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FROM GENERATION TO GENERATION

BACK TO THE SIXTIES

Book your tickets for an evening of LIVE music as we welcome 'The Sixties Roadshow', a superb act with a full band who will be bringing to life the sounds of the Sixties

A NEW MEMBER OF OUR TEAM

We welcome Cantor Tamara Wolfson to EHRS Page 6

STONEGROVE LIFE

Join us for a Tu B'Shevat Seder, a theatre trip, or one of our many popular Together Groups, there's something for everyone Pages 8 & 9

MITZVAH DAY RECAP

An outing to the Neasden Hindu Temple, an interfaith cookalong, and giving back to the community around us **Back Page**





Take a trip back in time and join us at EHRS as we pay tribute to some of the most iconic artists of the 1960's

ck to the Sunday 17 March, 19:30

We are delighted to welcome

The Sixties Roadshow

a superb act with a full live band, bringing to life the sounds of the Sixties.

FOR EVERY

Theatre style row seating available to book **Tickets** B-RS Member Adults £20. Non EHRS Member Adults £25 Under 21's £15

Doors open for seating at 19:00, show begins at 19:30, show ends approx 21:45 Refreshments of alcoholic and non-alcoholic drinks,

will be available to purchase before the show and during the interval.

BOOK ONLINE NOW at www.ehrs.uk/event/sixties or call 020 8238 1000

> So 'Reach Out' and 'Come Together' for an evening to remember!

118 Stonegrove, Edgware, Middlesex, HA8 8AB Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk Charity:1172458 Company:10622971



CONTACT US

The normal office operating hours are Monday to Thursday 9:30-17:00, Friday 9:30-15:30, and Sundays 10:00-12:30. You are welcome to call or visit during these times. The office is not staffed on Shabbat and festivals. If you wish to see a specific member of staff, please call in advance to ensure that they are available. The telephone is operated during the normal office hours, 020 8238 1000. You can email to admin@ehrs.uk. Emails and messages will be checked during the normal operating hours.

If you need to advise of a death or arrange a funeral, outside of the normal hours, please call the JJBS directly on 020 8989 5252

Please try to make any payments via the synagogue website at **www.ehrs.uk/ payment**, via bank transfers or otherwise please phone to pay with a credit or debit cards.

Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

During office hours: in all cases of

BEREAVEMENT

bereavement please contact June Lewis, the Rabbis' Personal Assistant.

Out of office hours: in all cases of a bereavement outside office hours requiring a burial at any cemetary or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen

to their full message. JJBS email info@ jewishfunerals.org.uk

THE RABBIS

Our EHRS Rabbinic Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on o20 8238 1002 or june.lewis@ehrs.uk You can contact them directly:
Rabbi Mark Goldsmith (Senior Rabbi) o20 8238 1020, rabbi.mark@ehrs.uk
Rabbi Debbie Young-Somers o20 8238 1019, rabbi.debbie@ehrs.uk
Rabbi Tanya Sakhnovich o20 8238 1018, rabbi.tanya@ehrs.uk
Cantor Tamara Wolfson o20 8238 1000, cantor.tamara@ehrs.uk

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Rabbinic Team.

SOCIAL AND PERSONAL

Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email communications@ehrs.uk

BIRTHS

Libby Yasmin, a daughter for Frankie and Ben Abram.

Elliott Leo, a son for Amy and Nathan Harrod, a grandson for Rosemary & Jeremy Harrod and Neil & Michelle Stunell. Freddy Harry, a son for Natasha and Ben Mason, a grandson for Mandy & Damian Driscoll and Sacha & Glen Mason, a great grandson for Pamela Rokenson.

BAR/BAT MITZVAH

6 Jan - Max and Zac Tillman, sons of Samantha and James.

13 Jan - Harley Barton, son of Sara and Nicholas.

20 Jan - Joshua Cohen, son of Eszter and Amos.

ENGAGEMENTS

Mazel Tov to Karen & Alan Levy on the engagement of their daughter Charlotte to Sam Whiteman, son of Melissa & Andrew Whiteman.

BIRTHDAYS

Mazel Tov to Esther Collins who recently turned 107 years old!

Mazel Tov to Sidney Zimmerman on his 90th birthday.

Mazel Tov to Wayne Harris on his 80th birthday.

Mazel Tov to Richard Harris on his 80th birthday.

Mazel Tov to Michael Flatter on his 70th birthday.

ANNIVERSARIES

Mazel Tov to Shirley and John Burns on their 66th Wedding Anniversary.

SPECIAL ANNOUNCEMENTS

Mazel Tov to Yvonne Cohen on receiving a Jewish Care Volunteer Award.

Mazel Tov to Joel Kaye who has been named the Sir Terry Wogan Young Fundraiser of the Year.

CONDOLENCES

To Marian Gold on the loss of her husband, Howard Gold.

To Barbara Moss on the loss of her husband, Howard Moss.

To Louise Clifford on the loss of her husband, and Hannah Clifford on the loss of her father, Gary Clifford.

To Keith Price on the loss of his wife, Joanna Magnus and Lucy Maxwell on the loss of their mother, and Daniella Cazin on the loss of her sister, Sharon Price. To Harvey Rosen on the loss of his wife, Leila Rosen.

To Ashley Sklar on the loss of his wife, Karen Sklar.

To Ron Levin on the loss of his partner, Angela Gee.

To Yvette Bilton and David Finn on the loss of their mother, Katie Finn.

To Noushin Kalati on the loss of her mother, Rosa Kalati.

To Emma Toberman on the loss of her father, Malcolm Harris.

To Oraruth Rother on the loss of her parents Shirley Ostrofsky and Hillary Reichenberg.

To Johnny Lemer on the loss of his sister, Lilian Levy.

To Lisa and Michael Marlowe on the loss of their son, and Natasha Marlowe on the loss of her brother, Jake Marlowe.

To Karen Senitt on the loss of her aunt, Jeanette Lefkowitz.

To the family of Nathaniel Young. To the family of Zena Jacobs. To the family of Sandra Lewis. To the family of Joan Sydney. To the family of Rona Kolvin.

TOMBSTONE CONSECRATIONS

28 Jan at Edgwarebury Cemetery –
13:00 in memory of Betty Waldman.
13:45 in memory of Diane Beck.
4 Feb at Cheshunt Cemetery –
11:15 in memory of Jeanette Levett.
11 Feb at Edgwarebury Cemetery –
11:00 in memory of Clive Geller.

NEW MEMBERS:

A warm welcome is extended to the following new members of our community:

Raymond Barda, Karen Graft- Barda, and Jodie Graft.

James, Louise, Zac and Jesse Korn.

Lennard and Linda Konopinski.

Stephen and Andrea Neidle.

Micah, Simone, Isaac and Ella Smith.

Matthew, Emma, Summer and Dylan Cohen.

Hannah Weber.

Benjamin Woolstone.

William Calligan. Jenny March.

Joanna Hahessy. Adam Silver.

Josephine Rodbert. Elizabeth Spillane.

Karolina Ziobrowska. Natasha Marlowe.

Thomas Newton. Brandon Graft.

SERVICES

For Service Zoom details please see forthcoming Our Week Ahead emails, or email admin@ehrs.uk

Kuddle Up Shabbat

Fridays 12 January & 2 February, 16:15-16:45 Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities.

You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults. Our February Kuddle Up on Shabbat Yitro is a Mount Sinai special focused around the giving of the Ten Commandments.

Erev Shabbat Service

Every Friday Evening, 18:30-19:20

Our Erev Shabbat Service takes place every Friday Evening. Led by our Rabbis in person at our Synagogue and through the EHRS Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world.

Kabbalat Shabbat Shirah sheBaLev

Friday 19 January, 18:30

Please join the launch of our Friday night service Shirah sheBaLev - Song of the Heart, followed by bring & share dinner. The uplifting, creative and musical (a Capella) service will be led by the members of our community, with some support from Rabbi Tanya. Please bring your children and parents along (as well as meat free dish to share!) Everyone is welcome to join us!

Family Friday Night Dinner

Friday 9 February, 18:30

Come and join us to warm up your winter evening with other families. Enjoy an interactive service, yummy catered dinner and some youth-led fun! Please book via the website.

Shabbat Coffee Stop

Saturdays 27 January & 24 February, 9:45-10:25

Meet for tea, coffee and biscuits at our Shabbat Coffee Stop in the Lounge this Shabbat and then go into the Shul together. Our Shabbat Coffee Stop could be especially helpful for those who are alone and who may be commemorating a

Shabbat Morning Service 10:30-12:30

Our Shabbat Morning Service is held in the EHRS Beit Tefillah (sanctuary). The service is also available on the EHRS Livestream Classic Channel.



Mulled Wine Walking Prayers

Saturday 6 January, 10:30-12:00

It's not a combination we've tried before, but we are hoping to bring our prayers outdoors with the help of mulled wine and hot chocolate! Join Rabbi Debbie for a prayerful walk from Aberford Park (meeting at the duck ponds) in Borehamwood up to the open spaces of Tykes Water. Dogs welcome! We will finish at Rabbi Debbie's home to defrost with Mulled Wine and hot chocolate Kiddush. Please come dressed for the weather!

Early Risers Service

Saturdays, 13 January & 10 February, 9:30-11:00

This especially friendly service will be mostly in Hebrew, use nusach (traditional modes of chant for the prayers), include the Torah reading and Musaf (which is the repetition of the Amidah special to Shabbat) and other features to create a participative experience, ending with a hospitable Kiddush. Led by members of congregation and Shaliach Tzibbur, Jeremy Harrod. Hosted by our Rabbis.

Teen Schmooze

Saturdays 13 January & 10 February, 10:30-11:30

For everyone in school years 7 upwards. It's a Shabbat schmooze especially for you with Rabbi Mark in January and Cantor Tamara in February - talk, music and prayer together.

Shabbat Shirah

Saturdays 13 January & 10 February,

This is EHRS's Shabbat morning experience for o-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages, a Torah reading and the chance for everyone to participate in making the music. Led by our Rabbis and Shlichei Tzibbur (prayer leaders).

If you play an instrument and would like to be part of the band let Rabbi Mark know at rabbi.mark@ehrs.uk so he can invite you in.

Healing Service

Saturday 20 January, 10:30-12:00

On this Shabbat, please join Rabbi Mark at EHRS or on Zoom for a service of healing. Our service will include prayer and inspiring texts that will help us to begin or continue a process of coming to terms with challenges of all kinds as we begin the new secular year.

Shabbat Club and Birthday Blessings

Saturdays 27 January & 24 February, 11:15-12:15

Our Shabbat experience for up to 11 year olds to enjoy parasha and Shabbat themed activities, stories and songs. If it is your birthday this month then at the end of the service in the Beit Tefillah (main Synagogue) we would love to celebrate with you with a birthday blessing just before Kiddush at 12:30.

HaKol B'Seder

Saturday 3 February, 10:30-12:15

Join Cantor Tamara and Rabbi Tanya for a special service which includes new music from the Reform and Conservative Jewish world shared by EHRS's new Cantor, an interpretative Torah reading and plenty of participation. The service uses our regular Reform Judaism Siddur. You can join us in person at EHRS or on Zoom.

Chumash Babies - A sensory Shabbat experience for your five senses

Saturday 2 March, 10:30-11:30

This is a special Shabbat experience for our very youngest children, their parents, siblings and grandparents. It brings together baby sensory play and Jewish ways of experiencing the wonder of Shabbat for a delightful half hour with Cantor Tamara and Sarah Koster. See, hear, feel, taste and smell Shabbat with your baby! Followed by a Shabbat brunch to help us all get to know each other. Booking essential so that we cater properly!

Please contact sarah.koster@ehrs.uk.

Sunday Shacharit 09:30-10:00

Join our weekly Sunday Shacharit in the EHRS Beit Midrash. On the first Sunday of the month, breakfast is served.

Borough of Barnet Holocaust Memorial Day Commemoration Sunday 28 January, 13:45-15:30

This poignant service which takes place in the Rickett Quadrangle, Middlesex University, The Burroughs, Hendon, NW4 4BT will be led by Rabbi Mark Goldsmith and Rev Bernd Koschland with the music provided by a number of choirs and bands including the EHRS Choir. It includes moving testimony by a Shoah Survivor and others.

All are welcome.

COMMUNITY CARE

Our popular monthly **Lunch Club** is a great opportunity to meet up with others in the warmth and comfort of the Shul for a hot meal. It is open to all and is held on the second Tuesday monthly, our next lunches will be on **9 January & 13 February**. Booking is essential before the end of the week before and if you have not been before and would like to know more please call us.

The EHRS Memory Way Café provides support for people living with dementia and their family carers and is open to all in the local community. We meet on the third Wednesday afternoon monthly and our next cafes will be held on 17 January & 21 February. If you are interested for your partner or a relative and would like more information or wish to discuss any concerns, please contact either Val or Marissa. We have a useful guide on tips for supporting carers from a member of another community; please let us know if you would like to receive a copy.

Since the end of the pandemic we have experienced more demand for bereavement social groups than ever before and recently met with representatives from the Jewish Bereavement Counselling Service to discuss how we can support each other going forwards. At EHRS we have three bereavement social groups, please see below. If you would like to know more about them please either sign up under the Get Together tab on the EHRS website or email/call Community Care for more details.

Genesis – social group run by EHRS member Sue Casale for those in their 6os to early 7os, also provides bereavement support.

Phoenix – social group for those in their mid 70s plus, provides social activity and bereavement support.

Coffee and Chat – run by EHRS member Shirley Lever, open to all and meets every second and fourth Wednesday morning at EHRS for tea, coffee and cakes.

Do you like chatting? If so, we need you! **Telenet** is our vital telephone support system for members aged 85 years and above and without your help we cannot keep in touch with everyone. You can make your calls from the comfort of your own home at a time that is convenient to you and not only

will it enrich the lives of the members you call but your own life too. Please give it a try, especially if you have not volunteered before and want to do something for our community. Please contact Val or Marissa to discuss. We really want to hear from you! Please contact us if you need a confidential discussion about yourself or a family member, Val and Marissa are here to support you...



Val Joseph

Val Joseph 020 8238 1013, Marissa Rosenthal 020 8238 1015 community@ehrs.uk

At the Centre of Things - An Israeli MK and a Captain in the IDF Thursday 18 January, 19:30-21:15

Rabbi Gilad Kariv was elected to the Israeli Knesset in 2021 since when he has served as an MK representing the Labour Party. He is also a Reform Rabbi who was CEO of the Israel Religious Action Centre and the Israel Movement for Progressive Judaism. Captain Zoe Marks serves in the Tactical Vehicle Unit of the Israel Defence Force and helps to represent the IDF to Jewish communities overseas. Both are at the centre of things in Israel today.

Join them with Rabbi Mark in this Zoom only meeting live from Israel to hear where they and the Jewish State are today.

Zoom details in Our Week Ahead or on request from admin@ehrs.uk

EHRS Community Forum

Thursday 8 February, 20:00-21:30

The Movement for Reform Judaism (MRJ) and Liberal Judaism (LJ) aim to create a New Progressive Jewish Movement together
This is an opportunity to build upon the open conversation that we held in July 2023 where we hear about the proposal for the
New Progressive Jewish Movement, the opportunities it could bring us and the challenges it could pose.
How is the proposal going? What are the next steps? This is an open discussion with the new Chief Executive of MRJ, Rabbi Josh
Levy facilitated by Rabbi Mark and EHRS Chair Jeremy Harrod.

Should Israel affect my Vote in UK Elections?

Thursday 22 February, 20:00-21:30

Ameet Jogia and David Pinto-Duchinsky are respectively the Conservative and Labour Prospective Parliamentary Candidates for the Hendon parliamentary constituency for the parties.

We aim to ask this question and discuss this issue with them both in the light of the Israel and Gaza crisis but also in terms of the Jewish link to Israel that is always with us.

Facilitated by Rabbi Mark.

When I told members of EHRS that I was going to Ethiopia to meet the Jews there in November I had two reactions. One was that 'there are no Jews in Ethiopia, they all went to Israel in the 1980's and early 1990's', and the other was that I was likely to get shot at in the civil war. Neither proved to be the case! There are at least 10,000 Jews still living in Ethiopia. That is more than the Jewish population of Liverpool, Leeds and Birmingham combined. Many of them still aim to make Aliyah to Israel, as the Hatikvah painted on the wall of one of the Addis Ababa synagogues we visited testifies. However the Aliyot which the Jewish Agency were able to promote and facilitate in past decades have now dried to a trickle. The community's poverty is such that without help they cannot do it themselves and proving Jewish status in a country without documentation is very difficult. Secondly, the war is localised, especially in the Amharic north of the country, and the city of Gondar where most Jews live is right in the middle of the fighting, so by spending our time in the South of the country and in Addis Ababa we were in the peaceful areas.

THOUSANDS OF JEWS STILL LIVE IN ETHIOPIA

I was in Ethiopia on a trip organised by Meketa. This charity, whose Chair is EHRS member Kevin Darvill and which was founded by Rabbi Sybil Sheridan, of Newcastle Reform Synagogue, supports the education of the Jewish children in Gondar through after school clubs. Children in Ethiopia typically only get four hours of formal education per day in classes of up to ninety pupils so literacy and numeracy requires the help and reinforcement of clubs like Meketa's. Meketa also runs micro-finance schemes to enable Gondar Jews to start businesses with loans at little as £250 which, for example, enabled one woman to start a business selling taxi parts to local drivers and to support her whole family on the proceeds. They have a football team which proudly plays in Wingate strips sporting Magen Davids, some of which we brought with us to Ethiopia. One of their most interesting activities is the weaving workshop which makes beautiful Talitot, Cippot and Mezuzah cases which can be bought





here at EHRS. The professional head of Meketa, Ambanesh, pictured in these photos in the Synagogue came from Gondar to meet us in Addis Ababa, update us on the charity and organise to take learning equipment back. The Ethiopian government has cut off the internet completely from Gondar so communicating remains very difficult.

I will be leading a Shiur on Saturday 6th January where I will share what I learned in Ethiopia. Above all I will share the wonderful experience of being with hundreds of Jews in the makeshift synagogue of Addis Ababa over Shabbat, praying together, hearing Torah and sharing homemade wine made from fermented raisins and delicious home baked Challah. At the end of the Friday night service we all sung 'Am Yisrael Chai'. There in Addis Ababa in a congregation, that has a history going back more than two thousand years and traces its origin both to the Tribe of Dan and to the Queen of Sheba, it could not have been more true.

Rabbi Mark Goldsmith

At the beginning of January Cantor Tamara Wolfson will join Rabbis Debbie, Mark and Tanya to complete the Clergy Team of our Synagogue. Cantor Tamara gained s'michah (cantorial ordination) at

CANTOR TAMARA WOLFSON JOINS THE CLERGY TEAM AT EHRS

Hebrew Union College - Jewish Institute of Religion in 2018. She trained there for five years, a training which included much of the learning which a Rabbi would undergo as well as the specialist training for a Cantor. Having gained s'michah Tamara moved right away to Britain from her native America to become Cantor at the Ark (Northwood and Pinner Liberal) Synagogue and the Kehillah North London Synagogue. She became Cantor at Alyth (North Western Reform) Synagogue in 2020 from where she joins us at EHRS.

Cantor Tamara will be our Music Director as well as our Cantor and will also fulfill many of the pastoral, service leading and teaching duties that our Rabbis fulfill, just as is the case with the ordained cantors of Finchley Reform and Sinai Leeds Reform Synagogues. She greatly looks forward to getting to know the members of EHRS and will, in her first weeks, have the opportunity to observe our Synagogue minhag (traditions and practices) before beginning to be a prayer and music leader. She will bring her deep expertise and enthusiasm for Jewish traditional and contemporary music to our Synagogue. We also look forward to meeting Cantor Tamara and her wife Rabbi Anna Wolfson's baby son

YOUNG FAMILIES

It has been heartwarming to see the continued involvement of our families despite more recent events that have greatly affected our community. I hope that synagogue life and enjoyment of coming together to take part in all that young families offers, continues to help people feel they have a safe space with EHRS. Singing 'Osey Shalom' together at Stay & Play was such a beautiful and touching moment and weekly watching the innocence of all the children just enjoying Jewish activities has brought a lot of light.

It was amazing to see the huge donations from our families to support the charity Little Village for Mitzvah Day. We also made cookies at Shabbat Stay & Play to give to someone in the community who helps us and created wonderful banners to decorate for Mitzvah Day itself.

Our first SEND Parents Support group took place in November and met again in December. It was a welcoming and safe space for our parents to talk and support each other, beautifully facilitated by Miriam Saffer. The group meets monthly, so please do come and join us if this group would be helpful to you.

We are so excited to be holding our first ever Families Friday Night Dinner on 9 February! Come and join us to warm up your winter evening with other families. Enjoy an interactive service, yummy catered dinner and some youth-led fun! Full details on the website.

Shabbat Stay & Play

Friday mornings 10:30 -11:45 (Term time)

Our baby and toddler group with toys, crafts and song session and Kiddush with our Rabbis. The perfect way to meet other parents, enjoy a hot drink and a catch up. Please book on our website in advance. You can collect CRP points for attending.

Sing & Sensory

Tuesday mornings, 11:00-11:45 (Term time)

A music & sensory class for babies - 1-year olds, with a different theme each week, followed by chill out time in our state of the art Senitt Sensory Room. Booking required.

Kuddle Up Shabbat

Fridays 12 January & 2 February, 16:15-16:45

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending.



Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

Shabbat Club & Birthday Blessings Saturdays 27 January & 24 February, 11:15-12:15

For Primary School aged children and their younger siblings are welcome. Parasha and Shabbat themed activities, stories and songs in a relaxed atmosphere. Finishing in time to join the community for Kiddush around 12.15. We are delighted to invite all children who have a birthday in that month to



join us for birthday blessing from the Rabbis in the main service. Families will be sent personal invites; but do let us know if your child has a birthday coming up to make sure we have you on our list. Kiddush will include a birthday cake treat!

Shabbat Shirah

Saturdays 13 January & 10 February, 11:15-12:15

This is EHRS's Shabbat morning experience for o-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages. A Torah reading and chance for everyone to participate in making music.

Sarah Koster, Young Families Lead youngfamilies@ehrs.uk 020 8238 1025



The New Reform Machzor - Forms of Prayer: Days of Awe

The highly anticipated ninth edition of Forms of Prayer: Days of Awe is our Reform Machzor for a new generation, the first new edition since 1985. It will enable us to make the extraordinary journeys of Rosh Hashanah and Yom Kippur in a way that expresses our Reform Jewish values and our place in Jewish tradition. There are separate Rosh Hashanah and Yom Kippur volumes.

Celebrate this exciting moment and make your mark on the new Machzor

We invite you to dedicate a Machzor set for our Synagogue members and guests to use. Your dedication will appear on an elegant bookplate on the inside front cover, to commemorate the life of a loved one, a special occasion, or something else that is important to you. The cost is £45 for a whole High Holy Days set, or £22.50 for either Rosh Hashanah or Yom Kippur.

For more information please go to www.ehrs.uk/machzor or call 020 8238 1000

For more information on Stonegrove Life events and activities, please visit the website www.ehrs.uk/stonegrovelife Where Zoom participation is required see Our Week Ahead, or email stonegrove.life@ehrs.uk

STONEGROVE L education | events | entertainment

Our Stonegrove Life committee supports the Together Groups, Stonegrove Serenade, and other adult learning opportunities. An energetic team of Rabbis, staff and volunteers, this committee is at the heart of the community.

Bite of Torah for everyone interested in Torah, 9:15-10:15

These sessions are full of new insights which bring Torah and Tanakh (The Hebrew Bible) to life. In person or on Zoom.

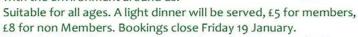
Saturday 20 January - Parashat Bo - The First Passover In this week's Torah portion the Israelites leave slavery in Egypt, with the first Matzah. How did this event develop into our Sederim over the millennia? Study Torah with Rabbi Mark.

Saturday 17 February - Parashat Terumah - To give or not to give is not a question in the Jewish tradition. It is an obligation. There are different kinds of tzedakah in the Jewish tradition. We will remind ourselves about the Biblical and Rabbinic laws of giving tzedakah. Parashat Terumah talks about the voluntary giving that enriches one's soul. What can we learn from the Torah's wisdom that can enrich us? With Rabbi Tanya.

Burns Night Tu B'Shevat Seder

Thursday 25 January, 19:00

We will be celebrating all things tree related with a very special Burns Night Tu B'Shevat Seder! Enjoy a wee dram, veggie Haggis, and a meaningful evening exploring our relationship with the environment around us.



11-12-12-12 THE STATE OF THE PARTY OF THE PA

Please book online at www.ehrs.uk/event/tubshevatseder24

First Shabbat Shiur, 9:15-10:15

Our First Shabbat Shiurim are on all kinds of areas of Jewish life. You can join us in person at EHRS or at home using Zoom.

Saturday 6 January - Ethiopia: Cradle of Humankind & Preserver of Judaism. In November 2023, Rabbi Mark travelled with EHRS member Kevin Darvill, Chair of Meketa, and Rabbi Sybil Sheridan to Ethiopia. There they spent Shabbat with part of the Addis Ababa Jewish community, visited five tribes in the South of the country whose lives have much to teach us about our people's origins and met Lucy who lived more than 2 million years ago. Join us to find out what they experienced.

Saturday 3 February - Does Jewish Prayer need a Leader? How did prayer leadership get its start? How have today's schlichei tzibbur (prayer leaders) evolved over time? And how do cantors factor into all of this? Join Cantor Tamara for an exploration of the earliest origins and historical development of the role of ba'al tefilah.

For information on our EHRS Together Groups please see the opposite page. These groups are all about making our congregation of over 3000 people a place where we know each other and are can find people who share their interests.

Whether you enjoy listening to music, watching films, reading, dancing, cooking, playing games, or even just being outdoors, we have something for everyone.

Talmud Class Sundays 7 & 28 January, 25 February, 10:00-11:00

EHRS's stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today. No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism. This class is conducted online through Zoom as discussion and argument is what it is all about! Please email rabbi.mark@ehrs.uk to get the Zoom details and the Talmud texts we are studying.

Rosh Chodesh 19:30-21:00 on Zoom

Monday 8 January & Thursday 15 February

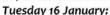
On the first day of a Hebrew month, a silver of the new moon is visible in the sky. Rosh Chodesh ('head of the month') is the traditional Jewish holiday on this day. Join us on Zoom for music, contemplation, chat and creativity to mark each new month.

For more information, please email rabbi.tanya@ehrs.uk



World's Minorities & Politics

Join Phil Dave and Rabbi Tanya for an informative but thought provoking conversations on the EHRS podcast. In person & on Zoom.



We will discuss the war & conflict in Kosovo and its repercussions and ethnic tensions today.

Tuesday 20 February:

Rise of Antisemitism in the UK (has the time to start worrying arrived?)

Join us from 19:30 for a bagel supper, podcast begins at 20:00.

The Battle of Cable Street Wednesday 13 March (meet at the theatre, show begins 53:74)

Join us as we see this wonderful musical in The Large at Southwark Theatre. We have reserved a limited number of tickets.

£35 per person or £28 concessions (Registered Disabled/Full Time Student/Unwaged/Over 65s/Under 16s).

To book please go to www.ehrs.uk/event/cablestreet

It's October 1936 in the heart of London's East End. Sammy, Mairead and Ron are carving out their own futures on Cable Street when Oswald Mosley's British Union of Fascists start to march on East London. Half a million Jews, Irish workers and communists unite to blockade the road they call home. As the people raise their voices and take a united stand against hatred, the lives of the streets' residents are changed forever.

Featuring a contemporary score, Cable Street is an electrifying reimagining of one of London's most significant days. A celebration of community and a rallying call to action, this story is as powerful today as it ever was.



Whether it's cycling, singing, dancing, foraging, cooking, rambling, chatting, learning or watching movies, we have many groups where you can join other members with common interests.



Go to www.ehrs.uk/togethergroups for more information and how to join us.

Coffee & Chat Wednesdays, 10:30-12:00 fortnightly

Our tea & coffee mornings at EHRS are for those on their own who would like to meet others in the same situation. All are welcome.

Cookalongs Wednesdays, 20:00 monthly

Wednesday 24 January, 19:00 - Burns Night Tu B'Shevat Mash Up! Join us at EHRS where we will be helping prepare for our Burns Night Tu B'Shevat Seder on 25 January by making vegetarian Haggis and clootie dumpling! Spaces are limited so please book at www.ehrs.uk/event/burns-tubshevat

Wednesday 28 February, 20:00 - Cooking Jewish Cookies! We will be making two classic Jewish cookies, Mandelbrot from Germany and Amaretti Macaroons from Italy (Gluten Free). Rabbi Debbie invites you to enjoy the comfort of your own kitchen to make delicious treats! Please email rabbi.debbie@ehrs.uk for Zoom details and ingredients.

Cycling Sundays, monthly - returning in March 2024

This group is aimed at everyone who is confident at riding on a road in a group for 20 miles at a leisurely pace.

Football Sundays, 20:00 weekly

EHRS's weekly football game for male members between 21-45, at Centenary Sixes, Centenary Park, Stanmore, HA7 2NW. This takes place weekly. Minimum 5 a side, Maximum 6 a side. Members: £5, Non Members: £7. Please book via the website.

Foraging Dates to be confirmed

Join Rabbi Debbie and our EHRS expert Peter Bradley on a foraging trip. Look out for details on the website.

Israeli Dancing Mondays, 11:00-12:30 weekly

This class is for all adults. A warm welcome to all who want to join us for this energetic and fun morning.

Juke Box Gold Thursdays 18 January & 15 February, 20:00-21:30

Join us each month as we listen to great singers & groups from the 50s, 60s & 70s. We look forward to welcoming you with videos and songs on a very informal basis, where we will play many of your favourites! Refreshments from 19:30. Hosted by Richard Hartman.

Opera Appreciation Thursday 4 January & 15 February, 19:15-21:30

Do you like opera? If so then please join our opera appreciation group at EHRS with other like-minded members. This group meets monthly at EHRS in the early evenings to see classical opera on DVD which will be introduced and then discussed by the group.

Rabbi Kraft Memorial Book Club Tuesdays, 19:30 monthly

This is a small, friendly group of who meet once a month on Zoom. A synopsis of each book can be found on the EHRS website.

Tuesday 2 January - 'The Beauty Queen of Jerusalem' by Sarit Yishai-Levi

Tuesday 6 February - 'The Postcard' by Anne Berest

Rambling Sundays, monthly-returning in March 2024

Rambling is a fantastic way to make new friends and learn about local lore, and you will have your love of great views, fresh air and a love of nature in common.

Rummikub Tuesdays 23 January & 27 February, 14:00-16:00

If you love playing Rummikub then this social and friendly group that meets monthly is for you. Donation £2 per person.

Singing Circle Mondays, 14:00-15:30 weekly

The Singing Circle is for anyone who enjoys bursting out into song. You don't need perfect pitch or be able to read music. Most of our 150+ song repertoire consists of popular songs, and songs from the shows which we sing along to while watching YouTube videos.

Spanish Conversation Tuesdays, 14:00-15:30 fortnightly

Hola, hablas español? Want to brush up your Spanish conversation? This group is for those who wish to improve their Spanish.

TV Addicts Club Thursdays, 19:30-22:00 fortnightly

In each series of The TV Addicts Club, we meet to enjoy brand new & old classics of movies with delicious treats to enjoy whilst we watch. Our theme for this Winter series from January to March is 'Animalia'. A synopsis of each film can be found on EHRS website.

11 January: 'We Bought a Zoo' - A heartwarming film that deals with grief, parent relationships, & the complexities of intentional living.

25 January: 'Secretariat' - A moving, funny, exhilarating true story where a strong will and determination succeeds against all odds.

8 February: 'Dog' - A film that shows something good can come out of trauma, and healing can happen in many unexpected ways.

22 February: 'Salmon Fishing in the Yemen' - In a tale of unexpected heroism, this film offers charm, heart, & some really good laughs.

Whisky Tasting Dates to be confirmed

Every few months you can join us for an evening of whisky tasting, sample different whiskys and chat about your favourites with others who share the same love for this delicious tipple. Register for updates via the Together Groups website page.

If you have a group you might like to get going please contact any of our Rabbis or Debbie Drapkin at the Synagogue and they will be delighted to help you.

EDUCATION

I can't believe this term is coming to an end so soon but we have packed so much in it starting with all the fantastic HHD activities the Education and Youth team organised for the community. When you read this, we will have celebrated Chanukah in our usual extravaganza way!

I believe the children in Orot have had a great time with the many different opportunities they have to celebrate Jewish live and learning with a good mix of fun. We restructured our morning to offer three 45-minute sessions, one for Hebrew, the second for Jewish Studies and our third 45 min session gives the children an option of doing drama, art or cookery. One of our parents recently told Rabbi Mark "it is such a delight picking up my children from cheder and finding that every week



they have such a fulfilling experience. It really is a very special synagogue to be (newish) members of." It is so lovely to read things like this because we really do try very hard to give our Orot children a fulfilling experience of being members of this vibrant community. One of our highlights was on Mitzvah Day when we took children from Orot to sing at Apple Tree Care Home in Edgware. The special moment was when the children went to a couple of the resident's rooms and sang to them. Our B'nei Mitzvah classes finished their Torah term with a family Friday night service and dinner, which always has a lovely, buzzy atmosphere, and our B'nei Mitzvah mentors held their own social evening to end the term. Next term the theme is Avodah (service/work) which will see the students learning all about the



services and prayers and leading a Friday night service at the end of the term.

Our adult programme Stonegrove Life held many wonderful and diverse events through the term, from a series on Jews and Politics, (which you can catch up on if you missed them on the EHRS podcast), to a visit to Neasden Hindu Temple to celebrate Annukat, the Hindu New Year. In return ladies from the Temple joined us for a mitzvah day cook along to make soup for the night shelter. They were wonderful fun and owned our kitchen in no time at all, which is not surprising when you hear they are used to preparing 50,000 meals in a weekend for their festivals! Look out in LDVD and OWA for all the wonderful events Youth and Education and Stonegrove Life will be bringing you from January. One of the events I want to highlight is on Sunday 28 January to commemorate Holocaust Memorial Day, world renowned Sculptor and EHRS member Frances Segelman will be doing a live sculptor of member Kurt Marx. We are inviting artists and crafts people in our community to take a stall to sell your creations at this event. Please contact us if you wish to take a stall. Please see the advert on the opposite page for further details.

Marian Cohen, Head of Education and Youth education@ehrs.uk/ 020 8238 1014

Prague and Sobeslav Wednesday 1-Sunday 5 May 2024

We are excited to announce that EHRS will be running an adults only, 5 night tour, to Prague and Sobeslav, led by Rabbi Tanya. Tour highlights include: Prague city walking tour, Outing to Sobeslav, Friday night service at Ec chajim Progressive Synagogue, Prague Jewish Quarter tour, Guided tour to Terezin.



We expect costs (depending on numbers) to be in the region of:

£750* per adult for members / £850* per adult for non-members - includes flights, bed & breakfast accommodation in a 3 star hotel, and tours and associated transport costs.

Prices based on 2 adults sharing a room (single rooms available at a supplement) Lunch/Dinner/Beverages not included

In order to secure your place please email debbie.drapkin@ehrs.uk by Friday 26 January

NEW OPTIONS

For the active retired and semi-retired (60 plus)

Please email newoptions@ehrs.uk if you have any queries.

Schmoozing with the Rabbis -

A light hearted topical discussion, in an informal setting. In person at the Synagogue. Join us 10:30-11:30 on **Wednesday** 17 January with Rabbi Debbie and Wednesday 6 March with Rabbi Tanya.

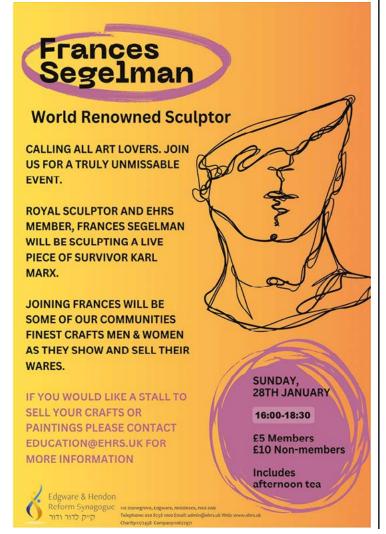
Bridge - Our popular and friendly sessions take place every **Wednesday, 12:30-15:30.** Join us for an enjoyable and sociable afternoon. Only £4 including tea.

NOT THE WOMENS GUILD

Meetings begin at 14:00 in the Synagogue unless otherwise stated, and a warm welcome is extended to all. For further details and to book your place, please contact Evie 020 8954 5393 ewoolstone@yahoo.com or Sandra 020 8958 7140 sandra@harrisresidence.co.uk. We look forward to seeing you.

Thursday 11 January – We will be having lunch at Tonito's restaurant in Hatch End at 12:30. This is always a pleasurable and sociable event. If you would like to join us, please contact Sandra or Evie.

February – We are hoping to arrange a trip to a local theatre. Further details coming soon.



OTHER ACTIVITIES AT EHRS

JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

JACS takes place at EHRS on Thursdays, 13:30.

4 Jan: Gayathrie and Bill - Serenade to Music

11 Jan: Judith Karbritz - Irving Berlin

18 Jan: Nigel Coleman - Noel Coward: Playwright, Actor

& Composer

25 Jan: Veronica Kennard Rothschild - The Family and the

Bank, their work in local communities

1 Feb: AGM

8 Feb: Colin Oakes - Never Had It So Good
15 Feb: Amanda Seal - Sing Along for the Mind
22 Feb: Charlie Sherrard - details to be confirmed

29 Feb: Current Affairs

For more information please contact **Stuart Winton** on **020** 8954 8350 or **Brian Ashton 020** 8958 4904.

THE LEAGUE OF JEWISH WOMEN

The League of Jewish Women is a national voluntary organisation and the Stanmore & Edgware Group is the largest in the country. We are a local cross-communal group, and half are members of EHRS.

We meet monthly on **Tuesdays**, **14:00-16:00**, with speakers each month. **Upcoming dates: Tuesdays 9 January & 6 February**.

For more information, please contact **Andrea Fisher** on **020 8958 0424** or email **andrealjw@hotmail.com**

ZUMBA GOLD

Thursdays 10:00-11:00

This class is perfect for the active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity.

£8 per session.

For more information please contact

Laurel Ingram at dancinline@ hotmail.com



Are you struggling to cope financially? The EHRS Community Needs Fund enables us to help each other.

For many years our Synagogue has been able to help when our members are struggling financially. The fund makes grants of up to a few hundred pounds to help members access health services, prevent eviction from home, put food on the table, renew or repair basic equipment (such as a bed or a fridge), afford school uniforms and many other needs. To access the fund there is a simple, non-intrusive, confidential form available from any of the EHRS Rabbis or Val Joseph/Marissa Rosenthal in the EHRS Community Care team.

Just call or email any of them at the Synagogue.



SOCIAL ACTION

NIGHT SHELTER AT EHRS IN SPRING 2024

EHRS will again be hosting up to 17 homeless guests one night a week over a period of eight weeks in spring 2024. We will be offering a hot evening meal, a safe place to sleep overnight and a simple breakfast upstairs in our community centre. Our lovely EHRS volunteers

will support this important project for 7 Monday nights and Tuesday mornings between 26 February and 15 April 2024, excluding Bank Holiday Monday 1 April. We will need volunteer cooks (at home), people to set up, people to serve dinner and socialise, people to sleep in the hall with our homeless guests, people to serve breakfast and clean up as well as people to deliver bedding to the next venue. All volunteers that come into contact with our homeless guests will receive full training and a volunteer handbook will be provided. If you are interested in becoming a volunteer please contact me, Lisa Bard on nightshelter@ehrs.uk or by WhatsApp message on 07724 897222.

Eco Team

Following on from our thoroughly enjoyable Mitzvah Day at Boxtree Park where we helped The Friends of Harrow Weald with some litter picking and leaf clearing, the EHRS Eco Team hosted a special Friday night service on 1 December.

Led by Rabbi Tanya, EHRS and 60+ eco-communities, all members of EcoJudaism, marked na-tional Eco-Shabbat, which coincided with the COP28 conference. The Shirah Band lead us in an uplifting and relaxing service, which featured readings about nature. During the evening we celebrated a member of our EcoGroup for her amazing achievement. Julie Tucker was recognised as Social Impact Leader of the Year at the prestigious Lord Mayor's Dragon Awards 2023. After the service we sat down to a delicious plant based bring and share dinner and talked about our concerns for the environment.

The year finished with Eco Havdalah on 9 December where we made Havdalah candles, latkes, hot chocolate, winter pot pourri and enjoyed whisky tasting.

On the Sunday we contributed to the Chanukah celebrations by demonstrating how to make Hannukiot.

Plans for 2024 include a planting session with our Nagila children and other events to mark Tu B'Shevat.



www.ecojudaism.org.uk

YOUTH CENTRE

Our Winter has been filled with some incredible activities. Our Hadracha cohort had a workshop afternoon. Mia created a crazy cool workshop on bluesky thinking, which helped our young people develop creative programming without any limits. It was such a fun workshop and we all had a really good time.

We enjoyed our 2 day Winter Wonderland Scheme which included different children's workshops. We learnt all about traditional African dance and what it means to the different nations and culture, and enjoyed a little dance of our own where the children had a great time bopping and weaving. Pop Up Arcade also joined us and the children loved competing in MarioKart and games of FC 24.

Coming up we have our wonderful February Half Term Scheme from Monday 12 – Friday 16 February, which will be filled with the usual scheme shenanigans as well as our many surprises along the way! Details below and check out our updates on Facebook and Instagram. We will be holding a lovely Families Friday Night Dinner on Friday 9 February. Mia



and Jack will be there running games, and it will be a good opportunity to talk, have fun, and bond.

Our Art Club begins Monday 19 February, for children in school years 2-6. It will be a great chance for your little people to get creative, and be a project ending with an art showcase of all the different styles that they have learnt.

Jack Murphy, Head of Youth Development, youth@ehrs.uk/020 8238 1024







Join us for a week packed full of fun and creative activities for those in Reception to Year 6.

Take part in sports, drama, arts & crafts, competitions, team games, and enjoy time with your friends.

Join us for the whole week or individual days.
We can't wait to see you!

NAGILA

We have spent time this term teaching the children about the wider community they live in. In order to link the fireworks they had seen in the sky for Diwali and those that many of them saw in their own gardens for Firework night we learnt a little about Diwali. In the home corner the children had the opportunity to dress up in traditional Hindu clothing and they all watched a short video about the festival. The children heard the story of Dipal's Diwali and enjoyed making Rangoli pictures with coloured rice.

We also introduced the children to the idea of Tzedakah as we took part in Just ONE Tree Day and also contributed to the EHRS Mitzvah Day by creating a fantastic banner to decorate the hall. They also worked hard making beautiful Chanukah cards that will be given to EHRS members that are care homes residents and the parents donated 'care kits' for the homeless, which the children presented to a representative of Homeless in Barnet during the morning.

We were asked by the charity IsraAid (www.israaid.org) to produce cards to send to members of the armed forces fighting in Gaza. The wonderful cards the children have been making were sent off and we hope that they bring some light in such dark times.

The EYFS framework states that "early years providers must promote good oral health of children who attend their setting".



Oral health is important, even with baby teeth. This is because children's baby teeth:

- help them to bite and chew
- support speech and language development
- help them feel confident when they smile
- make space for and help to guide adult teeth Good oral health also keeps children free from toothache, infection and





swollen gums. To this end, our 3-year-olds were introduced to Barnet Young Brushers (a supervised tooth brushing programme) and we continued this theme around the nursery. The home corner was transformed into a Dentist surgery where the children had fun either being the dentist or the patient. In the Tuff tray the children enjoyed caring for the dolls by brushing their teeth and giving them a good wash. We also got the children talking about what food makes our teeth happy or sad and the children cut out pictures from magazines to stick on the relevant tooth which will form part of a display in the nursery.

We still have a few places left for children from 2 years old in January and are delighted to announce that we are now taking applications for September 2024 when we will be admitting 18-month-olds, so if you would like more information, please contact Milissa.

Milissa Seiler, Head of Nagila nagila@ehrs.uk/020 8238 1022

Cornerstone

Tuesdays, 19:00-19:45 for Hebrew & 20:00-21:30 for Jewish Studies



Our introduction to Judaism course. Our Cornerstone programme is open to any member of the community wanting to deepen their Jewish knowledge, or improve their Hebrew, as well as those exploring conversion and non-Jewish partners wanting to learn more about creating a Jewish home.

Join us for prayer-book Hebrew (in streams from beginners to intermediate) 19:00-19:45, and/or for Jewish Studies 20:00-21:30, Tuesday evenings during term time. Contact rabbi.debbie@ehrs.uk for details.

YOUNG ADULTS

Beer and Shiur, 20:00.

When on Zoom, details are: Meeting ID: 839 2128 5866 Password: 978112

Wednesday 10 January

Join Rabbi Debbie and her husband Rabbi Gary at home for a cheese and wine evening, where we will also look into how we ended up with the laws we have around cheese and wine! The address will be supplied upon booking (we will do it at home!) Please go to www.ehrs.uk/event/cheeseandwine to book.

Wednesday 14 February

Join Rabbi Debbie on Zoom for a Valentine's special exploring what the Rabbis have to teach us (if anything) about intimacy! Email Rabbi Debbie for regular Young Adult updates

ADVERTISE WITH US!

Email: communications@ehrs.uk

If you would like to place a classified ad in the magazine, please contact us for a rate card of sizes and costs.





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Join us for a series of monthly concerts featuring up & coming classical musicians.





Tuesday 16 January, 13:00 We welcome pianist Berniya Hamie and cellist Riya Hamie

Tuesday 20 February, 13:00 performer to be confirmed

We invite you to enjoy a light lunch in Café 118 before the concert from 12:00. The café re-opens after the concert for drinks, cakes, and a chat.

Admission free, suggested donation £5.
For more details and to book please go to
www.ehrs.uk/serenade



Join your EHRS Rabbis at the Movement for Reform
Judaism's brilliant bi-ennial conferences. If you
would like to know more or need help to be able to
afford to come ask any of our Rabbis for help from
the EHRS Jewish Participation Fund.

Mitzvah Day 2023

On Monday 13 November the EHRS Interfaith Group organised a wonderful and culturally enriching experience at the BAPS Shri Swaminarayan Mandir (Temple) in Neasden to celebrate the Hindu New Year. The white marble Mandir and the adjoining wooden building with their intricate carvings showed the architectural beauty of the Temple. The Annakut (New Year) Celebration, featuring a mountain of vegetarian delicacies offered to Bhagwan,

is a fascinating tradition that symbolises appreciation and gratitude. These delicacies are prepared by members of the community and later donated to the less fortunate, which adds a meaningful aspect to the celebration, emphasising the spirit of generosity & community service. (written by Vivien Lewis)

In a world of division, Mitzvah Day encourages people of all faiths and none to come together to perform acts of kindness. On Thursday 16 November, Rabbi Tanya and ladies from EHRS, welcomed their Hindu and Muslim neighbours to join them to make soup, which will be used when the synagogue, in partnership with Homeless Action in Barnet (HAB) & Together in Barnet (TiB) host the homeless for their annual night shelter.

EHRS was involved with so many wonderful activities & events to celebrate this year's Mitzvah Day. On Sunday 19 November we joined our EHRS Eco Team at Boxtree Park in Harrow to help restock plant boxes giving nature & bugs a cosy new home, as well as some litter picking and railing clearing. At EHRS we sorted and packed your wonderful donations of pre-loved toys in aid of Little Village, dried food items & pet food in support of our local foodbank OneStonegrove, & new children's toothbrushes in support of Comfort Cases.





























