

LEDOR & VADOR

FROM GENERATION TO GENERATION

SHAVUOT

Enjoy a Shavuot Cookalong,
Shavuot Services,
and our Tikkun Ley'l *Page 4*

TOGETHERNESS

Rabbi Tanya reflects on her first
5 months at EHRS *Page 11*

CORONATION SHABBAT

Please join us for our Shabbat
Service, a Coronation Kiddush,
Bring and Share Lunch, and enjoy a
Livestream of the Coronation
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STONEGROVE LIFE

Previously known as 'All Things
Jewish', our new committee
supports the Together Groups,
Stonegrove Serenade, and other
adult learning opportunities
Pages 8 and 9

RABBI LEIGH MEMORIAL LECTURE

EHRS & Yitzchak Rabin B'nai Brith
Lodge present this year's lecture,
with our guest speaker Martin
Aaron BEM *Page 13*



Edgware & Hendon
Reform Synagogue

ק"ק לדור ודור

CONTACT US

The normal office operating hours are Monday to Thursday 9:30-17:00, Friday 9:30-15:30, and Sundays 10:00-12:30. You are welcome to call or visit during these times. The office is not staffed on Shabbat and festivals. If you wish to see a specific member of staff, please call in advance to ensure that they are available. The telephone is operated during the normal office hours, 020 8238 1000. You can email to admin@ehrs.uk. Emails and messages will be checked during the normal operating hours.

If you need to advise of a death or arrange a funeral, outside of the normal hours, please call the JJBS directly on 020 8989 5252

Please try to make any payments via the synagogue website at www.ehrs.uk/ **payment**, via bank transfers or otherwise please phone to pay with a credit or debit cards. Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

BEREAVEMENT

During office hours: in all cases of bereavement please contact June Lewis, the Rabbis' Personal Assistant.

Out of office hours: in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen

to their full message.
JJBS email info@jewishfunerals.org.uk

THE RABBIS

Our EHRS Rabbinic Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on 020 8238 1002 or june.lewis@ehrs.uk You can contact them directly:
Rabbi Mark Goldsmith (Senior Rabbi) **020 8238 1020**, rabbi.mark@ehrs.uk
Rabbi Debbie Young-Somers **020 8238 1019**, rabbi.debbie@ehrs.uk
Rabbi Tanya Sakhnovich **020 8238 1018**, rabbi.tanya@ehrs.uk
Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Rabbinic Team.

SOCIAL AND PERSONAL

Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email communications@ehrs.uk

BIRTHS

Isaac Barnaby Rafa, a son for Chantelle & Lukas Bain, a brother for Nora Josephine, a great grandson for June Gilbert.
Lior, a daughter for Ben Winton Fromson & Dr. Renate Fromson, a granddaughter for Adam & Susan Winton and Bernard & Sarah Fromson, a great granddaughter for Stuart & Roslyn Winton.
Harry and Oliver, sons for Lisa and Mark Pollack, grandsons for Stephen and Jacqueline Garfinkel.
Alfie Gene, a son for Josh and Alexis Lester, a grandson for Kevin Goldfarb.

BAR/BAT MITZVAH

1 May - Roxanne Clapper, daughter of Caroline and Michael.
13 May - Hayden Jones, son of Georgina and Henry.
17 June - Zack Magnus, son of Joanna and Richard.

AUFRUFS

20 May - Alexander Jacobs and Lydia Aaronson.

BIRTHDAYS

Mazel Tov to:
Anthony Morris on his 80th birthday.
Warren Boyne on his 50th birthday.

ANNIVERSARIES

Mazel Tov to:
Sylvia and Jonathan Kramer on their Diamond Wedding Anniversary.
Cynthia and Cyril Collins on their Diamond Wedding Anniversary.
Laura and Clive Woolfe on their Golden Wedding Anniversary.

CONDOLENCES

To Stella Glantz on the loss of her

husband, Ronald Glantz.
To Sylvia Warshaw on the loss of her husband, Ronald Warshaw.
To Jacqueline Platt on the loss of her husband, Harold Platt.
To Margot Haas on the loss of her husband, Frederic Haas.
To Jacqueline Gerard on the loss of her husband, and Bradley Gerard on the loss of his father, Michael Gerard.
To Terry Geller on the loss of her husband, Clive Geller.
To Martin Kaye on the loss of his wife, to Ingrid Winthrop on the loss of her daughter, and Jason Winthrop on the loss of his sister, Michele Kaye.
To Michael Angel on the loss of his wife, and Nicola Goldsmith on the loss of her mother, Shelia Angel.
To Alan Simons on the loss of his wife, Sylvia Simons.
To Lyn Alwyn on the loss of her partner, Sidney Grant
To Linda Bresler on the loss of her father, Melvin Ross.
To Martin Lazarus on the loss of his stepfather, Anthony Brandon Bravo.
To Audrey Zarach on the loss of her mother, Erni Irene Lanci.
To Carol Woolf on the loss of her mother, Doreen Wrightman.
To Diana Rubin on the loss of her mother, Angela Curtis.
To Frances Petchey on the loss of her mother, and John Perloff and Victoria Perloff-Harris on the loss of their grandmother, Sonia Stankler.
To Ian Godfrey on the loss of his father, Bernard Godfrey.
To Martin Williams on the loss of his father, Derek Williams.

To Michael Kushner on the loss of his sister, Judith Anders.
To Amanda Blair on the loss of her brother, Paul Caplan.
To Melanie Stimmler on the loss of her aunt, Dorothy Eden.
To Freda Polak on the loss of her son, Anthony Polak.
To the family of Rhona Cavaye.
To the family of Diane Beck.
To the family of Aubrey Goldsmith.
To the family of Daphne Rose.

TOMBSTONE CONSECRATIONS

7 May at Edgwarebury Cemetery – 13:30 in memory of Shirley Gibbons.
14 May at Cheshunt Cemetery – 11:15 in memory of Betty Marks.
at Southgate Cemetery – 14:00 in memory of Brenda Spindle.
at Edgwarebury Cemetery – 14:30 in memory of Gerald Raeburn.
28 May at Edgwarebury Cemetery – 10:00 in memory of Steven Greenblatt.
11 June at Edgwarebury Cemetery – 10:00 in memory of Minnie Russell-Harris.
12:30 in memory of Ronald Rosen.
at Cheshunt Cemetery – 14:00 in memory of Martin Rendlick.
16:00 in memory of Andrew Laurie.

NEW MEMBERS:

A warm welcome is extended to the following new members of our community:
Zoe Walker.
Paul, Joanne, Samuel, Annie and Abel Mitchell.
Natalie, Jamie and Joshua De Rose.
Lucy, Oliver and Gabriella Marini.
Samuel Burns.
Elena Amihali.
Lawrence Eldridge.

SERVICES



For Service Zoom details please see forthcoming Our Week Ahead emails, or email admin@ehrs.uk

Erev Shabbat Service

Every Friday Evening, 18:30-19:20

Our Erev Shabbat Service takes place every Friday Evening. Led by our Rabbis in person at our Synagogue and through the EHRS Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world.

Kuddle Up Coronation

Friday 5 May, 16:15-16:45

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities with a Coronation twist!

Kuddle Up Shabbat

Friday 16 June, 16:15-16:45

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

Shabbat Morning Service

10:30-12:30

Our Shabbat Morning Service is held in the EHRS Beit Tefillah (sanctuary). The service is also available on the EHRS Livestream Classic Channel.

Early Risers Service –

Saturdays 13 May & 10 June, 9:30-11:00

This especially friendly service will be mostly in Hebrew, use nusach (traditional modes of chant for the prayers), include the Torah reading and Musaf (which is the repetition

of the Amidah special to Shabbat) and other features to create a participative experience, ending with a hospitable Kiddush. Led by members of congregation and Shaliach Tzibbur, Jeremy Harrod. Hosted by our Rabbis.

Shabbat Shirah

Saturdays 13 May & 10 June, 11:15-12:15

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages, a Torah reading and the chance for everyone to participate in making the music. Led by our Rabbis. If you play an instrument and would like to be part of the band let Rabbi Mark know at rabi.mark@ehrs.uk so he can invite you in.

HaKol B'Seder

Saturday 20 May, 10:30-12:15

Join Rabbi Tanya and Cantor Dmitry Karpenko from Moscow for a special service which includes new music from the Reform and Conservative Jewish world, an interpretative Torah reading and plenty of participation. The service uses our regular Reform Judaism Siddur. You can join us in person at EHRS or on Zoom.

Shabbat Club and Birthday Blessings

Saturdays 27 May & 24 June, 11:15-12:15

Our Shabbat experience for up to 11 year olds to enjoy parasha and Shabbat themed activities, stories and songs. If it is your birthday this month then at the end of the service in the Beit Tefillah (main Synagogue) we would love to celebrate with you with a birthday blessing just before Kiddush at 12:30.

Shabbat for the Summertime Soul

Saturday 3 June, 10:30-12:00

Join Rabbi Mark in person in the EHRS lounge or on Zoom for a service including meditations and poetry to help us to celebrate the summer season and this lovely time of the year blended into a Shabbat service.

Explanatory Shabbat Service

Saturday 17 June, 10:30-12:00

An explanatory service for those new to Judaism or wanting to deepen their knowledge and engagement with our prayers. All are welcome to come and learn and pray together. With Rabbi Jackie Tabick.

Shabbat B'Ya'ar – Shabbat in the Forest

Saturday 1 July, 10:30-11:45

Join Rabbi Mark for a very special

Shabbat morning service outside among the trees of Stanmore Common. We will meet at the Warren Lane Car Park near the junction with The Common at 10:30 for a special morning exploring our connection to the world around us and the prayers we say. Siddur provided but do bring a camping chair or something waterproof to sit on if it is looking wet!

Sunday Shacharit

09:30-10:00

Join our weekly Sunday Shacharit in the EHRS Beit Midrash.



Coronation Shabbat Saturday 6 May, 9:15

Please join our Indoor Street Party for Coronation Shabbat

Our regular Shabbat morning service will begin at 9:15, finishing in time to all join together to enjoy a live stream of the Coronation, a Coronation Kiddush, Bring and Share lunch, and all sorts of activities to keep our younger members occupied. Whether you remember the last Coronation or are excited to see your first, we are looking forward to celebrating both Shabbat and the Coronation together as a community. There will be a prize for the best Coronation Hat worn on the Day. God Save The King! If you will be joining us for lunch and the Coronation, please book at www.ehrs.uk/event/coronationshabbat so we know how many people to expect.



Wednesday 24 May

Shavuot 2023/5783

Shavuot Cookalong, 19:00

Join Jewish Domestic Goddess Denise Phillips for a live demonstration & cookalong.

Denise will be giving you the chance to improve your kitchen skills whilst offering some healthy & economic alternatives to anything you can get on "DeliverJew"!

The menu includes olive & cheese bread swirls & mini raspberry cheesecake, and some 'cheesy tips' for the best cheesecake. £10 per person and promises to be a delicious evening. To book go to www.ehrs.uk/event/phillips

Thursday 25 May

Erev Shavuot Service, 19:30-20:30

Join us for our Erev Shavuot Service in partnership with Mosaic, Kol Chai, Radlett Reform & Elstree Liberal synagogues, as we kick off a night of Jewish learning.

Tikkun Ley'l Shavuot, 20:30-00:15

'Mountains to Climb' - After our service we will enjoy dinner together, and embark on a variety of sessions from all our communities rabbis & wonderful lay educators. You can choose between talks, cookery, creative options and more exploring mountain top moments, revelation, and amazing historical figures! Refreshments will of course be available throughout the night.

Tikkun Ley'l Shavuot - Through The Night, 00:15-05:15

Join Rabbi Mark for the extraordinary early hours tradition of through the night Tikkun - music, Jewish study & discussion, art and more, ending with an outdoor Shacharit (Shavuot morning service & hearing the Ten Commandments) as the sun rises.

Friday 26 May

Shavuot Morning Service, 10:30

In the Beit Tefillah our service includes the reading of the Ten Commandments and all the ingredients of a regular Shavuot. Led by our Rabbis.

Shavuot Family Carnival, 11:00-12:30

Our Shavuot experience for families will give you the chance to climb our bouncy inflatable Mount Sinai slide, enjoy the Shavuot foods (ice-cream and cheesecake) and visit the stalls which will get you into the spirit of Shavuot. It's a carnival around Mount Sinai at EHRS!



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‘Let’s Talk Autism and ADHD’

Sunday 4 June, 19:00

Jack Murphy, EHRS Youth Development Lead will be hosting a panel to discuss autism and ADHD, with the Let’s Talk group. On this panel with Jack will be Sarah and Rob Koster, Lisa Coffman and Dr Carrie Grant MBE. We will look into different lived experiences of autism and ADHD. Starting with refreshments at 19:00, followed by the discussion at 19:30. It will be a great opportunity to learn about autism and ADHD, learn about what we provide as community and maybe start up new projects.

Scams – New digital ways of communicating have led to an increasing number of scams with more people being tricked by them. Scams are a way of cheating people out of their money and the criminals who operate them are referred to as scammers although they are basically fraudsters, swindlers and con artists. A scammer may try to approach you on your doorstep, by post, over the phone or online and they will often pretend to be someone they are not or will make misleading offers of services or investments. For those of you who have been affected, you will know that they can be very distressing and the impact is often emotional as well as financial. However, if you have been the victim of a scam, remember that you are not alone and there are ways to help avoid being taken in by a scam if you know what to look for. Age UK recently ran a ‘Scams Awareness’ bingo session at the EHRS monthly lunch club and have produced a guide which can help you spot the warning signs that someone might be trying to scam you. It explains the ways scammers might try to approach you, what you can do if you think you are being scammed and how to avoid being deceived by scams in the future. You can order any of their guides or factsheets by giving the **Age UK Advice Line a ring for free on 0800 169 65 65 (8am-7pm, 365 days a year)**. Also visit their **website www.ageuk.org.uk/scams** where you will find a lot of useful information. If you are worried that you may have been scammed please also contact Val or Marissa in confidence to discuss what has happened.

Don’t be embarrassed about what has happened, we are here to support you.

We have three bereavement social groups at EHRS as detailed below. If you would like to know more about them please either sign up under the Get Together tab on the EHRS website or email/call Community Care for more details.

Genesis – social group run by EHRS member Sue Casale for those in their 60s to early 70s which also provides bereavement support.

Phoenix – social group for those aged 70 plus, provides social activity and bereavement support.

Coffee and Chat – run by EHRS member Shirley Lever, open to all ages and meets every second and fourth Wednesday morning at EHRS.

Our popular **Monthly Lunch Club** continues to run on the second Tuesday monthly with our next dates on **9 May and 13 June**. Booking is essential by the end of the previous week and if you have not been before and would like to know more please call us.

The EHRS **Memory Way Café** provides support for people living with dementia and their family carers and is open to members and non-members. We meet on the third Wednesday afternoon monthly and our next cafes will be held on **17 May and 21 June**. If you are interested for your partner or a relative and would like more information or wish to discuss any concerns, please contact either Val or Marissa. We have a useful guide on tips for supporting carers from a member of another community; please let us know if you would like to receive a copy.

Val and Marissa provide support to members of all ages and their families. If you would like to speak to us in confidence please see our contact details below.

Val Joseph 020 8238 1013,
Marissa Rosenthal 020 8238 1015
community@ehrs.uk



Val Joseph

Eco Team

The EHRS Eco Team were very busy during March and April with several projects.

For Purim we came to Orot where Angela Lipman and Anthony Waterman ran a session on recycling, the threat to our planet posed by plastic and better alternatives to plastic products. The children enjoyed an activity devised by Julie Tucker trying to work out which objects should go in which recycling bin. However, it was pretty clear that the event they enjoyed the most was making and eating some delicious Vegan treats with Rabbi Tanya.

Throughout April we concentrated our efforts on making a sustainable, zero waste seder.

There was a collection basket for Chametz which was donated to a local food bank. Rabbi Debbie’s Cookalong featured recipes for using up Seder leftovers and the weekly Eco Tips offered a variety of suggestions for a more eco friendly Pesach.

In May, Rabbi Debbie and Peter Bradley are planning a foraging group event, and on 21 May we hope to persuade Laura Brody, a gardener in Kew Gardens, to talk to us about How to Grow your own produce.

ECO SYNAGOGUE



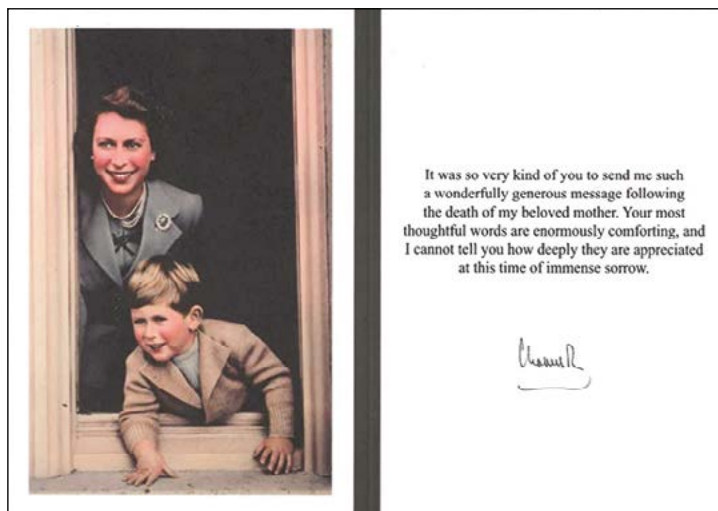
www.ecosynagogue.org

As I write this, I am thinking about how excited the children in Orot are going to be to see that they have received a thank you letter from King Charles after they wrote condolence letters to him when Queen Elizabeth died back in September. We finished the term with a fun Pesach activity morning making matzah and lots of other Pesach craft activities. We also said goodbye to two of our young teachers Isabelle McRae and Maddie Teper who have been with us since they were students in Orot and BBM, but now have left to study for their A levels for which we wish them b'hatzlacha.

The Youth and Education team had a great Pesach with lots happening; you will read what other things we have been up to since the last LDVD in Jack and Sarah's articles. Not least Pesach Play Scheme, which was totally sold out, the Chocolate Seder which was made all the more wonderful with the addition of the live Shabbat Shirah band.



We have so much planned for the coming months, look out for our special Coronation celebrations in May and of course not forgetting Shavuot later in May. There will be something for all the family at these events. One of the events leading up to Shavuot will be a cookery demo and hands on cooking event with professional chef Denise Phillips on Wednesday 24 May. Look for the details of how to book for this on the Stonegrove Life page in this magazine.



As you may have read in the OWA we have a new committee 'Stonegrove Life' (previously All Things Jewish) that we believe the name reflects better the offerings to our adult members. Under this new umbrella will be Stonegrove Serenade, the wonderful lunchtime concerts that are held here every third Tuesday, and the Together Groups, as well as all our other cultural and educational programmes.

Our BBM mentoring programme goes from strength to strength and to update you on what it means to the young people who are part of it, I want to share part of a poem written by Milly Bryk who is one of our original mentors and now along with Sam Abbey supervises the other mentors.

Mentors Poem

*We enjoy socialising whilst teaching and mentoring too,
Our team is growing with mentors new.
Last week for instance we had pizza and chips,
And in future we hopefully will go on trips.
So Friday night is not dull any more,
Because we have a great friendship and a group we adore!*

(And we adore them too, they are wonderful group of young people dedicating their time on Friday evenings to support our BBM students!)

Marian Cohen, Director of Education
education@ehrs.uk/020 8238 1014

YOUNG FAMILIES

Purim celebrations were a huge highlight for our young families. Our Purim Party with Captain Calamity was incredible! The kids loved the silliness of his entertainment and were entranced by the bubbles show. This was followed by a parade of all the fabulous costumes, hamantaschen and everyone received mishloach manot, lovingly made by children at Orot. Our baby sensory class were just the cutest in their adorable Purim outfits! They enjoyed a Purim themed class and the parents were treated to Hamantaschen.



CRP (Certificate of Religious Practice) collection for Jewish school applications for next academic year has begun. We held a successful information evening for parents to find out everything they need to know about this process. Families can collect points with EHRS by attending Stay & Play and Shabbat services. It can be an overwhelming process if you are new to it, so please do get in touch with me for support.

We are delighted to announce that our Family Camping weekend is sold out. We will be joined by 14 families at Wellington Country Park in July, for a unique outdoors Shabbat experience.

Shabbat Stay & Play

Friday mornings 10:30 -11:45 (Term time)

Our baby and toddler group with toys, crafts and song session and Kiddush with our Rabbis. The perfect way to meet other parents, enjoy a hot drink and a catch up. Please book on our website in advance. You can collect CRP points for attending.

Sing & Sensory

Tuesday mornings, 11:00-11:45 (Term time)

A music & sensory class for babies - 1-year olds, with a different theme each week, followed by chill out time in our brand new state of the art sensory room! Booking required.

Kuddle Up Shabbat

Friday 5 May (Kuddle Up Coronation) & Friday 16 June, 16:15-16:45



Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

Shabbat Club & Birthday Blessings

On the last Shabbat of the month -

Saturdays 27 May & 24 June, 11:15-12:15

For Primary School aged children and their younger siblings are welcome. Parasha and Shabbat themed activities, stories and songs in a relaxed atmosphere. Finishing in time to join the community for Kiddush around 12.15. We are delighted to invite all children who have a birthday in that month to join us for birthday blessing from the Rabbis in the main service. Families will be sent personal invites; but do let us know if your child has a birthday coming up to make sure we have you on our list. Kiddush will include a birthday cake treat!

Shabbat Shirah

On the second Shabbat of the month -

Saturdays 13 May & 10 June, 11:15-12:15

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages. A Torah reading and chance for everyone to participate in making music.

Sarah Koster, Young Families Lead
youngfamilies@ehrs.uk 020 8238 1025

For more information on Stonegrove Life events and activities, please visit the website www.ehrs.uk/stonegrovelife
Where Zoom participation is required see Our Week Ahead, or email stonegrove.life@ehrs.uk

STONEGROVE LIFE

education | events | entertainment

Previously known as 'All Things Jewish', our new Stonegrove Life committee supports the Together Groups, Stonegrove Serenade, and other adult learning opportunities. An energetic team of Rabbis, staff and volunteers, this committee is at the heart of the community. There really is something for everybody with Stonegrove Life, and if you are interested in helping us, we meet once a month during the daytime. If that doesn't work for you, we'd welcome members who want to help on an ad hoc basis at the events themselves. If you are interested, please phone the Synagogue and ask for Debbie Drapkin or email debbie.drapkin@ehrs.uk

First Shabbat Shiur, 9:15-10:15

Our First Shabbat Shiurim are on all kinds of areas of Jewish life. You can join us in person at EHRs or at home using Zoom.

Saturday 3 June - Judah HaLevi - His Heart was in The East One of the greatest Hebrew poets whose poetry is part of our services, especially on the High Holydays, and includes some wonderful love poetry. He was born in Spain in 1075 and died in Israel in 1141. In between, his works of poetry and philosophy had a huge influence on Judaism and were some of the earliest texts inspiring spiritual Zionism. Join Rabbi Mark for an hour of culture and thought.

Rosh Chodesh, 20:00

To register to stay updated on our monthly meetings please do so at www.ehrs.uk/togethergroups.

A New Series - Sun and Moon - Both Give Light. For this year of months, we will be inviting guests who might typically be seen to have opposing view points, and exploring how they hold space together despite their differences.

Thursday 25 May - Our regular Rosh Chodesh evening in May falls on Thursday 25th, when you are all warmly invited to join us not only for a Rosh Chodesh session but a whole night of learning for Shavuot Tikkun Leyl - come for as much or as little as you fancy!

Thursday 22 June - Tammuz: Babylonian influence in Judaism. We know that Judaism has influenced at least two major modern religions such as Christianity and Islam. To what extent ancient Judaism was influenced by the Babylonian culture and beliefs? We will also talk about special times in our lives when it feels like we are in a vast desert during hot summer. How do we cross the deserts of our lives? Join Rabbi Tanya and Gwen Morgan (a member of Yelala's circle and minyan) for a conversation, discussion and a celebration of Rosh Chodesh Tammuz in a creative way.

Bite of Torah for everyone interested in Torah, 9:15-10:15

Learn Torah with our Rabbis at home using Zoom or in person. These sessions are full of new insights which bring Torah and Tanakh (The Hebrew Bible) to life.

Saturday 20 May - Bemidbar. Join Rabbi Debbie as we begin the book of Bemidbar/Numbers, and consider what our desert dwelling ancestors can teach us about community building.

Saturday 17 June - Korach. Join Rabbi Mark to study the Torah portion of Korach where a rebellion is staged against Moses' leadership, and especially the Haftarah portion that goes with it where the Prophet Samuel tells the Israelites why they don't want to be led by a King (spoiler alert: they don't listen!).

Talmud Class Sundays 14 May, 4 June & 25 June, 10:00-11:00

EHRs's stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today.

No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism.

This class is conducted online through Zoom as discussion and argument is what it is all about!

Please email rabbi.mark@ehrs.uk to get the Zoom details and the Talmud texts we are studying.

Hot Topic - The State of Israel

Thursday 18 May, 19:30-21:00

Join Rabbi Mark and his guests live from Israel to make sense of the past six extraordinary months in Israel. What is going on that has so polarised the country and is it the shape of things to come? Can the peace process between Israel and the Palestinians be worthy of the name?

A discussion for us all where we will hear many points of view and feel better informed when we leave!

Denise Phillips Cookalong

Wednesday 24 May, 19:00

Join Jewish Domestic Goddess Denise Phillips for a live demonstration & cookalong. Denise will be giving you the chance to improve your kitchen skills whilst offering some healthy and economic alternatives to anything you can get on "DeliverJew"! The menu includes olive & cheese bread swirls & mini raspberry cheesecake, and some 'cheesey tips' for the best cheesecake. £10 per person and promises to be a delicious evening.

To book go to www.ehrs.uk/event/phillips

Oud & Food Sunday 11 June, 11:00-14:00

When you hear the words "Jewish food" what do you think of? Gefilte Fish, Chicken Soup and Latkes?

What about Gondi, Ghormeh Sabzi and Tahdig?... Well, that is as well, in Mizrahi tradition! Come to our Mizrahi Market for food, music & fun to celebrate the culture and heritage of Mizrahi Jews, including many of our own members. It's an unmissable opportunity to learn about the history of Mizrahi Jews, and how to make some of the dishes that came out of countries like India & Africa. Don't worry if you have to Google some of the words, we've got you covered! All are welcome.

£5 per adult, £3 Concessions (18-36 & over 60s), Free for under 18s. Please book your place at www.ehrs.uk/event/oudandfood23

Whether it's reading, singing, dancing, foraging, cooking, rambling, learning or watching movies, we have many groups where you can join other members with common interests.

EHR'S Together Groups are all about making our congregation of over 3000 people a place where we know each other and are can find people who share their interests. It's a great way of making sure that more and more of our members find the people within the Synagogue that we would especially enjoy getting to know. Some groups are in person, whilst others are online.

Go to www.ehrs.uk/togethergroups for more information on our groups and how to book your place.

Coffee & Chat

Wednesdays, 10:30-12:00 fortnightly

Our tea & coffee mornings at EHR'S are for those on their own who would like to meet others in the same situation. All are welcome.

Foraging

Join Rabbi Debbie and our EHR'S expert Peter Bradley on a foraging trip. Look out for dates & details coming soon on the website.

Israeli Dancing

Mondays, 11:00-12:30 weekly

This class is for all adults. A warm welcome to all who want to join us for this energetic and fun morning.

Monthly Cookalongs

Our Cookalongs, sometimes held in person and sometimes held on Zoom, are led by Rabbi Debbie are open to all adults.

Wednesday 24 May, 19:00: Denise Phillips Cookalong - Join Denise Phillips at EHR'S for a for a live demonstration and cookalong. Denise will be giving you the chance to improve your kitchen skills whilst offering some healthy and economic alternatives to anything you can get on "DeliverJew"! On the menu will be Olive & Cheese bread swirls & mini raspberry cheese cake, and some 'cheesy tips' for the best cheese cake. £10 per person. To book go to www.ehrs.uk/event/phillips

Opera Appreciation

Thursdays 18 May & 8 June, 20:00-21:30

Do you like opera? If so then please join our opera appreciation group at EHR'S with other like-minded members. This group will meet at EHR'S in the early evenings to see classical opera on DVD which will be introduced and then discussed by the group.

Rabbi Kraft Memorial Book Club

This book club was set up in memory of our dearly missed Rabbi Neil Kraft z'l. This is a small, friendly group of EHR'S members of all ages who meet once a month on Zoom.

Tuesday 2 May, 19:30: 'The Prison Minyan' by Jonathan Stone ~ Tuesday 6 June, 19:30: 'The Herd' by Emily Edwards.

Rambling

There's only one thing that beats getting out into the fresh air and discovering new places – and that's doing it with other people. Rambling is a fantastic way to make new friends and learn about local lore, and you will have your love of great views, fresh air and a love of nature in common. Led by our member Phil Muller, our monthly walks will be approx 1 – 2 hours, moderately challenging, and super friendly. Open to all ages. **Our next date is Sunday 28 May, 10:30-12:30.** More details coming soon on the website.

Rummikub Group

Tuesdays, 14:00-16:00 fortnightly

If you love playing Rummikub then this group is for you. Donation £2 per person.

The Shaking Sixties

Thursday 18 May, 20:00-21:30

Join us as we listen to great singers and memorable groups from the 1960's. We look forward to welcoming you each month with videos and songs on very informal basis, where we will play many of your favourites! Hosted by Richard Hartman.

Singing Circle

Mondays, 14:00-15:00 weekly

The Singing Circle is an opportunity for anyone who doesn't have perfect pitch to sing a medley of EHR'S favourites and learn some new Hebrew songs based on short texts which will be transliterated. We can always throw in some English hits of yesteryear. And you don't have to read music. Join Lawrence Cohen, your song leader, for an hour of joyous harmonies!

Spanish Conversation Group

Tuesdays, 14:00-15:30 fortnightly

Hola, hablas español? Want to brush up your Spanish conversation in person? This group is for those who wish to improve their Spanish, with 2 leaders who facilitate the group and are there to help.

TV Addicts Club

In each series of The TV Addicts Club, we meet fortnightly on a Thursday evening, to enjoy brand new and old classics of TV & Film. Come along and meet people with the same enthusiasm, safe and comfortable, and relax in front of the box with delicious treats to enjoy whilst we watch. **Our theme for this Summer series, running from June to August, will be 'Oscar Winners'.** We will enjoy watching films that have won an Oscar for various categories including Best Actor, Best Picture, and Best Costume.

A synopsis of each film can be found in the calendar section of the EHR'S website.

15 June, 19:30-22:00: 'Green Book' winner of Best Picture in 2019 ~ 29 June, 19:30-22:00: 'Judy' winner of Best Actress in 2020

Calling all do-ers and give-it-a-go-ers.

Ready to try something new?

#SkillsForLife

Yes, we go camping, hiking, swimming, abseiling, cycling and canoeing. But we also get to hang out with our friends every week – having fun, playing games, working in a team and taking on new challenges.

Who
All young people aged 6 to 14 years old

When
Thursdays 5:45pm-6:45pm (ages 6-8)

Thursdays 6:45pm-8pm (ages 8-10½)

Tuesdays 7pm-8:30pm (ages 10½-14)

What
Outdoor adventures and skills for life

Where
Edgware & Hendon Reform Synagogue and the great outdoors

Contact
info@third.org.uk



BEAVERS

TIME FOR FUN

3RD EDGWARE BEAVERS - Fun, friendship and adventure for 6-8 year olds

Weekly meetings Thursdays (5:45pm-6:45pm) at Edgware & Hendon Reform Synagogue (and the great outdoors)

Email info@third.org.uk for more information

3rd Edgware Scout Group is sponsored by and affiliated to Edgware & Hendon Reform Synagogue



Now offering places for September 2023

Come and see our very special nursery and meet the team. We would be delighted to discuss with you how we can nurture, educate and care for your child in our very exciting and dynamic nursery.

For more information visit our website www.ehrs.uk/nagila-pre-school or email nagila@ehrs.uk.

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Edgware & Hendon Reform Synagogue
קייק לדור ודור



Pesach has come and gone. It was wonderful to celebrate it together with the community through all 7 days of the festival and I particularly enjoyed the joyful Exodus from slavery during our communal Seder. We are counting the days of the Omer now and looking forward to glorious Shavuot celebrations, hopefully with a plethora of cheesecakes to choose from, which we will share with 6 other communities!

I have only been with the EHRs community for five months but it feels to me like I have been with you for much longer (I would have liked to say forever but then decided it might sound a bit

too much!). It is because you all in so many ways, as individuals and groups, have been so welcoming and supportive of me since the beginning of my tenure with the community back in November. I also would like to say thank you to the Honorary Officers, the members of staff and last but definitely not least my wonderful rabbinic colleagues for all their support and encouragement.

I have really enjoyed getting to know so many of you through the many diverse activities and services we have at EHRs. I particularly enjoyed Shabbat Shirah, working with the Bar & Bat Mitzvah students, Tu B'Shevat Seder, Purim, Pesach celebrations, and Yom HaShoah commemorative service as well as working closely with our Eco-Team and EHRs Night Shelter team and its leader Lisa Bard.

One of my favourite experiences was leading Seder at Nagila and learning to say "Oy" at the end of the song "Dayeinu". I was impressed with the children's rendition of this song and their enthusiasm for "Oy" with the outstretched arm up in the air at the end of the song. Milissa Seiler, Nagila's manager, explained to me and the parents at the end of the Seder that it was a tradition introduced to the nursery

by Rabbi Neil Kraft z'l, and a lovely way of remembering him every Pesach.

It is difficult for me to mention everything I have enjoyed in my five months with the community because so many things took place and they were all good. I found learning, praying, singing and looking after the most vulnerable members of our community as well as the local community inspirational. We live in an ever changing world and in recent years many changes weren't for the better. It can make one feel quite insecure and frightened at times, so working together and making small differences, which lead first to small and then bigger changes, is a very positive experience. It gives me hope for a better future for all of us.

No one promised that our journey towards the Promised Land or a better future would be an easy one. However, learning from the history of our ancestors and the records of the Torah that being patient with each other and working together will bring us desired and positive outcomes. I wish you all a meaningful journey through the remaining days of the Omer and I am looking forward to seeing you at our exciting and delicious Shavuot celebrations at the end of May!

Rabbi Tanya Sakhnovich

Stonegrove Serenade



EHRs is delighted to present Stonegrove Serenade, a series of concerts at EHRs.

On every third Tuesday of the month, please join us for music featuring up and coming classical musicians.

Upcoming Concert dates:

Tuesday 16 May, 13:00: We welcome saxophone and accordion performers Mikeleiz-Zucchi Duo!

Tuesday 20 June, 13:00: On this date we will enjoy a piano concerto, more details coming soon.

Full details of performers and programmes can be found on the EHRs website, www.ehrs.uk/serenade

We invite you to enjoy a light lunch in our pop up cafe before the concert. 'Cafe 118' opens at 12:00. The café re-opens after the concert for drinks, cakes and a chat. Please note when booking if you will be using the café.



Audiences and musicians alike have praised Stonegrove Serenade's fantastic acoustics, intimate concert setting and warm welcome and attendees have been bowled over with the standard of talent the series has attracted. Café 118 has delighted customers with its fresh and tasty homemade food. Some of the comments we have received is that its 'an oasis of calm' and 'It doesn't matter if you're on your own, there is always someone friendly to sit with'.

Stonegrove Serenade and Café 118 are run by volunteers with support from EHRs and Simply Scrumptious Catering. We pay our talented musicians - high calibre students and graduates of The Royal College of Music - providing work for them, as well as an opportunity for audiences to enjoy a very reasonably priced meal, concert and company. We are grateful for everyone's donations on the door and some generous extra donations which enable us to continue to book musicians. All funds raised go into the provision of Stonegrove Serenade and Café 118 and not to other synagogue purposes.

To be added to our mailing list, please email stonegrove.serenade@ehrs.uk

All are welcome, please go to www.ehrs.uk/serenade to book. Admission free, suggested donation £5



EHRS GROUPS

NEW OPTIONS

For the active retired and semi-retired (60 plus)

Please email newoptions@ehrs.uk if you have any queries.

Schmoozing with the Rabbis –

A light hearted topical discussion, in an informal setting. In person at the Synagogue. Please join us on **Wednesday 10 May, 10:30-11:30** with Rabbi Mark and **Tuesday 20 June, 10:30-11:30** with Rabbi Tanya Sakhnovich.

Bridge - Our popular and friendly sessions take place every **Wednesday, 12:30-15:30**. Join us for an enjoyable and sociable afternoon. Only £4 including tea.

NOT THE WOMENS GUILD

Meetings begin at 14:00 in the Synagogue unless otherwise stated, and a warm welcome is extended to all. For further details and to book your place, please contact **Evie 020 8954 5393** ewoolstone@yahoo.com or **Sandra 020 8958 7140** sandra@harrisresidence.co.uk. We look forward to seeing you.

Monday 19 June

We are holding a post Coronation celebration to include a light hearted quiz and a chance to socialise. Come and join us, and bring your ideas for our future programme. We have been delighted to see some new faces at our past events and hope to see you all again.

Are you between 40 & 65?



Would you like to have a say about events & programming for your age groups?

Join us for a friendly chat and a hot drink on **Wednesday 17 May, 20:00** at EHRS

To find out more please email debbie.drapkin@ehrs.uk

Cornerstone

Tuesdays, 19:00-19:45 for Hebrew & 20:00-21:30 for Jewish Studies

Our Introduction to Judaism course. Our Cornerstone programme is open to any member of the community wanting to deepen their Jewish knowledge, or improve their Hebrew, as well as those exploring conversion and non-Jewish partners wanting to learn more about creating a Jewish home.

Join us for prayer-book Hebrew (in streams from beginners to intermediate) 19:00-19:45, and/or for Jewish Studies 20:00-21:30, Tuesday evenings during term time.

Contact rabbi.debbie@ehrs.uk for more details.



OTHER ACTIVITIES AT EHRS

JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

JACS takes place at EHRS on Thursdays, 13:30.

- 4 May:** Colin Oaks - London between the wars
- 11 May:** Gayathrie and Bill - Opera, Operetta, West End, Broadway and Popular songs
- 18 May:** Sandra Friedman - Memorable Melodies through the Decades
- 1 June:** Geoff Strum - Circle of Life. Songs from Musicals & Operas
- 8 June:** Ingrid Sellman - Willesden Jewish Cemetery
- 15 June:** Luke Akehurst - We Believe in Israel
- 22 June:** Pam Fox - Jewish Hotels in Bournemouth
- 29 June:** Denise Chennel - Once a teacher always a teacher

For more information please contact **Stuart Winton** on **020 8954 8350** or **Brian Ashton** **020 8958 4904**.



The League of Jewish Women is a national voluntary organisation and the Stanmore & Edgware Group is the largest in the country. We are now having our monthly meetings at EHRS. We are a local cross-communal group, and half are members of EHRS. We meet monthly, 14:00-16:00 in the Community Centre. We do voluntary work and also have speakers each month.

- 2 May:** Paula Kitching - Women in the Forces
- 6 June:** Lynne Bradley - Subject to be decided

For more information please contact **Andrea Fisher** on **020 8958 0424** or email andrealjw@hotmail.com.

ZUMBA GOLD

Thursdays 10:00-11:00

This class is perfect for the active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. £6 per session.

For more information please contact Laurel Ingram at dancinline@hotmail.com



EHRS & Yitzchak Rabin B'nai Brith Lodge present

The Rabbi Leigh Memorial Lecture 2023

Wednesday 10 May, 20:00

Every year EHRS jointly hosts a lecture together with the Yitzchak Rabin B'nai Brith Lodge on the Yartzheit of our former Rabbi from 1963-1993, Michael Leigh z'l.

This year with our guest speaker
Martin Aaron, BEM

Presenting a Critique on The 'Dignity of Difference' by Jonathan Sacks
How to Avoid The Clash of Civilisations

Starting with our traditional candle lighting ceremony and an introduction by Malcolm Factor. Chaired by Rabbi Mark Goldsmith.

Martin has been President of First Lodge of England, the founding B'nai Brith Lodge in Britain, for 7 years. The whole of his professional career since the 1950's, has been interspersed with his voluntary work in mental health and interfaith work in and beyond the Jewish Community. Through his professional and voluntary work he has received many awards and commendations. In August 1989 Martin co-founded Jami the Jewish Community's Mental Health Charity. He was Founder Chair for the charity's first thirteen years and remains Honorary Life President.



Please go to www.ehrs.uk/event/lecture2023 to book

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SOCIAL ACTION

Details of all our volunteering opportunities are on the EHRS website at www.ehrs.uk/socialaction

NIGHT SHELTER 2023 THANK YOU

The EHRS community came together to support people that needed the night shelter across Barnet. Thank you to the many volunteers, the synagogue staff in the office, security and caretaking teams as well as our Nagila nursery and rabbis. Between us we provided a warm welcome, company, 70 evening meals, a safe and warm place to sleep and breakfast in the morning. Volunteer drivers delivered our guests kitbags to the next venue containing their sleeping bags and pillows. This year we were grateful to the donor who provided a takeaway meal of pizza which our guests especially enjoyed as well as the home cooking from our volunteers. There isn't space to mention everyone who supported this important initiative but special thanks go to Kate Sharer, Marian Cohen, Melissa & Gabriella Simons, Yuval Attias, Rabbi Mark and Rabbi Tanya,



we could have not run the shelter so smoothly without you.

The team at charity Homeless Action in Barnet, who refer our guests to us via sister charity Together in Barnet, have been very successful in placing our guests in onward accommodation. The shelter ran from 6 March to 17 April 2023 and will run again in 2024. If you would like to help next year then please get in touch by email at nightshelter@ehrs.uk

Many thanks for your support, Lisa Bard

YOUTH CENTRE

In April we ran our 4 day Pesach Play Scheme and it was such a wonderful time. Some highlights include learning to bargain down the market streets of Jerusalem, becoming superstar DJ's with the grooveschool, an epic tug of war with the madrichim, and a super cool creative family service where we re-enacted the 10 plagues and tested our knowledge in our Passover quiz. This scheme sold out well in advance this year and it was great seeing so many new faces as well as loads of returning chanachim. We did lots of inspirational activities and everyone came away having learnt new things about themselves.

Our Football Club is up and running and wow, we have some amazing players. The quality of football they play is awe inspiring. Our players have come in with so much enthusiasm for the game and it's been contagious. The skills, the goals and the interplay between teams have just gone from strength to strength. Run by myself and Ben Weber, these sessions work on all facets of the beautiful game and we look to grow and develop well rounded players. This club is for those in school years 1 to 6 and train in the Community Centre every Wednesday 18:00-19:00.



Looking into June I will be hosting a panel to discuss autism and ADHD, with the Let's Talk group. On this panel with me will be Sarah and Rob Koster, Lisa Coffman and Dr Carrie Grant MBE. We will look into different lived experiences of autism and ADHD. This will take place on Sunday 4 June, starting with refreshments at 19:00, and the discussion starting at 19:30. It will be a great opportunity to learn about autism and ADHD, learn about what we provide as community and maybe start up new projects.

From 31 July-18 August we will hold our wonderful Kaytana Summer Scheme, already we are looking at doing some incredible trips, workshops and activities. We have Soul Jump joining us on 16 August to do song writing and their

very own unique musical performance. Bookings are open online at www.ehrs.uk/kaytana and don't hesitate to contact Jack or Ben if you have any queries. In September we are starting our Hadracha leadership course. This is for those in year 9 and above and will teach you all about leadership, working in teams, Jewish values, psychology and sociology. It can lead to paid opportunities to work at Orot, schemes and youth work. During the holidays you will have to chance to volunteer at schemes as well as a residential weekend to bond, have fun and learn from madrichim.

To sign up please contact Jack.

Jack Murphy, Head of Youth Development,
youth@ehrs.uk/020 8238 1024



KAYTANA 2023

Ages 4-7 & 8-11 (Reception to Year 6)

Week 1: Monday 31 July – Friday 4 August

Week 2: Monday 7 – Friday 11 August

Week 3: Monday 14 – Friday 18 August

Scheme Timings: 9:15-16:00

(early drop off from 8:30 and late pick up until 17:00 available)

Join us for sports,
drama, music, art,
getting creative,
cooking, games,
friendship
and fun!

Trip days on Tuesdays (4-7 year olds)
& Thursdays (8-11 year olds),
Workshop Wednesdays, Kaytana scheme
t-shirts for those attending trips,
Madrichim vs Chanichim -
Friday competitions & challenges!



Please go to
www.ehrs.uk/kaytana
for more details
and to book

****Early Bird prices available until Thursday 6 July****

You can book for full weeks or individual days
Sibling reduction available

Payment can be made via the website with a debit
or credit card. If you would like to pay by Childcare
Vouchers please email education@ehrs.uk before
booking. Please email youth@ehrs.uk if you have
any queries.

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YOUNG ADULTS

Beer and Shiur, 20:00.

On the 2nd Wednesday of every month our Young Adults are warmly invited to join us for learning, a drink, and a catch up! Sometimes in person, sometimes on Zoom, register for regular updates about what is coming up by emailing Rabbi Debbie, rabbi.debbie@ehrs.uk

When on Zoom, details are: Meeting ID: 839 2128 5866
Password: 978112

Wednesday 10 May, 20:00

What does it mean to walk to Omer with intention? Why do we traditionally count the days from Pesach to Shavuot and how can we make it more meaningful. Join Rabbi Debbie over Zoom.

Wednesday 14 June, 20:00-21:30

Gonzo Judaism - What if we turned Judaism upside down? During his Sabbatical Rabbi Mark read a fascinating book, 'Gonzo Judaism' by Rabbi Niles Elliot Goldstein, where he argues that most conventional Jewish institutions are out-of-touch and have relied too much on nostalgia, guilt, and fear. He challenges Jews to adopt the "gonzo" spirit, the rebellious risk-taking attitude, and to take creative, innovative steps to reshape and revitalize contemporary Judaism. Is he right that we need radical change for our future as a people?

Join Rabbi Mark at EHRS to argue it out over good beer and good food!

ADVERTISE WITH US !

Email: communications@ehrs.uk

If you would like to place a classified ad in the magazine, please contact us for a rate card of sizes and costs.



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Have your Simcha at EHRS

We have two halls available for hire at EHRS, the perfect place to have your celebration.



The modern, light and airy Function Hall gives plenty of space to seat 160 guests and leave room for dancing the night away! A room extension is available if required to accommodate up to 250 guests.

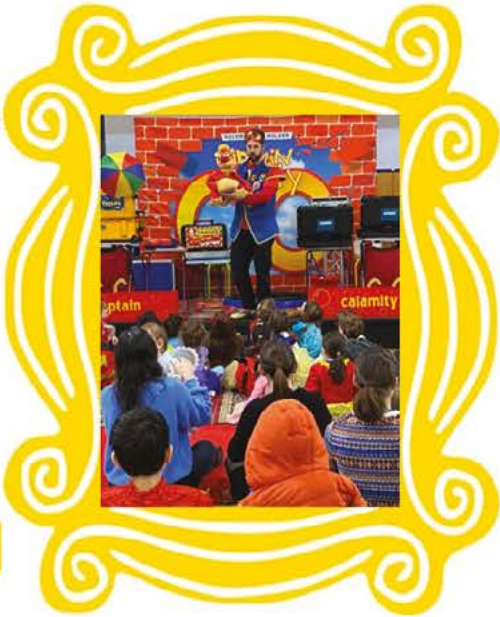


We also have a lovely spacious hall on the first floor of our Community Centre building, perfect for parties and events, this hall offers 180 capacity.



Discount given to EHRS members.

For further information and to book one of our spaces, please call 020 8238 1011 or email banqueting@ehrs.uk



Purim
at
EHR



2023

