was built in the 1690's. How is the Jewish community doing and how have Jews contributed to Jamaica?

**Saturday 6 April -** With the approaching Rosh Chodesh of Nisan let's talk about the Exodus. This time the Exodus from the Soviet Union: facts and myths of another Exodus of the Jewish people from slavery to the Promised Land (or Lands?) Join Rabbi Tanya for a conversation and if you or your parents took part in Refuseniks' campaigns please bring your stories along too.

## World's Minorities & Politics

Join Phil Dave and Rabbi Tanya for an informative but thought provoking conversations on the EHRS podcast. In person & on Zoom.

Please bring your opinions & expertise along and we promise to include you in the conversation!



**Tuesday 19 March:** How have the news media been covering events in Israel and Gaza? Join us as well as our esteemed guests & members of our community for a conversation and discussion on the topic.

**Tuesday 9 April:** How diverse are we? Jewish stories from the furthest corners of the Jewish world. Join us as well as Rabbi Sybil Sheridan, chair of Meketa (a charity that supports Ethiopian Jews) Kevin Darvill and Tim Regis (descendent of Sephardi Jews) for a conversation and discussion on the topic.

Join us from 19:30 for a bagel supper, podcast begins at 20:00.

**Iftar at EHRS**  
**Thursday 28 March, 18:00**  
Together with Faiths Forum for London, EHRS are delighted to be hosting an Iftar, breaking the fast for our Muslim colleagues and neighbours observing Ramadan, where we will share food & community together. More details will follow but please save the date!



## Bite of Torah for everyone interested in Torah, 9:15-10:15

These sessions are full of new insights which bring Torah and Tanakh (The Hebrew Bible) to life. In person or on Zoom.

**Saturday 16 March -** We are delighted to welcome Jonathan Bergwerk back to EHRS, and will explore the life and times of King Solomon, protagonist of this week's Haftarah. Join us for what is always an engaging and enlightening hour of learning with Jonathan, author of 'Audacious Jewish Lives'. With Rabbi Debbie.

**Saturday 20 April Parashat Metzora -** Chapter 14 of Leviticus includes within it the infamous affliction of tzora'at, often translated as leprosy or some other type of skin disease. Did a plague of leprosy really wreak havoc on the sinners of ancient Israel? And what does tzora'at, whatever it may be, teach us about ancient Israelite society? With Cantor Tamara.

## Should Israel affect my Vote in UK Elections?

**Wednesday 6 March, 20:00-21:30**

Ameet Jogia and David Pinto-Duchinsky are respectively the Conservative and Labour Prospective Parliamentary Candidates for the Hendon parliamentary constituency for the parties. We aim to ask this question and discuss this issue with them both in the light of the Israel and Gaza crisis but also in terms of the Jewish link to Israel that is always with us. Facilitated by Rabbi Mark.

## Rosh Chodesh 19:30-21:00 on Zoom

**Thursday 14 March & Wednesday 10 April**

On the first day of a Hebrew month, a sliver of the new moon is visible in the sky. Rosh Chodesh ('head of the month') is the traditional Jewish holiday on this day. Join us on Zoom for music, contemplation, chat and creativity to mark each new month. For more details please email [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk)



## Pesach Freedom in a year of Hostages and Displacement

**Thursday 4 April, 20:00-21:30**

Since last Pesach hundreds of thousands of Israeli Jews and Arabs and Gazan Palestinians have been displaced from their homes due to the results of the Hamas attacks in October. Hundreds of Israeli families have experienced the pain of their loved ones being taken hostage in Gaza. How can we appropriately celebrate our freedom at our Sederim this year? A discussion and study session to add meaning to Pesach 5784/2024 with Rabbi Mark.

## Walking Tour of the East End

**Sunday 14 April, 10:30-12:30**

Join Rabbi Debbie as we explore immigration, assimilation and uprising!

To book in and receive meeting details please email [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

## Talmud Class Sundays 10 & 31 March and 28 April, 10:00-11:00

EHRS's stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today.

No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism.

This class is conducted online through Zoom as discussion and argument is what it is all about!

Please email [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) to get the Zoom details and the Talmud texts we are studying.



**Art Appreciation** Tuesday 30 April, 14:30-16:00

Come and discover your inner creative self, explore your sensitive side, and delve into the artistic world! Angela Wilson will be showing a selection of paintings by various artists. After the session we will have tea together and have the opportunity to discuss the art.

**Bridge for Beginners** Wednesdays 6 & 20 March, 3 & 17 April, 20:00-21:30

Led by Annita Tischler, Beginners Bridge will enable you to learn the basics of the game in a friendly and welcoming setting. Booking is essential via the website. Donation: £2 per session for EHRs members, £3 per session for non members

**Coffee & Chat** Wednesdays, 10:30-12:00 fortnightly

Our tea & coffee mornings at EHRs are for those on their own who would like to meet others in the same situation. All are welcome.

**Cookalongs** Wednesdays, 20:00 monthly

**Wednesday 20 March, 20:00 - Chocolate Vodka:** Join us at EHRs where we will be helping prepare for Purim. You will be able to make some to take home and some for shul! Places are limited so please book at [www.ehrs.uk/event/purim-vodka](http://www.ehrs.uk/event/purim-vodka)

**Wednesday 24 April, 20:00 - A Sweet Tooth Pesach:** We will be making Kosher for Pesach Gluten Free Shortbread Biscuits and Cookie Bars from the comfort of our own kitchens on Zoom. For ingredients and Zoom details please email [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

**Cycling** Sunday 3 March, 9:15-11:30

This group is aimed at all who is confident at riding on a road in a group for 20 miles at a leisurely pace. Full details on the website.

**Folk Dancing (previously known as Israeli Dancing)** Mondays, 11:00-12:30 weekly

This class is for all adults. A warm welcome to all who want to join us for this energetic and fun morning.

**Football** Sundays, 20:00 weekly

EHRs's weekly football game for male members between 21-45, at Centenary Sixes, Centenary Park, Stanmore, HA7 2NW. This takes place weekly. Minimum 5 a side, Maximum 6 a side. Members: £5, Non Members: £7. Please book via the website.

**Foraging** Sunday 17 March, 14:00-15:30

Join our first foraging adventure of 2024, as our resident expert Peter Bradley takes us out to discover local edible delights available for those who know where to look! For details of where to meet please register with [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

**Juke Box Gold** Thursdays 21 March & 18 April, 20:00-21:30

Join us each month as we listen to great singers & groups from the 50s, 60s & 70s. We look forward to welcoming you with videos and songs on a very informal basis, where we will play many of your favourites! Refreshments from 19:30. Hosted by Richard Hartman.

**Opera Appreciation** Thursdays 14 March & 18 April, 19:15-21:30

Do you like opera? If so then please join our opera appreciation group at EHRs with other like-minded members. This group meets monthly at EHRs in the early evenings to see classical opera on DVD which will be introduced and then discussed by the group.

**Rabbi Kraft Memorial Book Club** Tuesdays, 19:30 monthly

This is a small, friendly group of who meet once a month on Zoom. A synopsis of each book can be found on the EHRs website.

**Tuesday 5 March: 'One Damn Big Puzzler' by John Harding ~ Tuesday 2 April: 'The Book of R' by Lawrence Cohen**

**Rambling** Sundays 17 March, 10:30 & 28 April 'Matzah Ramble', 11:00

Rambling is a fantastic way to make new friends and learn about local lore, and you will have your love of great views, fresh air and a love of nature in common. Full details can be found on the website.

**Rummikub** Tuesday 26 March, 14:00-16:00

If you love playing Rummikub then this social and friendly group that meets monthly is for you. Donation £2 per person.

**Singing Circle** Mondays, 14:00-15:30 weekly

The Singing Circle is for anyone who enjoys bursting out into song. You don't need perfect pitch or be able to read music. Most of our 150+ song repertoire consists of popular songs, and songs from the shows which we sing along to while watching YouTube videos.

**Spanish Conversation** Tuesdays, 14:00-15:30 fortnightly

Hola, hablas español? Want to brush up your Spanish conversation? This group is for those who wish to improve their Spanish.

**TV Addicts Club** Thursdays, 19:30-22:00 fortnightly

In each series of The TV Addicts Club, we meet to enjoy brand new & old classics of movies with drinks & cake to enjoy whilst we watch. **Our theme for this Winter series from January to March is 'Animalla'.** A synopsis of each film can be found on EHRs website.

**7 March: 'Jaws'** - A miraculous achievement from all aspects, Spielberg weaves together drama, humour, adventure, & horror expertly.

**21 March: 'The Zookeepers Wife'** - Based on a true story, The Zookeeper's Wife is a compelling drama about the effort to rescue Jews from the Nazi Holocaust with an arresting narrative of heroism in the Second World War. A remarkable tale of courage and sacrifice in one of the darkest periods of history. **For our last film of the Winter series, we will begin at 18:30 with a light buffet supper, film will start 19:30. Booking essential. £5 donation towards food, 20 places available. Please go to [www.ehrs.uk/event/zookeeper](http://www.ehrs.uk/event/zookeeper) to book.**

**Whisky Tasting** Dates to be announced

Every few months you can join us for an evening of whisky tasting, sample different whiskys and chat about your favourites with others who share the same love for this delicious tippie. Register for updates via the Together Groups website page.



It has been a very busy and fun filled start to 2024 for our Young Families. Weekly Shabbat Stay & Play sessions continue to sell out, and we have had great fun exploring the Parashas creatively. Our Sing & Sensory baby class is as cute as ever and it's been gorgeous having new attendees from our members new babies!

We invite all those with little ones 3 and under to join us at our special Chumash Babies Sensory Shabbat Service on 2 March, followed by a catered brunch. Bring all the family and siblings.

We are so excited for Purim!! Keeping to this year's EHRS theme of Musicals! We will be transforming the Community Centre into Wonka's Chocolate factory for our Purim Party. We are looking forward to welcoming families to the evening Megillah reading, starting earlier with a pre-dinner.

Please go to pages 4 & 5 for full details.

Following Purim we launch into Pesach. We are of course hosting our ever-popular Chocolate Seder, and this year we really encourage families who do not have plans for a 2nd night to join us at the EHRS Communal Seder. The service will be intergenerational and family friendly with activities for children of all ages to keep them entertained and involved. Please see our Pesach guide from page 11 for full details.

Finally, as we approach Jewish Schools CRP point collection season, do find below information on our online event to help you understand the process. As always, please get in touch for any more information or if you need support with anything.

### SEND Parents Support Group

**Tuesdays 5 March & 9 April, 19:30-21:00**

A support group for parents/carers of children with additional support needs and/or disabilities that affect life at home and/or in school. A safe space where you can meet other parents in the community, share experiences, talk about challenges and strategies, and support each other.

### EHRS gets the Point!

**Thursday 21 & Wednesday 27 March, 20:00**

An information evening to find out all you need to know about collecting points for Jewish Schools (25/26 admissions). Sarah Koster and Rabbi Debbie will guide you through what schools requirements are and how you can collect points with



**EHRS. 21 March for Secondary Schools and 27 March for Nursery & Reception.**

### Shabbat Stay & Play

**Friday mornings 10:30 -11:45**

**(Term time)**

Our baby and toddler group with toys, crafts and song session and Kiddush with our Clergy. The perfect way to meet other parents, enjoy a hot drink and a catch up. Please book on our website in advance. You can collect CRP points for attending.

### Sing & Sensory

**Tuesday mornings, 11:00-11:45**

**(Term time)**

A music & sensory class for babies - 1-year olds, with a different theme each week, followed by chill out time in our state of the art Senitt Sensory Room. Booking required.

### Chumash Babies

**Saturday 2 March, 10:30-11:30**

This is a special Shabbat experience for our very youngest children, their parents, siblings and grandparents. It brings together baby sensory play and Jewish ways of experiencing the wonder of Shabbat for a delightful half hour with Cantor Tamara and Sarah Koster.

### Kuddle Up Shabbat

**Fridays 8 March & 5 April, 16:15-16:45**

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

### Shabbat Club & Birthday Blessings

**Saturdays 30 March & 27 April, 11:15-12:15**

For Primary School aged children and their younger siblings are welcome. Parasha and Shabbat themed activities, stories and songs in a relaxed atmosphere. Finishing in time to join the community for Kiddush around 12.15. We are delighted to invite all children who have a birthday in that month to join us for a birthday blessing from the Clergy in the main service. Families will be sent personal invites, but do let us know if your child has a birthday coming up to make sure we have you on our list. Kiddush will include a birthday cake treat! On 27 April our Shabbat Club will transform into our Pesach Chocolate Seder, see page 13 for more details.

### Shabbat Shirah

**Saturdays 9 March & 13 April, 11:15-12:15**

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages. Includes a Torah reading and chance for everyone to participate in making music.

**Sarah Koster, Young Families Lead**

[youngfamilies@ehrs.uk](mailto:youngfamilies@ehrs.uk)

**020 8238 1025**







# Pesach 2024/5784

*Your guide to our Pesach Services, Seders,  
Activities, Study Sessions & Play Schemes.*

*Also includes Pesach enhancements and a pull  
out children's activity placemat for your Seder.*

*You can also go to [www.ehrs.uk/pesach](http://www.ehrs.uk/pesach) for full details*





# Services & Sessions during Pesach



## Monday 22 April: First Night Seder

The EHRS team is delighted to enable anyone who wants to attend a family Seder on the first night to do so. Please contact Val Joseph, 020 8238 1013 or val.joseph@ehrs.uk, as soon as possible if you would like to find a host family to join for first night Seder. If you are prepared to do the mitzvah of hosting a guest, please let Val know. Your Seder doesn't need to be perfect, people looking for a host family are simply hoping to be together with others.

## Tuesday 23 April: First Day Pesach

Main Service, 10:30

Our service includes the special liturgy and choral music for this central festival of the Jewish year and our coming together to celebrate our freedom.

Escape (Room) from Egypt Young People's Pesach Experience, 10:30

Join Rabbi Debbie and our EHRS Education and Youth Team for an interactive Pesach experience and service, as if you were an Israelite ready to leave Egypt.

Communal Seder, 18:00

Please join us for our Intergenerational Communal Seder at EHRS, 18:00 for a 18:15 start, ending at approximately 22:00. It is sure to be a lovely and friendly evening of good food and a Seder service. This is suitable for all ages, and we encourage families with children to join us. Full details below.

## Wednesday 24 April

Artificial Intelligence (AI) – Will we be slaves to our technology?, 20:00-21:30

From smart speakers to data capture in social media to the ability to write essays for students to autonomous cars, the progress of Artificial Intelligence is both impressive and potentially scary. Will we one day need to escape its clutches? A Pesach panel discussion with Rabbi Mark and guests from the technology world.

## Saturday 27 April

Chocolate Seder, 11:15

A musical and interactive experience, with chocolate of course, perfect for all those age 5 and above. Full details on opposite page.

## Sunday 28 April: Erev Seventh Day Pesach

Matzah Ramble, 10:45

Please join us for a family friendly Matzah Ramble at Oxhey Woods Local Nature Reserve in South Oxhey, Watford. Bring along your matzah and a rug, to enjoy a picnic lunch following the walk. Full details on the website.

Study Service - The Healing Power of Music, 18:00-19:00

Join Cantor Tamara for a gentle and contemplative study service in Pesach. We will explore how our liturgy can help us move *min ha'meitzar* – away from the narrow spiritual places in which we find ourselves - and how music can be a powerful tool in helping us find healing and peace.

## Monday 29 April: Seventh Day Pesach

Main Service & Yizkor, 10:30

Our service includes the special liturgy & choral music that ends Pesach, together with a Yizkor to remember those who are no longer with us.

Across the Red Sea Young People's Pesach Experience, 10:30

Join Rabbi Mark and our EHRS Education and Youth Team for an interactive Pesach experience and service, as you work out how to get through the Red Sea on your way to the Promised Land, singing our Jewish songs of freedom as we go. Expect to get a bit wet (and wear clothes that can)!

# EHRS COMMUNAL SEDER

## TUESDAY 23 APRIL, 18:00

for a 18:15 start ending at approximately 22:00

### BE PART OF OUR SPECIAL INTERGENERATIONAL COMMUNAL SEDER!

PLEASE JOIN US FOR A LOVELY AND FRIENDLY EVENING OF GOOD FOOD AND A SEDER SERVICE. THIS SEDER IS SUITABLE FOR ALL AGES.

WE WELCOME AND ENCOURAGE FAMILIES WITH CHILDREN TO JOIN US.

WE WILL HAVE ACTIVITIES FOR CHILDREN OF ALL AGES, A NEW INTERACTIVE SERVICE FOR ALL TO BE A PART OF, A BREAK OUT AREA WITH BOOKS/TOYS, AND SNACKS TO KEEP THE LITTLE ONES GOING BEFORE DINNER!

EHRS MEMBERS: ADULT: £38, CHILDREN 10-18YRS: £10 ~ GUESTS: ADULT: £45, CHILDREN 10-18YRS: £10 (DUE TO A NUMBER OF KIND DONATIONS UNDER 10'S ARE FREE)

FULL MENU DETAILS ARE ON THE WEBSITE

\*CLOSING DATE FOR BOOKINGS FRIDAY 12 APRIL\*

PLEASE BOOK ONLINE AT [WWW.EHRS.UK/EVENT/COMMUNALSEDER24](http://WWW.EHRS.UK/EVENT/COMMUNALSEDER24)

NO ONE SHOULD MISS OUT DUE TO FINANCES SO PLEASE CALL MARTINE ALLEN ON 020 8238 1011 IF THIS IS A BARRIER FOR YOU





# PESACH PLAY SCHEME

WEEK 1: MONDAY 22 - FRIDAY 26 APRIL

WEEK 2: MONDAY 29 APRIL - FRIDAY 3 MAY

9:15-16:00

RECEPTION TO YEAR 6

EARLY BIRD PRICES UNTIL FRIDAY 22ND MARCH

FOR MORE INFORMATION AND TO BOOK: [WWW.EHRS.UK/YOUTHCENTRE](http://WWW.EHRS.UK/YOUTHCENTRE)



**EHRS MEMBERS £125 PER WEEK OR £25 PER DAY**

**EARLY DROP OFF/LATE PICK UP: EHRS MEMBERS FREE**

**NON EHRS MEMBERS £145 PER WEEK OR £30 PER DAY**

**EARLY DROP OFF/LATE PICK UP: NON-MEMBERS £5 PER SESSION PER DAY**

**Ofsted Registered**



Edgware & Hendon Reform Synagogue  
קיץ לידו דודו

**Saturday 27th April**  
**11:15**  
**CHOCOLATE SEDER**  
**A family Seder with a chocolatey twist... not to be missed!**  
**Book on the EHRS website**

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8938 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity No: 1172458 Company No: 110622971

Edgware & Hendon Reform Synagogue  
קיץ לידו דודו















# Moses and The Ten Plagues

I	T	M	I	I	B	O	I	L	S	N	A	T	R
P	S	E	U	G	A	L	P	A	L	M	O	G	M
H	S	A	E	N	I	S	T	G	N	A	T	S	E
A	G	S	A	E	G	Y	P	T	S	H	T	I	O
R	O	M	M	R	I	A	N	O	S	R	A	S	I
A	R	O	H	R	O	Y	A	D	L	E	N	L	S
O	F	S	H	N	O	N	S	O	T	V	R	A	R
H	S	E	F	I	O	T	N	O	E	I	S	M	A
E	V	S	T	O	H	S	S	E	L	R	H	I	E
U	R	S	E	S	D	O	O	L	B	E	I	N	L
S	T	N	N	S	L	I	S	U	R	L	E	A	I
A	S	T	S	U	C	O	L	R	H	I	H	H	T
I	T	R	A	E	H	D	R	A	H	N	R	Y	E
N	O	S	N	R	O	B	T	S	R	I	F	R	S

- ANIMALS
- FIRST BORN SON
- LOCUSTS
- BLOOD
- MOSES
- STORMS
- PLAGUES
- GNATS
- TEN
- EGYPT
- HARD HEART
- BOILS
- PHARAOH
- NILE RIVER
- FROGS
- ISRAELITES
- AARON

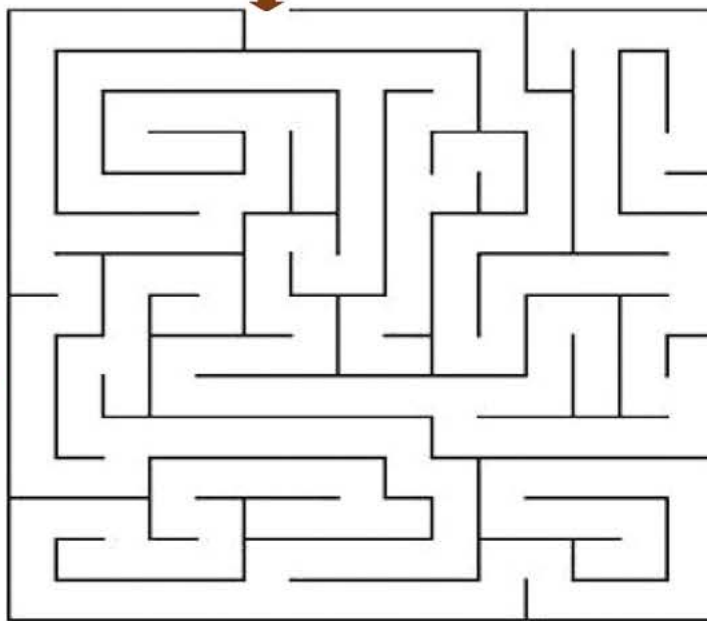
## PASSOVER SEDER BINGO

<p>Listen For The Parting Of The Red Sea</p> 	<p>Answer A Question...</p> 	<p>KADESH: Drink The 1st Cup Of Juice</p> 	<p>Eat The Passover Meal</p> 
<p>Drink The 3rd Cup Of Juice</p> 	<p>Wash Your Hands With A Blessing</p> 	<p>Dip A Vegetable In Salt Water</p> 	<p>Listen For The Name Pharaoh</p> 
<p>Find The Afikomen</p> 	<p>Listen For The 10 Plagues</p> 	<p>Listen For The Name Moses</p> 	<p>Drink The 4th Cup Of Juice</p> 





Can you guide Moses to the Matzah?





# Cookalong with EHRS

Our monthly Cookalongs are open to all who would like to join us.

Wednesday 24 April, 20:00  
on Zoom

## 'A Sweet Tooth Pesach'

Join us for our monthly cookalong where we will be making Kosher for Pesach Gluten Free Shortbread Biscuits and Cookie Bars from the comfort of our own kitchens.

For ingredients and Zoom details please email [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

To join our Cookalongs throughout the year you can register via our Together Groups website page, [www.ehrs.uk/togethergroups](http://www.ehrs.uk/togethergroups)

## Cornerstone Mock Seder & Seder Ideas

Tuesday 16 April, 19:00 at EHRS

You are warmly invited to join our regular cornerstone class for a reminder of the seder basics, a chance to refresh with some new ideas, and an opportunity to learn together.

Please go to [www.ehrs.uk/pesach](http://www.ehrs.uk/pesach) to book so that we can lay enough places! Dinner not included.



## Perfect Plava



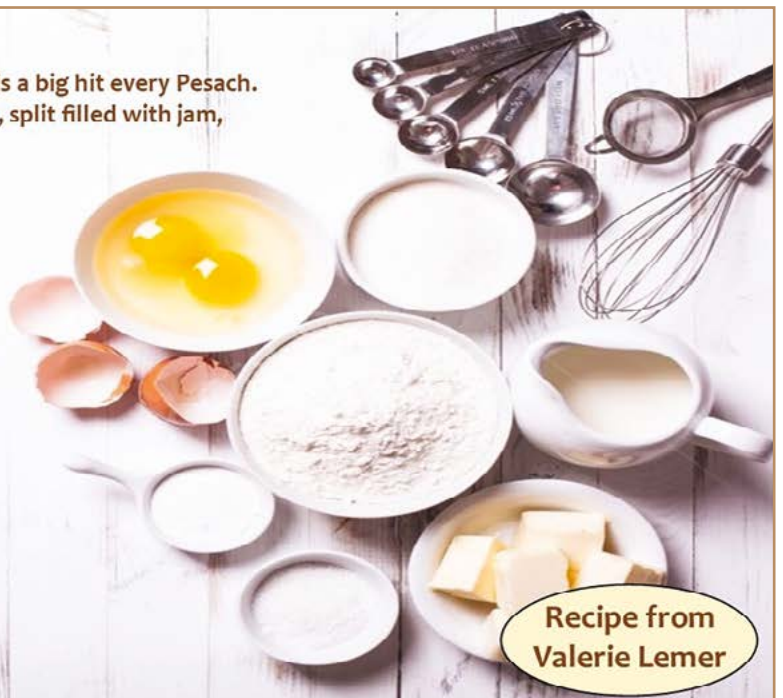
In our family this tried and tested Plava is a big hit every Pesach. It is so versatile, and can be served plain, split filled with jam, or as a dessert with fruit or compote.

### Ingredients

5 eggs separated  
275g caster sugar (superfine)  
1 tablespoon lemon juice  
75g cake meal or fine matzo meal  
75g potato flour

### Method

Preheat oven 180 degrees or gas mark 4  
Lightly oil a 9 inch cake tin and sprinkle with sugar  
Take half of the sugar and place in a bowl with the egg yolks  
Whisk until pale and thick  
Beat in the lemon juice  
In another bowl, whisk egg whites until they form stiff, glossy peaks  
Beat in the remaining sugar until a firm meringue is formed  
Fold this into the first mixture  
Fold in the sifted cake or matzo meal and potato flour  
Gently spoon into the cake tin and level the surface  
Sprinkle a thin layer of caster sugar over the top  
Bake for 1 hour 10 minutes



Recipe from  
Valerie Lemer





**We all love singing the traditional songs from our Haggadot at Pesach. But do we know what they mean? Here Cantor Tamara explains their general themes and musical origins.**

**Kadesh Urchatz** – this short rhyming song begins the evening and reminds us of the order of events to come. Many believe that its lyrics were authored by Rashi, the medieval French Rabbi responsible for some of our most famous Torah commentaries. The traditional composer is unknown, but rumor has it that you can sing these words to many popular melodies successfully... which one will you try at your Seder table?

**Ma Nishtana** – traditionally recited by the youngest person at the table, this song encourages us all to think about what makes Pesach different from all other nights. In the time of the Mishnah, the number and content of these questions differed depending on which Rabbi or locale dictated the custom. However, ultimately these four questions prevailed, in part due to the other instances of the number ‘four’ in the Haggadah. See if you can keep track of how many times this number pops up during your Seder.

**Dayeinu** – the text of this popular song first appears in a medieval haggadah, which makes it more than 1,000 years old! The 15 stanzas can be divided into 3 categories, having to do with leaving slavery, miracles, or the Israelites’ relationship with God. Which stanzas do you think belong in each?

**Eliyahu ha’Navi** – many of us open the door for Elijah as we sing this popular song about one of our most well-known prophets. However, there is no official source for the custom of opening the door for Elijah. So where did it come from? It seems to have evolved naturally with the order of the Seder. Because we open our front doors at around the time that we sing Eliyahu ha’Navi, it follows that over time the custom emerged that we are opening our doors to welcome Elijah into our homes, as we pour a cup of wine that bears his name.

**L’shana ha’Ba’ah** – often the last thing we sing or recite as our Seder comes to a close. It expresses our yearning as individuals and as a nation to return to Jerusalem, and it reminds us of the various ways that we may be living in a state of exile or suffering. As you recite these words in light of such a tragic and tumultuous time in the region, this passage might take on a new and different significance for you this year.

**Adir Hu** – this popular melody is said to originate from medieval German troubadour songs. Its verses extol the virtues of God in order of the Hebrew alphabet, and the chorus expresses the hope of a rebuilt and redeemed world in the future.

**Echad Mi Yodea** – a list of 13 common Jewish themes and teachings, meant to be as entertaining as it is educational to the younger children seated at the table. Its melody may be based off of a German folk song from the 15th century. Some families sing the song as a memory game, recited without looking at the page. Others try to recite each verse in one breath! Can you accomplish either of these at your Seder this year?

**Chad Gadya** – a playful, cumulative song sung near the end of the Seder, also has its roots in German folk music and first appeared in a Haggadah relatively recently compared to other Pesach songs – in Prague in 1590! Some families use hand motions and sounds as they sing through each character in the song, or they assign different people around the Seder table to play the part of different characters. Who will you be this year?

**Mah Lecha Hayam** – this excerpt from Psalm 114 is often sung in a call and response style. Its lyrics describe the sea turning back where it came from, and mountains skipping like rams across the earth. Does the melody of this text make you think of mountains moving and the sea receding? What might this imagery tell us about the author of this Psalm, and about God?

**Vehi She’amda** – this well-known piyyut (Jewish liturgical poem) centers around God’s promise to end the exile of the Jews from the Land of Israel. In 2009, Israeli singer Yonatan Razhel set this text to a famous Orthodox melody, and the song became an instant hit on the Israeli airwaves, becoming an anthem of the Pesach season throughout the nation.

**WE WISH YOU CHAG PESACH SAMEACH AND HAPPY SINGING!**



# SAVE THE DATE

## **Selling Judaism - How Can Marketing Techniques Be Appropriately Applied To Synagogues And Jewish Organisations?**

4-week live online course with Leo Baeck College Lehrhaus

**Wednesdays, 1, 8, 15, 22 May, 20:00-21:30**

Join Rabbi Mark for an exploration of Jewish Business Ethics as it applies to marketing religious organisations. Are there limits as to what is appropriate, and what are they? Is branding right for Synagogues? How about price promotions for memberships or classes? Can you use social marketing tools to apply different messages to different parts of the congregation? Rabbi Mark has been part of these decisions for the past thirty years in several Synagogues and Jewish organisations and before then established and ran a business that lived or died by its marketing prowess.

**The price for this 4-week course is £60 discounted to £45 for EHRS members**

You can pre-book your place by emailing [lehrhaus@lbc.ac.uk](mailto:lehrhaus@lbc.ac.uk) and you will be asked for payment about two weeks before the start of the course.

To pay the £45 discounted fee tick the discount box on the Register and Pay page. All sessions will be recorded and available to participants for 7 days after the class.

## **Choral Evening Service for Yom HaShoah**

**Monday 6 May, 20:00-21:00**

**In person and on the Livestream Classic Channel**

This year we will be hearing testimony from EHRS member Fred Kalb and from the group from EHRS who returned a day before from Prague and Sobeslav, the hometown of our Sefer Torah rescued from the Shoah. An important part of our memorial service is to commemorate the names of victims of the Holocaust who were relatives of our synagogue members, and then say a communal Kaddish in their memory. If you know of members of your family who perished in the Holocaust, please let us know their names and their relationship to you. Please email [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk) or call 020 8238 1000.

## **Yom HaAtzmaut and Yom HaZikaron**

**Tuesday 14 May, 19:00-21:30**

This year we will commemorate Yom HaZikaron, the day to remember Israel's fallen soldiers and victims of terrorism, with a Tekes (ceremony) of remembrance, and celebrate Yom HaAtzmaut, Israel's 76th Independence Day, with a special Stonegrove Serenade Concert and Israeli Dance Session.

# SAVE THE DATE



# The Ties That Bind

By Lana Young, designer of our very modern Torah Mantle

Ties? On a Torah Mantle...? When searching for a suitable design for the cover (mantle) of our new scroll in memory of our much loved Rabbi Neil Kraft z'l, over many weeks I asked congregants to describe him to me. The answers always included his warmth, empathy and loving nature; but also the memory of his ties was always brought up.

Rabbi Neil wore a different tie each Shabbat, always relating to the Parasha of the week. He actually owned over 300 ties, and this was a part of his way of communicating Torah to all and sundry. His widow Susannah generously gave me a large number of the ties to work with, and each of the six silk ties mounted around the mantle is a reference to a festival or biblical event in Jewish History. The significance of the silk ties which I chose is as follows:

**MASKS** - hidden in the weave of a brightly coloured tie to represent Purim, but you really have to look hard to see these tiny masks. We wear masks on Purim to conceal our identity, just as Queen Esther at first hid her identity from King Achashverosh.

**ETROG** - In the Torah we are commanded to celebrate the 4 species - willow, palm, etrog and myrtle. This is part of our Sukkot prayers. During Second Temple times (and for several centuries afterwards) the etrog was a central ornament on Israelite coins, synagogue walls & mosaic floors. And of course Rabbi Karft was famous for his Etrog Vodka.

**APPLES** 'Tappuchim' - Because of its round shape, its sweetness and fragrance, the apple has become a symbol of Rosh Hashanah, which we eat at this festival, as we say "L'shanah tovah tikatevu".

**DANCING PEOPLE** - In Bereshit, mankind's body was fashioned in the image of God. The body is the precious vessel of the soul, and should therefore be cherished. The children of Israel ("Bnei Yisrael") are named throughout the Torah and they danced beside the Sea of Reeds, as we dance at Simchat Torah when we celebrate the re-starting of our readings of the scrolls.

**FISH** 'Dag' - Jonah is read on Yom Kippur, telling us of a Leviathan - a huge monster (fish?) Fish never close their eyes and are therefore often used as a symbol of God's watchful protection. They also occur in the Bereshit "Creation" stories. The letters 2 Dag also add up to the number 7, so many often eat fish on Shabbat. In Leviticus fish are mentioned in the laws of Kashrut - so on Rabbi Kraft's fish tie I have embroidered scales & fins.

**POPPIES** 'Kalaniyot' - were designated Israel's national flower in 2013. Also known as Pereg in Ivrit, there are 9 different species of Poppies growing in Eretz Israel. Poppy seeds are used at Purim in Hamantaschen pastries, and often also used on Challah. They also connect us to Remembrance Sunday.

Natasha Davidov has designed and made wonderful silver "Rimonim" to decorate the tops of the Atzei Chayim (poles) which incorporates 12 gemstones, representing the twelve tribes of Israel. These complement and enhance the scroll which is dedicated to a memorable Rabbi, whom we sadly lost to the modern plague of Covid.

Watch out for the next stage in this story... the new white Mantle due to be unveiled at this year's High Holy Days.



## IT ENDED WITH A JOB AT **BOOKING.COM**

When It comes to **#CareerGoals** we are all different. Your dream job isn't going to be the same as your brother's or your best friend's.

**Resource** understands this and we'll give you the perfect employment advice, CV support and skills training that's just right for you.

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## IT STARTED WITH A CALL TO **RESOURCE**

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## Eco Team

This January the Eco Team celebrated Tu B'Shevat with our youngest members. We had a lovely morning with the Nagila children talking about trees and why they are so important before getting them to help plant an apple tree and a bay tree. The children were particularly excited to think that in 3 years' time we might be eating apples from our tree for Rosh Hashanah.

We also showed them how to make some bird feeders using pinecones. They are very easy to make. Combine some lard (or peanut butter) with some bird seeds and grated cheese. Squish the mixture into the gaps in the pinecones. Attach a length of string to the top and hang them outside for the birds.

In April we hope to be doing some more planting, this time with Orot, as well as making a bug hotel.

These teaching events are part of our commitment to the EcoJudaism initiative promoting environmental sustainability and engagement within our community.



ecoteam@ehrs.uk

### What can you do as an individual to combat climate change?

The answer is plenty but, when you are part of a community, you can do even more.

This is what EcoJudaism believes and why its primary aim is to encourage all UK synagogues of all denominations to participate in the Environmental Audit. The audit helps us to assess how we engage with the environment in our places of worship both as a community and as individuals. It provides a practical road map towards achieving a net zero carbon future.

Additional support is given in the form of regular workshops, training courses, website resources, guest speakers and events.

Together with other faith communities, EcoJudaism believes we are uniquely placed to help increase public awareness and understanding of climate change and its global impact, influence political decisions that support a low carbon transition and mobilise financial resources.

EcoJudaism is a registered charity and needs our support to continue its vital work. If you would like to help, please go to [ecojudaism.org.uk](http://ecojudaism.org.uk) and donate.

## SOCIAL ACTION

### NIGHT SHELTER AT EHRS

**Monday 26 February - Tuesday 16 April**  
(excluding Monday 1 April)

EHRS is hosting the night shelter again on Monday nights and Tuesday early mornings. Thank you to all the kind volunteers from the EHRS community who have already offered to set up the space, bring along a meal, to serve dinner and socialise and stay overnight with our guests. However, we still need your help: On the breakfast shift 06:15-08:00 (full training will be given ahead of volunteering), to take our guests' bedding from EHRS to a church in Golders Green on Tuesday mornings, to bring a bag or two of breakfast (milk, bread, butter, jam, cheese, yoghurt, snack biscuits) to EHRS on Mondays around 18:00 from Monday 6 March. If you would like to help then please get in touch by email at [nightshelter@ehrs.uk](mailto:nightshelter@ehrs.uk)

### SUPPER QUIZ: SAVE THE DATE

**Sunday 14 May**

Together in Barnet will be 20 years old this year and will be marking the event by holding a fundraising Supper Quiz in May. Watch this space or the Together in

Barnet website for more information as it becomes available  
[www.togetherinbarnet.org/events](http://www.togetherinbarnet.org/events)

### HELP REFUGEE CHILDREN ON SUNDAY MORNINGS

Do you have a couple of hours to spare on Sundays 10:00-14:00? Or on occasional Mondays? Why not use that time to help children who had to flee their homes and struggled to get to the UK on their own. The Separated Child Foundation needs you to compile Arrival Packs and Sleep Packs which we send out to unaccompanied child refugees up and down the country via charities and social services. We need you to join us in a self-storage unit at Staples Corner for a couple of hours on a Sunday or Monday to put new clothing and toiletries into a 'hug in a bag' for the children who



arrive here on their own with so, so little,  
[www.separatedchild.org/our-work/arrival-packs/](http://www.separatedchild.org/our-work/arrival-packs/)

Contact Lisa by email at [lisa.bard@ehrs.uk](mailto:lisa.bard@ehrs.uk) for more information





## YOUTH CENTRE

We have just had the most wonderful February Half Term Scheme. Some highlights for me were our Graffiti Day where we made our own graffiti boards, and learnt about Israeli street art and why Israel loves this style of art. The children created replica models of the Mahane Yehuda Market but with an individual twist of the art styles that they enjoyed. Our Friday was filled with Shabbat activities led by an amazing Cantor Tamara. We also ran 2 days of Art Camp in February led by Mia Morris. We did a 2 day art project that led to a beautiful presentation to all the parents and staff that attended. It was pure creative Joy.



From this we have started a 9 week Art Club, taking place after school on a Monday 17:30-18:30, for those in school years 2 to 6. We will be creating an art exhibition at the end of the 9 weeks. It will be led by our part time Youth Worker Mia Morris who is also a student of fine art, fashion, textiles and sculpture. Furthermore, we will have our Pesach Play Scheme running from 22 April - 3 May, please see page 13 for details. As always, we will be creatively integrating

Pesach into our scheme with a children's service on Tuesday 23 April led by Rabbi Debbie and then on Monday 29 April led by Rabbi Mark. We will take you on the magical journey of Pesach alongside our usual high paced active antics.

**Jack Murphy, Head of Youth Development,**  
[youth@ehrs.uk](mailto:youth@ehrs.uk)/020 8238 1024



## 5 DAY TRIP TO POLAND

LED BY RABBI TANYA

**28TH AUGUST - 1ST SEPTEMBER 2024**



Join EHRS as we travel to Warsaw and Krakow with visits to Auschwitz-Birkenau, museums and other places of historical interest. As the trip has important educational value bursaries will be available, please contact Rabbi Tanya in confidence. **There are limited spaces.**

**Package details :**

- Flights
- Accommodation with breakfast
- Guided tours
- Transportation in Poland
- Friday night dinner

£650 MEMBERS £725 NON-MEMBERS \*ANTICIPATED COSTS  
 NON-REFUNDABLE DEPOSIT DUE BY 15TH MARCH  
 PLEASE SEE EHRS WEBSITE FOR MORE INFO & BOOKING FORM

## EHRS Trip to Israel

Wednesday 26 March - Wednesday 2 April 2025

**Join us on this wonderful week long trip to Israel for adults, where we will visit Tiberias, Haifa, Jerusalem, and Tel Aviv, led by Rabbi Mark.**

**Highlights include:**  
 a boat ride on the Sea of Galilee at sunset, Shabbat with Israeli Reform Jews ending with Havdallah on the beach in Haifa, exploring the beauty of Caesarea, Safed, and Akko, roaming national parks, gardens and museums, walking through Jerusalem Old City to the Egalitarian Kotel, and the opportunity to haggle in the markets.

**Cost: approximately £2000 per person**  
 This will include accommodation (single supplement available), food, travel during the week, security, and activities. (You will need to arrange your own flights to and from Tel Aviv)

**Please register your interest now!**  
 Email [communications@ehrs.uk](mailto:communications@ehrs.uk)

115 Stonegrove, Edgware, Middlesex, HA8 8AB  
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## EHRS GROUPS

### NEW OPTIONS

**For the active retired and semi-retired (60 plus)**

Please email [newoptions@ehrs.uk](mailto:newoptions@ehrs.uk) if you have any queries.

#### Schmoozing with the Clergy

A light hearted topical discussion, in an informal setting. In person at the Synagogue. Join us 10:30-11:30 on **Wednesday 6 March with Cantor Tamara** and **Wednesday 17 April with Rabbi Tanya**.

#### Bridge

Our popular and friendly sessions take place every **Wednesday, 12:30-15:30**. Join us for an enjoyable and sociable afternoon. Only £4 including tea.

### NOT THE WOMENS GUILD

Meetings begin at 14:00 in the Synagogue unless otherwise stated, and a warm welcome is extended to all.

For further details and to book your place, please contact

**Evie** 020 8954 5393 [ewoolstone@yahoo.com](mailto:ewoolstone@yahoo.com) or **Sandra**

020 8958 7140 [sandra@harrisresidence.co.uk](mailto:sandra@harrisresidence.co.uk).

We look forward to seeing you.

#### Thursday 11 April

We are having a social afternoon with plenty of opportunity to chat over a cup of tea. Please note the date and more details will follow

## Adult Bar/Bat Mitzvah Classes

**Did you miss out on having a Bar or Bat Mitzvah as a child?**

**Have you never had the chance to read from Torah?**

**Are you looking to celebrate an 83<sup>rd</sup> Birthday?**

**After the roaring success of our 2023 adult B'nei Mitzvah cohort we are looking to build our next class.**

**Classes are offered over the course of a year, fortnightly on a Sunday morning via zoom, and culminate in a meaningful Shabbat morning Adult B'nei Mitzvah celebration.**

**To register your interest please email [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)**

## OTHER ACTIVITIES AT EHRS

### JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

JACS takes place at EHRS on Thursdays, 13:30.

**7 March** Gail - Sha'arei Tzedek Medical Centre

**14 March** Isaac Zarfati - War Briefing

**21 March** Roy Blass - The Legends of Las Vegas

**28 March** Paul Coleman - Sings and plays songs for you

**4 April** Gayathrie and Bill - Serenade to Music

**11 April** Louise Heilbron - Holocaust Education, the Way Forward after nearly 80 years

For more information please contact **Stuart Winton** on 020 8954 8350 or **Brian Ashton** 020 8958 4904.

### THE LEAGUE OF JEWISH WOMEN

The League of Jewish Women is a national voluntary organisation and the Stanmore & Edgware Group is the largest in the country. We are a local cross-communal group, and half are members of EHRS.

We meet monthly on **Tuesdays, 14:00-16:00**, with speakers each month. **Upcoming dates: 5 March & 2 April**.

For more information, please contact **Andrea Fisher** on 020 8958 0424 or email [andrealjw@hotmail.com](mailto:andrealjw@hotmail.com)

### ZUMBA GOLD

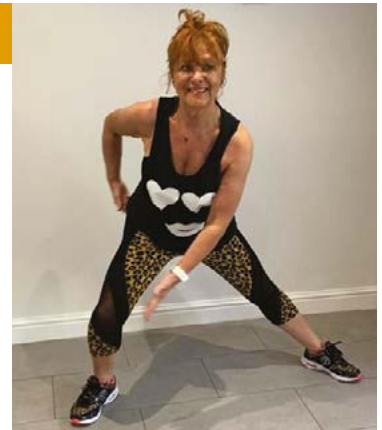
**Thursdays 10:00-11:00**

This class is perfect for the active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity.

£8 per session.

For more information please contact

Laurel Ingram at [dancinline@hotmail.com](mailto:dancinline@hotmail.com)



**Are you struggling to cope financially?  
The EHRS Community Needs Fund enables us  
to help each other.**

For many years our Synagogue has been able to help when our members are struggling financially.

The fund makes grants of up to a few hundred pounds to help members access health services, prevent eviction from home, put food on the table, renew or repair basic equipment (such as a bed or a fridge), afford school uniforms and many other

needs. To access the fund there is a simple, non-intrusive, confidential form available from any of the EHRS Clergy or Val Joseph/Marissa Rosenthal in the EHRS Community Care team.

Just call or email any of them at the Synagogue.



## YOUNG ADULTS

### Beer and Shiur, 20:00.

When on Zoom, details are:

Meeting ID: 839 2128 5866 Password: 978112

Email Rabbi Debbie, [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk) for regular Young Adult updates.

### Wednesday 13 March

**The Battle of Cable Street** - This theatre trip is now sold out. If you have any suggestions for future outings please email Rabbi Debbie.

This will be followed up by a **Walking tour of the East End** with Rabbi Debbie on **Sunday 14 April, 10:30-12:30** exploring immigration, assimilation and uprising. Please see page 8 on how to join us.

### Wednesday 10 April

**Pre-Pesach Pizza** - Let's get that chametz in before Pesach! Join us in Edgware for a night of pizza and a touch of Pesach learning! Email [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk) to book in and receive meet up details.

## Stonegrove Serenade



EHRS is delighted to present Stonegrove Serenade, a series of concerts at EHRS. Every month, please join us for music featuring up and coming classical musicians.

**Tuesday 19 March, 13:00** - We welcome flautist Nevena Atanasova and will be accompanied on the piano

**Tuesday 16 April, 13:00** - We welcome pianist Antonio Morabito

We invite you to enjoy a light lunch in Café 118 before the concert from 12:00. The café re-opens after the concert for drinks, cakes, and a chat.

**All are welcome. Please go to [www.ehrs.uk/serenade](http://www.ehrs.uk/serenade) for more details and to book. Admission free, suggested donation £5.**

  
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We know that you don't have time to read everything we write in this magazine so I am doing highlights for skimmers of the last few weeks happenings.

Orot started a new term and have enjoyed assemblies led by our Clergy team. We have welcomed back Rachael Shomer as our SENCO to help us work better and support all the children. We will be doing SEN focused staff training.

We are looking forward to our Purim extravaganza on Sunday 24 March see page 5, and we have already planned Pesach services and activities including our ever-popular Chocolate Seder on Saturday 27 April, see pages 12 & 13. Both events require booking so please visit the EHRs website. We send out a weekly newsletter to both Orot and BBM families that keep them up to date with everything we do.

Our B'nei Mitzvah and mentoring groups started a new term. We are excited about our Mega Shabbaton in May at Phasels



Wood which is now fully booked up. Our Facing History group for post B'nei Mitzvah students is growing in numbers and they are really looking forward to their trip to Berlin in October. If your child has recently celebrated their Bar or Bat Mitzvah and loves history then this is the group for them, please speak to Rabbi Tanya or Marian.

Stonegrove Life has already held some wonderful events this year, one was to commemorate Holocaust Memorial Day. EHRs member and nationally renowned sculptor Frances Segelman, who has sculpted Queen Elizabeth, Prince Philip and King Charles, created a bust of her fellow Synagogue member Kurt Marx in front of a packed audience. Attendees also had the opportunity to browse and buy from other EHRs artisans. Frances said 'It is a wonderful experience to be able to sculpt such a wonderful man as Kurt at my synagogue with so many friends and family watching'. Kurt commented 'It is amazing that Frances took a piece of clay which ended up looking like me after two hours!'

We were able to send nearly £4,000 from the EHRs Supper Quiz held in November to 'Comfort Cases UK' to support their work of providing care packages for children going into foster care. Look out on the Stonegrove Life page for upcoming events. One highlight is a trip to Poland in September, there are a few places left. All information on how to book can be found on page 21 or on the EHRs website.

Contact [education@ehrs.uk](mailto:education@ehrs.uk) for any other queries or information

**Marian Cohen,**  
Head of Education and Youth  
[education@ehrs.uk](mailto:education@ehrs.uk)  
020 8238 1014



## Sunday Morning

# CRAFTALONG

To sign up for regular reminders  
email [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

**On the first Sunday of the month, 10:30-12:30 (following Shacharit and breakfast) join other EHRs crafters on a different project each month, or bring what you're working on to craft with others!**

**Sunday 3 March:** Join us to finish off a beaded kippah you've started and not finished, or bring a project you are working on and would enjoy company while you craft!

**Sunday 7 April:** Join Rabbi Debbie for a session of glass painting to create your very own Cup of Elijah, Cup of Miriam, Cup of Serach (come and learn about them all!) or just a beautiful Kiddush cup and/or Seder plate.



**Scouts**  Outdoor adventures and skills for life for young Jewish people aged 6-14  
3rd Edgware

WEEKLY MEETINGS AT EDGWARE & HENDON REFORM SYNAGOGUE

**BEAVERS**  
(ages 6-8)  
THURSDAY 5:45pm-6:45pm

**ADULT VOLUNTEERS NEEDED**

**cubs**  
(ages 8-10½)  
THURSDAY 6:45pm-8:00pm

**TALK TO US TODAY ABOUT VOLUNTEER OPPORTUNITIES**

**SCOUTS**  
(ages 10½-14)  
TUESDAY 7:00pm-8:30pm

**SCAN HERE FOR MORE INFORMATION**  
or email [info@third.org.uk](mailto:info@third.org.uk)



 The movement for REFORM JUDAISM

**Shirei meets Chagigah 2024**

A weekend of music and celebrating our Judaism

**Shirei Chagigah- 14th-17th March**  
**Chagigah - 15th-17th March**

 <https://www.reformjudaism.org.uk/events/shirei-meets-chagigah-2024/> Daventry, Northamptonshire

**BOOK NOW!** 

A lovely delegation of EHRs members will be at the Movement for Reform Judaism's brilliant conferences. If you would like to join us, know more or need help with the cost ask any of our Clergy.

*The New Reform Machzor* *Forms Of Prayer: Days of Awe*

The highly anticipated ninth edition of Forms of Prayer: Days of Awe is our Reform Machzor for a new generation, the first new edition since 1985. It will enable us to make the extraordinary journeys of Rosh Hashanah and Yom Kippur in a way that expresses our Reform Jewish values and our place in Jewish tradition.


There are separate Rosh Hashanah and Yom Kippur volumes.

**\*Celebrate this exciting moment and make your mark on the new Machzor\***

We invite you to dedicate a Machzor set for our Synagogue members and guests to use. Your dedication will appear on an elegant bookplate on the inside front cover, and can include up to 18 words of text to commemorate the life of a loved one, a special occasion, or something else that is important to you.

**Examples of dedications:**

- To commemorate our Golden Wedding Anniversary and many happy years at EHRs, Sid and Shirley Gold
- In loving memory of Janet Harris, missed dearly, may her memory be for a blessing
- In celebration of Mia's Bat Mitzvah, Mazel Tov from her parents Samantha and Robert Joseph
- To EHRs, a place of care and support throughout our lives, Joyce and John Hillel



\*If you would like to make a purchase but aren't yet sure about what dedication you would like, this is not a problem. We will note your purchase and follow up when the bookplates are to be printed.\*

Your book/s will be part of the Synagogue Machzorim for a generation, and you never know, you may pick up the copy you dedicated when you join us on High Holy Days!

The cost is £45 for a whole High Holy Days set, or £22.50 for either Rosh Hashanah or Yom Kippur.  
(Personal copies of the Machzor will be available to purchase from EHRs in the Spring 2024)

**To dedicate a Machzor please go to [www.ehrs.uk/machzor](http://www.ehrs.uk/machzor) or call the Synagogue Office 020 8238 1000**





We are very excited to announce that from September 2024 we will be opening a new under 2's room and will be accepting children from 18 months.

If you are looking for a welcoming & nurturing environment for your child please contact [nagila@ehrs.uk](mailto:nagila@ehrs.uk) to arrange a visit.



## Register Now for September 2024!

We are now accepting children from 18 months in our new under 2's room! With regular access to our sensory room.

Download registration form at [www.ehrs.uk/nagila-pre-school](http://www.ehrs.uk/nagila-pre-school) or email [nagila@ehrs.uk](mailto:nagila@ehrs.uk).



118 Stonegrove, Edgware, Middlesex, HA8 8AB  
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2024

## MAZEL TOV! FOR EVERYONE GETTING MARRIED

Sessions will run from 20:00-21:15

### Thursday 15 February: Sheva Brachot

Seven ways to make your marriage ceremony a blessing. We will break into two groups to explore wedding ceremonies and mixed faith celebrations. With Rabbi Debbie and Cantor Tamara

### Thursday 7 March : Ahavah, Achavah, Shalom v'Reut

Love and Judaism: what do the Rabbis know about making relationships work? With Rabbi Debbie

### Thursday 21 March: Bayit b'Yisrael

Explore ways to create a Jewish home whether both of you or one of you is Jewish. With Rabbi Mark

With so many couples getting married in the coming year, we are delighted to invite all EHRs couples currently planning a wedding. Whether or not it will be under our auspices, a chuppah, or a mixed faith celebration, please join us on a course of learning, laughing and meeting others on the same journey.

If you can't come to all sessions, please join us for 1 or 2.

To register please email [junelewis@ehrs.uk](mailto:junelewis@ehrs.uk)

## Cornerstone

Tuesdays, 19:00-19:45 for Hebrew & 20:00-21:30 for Jewish Studies

**Our introduction to Judaism course.** Our Cornerstone programme is open to any member of the community wanting to deepen their Jewish knowledge, or improve their Hebrew, as well as those exploring conversion and non-Jewish partners wanting to learn more about creating a Jewish home.

Join us for prayer-book Hebrew (in streams from beginners to intermediate) 19:00-19:45, and/or for Jewish Studies 20:00-21:30, Tuesday evenings during term time. Contact [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk) for details.







## Help us to make memories for Rockey this Pesach

Seder night is a time for family, a time for food, a time for singing and stories. Above all else, Seder night is a time for memories.

As dementia takes hold and Rockey's memory fades, it is events like the Seder at The Sam Beckman Centre for people living with dementia that help bring it back, even for just a moment.

Rockey, like hundreds of others, relies on the services provided by Jewish Care. These services receive no government funding and rely on the generosity of our community.

This Pesach they rely on you.

Your donation will ensure that even as memories fade for people like Rockey, they still have the opportunity to make new ones, for as long as they last. Thank you.

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Charity Reg No. 802559



Call 020 8922 2600 or donate at [jewishcare.org/pesach](http://jewishcare.org/pesach)

## ADVERTISE WITH US !

Email: [communications@ehrs.uk](mailto:communications@ehrs.uk)

If you would like to place a classified ad in the magazine, please contact us for a rate card of sizes and costs.

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