

# LEDOR & VADOR

FROM GENERATION TO GENERATION

## New Year Edition

### HIGH HOLY DAYS 2023

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## CONTACT US

The normal office operating hours are Monday to Thursday 9:30-17:00, Friday 9:30-15:30, and Sundays 10:00-12:30. You are welcome to call or visit during these times. The office is not staffed on Shabbat and festivals. If you wish to see a specific member of staff, please call in advance to ensure that they are available. The telephone is operated during the normal office hours, 020 8238 1000. You can email to [admin@ehrs.uk](mailto:admin@ehrs.uk). Emails and messages will be checked during the normal operating hours.

If you need to advise of a death or arrange a funeral, outside of the normal hours, please call the JJBS directly on 020 8989 5252

Please try to make any payments via the synagogue website at [www.ehrs.uk](http://www.ehrs.uk)/ **payment**, via bank transfers or otherwise please phone to pay with a credit or debit cards. Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

### BEREAVEMENT

**During office hours:** in all cases of bereavement please contact June Lewis, the Rabbis' Personal Assistant.

**Out of office hours:** in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message.

JJBS email [info@jewishfunerals.org.uk](mailto:info@jewishfunerals.org.uk)

### THE RABBIS

Our EHRS Rabbinic Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on 020 8238 1002 or [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk) You can contact them directly:

Rabbi Mark Goldsmith (Senior Rabbi)

**020 8238 1020**, [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk)

Rabbi Debbie Young-Somers

**020 8238 1019**, [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

Rabbi Tanya Sakhnovich.

**020 8238 1018**, [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk)

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Rabbinic Team.

## SOCIAL AND PERSONAL

**Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email [communications@ehrs.uk](mailto:communications@ehrs.uk)**

### BIRTHS

Delilah Rose, a daughter for Danielle and Ricky Zeiderman, a granddaughter for Louise and Robert Zeiderman.

### BAR/BAT MITZVAH

**2 Sept** - Joel Kaye, son of Guy and Valerie.

**9 Sept** - Taylor Lewis, son of Marc and Michelle.

**14 Oct** - Casey Flatter, son of Benjamin and Natalie.

**21 Oct** - Henry Futerman, son of Sam and Alison.

### AUFRUFS

**2 Sept** - Scott Rosenberg and Emily Kramer.

**Date to be confirmed** - Monifa Angus and Gary Lewis.

### MARRIAGES

Mazel Tov to Melanie and Mark Gilbert, on the marriage of their daughter Nicole Gilbert to Lee Goldberg, son of Karen and Russell Goldberg.

### BIRTHDAYS

An extra special Mazel Tov to Zara Max on her 100th birthday!

Mazel Tov to Pearl De Bruin on her 90th birthday.

Mazel Tov to Miriam Markham on her 60th birthday.

### ANNIVERSARIES

Mazel Tov to Jean and Raymond Phillips on their Diamond Wedding Anniversary.

Mazel Tov to Madeleine and Des Cohen on their Golden Wedding Anniversary

Mazel Tov to Barbara & Dennis Stellman on their Pearl Wedding Anniversary.

### CONDOLENCES

To Sandra Lawson on the loss of her husband, Lawrence Lawson.

To Fiona Hodis on the loss of her husband, Norman Hodis.

To Annita Tischler on the loss of her husband, Peter Tischler.

To Nita Joseph on the loss of her husband, Roy Joseph.

To Valerie Rosenthal on the loss of her husband, Alan Rosenthal.

To Sheldon Baker on the loss of his wife, Robert and Jamie Baker on the loss of their mother, and Nicole Greenwold on the loss of her sister, Sandra Baker.

To Alan Braverman on the loss of his wife, Anne Braverman.

To Lawrence Levitan on the loss of his wife, Rhoda Levitan.

To Phillip Breindel on the loss of his father, Walter Breindel.

To Anthony Gordon on the loss of his mother, Helen Goldberg.

To Melvin Gamp on the loss of his brother, Harry Gamp.

To the family of Shirley Kosky.

To the family of Nicole Newman.

To the family of Audrey Ross.

To the family of Rita Moss.

### TOMBSTONE CONSECRATIONS

**5 Sept** at Cheshunt Woodlands – 14:00 in memory of Michael Freeman.

**10 Sept** at Cheshunt Cemetery – 15:00 in memory of Herbert Marx.

**15 Oct** at Cheshunt Cemetery – 11:15 in memory of Rosalyn Joelson. at Edgwarebury Cemetery – 14:30 in memory of Cyril Pulver.

**22 Oct** at Cheshunt Woodlands – 11:30 in memory of Monty Samuel.

**29 Oct** at Cheshunt Cemetery – 11:00 in memory of Michael Brest. at Edgwarebury Cemetery – 13:45 in memory of Norman Mitchell.

### NEW MEMBERS:

A warm welcome is extended to the following new members of our community:

Dean Phillips and Emily Roach.

Greg, Nicola and Robyn Kaye.

Tracy and Olly Phillips.

Philip and Louise Feldman.

Paul and Angela Davis.

Damian, Amanda & Raphael Sais.

Ian and Suzanne Burgess.

Jessica Marlowe.

Susan Kohen.

Sherry Ashworth.

David Nineberg.

Mia Carvin.

Millie Sharer.

Tyler Smith.

Matana Emmett.

Mia Carvin.

Julia Juttke.

Verity Hanson.

## SERVICES

For Service Zoom details please see forthcoming Our Week Ahead emails, or email [admin@ehrs.uk](mailto:admin@ehrs.uk)

### Kuddle Up Shabbat

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

### Pre Sukkot Tea Party & Sukkah decorating including Kuddle Up Sukkot

**Friday 29 September, 15:45-18:30**

Come to all or part of the event and join our EHRS Sukkah decorating before our evening service. We will put the finishing touches to our Sukkah and add to the experience with decorations. Kuddle Up Sukkot is 16:15-16:45.

**Friday 20 October, 16:15-16:45**

Join our Rabbis and the Shabbat Dinosaur at EHRS for stories and songs to welcome Shabbat together. This time its Shabbat Noah so Rabbi Mark will help you join the animals on Noah's ark! Best for younger children. You can come from 15:45 for a play date.

### Erev Shabbat Service

**Every Friday Evening, 18:30-19:20**

Our Erev Shabbat Service takes place every Friday Evening. Led by our Rabbis in person at our Synagogue and through the EHRS Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world.

### Elul Shabbat Shirah Friday Night Service & Dinner, Friday 1 September, 18:30-20:30

Please join our Shirah Band & Rabbi Tanya to celebrate the end of our year! We will kvel (feel happy & proud) on our achievements, reflect on our losses and prepare ourselves for a meaningful and hopeful new beginning. You are welcome to stay after the service for a **bring & share dinner**, during which we will sing songs and have a short Israeli dancing session. If you will be joining us for dinner please email [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk)

### Erev Shabbat Shuvah

**Friday 22 September, 18:30**

Our intimate Friday night service helps you to rest from the week and to continue your High Holy Days journey. In person and Livestreamed on the Classic Channel.

### Friday Night Rock Service

**Friday 13 October, 18:30-19:30**

Shul of Rock are celebrating their 10th

Anniversary and will be bringing their family friendly service to EHRS.

This service brings a fresh and exciting approach to traditional Erev Shabbat services, infusing them with the energy and excitement of classic rock music.

### Shabbat Morning Service 10:30-12:30

Our Shabbat Morning Service is held in the EHRS Beit Tefillah (sanctuary).

The service is also available on the EHRS Livestream Classic Channel.

### Shabbat Shuvah Service

**Saturday 23 September, 10:30**

Our Classic service in the Beit Tefillah brings you together with the EHRS community in person or on the livestream, with special readings and a sermon to build your High Holy Days experience.

### Special Kiddush

**Saturday 28 October, 10:30**

Classic Service followed by Kiddush in honour of Perry Newton. Perry is leaving his role as the EHRS Community Director after seven years at the end of September. This service will end with a presentation to Perry and a Kiddush in his honour.

### HaKol B'Seder Service for Elul

**Saturday 2 September, 10:30-12:00**

Join Rabbi Tanya and Cantor Dmitry Karpenko from Moscow for a special service for Elul, the month which leads up to the High Holy Days, which includes new music from the Reform and Conservative Jewish world helping us to consider the year gone by, an interpretative Torah reading and plenty of participation. The service uses our regular Reform Judaism Siddur. In person at EHRS or on Zoom.

### Early Risers Service – Saturdays

**9 September & 14 October, 9:30-11:00**

This especially friendly service will be mostly in Hebrew, use nusach (traditional modes of chant for the prayers), include the Torah reading and Musaf (which is the repetition of the Amidah special to Shabbat) and other features to create a participative experience, ending with a hospitable Kiddush. Led by members of congregation and Shaliach Tzibbur, Jeremy Harrod. Hosted by our Rabbis.

### Shabbat Shirah

**Saturday 14 October, 11:15-12:15**

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages, a Torah reading and the chance for everyone to participate in making the music. Led by our Rabbis. If you play an instrument and would like to be part of the band let Rabbi Mark know at [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) so he can invite you in.

### Shabbat Club and Birthday Blessings

**Saturdays 23 September & 28 October, 11:15-12:15**

Our Shabbat experience for up to 11 year olds to enjoy parasha and Shabbat themed activities, stories and songs.

If it is your birthday this month then at the end of the service in the Beit Tefillah (main Synagogue) we would love to celebrate with you with a birthday blessing just before Kiddush at 12:30.

On 23 September we celebrate Shabbat Shuvah where our activities, stories and songs will be on the theme of the High Holy Days in our regular relaxed atmosphere, with birthday blessings for August or September.

### Eco-Soul Service

**Saturday 21 October, 10:30**

Are you ready to embark on a journey of self-discovery and global harmony? Then come into the world where ancient wisdom will meet modern consciousness. Our Eco-Soul service will help us to find joy in our life and appreciation for the awe-inspiring moments in our life, which can be transformative for our mind, body and spirit. It will embrace the harmony of our tradition and its awe of Nature. It will inspire us to appreciate, protect and cherish the world around us. Please bring a story of an awe-inspiring moment with you to the service (if you have one and are ready to share!). Led by Rabbi Tanya.

### Sunday Shacharit 09:30-10:00

Join our weekly Sunday Shacharit in the EHRS Beit Midrash.

### Induction Service for Rabbi Tanya

**Sakhnovich, Saturday 4 November, 10:30**

Our service in the Beit Tefillah (Sanctuary) this morning includes the induction of our Rabbi Tanya. Over the year that Rabbi Tanya has been part of the EHRS clergy team, she has made a great impact on our community and made many friends within the community who appreciate her dedication and skills as a teacher, pastoral carer and community leader. On this Shabbat we celebrate that she is now part of our permanent Rabbinic team. Followed by a Kiddush in her honour.

### Bible Building Shabbat

**Saturday 4 November, 10:30-11:30**

Rabbi Mark invites all young people in our community to join him on this special Shabbat, where we welcome Rabbi Tanya to our EHRS clergy team, for a session of building episodes from the beginning of our Torah from lego, clay and other materials to help us to know these foundational, your results will be shared at Rabbi Tanya's Kiddush!



Pausing is a strange thing. It's not something that often happens in our hectic modern lives, so I am thoroughly grateful to have had the opportunity over the last 3 months to take a pause, a sabbatical. Though of course with children still in primary school pausing rarely means actually having extra time, but it has allowed time for other things. The last three years have been unlike anything any of us have lived through

before, but for clergy (along with many other key workers) the amount we have held is unprecedented, and I think it took the first month of my sabbatical to just recover!

I have frequently been asked 'what are you doing with your sabbatical' and while there are of course things I've been working on (from my Hebrew to research) I have often felt pangs of guilt whenever faced with this question during my sabbatical. Resting seems inadequate as an answer, as does pausing. Inadequate because we are expected (or perhaps expect of ourselves) to be endlessly productive, always achieving something.

The idea of sabbatical comes from the Biblical concept of 'shmitta' - a seventh year of rest for the land of Israel. It is not expected to meet the endless production demands humans inevitably place on her, and this year of lying fallow allows the land to regenerate and continue to serve. Shabbat is rooted in similar ideas for us - a day not just of rest, but of shifted priorities, focusing on us not

as consumers and producers, but as creatures with spiritual needs, and a need to just press pause, so that we can better serve in the other 6 days.

As we enter the High Holy Days, this period is another gift in Jewish time. It offers us a pause to reflect, to uncover the parts of ourselves that we don't have time for the rest of the year because, as we are meant to, we are getting on with living as well as we can (or doing another load of laundry). The month of Elul, followed by Rosh Hashanah, Yom Kippur and Sukkot are all gifted to us as a package of time, that allows us permission to pause, reflect, recommit ourselves and then dive back into the physical world and living well.

I hope the pause offers us all an opportunity to recommit ourselves to that which will bring most meaning and joy to our lives, and at EHRS we can't wait to celebrate and walk that journey with you.

**Rabbi Debbie Young-Somers**

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For full details of everything we have on offer, please visit the website [www.ehrs.uk/hhd](http://www.ehrs.uk/hhd) or refer to the High Holy Day Booklet for 2023

## Elul

Elul is our month of preparation to get us ready for the spiritual work of the High Holy Days. This will include a Shabbat Shirah Friday Night Service, First Shabbat Shiur, HaKol B'Seder Service, Reverse Taschlich with EcoJudaism, and our special **Elul Masterclass Morning on Sunday 3 September, 10:00-12:30** which includes shofar blowing, soul candles, a honey cake cookalong, and a session on the meaning of forgiveness. To book for the Elul Masterclass please go to [www.ehrs.uk/event/elul2023](http://www.ehrs.uk/event/elul2023)

## Selichot Choral Service & Film: Saturday 9 September, 20:30-00:10

We will start the evening with the quirky Coen brother's film 'A Serious Man' which was nominated for the Academy Award for Best Picture on its release in 2010. After a break for refreshments, at 23:00 we will begin our beautiful choral service led by our rabbis, Cantors & featuring the EHRS Choir and cellist, Sam Weinstein.

## Erev Rosh Hashanah: Friday 15 September

We will begin with our Erev Rosh Hashanah Service, 19:30-20:40, and offer a study session Blasting Into The New Year, 20:00-20:30.

## First Day Rosh Hashanah: Saturday 16 September

We will hold a Shacharit & Musaf (Additional) Service, at 10:00 followed by Kiddush. Running parallel we also have an Early Years Service, Chumash Babies, Primary Years Service, a Youth Service, and a Stay & Schmooze and Youth Tashlich. From 17:00-17:30 we will have our Tashlich in the Park in various local locations.

## Second Day Rosh Hashanah: Sunday 17 September

Our morning Shacharit and Musaf Service will take place at 10:00 with a parallel study session Bite of Apple & Honey Torah Study at 11:15. We also have Create the Universe Family Service 10:00-11:00, and Create the Universe Youth Activities, 10:00-11:00.

## The Ten Days

The days between Rosh Hashanah and Yom Kippur are opportunities for us to prepare ourselves for the extraordinary experience that is Yom Kippur. This year we have a session about the new Machzor coming in 2024, Shabbat Shuvah services and a special Shabbat Club.

## Kol Nidre: Sunday 24 September (Fast Begins 18:40)

Our Kol Nidre Service will begin at 19:30, and a Kol Nidre Service from the New Machzor running parallel. We will also have a study session on this evening, Believing, Belonging, Behaving? What Makes me a Jew?

## Yom Kippur: Monday 25 September (Fast ends 19:39)

Throughout the day on Yom Kippur, you will have the choice of our classic services such as Shacharit, Musaf, Minchah, Yizkor and Neilah, as well as a variety of parallel adult study sessions such as Yom Kippur B'Bayit, Neshamah Avodah, No Beer Still a Shiur and Talmud study session. We also have many young children and youth services on offer. The day will end with Havdallah, and the opportunity to break the fast together as a community.



שנה טובה !

## Shana Tova

The Honorary Officers, Council and EHRS Staff wish all our members and their families a Shana Tova and well over the fast.

Please also go to pages 18 & 19 of this edition of LeDor VaDor for details on what we have on offer for Sukkot & Simchat Torah.

We look forward to seeing you.

## A MESSAGE FROM OUR CHAIRMAN

I grew up as a child in Dollis Hill, North West London. My family were members of Dollis Hill United Synagogue and were what most of us would call typical North West London Jews. Shul on a Shabbat morning, Grandstand and football in the afternoon. Friday night was, well Friday night. Lighting candles, Kiddush, family dinner and then the BBC for, what is now, a classic comedy programme (probably now banned for general viewing).

Rosh Hashanah was always different. Candles and Kiddush at home followed by apple and honey. Shul followed by no TV. Shul on first day at 8am, but not to finish until 2pm. Big family lunch followed by Taschlich. Second day would be a repeat of the first day and no TV on until Yom Tov went out at what seemed like some ridiculous late hour.

Kol Nidre would be even more stringent. Big meal before shul then bed when we got home, a tradition I still keep today! Up late and then off to shul for Yom Kippur, concluding with the shofar blast, and then home for something to eat. One of life's biggest decisions to make on an annual basis. Piece of Challah? Fish ball? Herring? Drink? I can't say that I always

break my fast on something specific, though it's always a milk meal so I can have that cup of tea!

So why do I bore you with this? These are all memories that come from traditions from my own family and household. I have tried to encourage my family now to make their own traditions and do things their way. High Holy Days are full of memories, family members no longer here and long forgotten traditions replaced by new ones. There is nothing wrong with that.

Moving to a Reform shul in the mid 1980's means that my traditions have actually not changed that much but the service meanings have. In my youth, the High Holy Days were all about saying as many words as possible in a language I did not really understand although I could read it. Since becoming a Reform Jew I now read the prayers with more meaning and many a time during a service I will find myself looking through our Machzor, reading different study passages making the day different. I am already looking forward to next year's new Machzor for which our own Rabbi Mark is the Chair of the editorial group.

Our services are tuneful and meaningful, plus it's wonderful to see people who we haven't seen for a long time. Do try and come this year and experience our wonderful Rabbinic team. The services wouldn't be possible without, and in no order, the Choir, Stewards, Security, Office Team, Tech Team, Wardens, Caretaking Team, Youth & Education Team, those in Marketing, and Community Support. If I've missed anyone out, I apologise. Everyone at EHRS cares about the shul and our members, and without our members we would have nothing to organise, so thank you.

I am coming to the end of my first year as Chair. It has been a fantastic experience and I'd like to thank my fellow Honorary Officers and Council members for their help and support. We all love serving our community.

Shana Tova – may the year ahead be a year of blessing and peace and lots of Mazal.

**Jeremy Harrod**

## EHRS AGM

This year's EHRS Annual General Meeting will take place on **Sunday 1 October at 11:30 in the Synagogue Hall.**

Please do come along as we vote in our Council.

The AGM follows our Israeli Breakfast, come and enjoy the experience in the EHRS Sukkah, and hear plans on how we will improve the EHRS outside environment.

More details can be found on page 18 of this edition of LeDor VaDor.

We look forward to seeing you.

## Memorial Services

Sunday 10 September, from 10:00

EHRS is arranging short collective Memorial Services in the Prayer Halls at  
Southgate (10:00)  
Cheshunt Western (11:00)  
Edgwarebury Lane (11:15)  
Cheshunt Woodlands (12:00)

cemeteries, following which people can visit the graves of family and friends to say a prayer & Kaddish.

We will also hold a service at EHRS (10:30) and on the EHRS Classic Channel Livestream for those whose relatives were cremated or who are buried elsewhere or who cannot attend in person.

**TELENET VOLUNTEERS URGENTLY NEEDED** – We need more volunteers for Telenet, our telephone support system for members aged 85 years and above. Without your help we cannot keep in touch with them. This is something you can do from the comfort of your own home at a time that is convenient to you. Please contact us to discuss.

**Honey cakes & delivery volunteers required** – Please let us know by Monday 4 September if you are able to bake a nut free honey cake or two to be distributed to our more isolated and vulnerable members this Rosh Hashanah. Your cakes must be wrapped in either cling film or tin foil, with a list of ingredients attached and they need to be delivered to EHRS during office hours between 4-8 September or the latest by 17:00 on Monday 11 September. Cakes will then be collected by volunteers between 10:00-12:00 on Tuesday 12 or Wednesday 13 September for delivery. If these times/dates are not convenient, please contact us to arrange an alternative, if this is possible.

If you do not bake but want to do something, then please consider buying a couple of honey cakes for distribution, this little act of kindness will mean so much to the recipient. We also need volunteers of all ages to deliver the cakes within the community, please contact us now if you wish to be involved.

Our **Bereavement Social Groups** continue to go from strength. If you would like to know more, please see the EHRS website or call us for details.

Our **Shabbat Coffee Stop** running on the fourth Shabbat of the month will resume again in October. It is open to everyone and could be especially helpful for those who are alone and who may be commemorating a Yahrzeit. If you would like to know more please contact Val or just turn up.

**Lunch Club** and the **EHRS Memory Way Café** will be closed during September for the High Holy Days and will reopen on 10 October and 18 October respectively. Booking is essential for both.

The **EHRS Adult Wellbeing Support Group** provides a safe space to talk about feelings and experiences or find comfort in listening and supporting others. We have an understanding that this is not a therapy group, it is a regular confidential facilitated

space offering containment, shared support and conversation. We welcome new participants by referral, please contact Val.

**THANK YOU!** We wish to take this opportunity to thank all our wonderful volunteers who support us and our community. For those who cannot leave their homes or find it more difficult, our volunteer befrienders and Telenet volunteers visit or telephone as often as they can and we are truly grateful to you for keeping in contact with our more isolated members as we could not do this without you. A very big thank you to EHRS members who have crocheted blankets for palliative care patients at Watford General to have on their beds to try and make things more comfortable and less hospitalised for them. The palliative care team rely on the generosity of volunteers to make and donate blankets and if you are able to help please contact us. Another big thank you to all those involved in ‘Swabbing for James’ on 22 July. In total 35 volunteers were swabbed and we really hope this helps towards finding a stem cell donor for James.

We continue to encourage members to look out for the welfare of each other. Please tell us if you or another member is unwell or needs support, don't assume we know! Please provide the EHRS Admin Team with any Next of Kin details as without this additional information we cannot always get hold of members.

We wish you all a very happy and healthy New Year and please don't forget we are here at EHRS to support you with your welfare needs.

**Val Joseph**  
**020 8238 1013,**  
**Marissa Rosenthal**  
**020 8238 1015**  
[community@ehrs.uk](mailto:community@ehrs.uk)



Val Joseph

**Eco Team**

Following on from our success last year when we were awarded a Bronze certificate by EcoJudaism, the Eco Team is proud to announce that this year, EHRS have achieved a Silver award. The award was officially presented to us on 2nd August at an Eco Teams Zoom event where we shared our journey, voiced our frustrations and pooled tips with other award winning synagogues. Mazel Tov to New North London on your Gold Award. Hopefully, that will be us next year!

However, the virtual world is no substitute for the real thing and so we were asked to take a photo of members of our Eco Team with our certificate in person and email it in time for the Zoom event. That certificate will now take pride of place alongside our Bronze award.

EcoJudaism is a unique initiative which spans the whole Jewish community and aims to move that community towards a net zero carbon future. If you would like to know more about their work, please sign up for their newsletter [ecojudaism.org.uk](http://ecojudaism.org.uk). If you would like to know more about what we are doing, please see our calendar of events on our Eco Group page on the EHRS website, [www.ehrs.uk/ecoteam](http://www.ehrs.uk/ecoteam)

**Reverse Taschlich with EcoJudaism & Repair the Sea**

**Sunday 3 September, 12:45-14:15**

As part of Elul, EHRS and Kol Nefesh come together on this morning to help take the rubbish out of the water (rather than throwing bread into it!) at the Silk Stream in Watling Park, Burnt Oak. Together we are part of the global Jewish waterfront clean up ([www.repairthesea.org/rt2023](http://www.repairthesea.org/rt2023)). Our Rabbis and the EHRS Environment Action Team invite all generations to join us to make a difference. Please let us know you are coming by emailing [admin@ehrs.uk](mailto:admin@ehrs.uk) and we will send you the full details.



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Orot ended the year with a family BBQ which was lovely. We said goodbye to some of our teaching staff going off to Uni and one of them Isabel McRae received the Alan Senitt Memorial Award for her outstanding dedication to Orot. Izzy joined us as child in Reception, went onto to become a member of our teaching staff and never left us until now at the age of 18 years old.

We were delighted to be joined by Emma and Karen Senitt to present this award. Izzy has always been the most smiling, happy person. I remember her from around the age of two when she would come to children's services and kick off her shoes and just dance, because she was so happy. She will be greatly missed in Orot, but we wish her, Jasmine Freeman and Maddie Teper a huge b'hatslacha, good luck for the future.



We also marked the graduation of our Year 6 students who are moving onto the B'nei Mitzvah programme. The photo above shows two of our students, Jacob and Brooke Goldsobel.

We ended our B'nei Mitzvah year with the young people participating in the Friday night Service and sharing their tikkun projects of which we were very proud of their achievements. We celebrated the end of the mentoring programme term with a pizza and chips social. It's now full steam ahead planning for the next year in Orot and the B'nei Mitzvah programme.

I am delighted to tell you that we have a new Education, Youth and Young Families Administrator, Trishna (Trish) Malam who comes to us with a very strong administrative background. So, if you need to speak to her please contact her at [education@ehrs.uk](mailto:education@ehrs.uk) or by telephone on 020 8238 1012.

**Donate your family meals on Yom Kippur:** As we head towards the HHD's and in particular Yom Kippur our day of fasting, one of the ideas I have had to support our HHD charities is if we were to figure out how much we would spend on food on Yom Kippur and to donate that amount of money to the HHD Appeal. Of course, we would love you to donate more. Perhaps how much you would spend on your family shop for a week, a month or a whole year?

I hope that I will meet most of you over the HHD's. The Rabbis along with the Education, Youth and Young Families team have planned wonderful programmes and event that we are looking forward to sharing with you. All the info will be in your HHD brochure. I wish you Shanah Tovah u'Metukah, may you all have a sweet new year.

**Marian Cohen,**  
Head of Education and Youth  
[education@ehrs.uk](mailto:education@ehrs.uk)  
020 8238 1014

## EHRS GROUPS

### NEW OPTIONS

#### For the active retired and semi-retired (60 plus)

Please email [newoptions@ehrs.uk](mailto:newoptions@ehrs.uk) if you have any queries.

#### Schmoozing with the Rabbis –

A light hearted topical discussion, in an informal setting. In person at the Synagogue. Please join us on **Tuesday 29 August, 10:30-11:30** with Rabbi Tanya, and **Wednesday 11 October, 11:00-12:00** with Rabbi Debbie.

**Bridge** - Our popular and friendly sessions take place every **Wednesday, 12:30-15:30**. Re-starting again on **4 October**. Join us for an enjoyable and sociable afternoon. Only £4 including tea.

### NOT THE WOMENS GUILD

Meetings begin at 14:00 in the Synagogue unless otherwise stated, and a warm welcome is extended to all.

For further details and to book your place, please contact **Evie 020 8954 5393** [ewoolstone@yahoo.com](mailto:ewoolstone@yahoo.com) or **Sandra 020 8958 7140** [sandra@harrisresidence.co.uk](mailto:sandra@harrisresidence.co.uk).

We look forward to seeing you.

We had a successful tea at our July meeting, where members brought desserts or cakes to share. We decided to donate the money we raised to the Trussell Trust which runs the food bank. We were delighted to welcome new members.

#### Thursday 21 September

We will be visiting Kenwood House in Hampstead, meeting there at 14:30. The house is free to visit and there are guides in every room. We will be having tea in the café after the tour. There is no need to book, but please let Evie or Sandra know if you intend to come.

**October** – No meeting due to the High Holy Days.

## OTHER ACTIVITIES AT EHRS

### JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

JACS takes place at EHRS on Thursdays, 13:30.

**12 Oct:** Dvora Stoll – Where Anti-Semitism crosses over to Anti-Zionism

**19 Oct:** Marc Granditer – Top Ten Presidents of the United States

**26 Oct:** Geoff Strum - Songs from the Musicals

For more information please contact **Stuart Winton** on **020 8954 8350** or **Brian Ashton** **020 8958 4904**.

### THE LEAGUE OF JEWISH WOMEN

is a national voluntary organisation and the Stanmore & Edgware Group is the largest in the country. We are now having our monthly meetings at EHRS. We are a local cross-communal group, and half are members of EHRS. We meet monthly on **Tuesdays, 14:00-16:00** in the **Community Centre**. We do voluntary work and also have speakers each month. Upcoming dates: **5 September & 3 October**.

For more information, please phone **Andrea Fisher** on **020 8958 0424** or email [andrealjw@hotmail.com](mailto:andrealjw@hotmail.com)

### ZUMBA GOLD

**Thursdays 10:00-11:00**

This class is perfect for the active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. £6 per session. For more information please contact Laurel Ingram at [dancinline@hotmail.com](mailto:dancinline@hotmail.com)



## EHRS Together Group

# Stonegrove Players

a new Adult Amateur Dramatics Group

**Stonegrove Players will start on Monday 9 October, with weekly rehearsals every Monday evening, 20:00.**

Whether you want to be performing on stage, or helping backstage with costumes, props, lighting or sound, please join us on 9 October, when we will be reading through the play *Kindertransport* by Diane Samuels.


Whilst the play, which examines the life, during World War II and afterwards, of a *Kindertransport* child, is fictitious, it is based upon the author's extensive research into many real *kindertransport* stories.

The play jumps back and forth between three time periods, exploring the pain of separating a child from her parents and the consequences of that choice, while putting under the spotlight the impact that secrets and lies have on the often complicated relationships that can exist between mothers and daughters.

Auditions for parts (6 females and 5 males) will be held Monday 16 October, and performance dates are scheduled for 13, 14 & 17 March 2024.

**To find out more please email [debbie.drapkin@ehrs.uk](mailto:debbie.drapkin@ehrs.uk)**

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971

 Edgware & Hendon  
Reform Synagogue  
ק"ק לדרור וודר

**Scouts**  Outdoor adventures and skills for life for young Jewish people aged 6-14  
3rd Edgware

WEEKLY MEETINGS AT  
EDGWARE & HENDON REFORM SYNAGOGUE

**BEAVERS**  
(ages 6-8)  
THURSDAY 5:45pm-6:45pm  
**ADULT VOLUNTEERS NEEDED**

**cubs**  
(ages 8-10½)  
THURSDAY 6:45pm-8:00pm  
**TALK TO US TODAY ABOUT VOLUNTEER OPPORTUNITIES**

**SCOUTS**  
(ages 10½-14)  
TUESDAY 7:00pm-8:30pm

**SCAN HERE FOR MORE INFORMATION**  
or email [info@third.org.uk](mailto:info@third.org.uk)



The Friday Night **ROCK** Service by *Syn*

scan to see us in action: 

**SHUL OF ROCK**  
10th Anniversary Tour 23/24

We are thrilled to be celebrating our 10th anniversary! It's been an amazing journey, and we are grateful to the many synagogues and communities who have welcomed us, and rocked with us, over the years.

We'll be bringing our family friendly service to

 Edgware & Hendon Reform Synagogue  
ק"ק לדור ודור

on  
**Friday 13th October 2023**

This family friendly service begins promptly at 18:30, finishing at 19:30 with Kiddush

The band will also be rocking out at Oaks Lane Reform Synagogue (SWESRS), The Liberal Synagogue Elstree, Southgate Progressive Synagogue, The Liberal Jewish Synagogue, Radlett Reform Synagogue, Kingston Liberal Synagogue, The West London Synagogue and more to be announced!

*"The Friday Night Rock Service brings a fresh and exciting approach to traditional Erev Shabbat services, infusing them with the energy and excitement of classic rock music"*

**ehrs interfaith group** 

Here at EHRS we do a truly incredible job supporting each other as a community throughout the year, but at the last major festival we celebrated together we were passionately reminded by Rabbi Mark that our responsibilities extend beyond our own thriving Jewish community. As we reach our new year it's time to turn that rallying call into action.

**We are forming a new Interfaith Group based on what our members would like - so we really want and need to hear ideas from you!**

Our Rabbis are all keen to take part but we'd like to assemble an enthusiastic group of people to form a committee tasked with planning interfaith activities throughout the year. We'd especially like to hear from members of all ages from 12 to 120, whether that's your suggestions or if you'd like to become a part of this new group, it's a unique opportunity to shape our Synagogue's activities.

If you'd like to be a part of the conversation or come on board, please get in touch with Debbie Drapkin by calling the synagogue or emailing [debbie.drapkin@ehrs.uk](mailto:debbie.drapkin@ehrs.uk)

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 Edgware & Hendon Reform Synagogue  
ק"ק לדור ודור

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**More people are struggling with mental illness than ever before.**

**TOGETHER**  
we can make a life-changing difference

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**Jami**

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For more information on Stonegrove Life events and activities, please visit the website [www.ehrs.uk/stonegrovelife](http://www.ehrs.uk/stonegrovelife)  
Where Zoom participation is required see Our Week Ahead, or email [stonegrove.life@ehrs.uk](mailto:stonegrove.life@ehrs.uk)

# STONEGROVE LIFE

education | events | entertainment

Previously known as 'All Things Jewish', our new Stonegrove Life committee supports the Together Groups, Stonegrove Serenade, and other adult learning opportunities. An energetic team of Rabbis, staff and volunteers, this committee is at the heart of the community. There really is something for everybody with Stonegrove Life, and if you are interested in helping us, we meet once a month during the daytime. If you are interested, please email [debbie.drapkin@ehrs.uk](mailto:debbie.drapkin@ehrs.uk)

## Bite of Torah for everyone interested in Torah, 9:15-10:15

These sessions are full of new insights which bring Torah and Tanakh (The Hebrew Bible) to life. In person or on Zoom.

**Saturday 21 October - Parashat Noach:** Chapter 6 of the book of Genesis strikes the reader with its language and imagery of the pre-historic time when sons of Gods met human daughters and the flood swept away all human life but one family. The language of this chapter is the source of many speculations by Jewish and non-Jewish people alike: was there a flood really or it is just an allegory or a folk tale passed from generation to generation? Who were those sons of Gods? What does the story of Noah tell us about human history? With Rabbi Tanya.

## First Shabbat Shiur, 9:15-10:15

Our First Shabbat Shiurim are on all kinds of areas of Jewish life. You can join us in person at EHRS or at home using Zoom.

**Saturday 2 September - Judah HaLevi - His Heart was in the East:** One of the greatest Hebrew poets whose poetry is part of our services, especially on the High Holydays, and includes some wonderful love poetry. He was born in Spain in 1075 and died in Israel in 1141. In between, his works of poetry and philosophy had a huge influence on Judaism and were some of the earliest texts inspiring spiritual Zionism. Join Rabbi Mark for an hour of culture and thought perfect for the month of Elul.

## World's Minorities & Politics

### Israeli-Palestinian Conflict - Tuesday 19 September, 20:00-21:00

Join Phil Dave and Rabbi Tanya for in depth conversation about Palestinian-Israeli conflict with a few ex-members of the Naamod organization. What can we do, as Diaspora Jews, to support the peace process? We will create a safe space for some thought-provoking and diverse opinions. In person and on Zoom. You are welcome to join us at 19:30 for a bagel supper.

### Nagorno-Karabakh - Tuesday 24 October, 20:00-21:00

Adolf Hitler was inspired by the Armenian Genocide in Turkey in 1915, citing it as an example of world's indifference to lives of faith minorities, which in turn encouraged his comrades to proceed with their Final Solution for the Jews. What does the memory of that genocide mean for Armenian minority living in Nagorno-Karabakh, a disputed area between Armenia and Azerbaijan? Join Phil Dave and Rabbi Tanya in conversation with Professor Narine Ghazaryan and a representative from the Nagorno-Karabakh Ministry of the Foreign Affairs to know more about the current situation in Nagorno-Karabakh, which the media has not adequately covered. In person and on Zoom. You are welcome to join us at 19:30 for a bagel supper.



## Talmud Class Sundays 24 September, 8 & 22 October, 10:00-11:00

EHRS's stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today.

No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism.

This class is conducted online through Zoom as discussion and argument is what it is all about!

Please email [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) to get the Zoom details and the Talmud texts we are studying.



## Schmooze with the Rabbis Evening Edition

Tuesday 17 October, 20:00-21:00

Every six weeks or so our Rabbis lead a schmooze with our congregation during the daytime, in the tradition of Rabbi Neil Kraft z"l. The idea is to enjoy an hour of discussion and gentle argument around a topic that is at the front of our minds. Rabbi Mark brings the schmooze to the evening this time for all who would like to join him.

**Rosh Chodesh, 20:00** To register to stay updated on our monthly meetings please do so at [www.ehrs.uk/togethergroups](http://www.ehrs.uk/togethergroups).

**Sun and Moon - Both Give Light.** For this year of months, we will be inviting guests who might typically be seen to have opposing view points, and exploring how they hold space together despite their differences. All are welcome to join this group.

**Thursday 19 October - Cheshvan: Singing our Sadness** - Cheshvan is known as Mar Cheshvan, or bitter Cheshvan. Comedian Yisrael Campbell says 'When a Jew is sad, he cries; when he is even sadder, he is silent; and if he is even sadder still, he sings.' Join Rabbi Debbie on Zoom to explore some of the songs we have sung in sadness, from psalms to musicals, and in them found our hearts whole again.

## Alexa, is AI good for the Jews? Thursday 12 October, 20:00-21:30

That's possibly not a question you've thought of asking your smart speaker but that's exactly what Rabbi Mark Goldsmith and guests will be exploring at this special one-off event. In a world where artificial intelligence seems to pose a threat to most aspects of life, will our community get off scot-free? Or will AI prove to be another innovation, like the printing press and the internet, that helps us towards a better world?

Whether it's cycling, singing, dancing, foraging, cooking, rambling, learning or watching movies, we have many groups where you can join other members with common interests.

**EHR'S Together Groups** are all about making our congregation of over 3000 people a place where we know each other and are can find people who share their interests. Some groups are in person, whilst others are online.

Go to [www.ehrs.uk/togethergroups](http://www.ehrs.uk/togethergroups) for more information on our groups and how to book your place.

**Art Club** Launching Tuesday 10 October, 14:30-16:00

Come and discover your inner creative self, explore your sensitive side, and delve into the artistic world! Angela Wilson will be showing a selection of paintings by artists some of whom you will be familiar with, while others you will never have heard of! After the session we will have tea together and you will have the opportunity to discuss the art. This group will run fortnightly.

**Coffee & Chat** Wednesdays, 10:30-12:00 fortnightly

Our tea & coffee mornings at EHR'S are for those on their own who would like to meet others in the same situation. All are welcome.

**Cookalongs**

**Sunday 3 September, 10:00-12:30** - As part of our Elul Masterclass Morning you will have the opportunity to join an interactive honey cake cookalong. Please go to [www.ehrs.uk/event/elul2023](http://www.ehrs.uk/event/elul2023) for more details and to book.

**Wednesday 25 October, 19:30-22:00 - Viva Chile!** Join us in the EHR'S kitchen as we make 'alfajores', a delicious dulce de leche sandwich biscuit. As our dough rests we will enjoy a cuppa and watch a documentary on the nature & wildlife of the Chilean Patagonia, which is rapidly becoming one of the most protected places on the planet. Then back to the kitchen to bake and fill our biscuits. There are 12 places available to allow enough space in the kitchen and ovens, so please book your place at [www.ehrs.uk/event/chile](http://www.ehrs.uk/event/chile)

**Cycling** Sunday 29 October, 9:15-12:00

Our cycling group is aimed at everyone who is confident at riding on a road in a group for 20 miles at a leisurely pace. All types of bikes are welcome, but please make sure that they are roadworthy. Children are welcome but must be accompanied by an adult. Arrive at EHR'S by 9:15, leave at 9:30 and back to EHR'S at 12:00. Full details on the website.

**Football**

EHR'S are excited to announce a new weekly 6 a side football game is being organised for male members between 21-45. Preliminary dates have been arranged for Sunday evenings at a local pitch, subject to interest. Games will be organised on a 'first come, first serve' basis each week allowing everyone the opportunity to join. Matches would look to start in October. If you're interested in a friendly run around please register via the Together Groups page.

**Foraging**

Join Rabbi Debbie and our EHR'S expert Peter Bradley on a foraging trip. Look out for dates & details on the website.

**Israeli Dancing** Mondays, 11:00-12:30 weekly

This class is for all adults. A warm welcome to all who want to join us for this energetic and fun morning.

**Juke Box Gold** Thursday 19 October, 20:00-21:30

Join us as we listen to great singers and memorable groups from the 50s, 60s & 70s. We look forward to welcoming you each month with videos and songs on very informal basis, where we will play many of your favourites! Refreshments available from 19:30. Hosted by Richard Hartman.

**Opera Appreciation** Thursday 5 October, 19:15-21:30

Do you like opera? If so then please join our opera appreciation group at EHR'S with other like-minded members. This group will meet monthly at EHR'S in the early evenings to see classical opera on DVD which will be introduced and then discussed by the group.

**Rabbi Kraft Memorial Book Club**

This book club was set up in memory of our dearly missed Rabbi Neil Kraft z'l. This is a small, friendly group of who meet once a month on Zoom. A full synopsis of each book can be found in the calendar section of the EHR'S website.

**Tuesday 5 September, 19:30** – 'The Personal Librarian' by Marie Benedict & Victoria Christopher Murray

**Tuesday 3 October, 19:30** – 'The Exhibitionist' by Charlotte Mendelson

**Rambling** Sundays 24 September & 29 October

Rambling is a fantastic way to make new friends and learn about local lore, and you will have your love of great views, fresh air and a love of nature in common. Led by our member Phil Muller, our monthly walks will be approx 1-2 hours, moderately challenging, and super friendly. Open to all ages. Full details on the website.

**Rummikub** Tuesdays, 14:00-16:00 fortnightly

If you love playing Rummikub then this group is for you. Join this social and friendly group. Donation £2 per person.

**Singing Circle** Mondays, 14:00-15:00 weekly

The Singing Circle is an opportunity for anyone who doesn't have perfect pitch to sing a medley of EHR'S favourites and learn some new Hebrew songs based on short texts which will be transliterated. We can always throw in some English hits of yesteryear. And you don't have to read music. Join Lawrence Cohen, your song leader, for an hour of joyous harmonies!

**Spanish Conversation** Tuesdays, 14:00-15:30 fortnightly

Hola, hablas español? Want to brush up your Spanish conversation? This group is for those who wish to improve their Spanish.

# QUIZ! TIME!

Sunday 12 November,  
18:30 at EHRS

You can book a table of 8 or 10,  
or you can book individual tickets  
and we will add you to a table

Doors open 18:00

Supper 18:30

Quiz 19:00

Tickets: £25 per person  
with all proceeds going directly to Comfort Cases UK

This charity was started by 2 EHRS members, Sarah Laster & Katie Icklow.

Comfort Cases are backpacks filled with comfort and personal care items for youth entering the foster care system. Typically, children are given a bin bag to pack up their belongings when they are removed from their homes. Comfort Cases are working to end this practice while providing the essentials for a child's first few days in foster care. To find out more about their work and how you can help them please visit

[www.comfortcasesuk.org/comfort-cases](http://www.comfortcasesuk.org/comfort-cases)

Please book at [www.ehrs.uk/event/supperquiz2023](http://www.ehrs.uk/event/supperquiz2023)

118 Stonegrove, Edgware, Middlesex HA8 8AB

Telephone: 020 8238 1000 Email: 020 8238 1000 Web: [www.ehrs.uk](http://www.ehrs.uk)

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 JEWISH WOMEN'S AID

## WHEN ALL HOPE WAS LOST, JWA WAS THERE

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Charity No. 1047045



Sarah, 20, Student.  
Domestic Abuse Victim.



Rachel, 80, Grandmother.  
Domestic Abuse Victim.



Ariella, 41, Mother.  
Domestic Abuse Victim.



## YOUTH CENTRE

Wow!! We have just had the most incredible 3 weeks I have ever seen. Our Kaytana summer scheme is always the place to be over the Summer. It was action packed with activities that will give our children memories that will last a lifetime, where they went on an exploratory journey of Reform Judaism, mixed with problem solving, decision making, leadership and communication skills. The children create bonds with both peers and leaders that are just magical. In addition to our superb activities that set us apart from other schemes (because our leaders are invested in them and not just given them the day before), are our day trips, and this year the trips were just pure joy. Riverside Hub was a special place that allowed our children to explore the world in a safe environment, Phasels Wood opened up the minds of our children to the skills needed for Scouts, Cubs or Beavers, and finally we took our 4-7 year olds to Gravity Bounce Park. There was so much to do and the excitement on the children's faces was great to see. Our 8-11 year olds went to Ninja Warrior UK, and it was funny seeing them throw themselves



into ball pits. As always Kaytana was the incredible experience that it always is, and continues going from strength to strength.

We move into October Half Term Scheme where we have so much planned and filled with excitement and joy. We will look to help Mitzvah Day by helping within our community. The scheme will have plenty of workshops and lots of extras for our young people. October is always such an exciting part of the year as we have just had a new year with lots of new starts. Part of our new starts is welcoming our new part time Youth Worker Mia, who joins our team replacing Ben and continuing his hard work. Our Hadracha course starts again in October, and we are still looking to find young people in year 9 to join this programme. It can lead to paid



opportunities within the synagogue as well as developing some great workplace skills including communication, teamwork, confidence, interview skills, and so much more. If you have an interest in Sociology or Psychology this is the course for you. It is over two 9-month terms with a built in residential in November, as well as work experience during half terms. Both Mia and I both completed this course and now put our knowledge to work in the EHRS community.

**Jack Murphy, Head of Youth Development,**  
[youth@ehrs.uk](mailto:youth@ehrs.uk)/020 8238 1024

*Hella*

# October

AGES FOUR - ELEVEN

SPEND YOUR OCTOBER HALF TERM AT EHRS

MONDAY 23 - FRIDAY 27 OCTOBER 2023

FROM 9:15 - 16:00

Early bird prices until 29 September

**EHRS MEMBERS FROM £25 PER DAY**

**NON-MEMBERS FROM £30 PER DAY**

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Charity No: 1222818 Company No: 0722971

Edgware & Hendon Reform Synagogue  
0203 3172 717

**Beer and Shiur, 20:00.**

When on Zoom, details are: Meeting ID: 839 2128 5866  
Password: 978112

**Wednesday 13 September**

**Jewish responses to 9/11** – Join Rabbi Debbie on Zoom to explore how Jewish communities responded to 9/11 and tried to make sense of it all in the midst of the season of repentance.

**Wednesday 4 October**

**Beer and Shiur in the Sukkah** - Our Sukkah turns into a beer garden & restaurant as we enjoy fruit beers and a catered dinner with Sukkot themed learning for young adults with Rabbi Debbie.

Cost £10, please go to [www.ehrs.uk/youngadults](http://www.ehrs.uk/youngadults) to book.

**Cornerstone**

Tuesdays, 19:00-19:45 for Hebrew & 20:00-21:30 for Jewish Studies

**Our introduction to Judaism course.** Our Cornerstone programme is open to any member of the community wanting to deepen their Jewish knowledge, or improve their Hebrew, as well as those exploring conversion and non-Jewish partners wanting to learn more about creating a Jewish home.

**Join us for prayer-book Hebrew (in streams from beginners to intermediate) 19:00-19:45, and/or for Jewish Studies 20:00-21:30, Tuesday evenings during term time.**

Contact [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk) for more details.



**Creating our legacy together**

Leaving a gift to EHRS

Our Synagogue is committed to passing on our faith and values to every generation, LeDor VaDor. We do so through meaningful and well run services and great activities.

One excellent way to ensure the Synagogue can continue to do this beyond our lifetimes is for all of us to remember its work in our will.

By doing so, we can help maintain our cultural and religious heritage, and enable EHRS to be ambitious in building Judaism for the future.

Perhaps you have benefitted from the Synagogue's support during a difficult time, or maybe you have needed a concession on your subscription. Perhaps you simply want to support the continuation of our religious and cultural life to benefit future generations.

If so, leaving a legacy to the Synagogue is an excellent way to give something back and to invest its future.

Some members have already included a gift in their will to the Synagogue and so we would like to invite you to join them in this, so that together we can create a real legacy for future generations.

We promise you that every penny will be used wisely.

If you have not already made a will, then we encourage you to do so and to include a gift to the Synagogue. If you already have a will, please consider adding a gift via a codicil. It is an easy way to give valuable support.

Please take a brochure from the Synagogue foyer that tells you more about will making and leaving a legacy, or call the Synagogue Office on 020 8238 1000 and we will gladly send you one.

Please read it carefully and do let us know if you would like to talk about how your gift would make a difference to the future life of the Synagogue.





# WHAT A DIFFERENCE A YEAR MAKES

## Jewish Blind & Disabled

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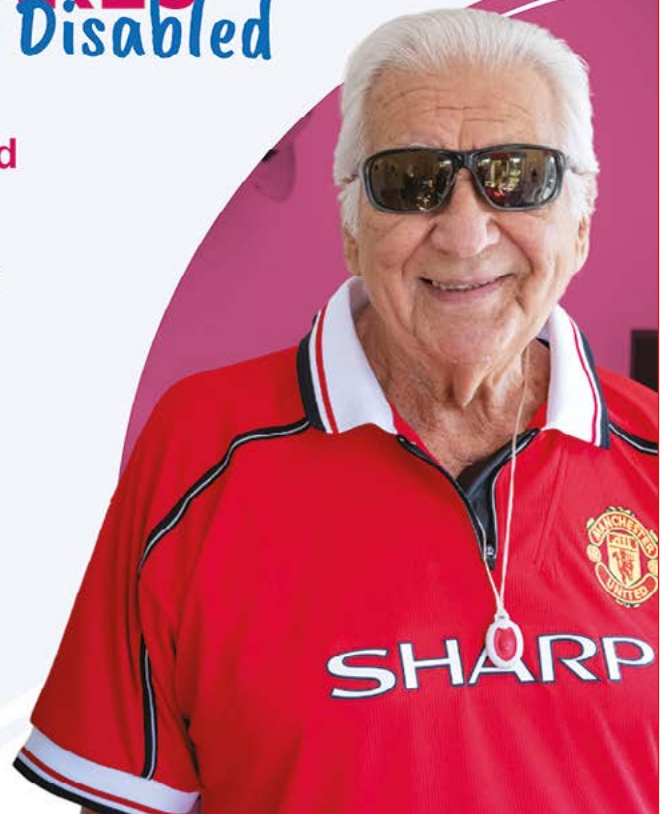


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Charity No. 259480



## Stonegrove Serenade

**EHRIS is delighted to present Stonegrove Serenade, a series of concerts at EHRIS. Every month, please join us for music featuring up and coming classical musicians.**



Audiences and musicians alike have praised Stonegrove Serenade's fantastic acoustics, intimate concert setting and warm welcome and attendees have been bowled over with the standard of talent the series has attracted. Café 118 has delighted customers with its fresh and tasty homemade food. Some of the comments we have received is that its 'an oasis of calm' and 'it doesn't matter if you're on your own, there is always someone friendly to sit with'.

### Special Sukkot Concert

**Monday 2 October, 15:30-16:30: We welcome Yevgeny Kutik and Maya Irgalina**

We welcome back visiting Belarussian Yevgeny Kutik, the talented US based violinist who performed for us last September. Yevgeny is back in London for just a short while and so we're thrilled he has offered to come and perform again at EHRIS. He will be accompanied on piano by London-based Maya Irgalina, who is a Belarussian pianist of Tatar origin. Followed by tea and cake in the Sukkah.

At this concert, all donations made will be split between the charity Help Musicians and the EHRIS Piano Restoration Fund.

**Tuesday 17 October, 13:00: We welcome Cygnus Trio**

Formed in 2012 by three students at the Royal Academy of Music, the award winning trio have performed extensively throughout Europe and the UK. We invite you to enjoy a light lunch in our pop up café before the concert at 12:00. The café re-opens after the concert for drinks, cakes, and a chat.

**All are welcome. Please go to [www.ehrs.uk/serenade](http://www.ehrs.uk/serenade) for more details and to book. Admission free, suggested donation £5**

Stonegrove Serenade and Café 118 are run by volunteers with support from EHRIS and Simply Scrumptious Catering. We pay our talented musicians, high calibre students and graduates of The Royal College of Music, providing work for them, as well as an opportunity for audiences to enjoy a very reasonably priced meal, concert and company. We are grateful for everyone's donations on the door and some generous extra donations which enable us to continue to book musicians. All funds raised go into the provision of Stonegrove Serenade and Café 118 and not to other synagogue purposes.

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Charity: 1172458 Company: 10622971



# Sukkot

Please bring your gifts of vegetables,  
fruit, flowers & greenery for the  
EHRS Sukkah from  
Tuesday 26 September  
(08:30-17:30)



## Thursday 28 September

**Sukkah Building, 16:30-18:30**

Our Sukkah this year is a going to be on the theme of Ushpizin, the guests that we welcome into our special festival structure. Our aim is to make it a place that the holy guests and our own guests love to be! Come anytime during the afternoon and join us to help build the Sukkah itself (please bring some vegetation or fruit/veg to hang in the Sukkah). Fun for all ages.

## Erev Sukkot - Friday 29 September

**Pre Sukkot Tea Party & Sukkah decorating including Kuddle Up Sukkot, 15:45-18:30**

Come to all or part of the event and join our EHRS Sukkah decorating before our evening service. We will put the finishing touches to our Sukkah and add to the experience with decorations.

**Erev Sukkot Service, 18:30-19:30** finishing with Kiddush in the Sukkah.

## Sukkot – Saturday 30 September

**Morning Service, 10:30-12:30**

Led by EHRS Emeritus Rabbi Danny Smith and our Rabbis. Finishing with Kiddush in the Sukkah.

**Family Shabbat Club, 11:00-12:30**

Bring a friend to shake the Lulav, experience the Sukkah, and the festival of Sukkot with our Rabbis. Finishing with Kiddush in the Sukkah.

## Sunday 1 October

**Israeli Breakfast at EHRS, 10:30-11:30**

If you have been in Israel you will no doubt remember the wonderful breakfasts that are served, with fruits, cheeses, breads, juices & great coffee. Come and enjoy the experience in the EHRS Sukkah, and hear plans on how we will improve the EHRS outside environment. Bring a can or other long life packaged food for us to donate to the food bank at One Stonegrove. To register please go to [www.ehrs.uk/event/israelibreakfast](http://www.ehrs.uk/event/israelibreakfast)

**This will be followed by the EHRS AGM, 11:30-13:30**

## Monday 2 - Thursday 5 October

**EHR's Open Sukkah, 16:30-17:30** Come & join our Rabbis for a cup of tea & a wave of the Lulav in our Sukkah.

## Monday 2 October

**Stonegrove Serenade Sukkot Concert, 15:30-16:30**

We welcome internationally renowned Jewish violinist Yevgeny Kutik. Concert is free, with donations to Help Musicians and the EHRS piano restoration fund.

## Tuesday 3 October

**Bring your Baby to the Sukkah, 12:00**

Enjoy the sensory experience of our Sukkah with your young ones. With Rabbi Tanya.

## Israeli Film Show: Ushpizin, 19:30-21:30

Rabbi Tanya will be showing this terrific Israeli comedy film set among the haredi Jews of Mea Shearim – unexpected guests in the Sukkah turn the life of an ultra-Orthodox couple upside down.

## Wednesday 4 October

**Beer and Shiur in the Sukkah, 20:00**

Our Sukkah turns into a beer garden & restaurant as we enjoy fruit beers and a catered dinner with Sukkot themed learning for young adults with Rabbi Debbie. Cost £10, go to [www.ehrs.uk/youngadults](http://www.ehrs.uk/youngadults) to book.

## Thursday 5 October

**Fruits of the World, Cheese & Wine Tasting, 20:00-21:00**

Sample fruits you may never have tasted, & wines with a history and special provenance with Rabbi Mark, as we come towards the end of our celebration of Sukkot.

# Simchat Torah

This is our festival where we celebrate with simchah (joy) the end of our cycle of Torah reading at the end of Deuteronomy and begin the Torah at Genesis again.

## Erev Simchat Torah - Friday 6 October

### Simchat Torah Procession Preparation Party, 18:00

Join our Rabbis and educators to get your flags, banners and dances ready for our Simchat Torah Hakkafah (procession) in the service that begins at 18:30, with a special tea for the festival! For all young people. This year we are going to be making a special celebration of our scroll from Sobeslav in Czechia from which Rabbi Dr Arthur Katz z"l (Rabbi Stephen Katz's father) read as a young man in his first Rabbinic pulpit.

### Erev Simchat Torah Service, 18:30-19:30

Including the Hakkafot where we dance with our Sifrei Torah.

## Simchat Torah - Saturday 7 October

### Toratastic Family Service, 10:30

Our family experience on Simchat Torah with our Rabbis begins with your opportunity to help us to celebrate and learn about our scroll from Sobeslav in Czechia ready for the Hakkafat and with our Sifrei Torah.

### Simchat Torah Morning Service, 10:30

Our service where we finish reading the Torah at the end of Deuteronomy and start again in Genesis, with the help of our Chatanim and including the Hakkafot where we dance with our Sifrei Torah.

### Mazel Tov to this year's Chatanim:

Kallat Bereshit, Janet Brand

Chatan Bereshit, John Davis

Kallat Torah, Jane Langer

Chatan Torah, Colin Wagner

Youth Kallat Bereshit, Millie Bryk

Youth Chatan Torah, Sam Abbey



## NAGILA

It was a busy end to our year. In June the Farm came to visit! What a fantastic time we all had. The children had the opportunity to get up and personal with a donkey named Tom, sheep, goats, pigs, rabbits and a guinea pig. We also had a gorgeous golden Labrador named Gunter who was the star of the show. Crystal from Ark Farm sat the children down and explained to them how to look after the animals and how to touch them. She told us that the animals do not like to be touched on their tails, legs or faces, and that we could stroke their backs and heads. Gunter the dog liked to have his tummy tickled. Every child was extremely well behaved and had a lovely morning. The EYFS states that “young children are beginning to understand the need to respect and care for the natural environment and all living things, and that adults should help children to care for animals and take part in first hand experiences.”

In order to continue the important tradition of giving to charity and help teach our children that their actions, no matter how small, can make a real difference, we have participated in a variety of ‘charity days’ each term. This term we joined in Pyjamarama Day! Pyjamarama is all about having the best reading day ever, in PJs, to raise vital funds for the Book Trust, to reach more children with the life-long and magical benefits of reading. We made some very colourful bunting, which is hung up in the hallway. We also created a large pair of pyjamas, which we displayed by the book corner. It was so lovely to see so many of the children and staff come in dressed in their pyjamas! We had a fabulous morning with a scavenger hunt, listening to some stories upstairs in the sensory room, and Rabbi Mark came for a visit too! He read some books to the children: luckily, they were not bedtime stories, as I am sure some of us may have fallen asleep dressed in our PJ’s!

In the last few weeks of term, our caterpillars arrived at Nagila, and we made a special area for them to grow. The children were fascinated with how quickly they changed each day. The EYFS states, “Young children will be learning to understand the key features of the life cycle of a plant and an animal.” The children enjoyed the story of the “Hungry Caterpillar,”



and created a lovely caterpillar out of paper plates. Once they had completed their life cycle and turned into butterflies, we released them in our garden.

During the summer holidays we enjoyed three weeks of ‘fun in the sun’ with our summer play scheme where we welcomed both Nagila children and children from other nurseries.

We were sad to see many of our children leave to move on to ‘big school’. But we consoled ourselves with the knowledge that their time at Nagila had helped them to become confident, independent, self-assured individuals with a strong sense of their community, enabling them to move onto the next stage of their academic journey with aplomb!!

We still have a few places left for the academic year 2023/2024 and will soon be admitting children from 18 months old, so if you would like more information, please contact Milissa.

**Milissa Seiler, Head of Nagila**  
[nagila@ehrs.uk](mailto:nagila@ehrs.uk)/020 8238 1022



# LOOKING BACK AT 5783

Zichronam Livracha –  
May Their Memory Be A Blessing

Marian Altman  
Judith Anders  
Shelia Angel  
Joan Bard  
Diane Beck  
Richard Berelson  
Marcel Biron  
Anthony Brandon Bravo  
Michael Brest  
Shelley Bright  
Sidney Budd  
Paul Caplan  
Rhona Cavaye  
Alan Conway  
Myra Craig  
Angela Curtis  
Geoffrey Dannell  
Alan Diamond  
Pamela Diamond  
Rosalind Diamond  
Audrey Drucker  
Dorothy Eden  
David Ellis  
Barry Faber  
Anthony Feller  
Lesley Fields  
Ivor Finer  
Beryl Fisher  
Sonia Fox  
Tony Franklin  
Alan Franks  
Sheila Freedman  
Michael Freeman  
Clive Geller  
Michael Gerard  
Melvyn Gerold  
Adrienne Gilmore  
Ruth Gitlin  
Ronald Glantz  
Eva Glicksman

Anita Godfrey  
Bernard Godfrey  
Aubrey Goldsmith  
Walter Goldsmith  
Barbara Goodkind  
Aaron Graham  
Sidney Grant  
Gerald Grays  
Frederic Haas  
Daniel Habib  
Antoinette (Toni) Harris  
Roselyn Joelson  
Rosalind Joseph  
Michele Kaye  
Sue Kessler  
John Kettle  
Alfred Koslover  
Erni Irene Lanci  
Rosalind Lee  
Josephine Levene  
Robert Leveson  
Jeanette Levett  
Freda Marcus

John Marks  
Herbert (Herbie) Marx  
Evelyn Mirelman  
Stanley Mitchell  
Sarah Montague  
Giselle Morley  
Rita Noar  
Penelope Susan Pack  
Jenny Plato  
Harold Platt  
Anthony Polak  
Stephen Pollack  
Sylvia Pollard  
Cyril Pulver  
Sydney Reece  
Martin Rendlick  
Callum Roche  
Daphne Rose  
Ronald Rosen  
Melvin Ross  
Minnie Russell-Harris  
Benjamin Sacks  
Monty Samuel  
Sir Sydney Samuelson  
Sophie Sharland  
Esther Shoffman  
Natalie Simons  
Sylvia Simons  
Sybil Sinclair  
Helen Smith  
Saul Spitz  
Sonia Stankler  
Alec Sterling  
Molly Sweet  
Frances Waldek  
Betty Waldman  
Ronald Warshaw  
Derek Williams  
Doreen Wrightman  
Sara Zeitouni

What a Summer! From family camping to Summer Stay & Play we have had lots of fun. It has also been lovely to see some of our older little ones transitioning into the youth centre and attending their first Kaytana Summer Scheme.

In June we welcomed Carrie Grant MBE, Autism, ADHD, invisible disability and inclusion campaigner and Lisa Coffman,



Treasurer and Co-Ordinator of the Barnet Carer Forum to our Let's Talk Autism & ADHD event. The audience heard about the speakers' lived experiences and extensive knowledge about all things ASD and ADHD and were able to ask questions. *'Last night was pitched perfectly for those starting out on their journey and for those like me who are well on the road but who need to be reminded that we aren't alone'*. Further events are planned, including setting up a support group and if you are interested, please contact me.

We have been busy preparing for the High Holy Days and are so looking forward to welcoming many young families to our creative services and schmoozes. Please go to [www.ehrs.uk/hhd](http://www.ehrs.uk/hhd) for all the services we have on offer. Please also go to **pages 18 & 19** of this edition of LeDor VaDor for our Young Families Sukkot and Simchat Torah services and activities.

Please enjoy some pictures of our camping weekend. We had such a fun experience in all the weather variations, and it was truly special to experience

Shabbat outdoors as a community. Wellington Country Park was beautiful with so much to do, and we look forward to planning next year's trip!

### Shabbat Stay & Play

**Friday mornings 10:30 -11:45 (Term time)**  
Our baby and toddler group with toys, crafts and song session and Kiddush with our Rabbis. The perfect way to meet other parents, enjoy a hot drink and a catch up. Please book on our website in advance. You can collect CRP points for attending.

### Sing & Sensory

**Tuesday mornings, 11:00-11:45 (Term time)**  
A music & sensory class for babies - 1-year olds, with a different theme each week, followed by chill out time in our state of the art Senitt Sensory Room. Booking required.

### Kuddle Up Shabbat

**16:15-16:45**  
Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.  
**Friday 29 September, 15:45-18:30 - Pre Sukkot Tea Party & Sukkah decorating including Kuddle Up Sukkot**  
**Friday 20 October, 16:15-16:45 - Kuddle Up Shabbat**



### Shabbat Club & Birthday Blessings

**Saturdays 23 & 30 September & 28 October, 11:15-12:15**

For Primary School aged children and their younger siblings are welcome. Parasha and Shabbat themed activities, stories and songs in a relaxed atmosphere. Finishing in time to join the community for Kiddush around 12.15. We are delighted to invite all children who have a birthday in that month to join us for birthday blessing from the Rabbis in the main service. Families will be sent personal invites; but do let us know if your child has a birthday coming up to make sure we have you on our list. Kiddush will include a birthday cake treat! On 23 September we celebrate Shabbat Shuvah where our activities, stories and songs will be on the theme of the High Holy Days in our regular relaxed atmosphere, with birthday blessings for August or September, and 30 September will be a Sukkot Special.

### Shabbat Shirah

**Saturdays 16 September & 14 October, 11:15-12:15**

This is EHRs's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages. A Torah reading and chance for everyone to participate in making music.

**Sarah Koster, Young Families Lead**  
[youngfamilies@ehrs.uk](mailto:youngfamilies@ehrs.uk)  
020 8238 1025



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# Have your Simcha at EHRS

We have two halls available for hire at EHRS, the perfect place to have your celebration.

The modern, light and airy Function Hall gives plenty of space to seat 160 guests and leave room for dancing the night away!

A room extension is available to accommodate up to 250 guests.




We also have a lovely spacious hall on the first floor of our Community Centre building. This hall is perfect for parties and events, and offers capacity for 180 guests.



For further information and to book one of our spaces, please call 020 8238 1011 or email [banqueting@ehrs.uk](mailto:banqueting@ehrs.uk)

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