

# LEDOR & VADOR

FROM GENERATION TO GENERATION

## ALL THINGS JEWISH

Come along to Desert Island Texts with Rabbi Tanya, Who Jew You Think You Are? with EHRs Chair Jeremy Harrod, and a Community Tu B'Shevat Seder *Page 8*

## PURIM 2023

Celebrate with Captain Calamity, a Purim Spiel, a Eurovision themed Purim celebration, our Megillah reading, and lots of hamantaschen of course! *Page 5*

## L'HITRAOT - SEE YOU SOON

Read a message from Rabbi Mark as he gives an insight as to what he will be up to whilst on Sabbatical *Page 12*

## YOUNG FAMILIES

Enjoy Stay & Play, Family Shabbat Services, and Sing & Sensory in our new sensory room *Page 10*

## TOGETHER GROUPS

Join us for book club, singing, dancing, cooking, music, movies and much more. There is something for everyone! *Page 6*

HOLOCAUST MEMORIAL DAY  
FRIDAY 27 JANUARY 2023



Edgware & Hendon  
Reform Synagogue

ק"ק לדור ודור

## CONTACT US

The normal office operating hours are Monday to Thursday 9:30-17:00, Friday 9:30-15:30, and Sundays 10:00-12:30. You are welcome to call or visit during these times. The office is not staffed on Shabbat and festivals. If you wish to see a specific member of staff, please call in advance to ensure that they are available. The telephone is operated during the normal office hours. You can email to [admin@ehrs.uk](mailto:admin@ehrs.uk). Emails and messages will be checked during the normal operating hours.

If you need to advise of a death or arrange a funeral, outside of the normal hours, please call the JJBS directly on 020 8989 5252

Please try to make any payments via the synagogue website at [www.ehrs.uk/](http://www.ehrs.uk/) **payment**, via bank transfers or otherwise please phone to pay with a credit or debit cards. Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

### BEREAVEMENT

**During office hours:** in all cases of bereavement please contact June Lewis, the Rabbis' Personal Assistant.

**Out of office hours:** in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message.

JJBS email [info@jewishfunerals.org.uk](mailto:info@jewishfunerals.org.uk)

### THE RABBIS

Our EHRS Rabbinic Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on 020 8238 1002 or [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk)

You can contact them directly:

Rabbi Mark Goldsmith (Senior Rabbi)  
**020 8238 1020**, [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk)  
(on Sabbatical until 1 April 2023)

Rabbi Debbie Young-Somers  
**020 8238 1019**, [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

Rabbi Tanya Sakhnovich  
**020 8238 1018**, [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk)

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Rabbinic Team.

## SOCIAL AND PERSONAL

**Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email [communications@ehrs.uk](mailto:communications@ehrs.uk)**

### BIRTHS

Max Arlo, a son for Gemma Cass and Ben Warshaw, a grandson for Rosalind and David Warshaw and Rachel and Stewart Cass.

Leo Weinberg, a son for Alexandra and David Weinberg, a grandson for Oraruth and Jeremy Rother.

Jacob Michael, a son for Danni and Sam Blumenblatt, a grandson for Steve and Martine Allen & Loraine and Adrian Blumenblatt, a great grandson for Astrid and Ronald Hyams & Ruth Allen, a nephew for Elliott Allen.

### BAR/BAT MITZVAH

**21 January** - Zachary Zeitouni-Lewis, son of Elinor and Paul.

**28 January** - Toby Castle, son of Naomi and Julian.

**11 February** - India Mizelas-Hall, daughter of Louise and Stephen.

### BIRTHDAYS

Mazel Tov to Malcolm Leaf on his 90th birthday.

Mazel Tov to Stanley Stollar on his 90th birthday.

Mazel Tov to Yvonne Cohen on her 80th birthday.

### ANNIVERSARIES

Mazel Tov to Roger and Bente Barton on their Golden Wedding Anniversary

Mazel Tov to Beverley and Lewis Green on their Ruby Wedding Anniversary.

### CONDOLENCES

To Lynda Pulver on the loss of her husband, Cyril Pulver.

To Gloria Samuel on the loss of her husband, and Lawrence Samuel and Corinne Jacobs on the loss of their father, Monty Samuel.

To Harvey Bard on the loss of his wife, and Robert Bard on the loss of his mother, Joan Bard.

To Rosalind Marx on the loss of her husband, Herbert (Herbie) Marx.

To Janet Mitchell on the loss of her husband, Stanley Mitchell.

To Eve Vergee on the loss of her mother, Frances Waldek.

To Sharon Franks on the loss of her mother, Molly Sweet.

To David Pack on the loss of his sister, Penelope Susan Pack.

To Valerie Levy on the loss of her sister, Josephine Levene.

To Valerie Bright, on the loss of her daughter-in-law, Shelley Bright.

To Clive Pollard and Gillian Harris on the loss of their mother, Sylvia Pollard

To the family of Giselle Morley.

### TOMBSTONE CONSECRATIONS

#### 8 January

13:00 at Edgwarebury Cemetery – in memory of Jonah Polak.

#### 5 March

10:15 at Edgwarebury Cemetery – in memory of Joachim Maier.

13:45 at Edgwarebury Cemetery – in memory of Jill Kandler.

### NEW MEMBERS:

A warm welcome is extended to the following new members of our community:

Stephen, Louise, India and Isla Mizelas-Hall.

Darren and Lilly Fields.

Daniel Weiner.

Emma Leyens.

Jade Leyens.

Lauren Dwyer.

Sophie Gottlieb.

Alexandra Salomon.

## SERVICES



For Service Zoom details please see forthcoming Our Week Ahead emails, or email [admin@ehrs.uk](mailto:admin@ehrs.uk)

To book for services with in person attendance, please go to the calendar section on the EHRS website, [www.ehrs.uk](http://www.ehrs.uk), and select the date and service you wish to attend. If you are not able to use the Synagogue website, then please call the EHRS office on 020 8238 1000.

### Erev Shabbat Service

**Every Friday Evening, 18:30-19:20**

Our Erev Shabbat Service takes place every Friday Evening. Led by our Rabbis in person at our Synagogue and through the EHRS Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world.

### Kuddle Up for Mental Wellbeing

**Friday 20 January, 16:15-16:45**

The usual songs and joyful start to Shabbat for our younger members, with a particular focus on wellbeing for Mental Health Shabbat. Especially for our youngest children and their parents and carers. You are welcome to arrive and play from 15:45

### Kuddle Up Shabbat

**Friday 10 February, 16:15-16:45**

Join our Rabbis and the Shabbat Dinosaur at EHRS for stories and songs to welcome Shabbat. Best for younger children. You can come from 15:45 for a play date at shul!

### Shabbat Morning Service 10:30-12:30

Our Shabbat Morning Service is held in the EHRS Beit Tefillah (sanctuary). The service is also available on the EHRS Livestream Classic Channel.

### Saturday 21 January, Mental Health Shabbat

Mental Health Shabbat takes place on 20/21 January. During the main service, we will be hearing an update from our EHRS Let's Talk Mental Health chair Michael Benjamin.

### Shabbat for the Soul - Mental Health

**Saturday 21 January, 11:00-12:00**

On Mental Health Shabbat, please join us and Rabbi Judith Levitt on Zoom, where we will focus on mental health and Judaism, and provide a safe space to support one another & have discussion.

### Friday Night Lights

**Friday 3 February, 20:00-20:45**

Join Rabbi Tanya on Erev Shabbat for a warm and friendly candle lighting and Shabbat songs, on Zoom or the EHRS Facebook page through Facebook Live.

### Early Risers Service – Saturdays

**January & 11 February, 9:30-11:00**

This especially friendly service will be mostly in Hebrew, use nusach (traditional modes of chant for the prayers), include the Torah reading and Musaf (which is the repetition of the Amidah special to Shabbat) and other features to create a participative experience, ending with a hospitable Kiddush.

Led by members of congregation and Shaliach Tzibbur, Jeremy Harrod. Hosted by our Rabbis.

### Shabbat Shirah – Saturdays 14 January & 11 February, 11:15-12:15

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages, a Torah reading and the chance for everyone to participate in making the music. Led by our Rabbis.

If you play an instrument and would like to be part of the band let Rabbi Tanya know at [rabi.tanya@ehrs.uk](mailto:rabi.tanya@ehrs.uk) so she can invite you in.

### HaKol B'Seder Service

**Saturday 4 February, 10:30-12:15**

Join Rabbi Tanya and a musical guest for a special service which includes new music from the Reform and Conservative Jewish world, an interpretative Torah reading and plenty of participation. The service uses our regular Reform Judaism Siddur. You can join us in person at EHRS or on Zoom.

Our regular guest, Student Rabbi Rachel Weston is about to present her final year thesis at HUC and we wish her the best for the event!

### Shabbat Club and Birthday Blessings

**Saturdays 28 January & 25 February, 11:15-12:15**

Our Shabbat experience for up to 11 year olds to enjoy parasha and Shabbat themed activities, stories and songs.

If it is your birthday this month then at the end of the service in the Beit Tefillah (main Synagogue) we would love to celebrate with you with a birthday blessing just before Kiddush at 12:30.

### Sunday Shacharit 09:30-10:00

Join our weekly Sunday Shacharit in the EHRS Beit Midrash.

## HOLOCAUST MEMORIAL DAY

**Sunday 29 January, 11:00**

We will be hosting a very special talk and performance by Israeli artist Hanna Yaffe on Lullabies from around the world emerging from times of war and trauma, with particular emphasis on the Holocaust. Her performance will be accompanied by a short service for Holocaust Memorial Day, and people of all faiths and none are warmly invited to join us for this National Commemoration.

*Says Hanna "I want to share songs that help unify us as human beings - to transcend the barriers between peoples. I'll also be touching on music and story as a pathway to Spiritual Resistance."*



## IS THE MIKVEH FOR EVERYBODY?

**Wednesdays 18 & 25 January, 1 & 8 February, 09:15-10:45**

With Rabbi Debbie Young-Somers A 4 week online course as part of the Leo Baeck College Lehrhaus- Mikveh All sessions will be recorded and available to participants for 7 days after the class. The price for this 4-week course is £60.

Over 4 weeks we will explore the biblical and rabbinic roots of Mikveh (ritual immersion) and the ways in which it functions as spiritual technology for all Jews in the 21st Century.

For more information on the course and to book your place, please go to [www.lbc.ac.uk/lehrhaus-jewish-studies](http://www.lbc.ac.uk/lehrhaus-jewish-studies)



**Mental Health Shabbat** takes place on 20/21 January and we are pleased to announce that we will be holding a one-hour online parallel service with Rabbi Judith Levitt, which will focus on mental health and Judaism and provide a safe space to support one another & have a discussion. During the main service, we will also be hearing an update from our EHRS Let's Talk Mental Health chair Michael Benjamin. Jami, the mental health service for the Jewish community, is currently running a one-year pilot scheme addressing the mental health needs of children and young people of secondary-school age, filling a vital gap between the growing numbers of young people struggling with their mental health and the lack of mental health services currently available to them. They plan to extend the service at the end of Spring 2023 when the pilot ends. Jami is also working with Qwell to provide adults with access to free, safe, online mental health and wellbeing support. Individuals can join immediately and anonymously through any smartphone, tablet or computer, to gain access to text based counselling which provides safe and confidential one-hour chat sessions with a fully qualified counsellor online via instant messaging. Online peer support provides moderated online forums offering advice and support from others with lived experience of mental health issues. Their self-help tools enable individuals to set and track their own goals to support their recovery or maintain their wellbeing. This new service also provides access to a confidential online journal and articles and content co-produced by other adults and experts by experience.

For further information on Jami services and support go to [www.jamiuk.org](http://www.jamiuk.org). Kooth also provides online support for children and youth at [www.kooth.com](http://www.kooth.com).

**Two Generations** is working closely with Harrow Council to assess and match host families with Ukrainian refugees. They currently have various individuals, as well as a couple with a 2 month old baby, who are desperate to get out of Ukraine and have no electricity or heating. They also have refugees already in the UK who require a host. Hosts must be living in the Borough of Harrow with a spare room they can offer an individual or perhaps this couple and are happy to share their facilities. They ask that hosts commit to a minimum of 6 months but shorter terms can be considered. The Homes for Ukraine scheme offers £350 per month thank-you payments to hosts, plus an additional £150 per month during the winter months to contribute towards energy bills. If you think you might be able to help, please contact: [lisa@twogenerations.co.uk](mailto:lisa@twogenerations.co.uk) or call 07568 059 621.

Our popular **Monthly Lunch Club** continues to run on the second Tuesday monthly with our next dates on 10 January and 14 February. As always booking is essential by the end of the previous week and if you have not been before and would like to know more please call us.



**Bereavement Support at EHRS**

Have you suffered the loss of a partner, relative or friend?  
Would you welcome the opportunity to talk to someone who will listen to how you are feeling?

EHRS offers reassurance, comfort and the chance to explore your emotions.

If you are recently bereaved and would like more information please contact the Community Care Department on 020 8238 1013 or email [communitycare@ehrs.uk](mailto:communitycare@ehrs.uk)

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity registered in England: 1042907



The EHRS **Memory Way Café** provides support for people living with dementia and their family carers and is open to members and non members. We meet on the third Wednesday afternoon monthly and our next cafes will be held on 18 January and 15 February. If you are interested for your partner or a relative and would like more information or wish to discuss any concerns, please contact either Val or Marissa. We have been sent a useful guide on tips for supporting carers from a member of another community, please let us know if you would like to receive a copy.



Val Joseph

Val and Marissa provide support to members of all ages and their families. If you would like to speak to us in confidence please see our contact details below.

**Val Joseph 020 8238 1013,**  
**Marissa Rosenthal 020 8238 1015**  
[community@ehrs.uk](mailto:community@ehrs.uk)

**STAY WARM THIS WINTER AT EHRS**

Here at EHRS we have a warm and inviting room should you wish to have a hot drink and keep out the cold during the winter months.

Our EHRS Lounge on the ground floor of the main building or the EHRS Community Coffee space in the lobby of the community centre is always warm and stocked with hot drinks to keep you warm.

As an EHRS member you are always welcome to use them.

**Cornerstone** Tuesdays, 19:00-19:45 & 20:00-21:30

Cornerstone, our introduction to Judaism course is open to everyone in the community, and those exploring conversion. Our Cornerstone programme is open to any member of the community wanting to deepen their Jewish knowledge, as well as those exploring conversion and non-Jewish partners wanting to learn more about creating a Jewish home. Join us for prayer-book Hebrew (in streams from beginners to intermediate) 19:00-19:45, and/or for Jewish Studies 20:00-21:30, Tuesday evenings during term time. Contact [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk) for more details.





# Purim & Party!

with

Sunday

5

March

11:00-12:30

SAVE  
THE  
DATE

## Captain Calamity

For all young families

## EHRIS does **EURO**vision for Purim!

Monday 6 March 2023

Come and join us for a Eurovision based Purim, the reading of the Megillah of Esther for Purim, followed by an EHRIS Purim Spiel and a chance to enjoy a lechayyim together! Our Megillah reading will be in person at EHRIS & viewable on the EHRIS Classic Channel.

Whether you are with us at EHRIS or at home, do come in costume (extra points for dressing as something connected to Eurovision!).

From 17:30 - Eurovision Party & Games, Karaoke, glitter and fun!

18:30 - Megillah reading and Ma'ariv

19:30 - World Premier of our EHRIS Purim Spiel

Afterparty with Eurovision karaoke, canapes and Eurovision cocktails and mocktails! (The Eurovision Party and Cocktails & Mocktails requires pre-booking so we know how many to cater for, please book at [www.ehrs.uk/event/europurim](http://www.ehrs.uk/event/europurim))

### Purim Spiel

If you or members of your family enjoy acting and would like to be part of our exciting Purim Spiel please get in touch with Rabbi Tanya, [tanya.sakhnovich@ehrs.uk](mailto:tanya.sakhnovich@ehrs.uk). The Purim Spiel will be performed on Monday 6 March in the evening at EHRIS. The rehearsals will take place through January and February.

### Cornerstone Purim Special - Tuesday 28 February, 20:00

The community is warmly invited to join our regular Cornerstone class on this date to learn all about the origins and customs of Purim. In the lounge at EHRIS or you can join us on Zoom - Meeting ID: 894 8495 4420 Password: 390803





Whether it's reading, singing, dancing, foraging, cooking, schmoozing, learning or even whisky tasting, we have many groups where you can join other members with common interests.

**EHRS Together Groups** are all about making our congregation of over 3000 people a place where we know each other and are can find people who share their interests. It's a great way of making sure that more and more of our members find the people within the Synagogue that we would especially enjoy getting to know. Some groups are in person, whilst others are online. Go to [www.ehrs.uk/togethergroups](http://www.ehrs.uk/togethergroups) for more information on what groups we have and how to book your place. A selection of these groups are listed below.

### HOLA, HABLAS ESPAÑOL

Starting **Tuesday 10 January, 14:00 - 15:30**

Do you speak a little Spanish? Want to brush up your Spanish conversation in person? We have a new EHRS Together Group for those who wish to improve their Spanish. This will be a daytime session at EHRS running fortnightly. Leader/facilitator also welcomed. Please register your interest on the Together Groups page of the EHRS website.

### CALLING ALL RUMMIKUB PLAYERS!

Do you love playing Rummikub? This new Together Group will likely take place weekly on Tuesday afternoons, 14:00-16:00 in 2023. If you are interested in joining this friendly group at EHRS, please register your interest on the Together Groups page of the EHRS website.

### SING-A-LONG-A-SERVICE

Our Friday evening service is mainly sung from beginning to end. As well as the core texts such as Shma, Amidah, and Aleinu, there are a host of other psalms and prayers that are singable by folk with no musical training. If you would like to familiarise yourself with these melodies and be part of a friendly group, then come along to our first session which begins on Tuesday 10 January, 14:00 at EHRS. It will run every week at the same time. If you read Hebrew that is fine, otherwise using the transliteration is perfectly acceptable. Led by Lawrence Cohen.

### MONTHLY COOKALONGS

For 2023 we will be focussing on the stories our food tells! Do you have a family recipe that has been passed on, or a dish that represents a part of your heritage? Please contact Rabbi Debbie if you'd be willing to share your dish with our cookalong group either in person or on Zoom this year.



**Wednesday 25 January, 20:00 - A Tu B'Shevat**

**Apple Feast:** From Apple cake to Iraqi Apple Jam (usually made for Rosh Hashanah), over Zoom, live from Rabbi Debbie's kitchen, we will bake a delicious Apple Cake, and make an apple and rosewater jam that Gary has been making for a decade to celebrate Rosh Hashanah.

**Wednesday 22 February, 20:00 - Welsh Cakes:** Join Anna Flash in the EHRS kitchen to make your very own Welsh Cakes, and hear about how they form a part of her heritage! Registration essential as space in the kitchen is limited.

Please go to [www.ehrs.uk/event/welshcakes](http://www.ehrs.uk/event/welshcakes) to book.

### RABBI KRAFT MEMORIAL BOOK CLUB

This book club was set up in memory of our dearly missed Rabbi Neil Kraft z'l. This is a small, friendly group of EHRS members of all ages who meet on the first Tuesday of each month. A full synopsis of each book can be found on the website.

**Tuesday 3 January, 19:30 on Zoom only.**

**We will discuss 'Final Demand' by Deborah Moggach**

**Tuesday 7 February, 19:30 on Zoom only.**

**We will discuss 'All My Mothers' by Joanna Glen.**

### THE SHAKING SIXTIES

**Thursdays 19 January & 16 February, 20:00-21:30**

If you lived through the 1960s or just love 60s music, then this group is for you! From Cliff Richard, Elvis Presley, Roy Orbison, Neil Sedaka, Marty Wilde, Billy Fury, The Beatles, The Rolling Stones, and The Supremes, to great singers such as Matt Monroe, Dusty Springfield, Tom Jones, Scott Walker, together with many other memorable groups and singers from that era. We look forward to welcoming you each month with videos and songs on a very informal basis, where we will play many of your favourites!

### TV ADDICTS CLUB

**Do you enjoy documentaries, TV shows, and films? Do you like films but not the cinema?** Our EHRS Together Group The TV Addicts Club, meets fortnightly on a Thursday evening, to enjoy brand new and old classics of TV and film. Come along and meet people with the same enthusiasm, safe and comfortable, and relax in front of the box with delicious treats to enjoy whilst we watch. Please go to [www.ehrs.uk/togethergroups](http://www.ehrs.uk/togethergroups) to register your interest to join this group.

**We kick off 2023 with our 'Based on a True Story' series of films. A full synopsis of each film can be found on the website.**

**12 January, 19:30-22:00: 'Operation Mincemeat'**

2021. Starring Colin Firth, Matthew Macfadyen, Kelly Macdonald

**26 January, 19:30-22:00: 'The Upside'**

2017. Starring Bryan Cranston, Kevin Hart, Nicole Kidman

**9 February, 19:30-22:00: 'The King's Speech'**

2010. Starring Colin Firth, Helena Bonham Carter, Geoffrey Rush

**23 February, 19:30-22:00: 'Saving Mr Banks'**

2013. Starring Emma Thompson, Tom Hanks, Colin Farrell

### WHISKY TASTING ON 29TH NOVEMBER

An extremely enjoyable and educational evening was had by all who brought their own choice of whisky for tasting. Surprisingly there were no duplicates! There were whiskies from Scotland, Ireland, Wales and Rabbi Mark had a very unusual whisky from South Africa. Great organisation by Laurence Stein who provided various cheeses, crackers, crisps and chocolates. Rabbi Mark researched the origins of each whisky on his laptop and displayed lots of fascinating facts on the big screen. Looking forward to our next get-together in 2023. Watch this space!





## COMMUNITY WEEKEND AWAY NORTHAMPTON, 19 - 22 MAY 2023

Following our previous successful weekends, we invite you to another informal and social 'Weekend Away' to **NORTHAMPTON** in May 2023. We will be travelling by coach from Edgware to Northampton.

### Accommodation

3 nights at the 4 star 'Park Inn by Radisson Hotel': twin, double & single rooms will be available.

### Cost

The price is £360 per person (plus £120 for single room supplement). This includes 3 nights' bed, breakfast and evening meal, Saturday lunch, outings & coach travel.

### Included in the weekend

a guided walking tour of Northampton, a visit to the Shoe Museum, a day coach trip to a Stately Home/Gardens (including a cream tea), a visit to Northampton Synagogue, and evening entertainment.

For more details and to reserve your place, please phone Jeffrey Fisher on 020 8958 0424 or email [newoptions@ehrs.uk](mailto:newoptions@ehrs.uk)

## EHRS GROUPS

### NEW OPTIONS

#### For the active retired and semi-retired (60 plus)

Please email [newoptions@ehrs.uk](mailto:newoptions@ehrs.uk) if you have any queries.

#### Schmoozing with the Rabbis –

A light hearted topical discussion, in an informal setting. In person at the Synagogue. Please join us on **Wednesday 11 January 10:30-11:30** with Rabbi Debbie, and **Tuesday 21 February 10:30-11:30** with Rabbi Tanya.

**Bridge** - Our popular and friendly sessions take place every **Wednesday, 12:30-15:30**. Join us for an enjoyable and sociable afternoon. Only £4 including tea. Returning **11 January 2023**.

### NOT THE WOMENS GUILD

Meetings begin at 14:00 in the Synagogue unless otherwise stated, and a warm welcome is extended to all. For further details and to book your place, please contact **Evie 020 8954 5393** [ewoolstone@yahoo.com](mailto:ewoolstone@yahoo.com) or **Sandra 020 8958 7140** [sandra@harrisresidence.co.uk](mailto:sandra@harrisresidence.co.uk). We look forward to seeing you.

#### Tuesday 31 January

We will be having lunch at the Blue Check restaurant in Bushey at 12:30. This is always a pleasurable and sociable event. If you would like to join us, please contact **Andrea on 020 8958 0424** [fishersthree@hotmail.com](mailto:fishersthree@hotmail.com) or **Evie 020 8954 5393** [ewoolstone@yahoo.com](mailto:ewoolstone@yahoo.com)

#### Thursday 2 March

We are going on a theatre outing to the Watford Palace theatre to see a matinee performance at 14:30 of the Merchant of Venice, starring Tracy-Ann Oberman. The tickets already purchased have been sold, but the theatre still has availability if you want to join us. We will arrange to travel together to this and to the lunch

## Calling all do-ers and give-it-a-go-ers.

Yes, we go camping, hiking, swimming, abseiling, cycling and canoeing. But we also get to hang out with our friends every week – having fun, playing games, working in a team and taking on new challenges.

### Who

All young people aged 6 to 14 years old

### When

Thursdays 5:45pm-6:45pm (ages 6-8)

Thursdays 6:45pm-8pm (ages 8-10½)

Tuesdays 7pm-8:30pm (ages 10½-14)

### What

Outdoor adventures and skills for life

### Where

Edgware & Hendon Reform Synagogue and the great outdoors

### Contact

[info@third.org.uk](mailto:info@third.org.uk)

#SkillsForLife



## OTHER ACTIVITIES AT EHRS

### JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

JACS takes place at EHRS on Thursdays, 13:30.

- 5 January:** Colin Oakes - Jewish London
- 12 January:** Geoff Bowden - Funny Girls. A look at some of Britain's Comedians from 1930s-1960s
- 19 January:** Marc Grandite - Top Ten Prime Ministers
- 26 January:** Jane Rosenberg - Another Jewish Journey
- 2 February:** Current Affairs - Stuart Winton
- 9 February:** Lawrence Cohen - Put a Single Circle
- 16 February:** Brian Nathan - Danny Kaye, A Special Man
- 23 February:** AGM - Please join us

For more information please contact **Stuart Winton** on 020 8954 8350 or **Brian Ashton** 020 8958 4904.

### ZUMBA GOLD

**Thursdays 10:00-11:00**

This class is perfect for the active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. £6 per session.

For more information please contact Laurel Ingram at [dancinline@hotmail.com](mailto:dancinline@hotmail.com)





**Rosh Chodesh, 20:00** Rabbi Debbie welcomes everyone who would like to learn at this monthly group.

To register to stay updated on our monthly meetings please do so at [www.ehrs.uk/togethergroups](http://www.ehrs.uk/togethergroups).

**A New Series - Sun and Moon - Both Give Light.** For this year of months, we will be inviting guests who might typically be seen to have opposing view points, and exploring how they hold space together despite their differences.

**Thursday 26 January - Rosh Chodesh Shevat:** Join Rabbi Tanya to explore Right's & Wrong's from Russian and Ukranian perspectives

**Thursday 23 February - Rosh Chodesh Adar:** Join our Director of Education Marian Cohen as we ask Are Jewish Day Schools good for the Jews?

**Thursday 23 March - Rosh Chodesh Nisan:** We are delighted to be able to reschedule this much requested discussion! Rabbi Debbie will be joined by her husband, Rabbi Gary Somers, who received Orthodox semichah in 2019 in the area of kashrut. How does a Reform Rabbi build a life with an Orthodox Rabbi?

Join us on Zoom and register via our Together Groups to receive updates, [www.ehrs.uk/togethergroups](http://www.ehrs.uk/togethergroups)

## First Shabbat Shiur, 9:15-10:15

Our First Shabbat Shiurim are on all kinds of areas of Jewish life. You can join us in person at EHRs or at home using Zoom.

**Saturday 7 January** - What were you doing for New Years? We have 4 new years in the Jewish tradition, so what does Judaism have to say not only about them but the secular New Year too? Join Rabbi Debbie with your party hats!

**Saturday 4 February** - We will study the Sugya about Rabbi Alisha ben Abayah or as he is referred to by his colleagues as the Talmud "Acher". We will learn how the Rabbis wrestled with the idea of how one can be a learned person (a Jewish scholar) on the one hand and an evil person on the other. Is this perhaps an impossible dichotomy according to the Rabbis? What do moral choices depend on? What is a moral society? With Rabbi Tanya.

**Saturday 4 March - Shabbat Zachor** - We must remember to forget! Rabbi Debbie will consider how we understand the challenge of forgetting Amalek while reading about him? And why do we do this just before Purim?

## Bite of Torah for everyone interested in Torah, 9:15-10:15

Learn Torah with our Rabbis at home using Zoom or in person. These sessions are full of new insights which bring Torah and Tanakh (The Hebrew Bible) to life.

**Saturday 21 January - Vaeira** - This mental Health Shabbat Rabbi Debbie will reflect on the 10 plagues which we begin reading about in this week's portion, and their connection to our individual mental health and that of our societies. Can Judaism be a source of support in the midst of the darkness?

**Saturday 18 February - Mishpatim** - In our session we will focus on the above chapters, which is known as the first part of the Book of the Covenant. We will look through the civil and criminal matters, treatment of male and female Hebrew indentured servants and capital punishments, compare some of the laws in Parashat Mishpatim to the laws in the Ancient Near-Eastern Law documents, and finish with the quiz! With Rabbi Tanya.

## The Pale of Settlement

**Mondays, 30 January, 6, 13, 20, 27 February, 19:30 on Zoom**

The Pale of Settlement is a very important part of our Jewish history. The Pale was the biggest Jewish Ghetto in the history of humanity, which existed for 126 years, made a profound impact on both Jewish and the world's history at the time. Many Jewish families around the world trace their roots back to the Pale. In the series of 5 talks we will learn about the history and the lessons from of the Pale. Please feel free to join any of the sessions! With Rabbi Tanya.

**Monday 30 January, 19:30** - In our first session we will briefly talk about the migration of the Jews from south-east and later on from Western Europe to the territories, which were later was known as the Grand Duchy of Lithuania. We will celebrate the achievements of Jewish Renaissance of the Grand Duchy of Lithuania and Polish-Lithuanian Commonwealth & the unprecedented magnitude of independence of Jewish communities within the Commonwealth. We will also begin a conversation about the rise of the autonomous communal structure of the Jewish community, and learn about the formation of the Pale and how it influenced the future of the Jewish community within its vast territory.

## Who Jew You Think You Are?

**Wednesday 11 January, 20:00**

Join us for the third in a series of special events where we explore the fascinating lives of special guests. This time, Synagogue Chair Jeremy Harrod, will be in conversation with Laurence Stein. Jeremy will be talking about his affection for Judaism and his hobbies and interests, as well his time at EDRS/EHRs. Book your place for a truly memorable evening. **Please go to [www.ehrs.uk/atj](http://www.ehrs.uk/atj) to book.** This will also be available on Zoom.



## Rabbi Tanya Sakhnovitch 'Desert Island Texts'

**Thursday 2 February, 20:00-21:30**

Rabbi Tanya shares with Laurence Stein the Jewish ideas and texts which inspire her as a Jew and a Rabbi. What would our new Rabbi want to ponder if marooned on a desert island? Join us in person at EHRs or on Zoom. **Please book at [www.ehrs.uk/event/tanyastexts](http://www.ehrs.uk/event/tanyastexts)**



## Tu B'Shevat Seder Sunday 5 February, 11:00-12:30

Join us for a very special EHRs Tu B'Shevat Seder where we will be celebrating our wonderful EHRs volunteers and the seeds they plant in their generous work. The seder will include a variety of fruits and juices, and a special seder service celebrating our trees, the environment, and the good that we do in the world. Please book as places are limited, **go to [www.ehrs.uk/event/tubshevat2023](http://www.ehrs.uk/event/tubshevat2023)**

**Talmud Class Sundays 15 January, 19 February & 19 March, 10:00-11:00**

EHRs's stimulating and friendly Talmud class is open to all levels of Jewish knowledge. During Rabbi Mark's Sabbatical, Rabbi Tanya will be teaching the class. Join the discussion of 2000 years ago and its remarkable relevance to issues today. No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism. This class is conducted online through Zoom as discussion and argument is what it is all about! Please email [rabbi.tanya@ehrs.uk](mailto:rabbi.tanya@ehrs.uk) to get the Zoom details and the Talmud texts we are studying.



We have some very exciting activities coming up in 2023. In January we have our 2 day Winter Scheme, where we will be going to see Jack and the Beanstalk at the theatre, and enjoy the ultimate gaming experience with PS5, XBOX Series S, Nintendo switch, VR and Head to Head Gaming.

Working with JAMI we are launching Mindfulness and Milkshakes on Monday 9 January. This is an opportunity for 11-14 year olds to learn techniques to de-stress from school and relax with one another. We will also provide Milkshakes Check it out on our website, [www.ehrs.uk/youthcentre](http://www.ehrs.uk/youthcentre)

We are looking forward to our February Half Term Scheme where the children can take part in great sport workshops with Streetwise, and we are running some unique arts and crafts activities with Lego.

Following this, we then look towards our 4 day Pesach Play Scheme where



we have some incredible Pesach related activities, as well as helping our community and keeping the environment clean.

You can check out our social media for updates for trips, schemes and adventures throughout the year. **Instagram @ehrs.youth\_education / Facebook @EHRS Education & Youth.**

**Jack Murphy,**  
**Head of Youth Development,**  
[youth@ehrs.uk](mailto:youth@ehrs.uk)/020 8238 1024



KAYATANA AND KADIMA  
PRESENTS...

# February Half Term Scheme

**Monday 13 - Friday 17  
February 2023**

**9:15-16:00**

Early Drop off and Late Pick Up  
available upon booking

Early bird rate until  
Thursday 12 January 2023

**Book at [www.ehrs.uk/youthcentre](http://www.ehrs.uk/youthcentre)**

Kaytana presents...

# Pesach Play Scheme 2023

**Monday 3 - Thursday 6 April**

For school years reception to year 6

Early Bird Prices available until Thursday 9 March

Food is provided on 5 & 6 April due to Pesach

Early drop off and late pick up available upon booking

Sibling Reduction also available

**To book please go to**

**[www.ehrs.uk/youthcentre](http://www.ehrs.uk/youthcentre)**



## YOUNG FAMILIES

Happy 2023 to all our families! We hope you had a great winter break and a wonderful time celebrating Chanukah.

January kicks the New Year off with the launch of a new exciting group for young families to add to an already full and exciting programme of services and activities.

Our brand new weekly music sensory baby class 'Sing &



Sensory' will take place on Tuesday mornings. We will be enjoying a mix of Jewish and traditional nursery songs with sensory exploration. Following with time our wonderful sensory room and time for parents/carers to chat! Please spread the word and book through the website. Places will be limited. Our children and

families are enjoying our incredible new sensory room since its completion in November. Stay & Play sessions are making use of time to use the room and Nagila nursery are scheduling daily sessions for their children to use the space. Please enjoy these photos of the room and let me know if you want a tour!

### Shabbat Stay & Play

**Friday mornings 10:30 -11:45 (Term time)**

Our baby and toddler group with toys, crafts and song session and Kiddush with our Rabbis. The perfect way to meet other parents, enjoy a hot drink and a catch up. Please book on our website in advance. You can collect CRP points for attending.

### Sing & Sensory

**Tuesday mornings, 11:00-11:45 (Term time)**

A music & sensory class for babies (non-walkers) followed by chill out time in our brand new state of the art sensory room! Booking required.



A music & sensory class for babies (non-walkers) followed by chill out time in our brand new state of the art sensory room!

**Sing & Sensory**

Tuesdays, 11:00-11:45 @EHRS

Visit our website to book  
[www.ehrs.uk/youngfamilies](http://www.ehrs.uk/youngfamilies)

\*New class\*

£3 per child for EHRS members  
£5 per child for non members

\*Discounts for Block booking\*

Edgware & Hendon Reform Synagogue  
קנין סיני הדרום



### Kuddle Up In Person

**Fridays 20 January and 10 February 16:15-16:45**

Our special interactive Shabbat service for Primary aged children and their siblings. Songs, stories and activities. You can collect CRP points from attending. Early arrival is optional from 15.45. Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the children and hot drinks available for the adults.

### Chumash Babies

**Saturday 7 January, 10:30-11:30**

A sensory Shabbat experience for babies and their families. Join us for a sensory session exploring the five senses, followed by a catered breakfast Kiddush.

### Shabbat Club & Birthday Blessings

**On the last Shabbat of the month,**

**Saturdays 28 January & 25 February, 11:15-12:15**

For Primary School aged children and their younger siblings are welcome. Parasha and Shabbat themed activities, stories and songs in a relaxed atmosphere. Finishing in time to join the community for Kiddush around 12.15. We are delighted to invite all children who have a birthday in that month to join us for birthday blessing from the Rabbis in the main service. Families will be sent personal invites; but do let us know if your child has a birthday coming up to make sure we have you on our list. Kiddush will include a birthday cake treat!

### Shabbat Shirah

**On the second Shabbat of the month - Saturdays 14 January & 11 February, 11:15-12:15**

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages. A Torah reading and chance for everyone to participate in making music.

**\*\*\* SAVE THE DATE \*\*\***

**Sunday 5 March, 11:00-12:30**

**PURIM Craziess with Captain Calamity!**

Fun for all the family. Keep your eye out on the website for booking information coming soon.

**Sarah Koster,  
Young Families Lead**

**[youngfamilies@ehrs.uk](mailto:youngfamilies@ehrs.uk) 020 8238 1025**



## EDUCATION

Orot have had a multi various term of activities and events that they have participated in. From HHD's, Sukkot and Simchat Torah activities, EHRS Fest, Mitzvah Day, to the Day of Learning where they had a parallel programme of learning and activities to the adults. All of these events were very special and hopefully gave the children in Orot a wider experience of Jewish life and a sense that they are part of a very warm and welcoming community.

We are looking forward to the next term and we hope that parents will feel that they would like to occasionally participate in and get to know a bit more about what is happening in Orot, what your children are doing on a Sunday morning. You are always very welcome to come visit us and see what we are learning and doing.

These are some of events that happen on Shabbat at EHRS, it would be lovely to see more Orot children occasionally come and join our Shabbat events.



### **Shabbat Club - Saturdays 28 January & 25 February, 11:15**

Parasha and Shabbat themed activities, stories and songs in a relaxed atmosphere. Finishing in time to join the community for Kiddush around 12.15.

### **Shabbat Shirah - Saturday 14 January & 11 February, 11:15**

This is EHRS's Shabbat morning experience for 0-100's with rhythm in their souls, featuring a live band, an energetic Shabbat service suitable for children of all ages. A Torah reading and chance for everyone to participate in making music. The atmosphere is fab, come try us out.

### **SAVE THE DATE FOR PURIM Sunday 5 March, 11:00-12:30**

Orot children will join this Purim Crazyness with Captain Calamity! but bring your other children. Fun for all the family. Keep your eye out on the website for booking information coming soon.

**BBM classes** finished their Torah term by presenting the Torah scroll that they created and our families had a shared dinner. Among all the great things that our BBM Mentors and Mentees do on Fridays, they are currently participating in a project with a group of children in Israel, sharing their experiences of bar/bat mitzvah. Each group have made a video about themselves and they have met on Zoom to start building their relationship. A group of our Post Bar/Bat Mitzvah Students are going to Cordoba in February to explore Jewish life in Spain and of course to have lots of fun.

**All Things Jewish** have had a busy term including an evening with Rabbi Danny and Chani Smith sharing their story of how they met and sharing photos of the life they have built together. We had a live performance of The Stove created by



EHRS member Emma Brand, which was lovely. We topped off the term with our Day of Learning which was very well received by all the participants. We are busy now planning more events that have come out of the feedback from that day, so do take a look at the ATJ page for the Pale of Settlement Course, more Mizrahi cooking and stories and much more that will be introduced over the year.

**Happy 2023** to all our community members. I hope to see many of you coming to our wonderful events and if there are things you would like to see us or our members putting on at EHRS. Perhaps an idea for a new Together Group, don't be shy, we love enthusiastic members!

**Marian Cohen**, Director of Education  
[education@ehrs.uk](mailto:education@ehrs.uk)/020 8238 1014





## THREE MONTHS TO REST, WRITE, TEACH AND CREATE



Some of the members of the MRJ Machzor Editorial Committee at EHRs working on the new High Holy Days prayer book. **L-R:** Rabbi Paul Freedman, Rabbi Naomi Goldman, Rabbi Sybil Sheridan, Rabbi Professor Jonathan Magonet, Rabbi Mark Goldsmith and Rabbi Colin Eimer.

Thank you EHRs! From 1 January I will be away for three months sabbatical leave from the Synagogue and leaving our rabbinic team work in the more than capable hands of Rabbi Debbie assisted by Rabbi Tanya.

I have now been Senior Rabbi at EHRs for three and a half years and this will be an opportunity for me to refresh myself ready for the years ahead. I will return to the Synagogue for the Shabbat morning service on Saturday 1 April, with a shiur and sermon that will help you to know what I have learned over that time.

The timing of this sabbatical is perfect for a particular project. This is to bring the new Movement for Reform Judaism Machzor, the High Holy Days prayer

book, which will replace Days of Awe from Rosh Hashanah 2024/5785, as close to completion as possible.

I am the Chair of the Editorial Committee for the Machzor

and my sabbatical will take place at the same time as that of the Machzor Joint Editor, Rabbi Paul Freedman. We will be working on filling the remaining gaps in the text, obtaining permissions to use copyright material, creating the glossary, organising the publication schedule and more. Its detailed work that is very tough to do during my regular working weeks on behalf of the Synagogue. Though I will do most of this work from home, three weeks of it will be done somewhere rather more exotic. I have been invited to be 'Rabbi in Residence' in Temple Israel in Cape Town, and Temple Emanuel in Johannesburg, at the end of January and beginning of February.

I will be teaching, preaching and helping make Tu B'Shevat special with plenty

of time for my Machzor work. In the middle of February, I will have the treat of co-leading our EHRs post Bar and Bat Mitzvah trip to Cordoba along with my colleagues Sarah Koster and Jack Murphy of the EHRs Education and Youth team. I know that Rabbi Debbie and Rabbi Tanya will look after us very well and ask you to support them as they take on the scope of our Synagogue's work. While I am away, three new people will begin their work at EHRs. Debbie Drapkin, will start in the new role of EHRs Membership Engagement Lead. Her mission is to work with our Rabbis and whole team to help our adult members to make the most of EHRs membership. Our two new Cantorial Soloists, Sara Feldmann Brummer and Nina Kanter will join our Rabbis and Shlichei Tzibbur on the Bimah enhancing the music of our Shabbat morning classic services. I wish them all and you an excellent, productive and fulfilling three months.

**Rabbi Mark Goldsmith**



If you are looking for childcare,  
Bookie's Babes nursery have full and part-time spaces  
from 2023

We take children from 6 months to 2 and half years+

We are open from 07:45-17:30 Monday to Thursday and Friday 07:45-14:00

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Our premises has expanded to accommodate a brand new sleep room and changing facilities, a baby room (from 3months - 18months) and a room for our toddlers (18months - 2 and a half years+). At Bookie's Babes we ensure the children have a home from home experience in a nurturing environment.

We are based on the EHRs site in the Community Centre.

To register your interest please visit [www.bookiesbabes.com](http://www.bookiesbabes.com)

For more information and details on our upcoming open days please visit our website or call us on 07551929790





## NAGILA

Nagila has had a busy few months. We started our new term in September and immediately began to learn about the High Holy Days. We introduced Rosh Hashanah by reading stories to the children during circle times, and enjoyed tasting apple dipped in honey. The older group learnt why we have a round challah on Rosh Hashanah, and created a fantastic story map based around a favourite Rosh Hashanah book. Rabbi Mark came to visit for a special Rosh Hashanah circle time. It was lovely listening to his stories and singing songs with him. He blew the shofar for us and all the children had a chance to try it (some more successfully than others!!)

Whilst the EHRS Sukkah was being built outside, we constructed our own Nagila Sukkah with the children busy making decorations to hang up. We also created 3 very large fruit decorations for the EHRS Sukkah based round the 3 senses of 'smell', 'taste' and 'feel'. The children helped to bake two delicious Challahs for our special Nagila Kabbalat Shabbat in the EHRS Sukkah. They had to knead the dough for a very long time, and leave it to prove overnight before repeating the process all over again the next day. Finally, the children filled the Challahs with fruit and glazed the top of them with egg before baking them in the oven. To bring the celebrations to a close, Rabbi Mark met us in the synagogue and showed us all the beautiful scrolls, including the very special one in memory of Rabbi Kraft z'l.



We also spent time this term teaching the children about the wider community in which they live. In order to link the fireworks they had seen in the sky for Diwali and those that many of them saw in their own gardens for Firework night we learnt a little about Diwali. We showed them rangoli patterns, and we put together a tuff tray with coloured rice for the children to create their own patterns. Then following a



comprehensive risk assessment, we toasted marshmallows using a small disposable BBQ in the playground. The children (and their teachers) thoroughly enjoyed their 'smores', and understood how important it was to stay seated far away from the heated coals. It was a very tasty treat! We also introduced the children to the idea of Tzedakah as we took part in Just ONE Tree Day and also contributed to the EHRS Mitzvah Day by creating a fantastic banner to decorate the hall. We also made some lovely cards for the residents of Rosetrees, a Jewish Care home in Friern Barnet and the parents donated 'care kits' for the homeless, which the children presented to a representative of Homeless in Barnet during the morning.

We have also just had fun! We explored jelly, shaving foam, paint and corn flour (yes, we still use it, even if Tesco want to stop selling it!!) with our hands. We role played in our inviting home corner and we read lots of books and sang lots of songs! As the Early Years Foundation Stage for 0-5 years states - **young children will be learning to use all their senses in hands-on exploration of materials, and that educator's should provide open-ended play materials.**

We still have a few places left for children from 2 years old for the academic year 2022/2023 and are now taking applications for September 2023, so if you would like more information, please contact Milissa at [nagila@ehrs.uk](mailto:nagila@ehrs.uk).

**Milissa Seiler, Head of Nagila**  
[nagila@ehrs.uk](mailto:nagila@ehrs.uk)/020 8238 1022



## Stonegrove Serenade



**EHRS is delighted to present Stonegrove Serenade, a series of concerts at EHRS.**

**On every third Tuesday of the month, please join us for music featuring up and coming classical musicians.**

**Upcoming Concert dates:**

**Tuesday 17 January and Tuesday 21 February, 13:00**

Full details will be on the EHRS website soon

**We invite you to enjoy a light lunch in our pop up cafe before the concert. 'Cafe 118' opens at 12:00. The café re-opens after the concert for drinks, cakes and a chat. Please note when booking if you will be using the café.**



Audiences and musicians alike have praised Stonegrove Serenade's fantastic acoustics, intimate concert setting and warm welcome and attendees have been bowled over with the standard of talent the series has attracted. Café 118 has delighted customers with its fresh and tasty homemade food. Some of the comments we have received is that its 'an oasis of calm' and 'it doesn't matter if you're on your own, there is always someone friendly to sit with'. Stonegrove Serenade and Café 118 are run by volunteers with support from EHRS and Simply Scrumptious Catering. We pay our talented musicians - high calibre students and graduates of The Royal College of Music - providing work for them, as well as an opportunity for audiences to enjoy a very reasonably priced meal, concert and company. We are grateful for everyone's donations on the door and some generous extra donations which enable us to continue to book musicians. All funds raised go into the provision of Stonegrove Serenade and Café 118 and not to other synagogue purposes.

**All are welcome, please go to [www.ehrs.uk/serenade](http://www.ehrs.uk/serenade) to book. Admission is free, suggested donation £5**





## SOCIAL ACTION

Details of all our volunteering opportunities are on the EHRS website at [www.ehrs.uk/socialaction](http://www.ehrs.uk/socialaction)

### TOGETHER IN BARNET (TiB) AT WESTMINSTER ABBEY



Together in Barnet is the charity that coordinates night shelters across Barnet and partners closely with Homeless Action Barnet. The charity was delighted to receive the London Faith and Belief Community Award at Westminster Abbey in November 2022. We would like to thank our guests, multifaith communities, coordinators, volunteers, drivers, donors, Together in Barnet staff, Trustees and our colleagues from HAB Centre. You can see Co-Chair Darren Haringman receiving the award alongside our new Operations Manager Marcin Nocek.

The night shelter re-opened its doors for the season at the end of October 2022 and have already worked closely with Barnet Council to move some guests on from the night shelter into longer term accommodation.

### TiB NIGHT SHELTER RETURNS TO EHRS IN MARCH

We will need volunteers to support the night shelter for homeless people when it returns to EHRS for 7 Monday nights and Tuesday mornings starting Monday 6 March 2023.

We will need cooks (at home), people to set up, people to serve dinner and socialise, people to serve breakfast, people to stay overnight and sleep in the hall with our guests, people to serve breakfast and people to deliver bedding to the next venue.

Full training will be given ahead of any volunteering sessions. If you would like to find out more about getting involved then get in touch by email at [nightshelter@ehrs.uk](mailto:nightshelter@ehrs.uk) and we will fill you in.



Many Thanks for your support, Lisa Bard

### HELP REFUGEE CHILDREN ON SUNDAYS OR MONDAYS

[www.separatedchild.org](http://www.separatedchild.org)  
Do you have a couple of hours to spare on Sundays between the hours of 10:00 and 14:00? Or on occasional Mondays. Why not use that time to help

children who had to flee their homes and struggled to get to the UK on their own. The Separated Child Foundation needs you to compile Arrival Packs and Sleep Packs which we send out to unaccompanied child refugees up and down the country via charities and social services. We need you to join us in a self-storage unit at Staples Corner for a couple of hours on a Sunday or Monday to put new clothing and toiletries into a 'hug in a bag' for the children who arrive here on their own with so, so little.

Visit [www.separatedchild.org/our-work/arrival-packs/](http://www.separatedchild.org/our-work/arrival-packs/)

Contact Lisa by email at [lisa.bard@ehrs.uk](mailto:lisa.bard@ehrs.uk) for more information.

## Environmental Action Team (EAT)



The weekend of 12 November, as well as being a time of remembrance for those who lost their lives in wartime, was also Eco Shabbat. Coinciding with COP 27 when the focus of the world was on the climate emergency.

EHRS are participating members of the EcoSynagogue initiative which promotes environmental sustainability & engagement across the Jewish community. To quote directly from their website, *"Judaism understands us not as masters, but as trustees, of God's creation. We have a primary responsibility to care for the earth and leave it to our children in a state of wholeness and health."*

All Eco Synagogue's members were encouraged to mark the occasion and participate in whatever way felt right for them. EHRS chose to focus on kiddush. Around the hall were posters which highlighted the choices we make and the consequences of those choices. On the tables we provided a delicious array of food which had been locally sourced and sustainably produced, including shmaltz herring!

EHRS are committed to making our synagogue more eco friendly and the Environment Action Team has put together a planned Calendar of Eco Events starting with Chanukah and continuing into next year with planting trees for Tu B'Shevat, instigating another clean up event for Purim, looking at ways in which we can make our Seder zero waste for Pesach, promoting share your own produce for Shavuot, and repeating our very successful Reverse Tashlich for Rosh Hashanah.

[www.ecosynagogue.org](http://www.ecosynagogue.org)



## YOUNG ADULTS

**Beer and Shiur, 20:00.** When on Zoom details are: Meeting ID: 839 2128 5866 Password: 978112.

On the 2nd Wednesday of every month our Young Adults are warmly invited to join us for learning, a drink, and a catch up! Sometimes in person, sometimes on Zoom, register for regular updates about what is coming up by emailing Rabbi Debbie, [rabbi.debbie@ehrs.uk](mailto:rabbi.debbie@ehrs.uk)

**Wednesday 11 January, 20:00**

As we start the book of Shemot this week, join Kevin Darvill, a trustee of Meketa, to find out about a more recent Jewish

exodus – from Ethiopia, and why not everyone has made it out yet. Meketa was one of the charities for the EHRs 2022 Holy Day Appeal.

**Wednesday 8 February, 20:00**

In the week of Tu B'Shevat, join Rabbi Debbie to explore what trees mean to us spiritually as Jews, beyond food and weapons!

**Friday 10 March, 19:30–Young Adults Dinner**

You are warmly invited to Rabbi Debbie's home for our Young Adults dinner. Places are limited so please go to [www.ehrs.uk/youngadults](http://www.ehrs.uk/youngadults) to book.

## ADVERTISE WITH US !

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# AJEX parade at the Cenotaph

7 members of EHRS marched under its banner for the annual AJEX parade at the Cenotaph on 20 November.  
3 members of Finchley Progressive asked if they could join us and of course they were most welcome.



There were other members of EHRS marching under different banners e.g. JLGB and many others, in what was a well-attended event - long may that continue. The AJEX annual parade continues to be a major cross-communal event in the Jewish calendar. Whitehall is closed in recognition of the sacrifices made by Jews in the service of the crown.

Lining up in Horse Guards, quite a challenge for the marshals, we then marched down Whitehall to the Cenotaph. The service there included an address by the Chief Rabbi followed by wreath laying, prayers and military music.

The rain held off until nearly the end but getting a little wet was a small price to pay for what we were commemorating. As always it was a moving, but at the same time an enjoyable afternoon with a great feeling of solidarity and community not just with fellow Jews but with everyone in attendance, especially when the crowd sang Adom Olam, led or sometimes followed by the Band of the Irish Guards. A group of Jews singing in unison!?



It would be wonderful to see more people attending, particularly the younger generation. With fewer and fewer survivors from the war years still alive it is important to maintain this tradition. The continuation of the AJEX Annual Ceremony & Remembrance Parade at the Cenotaph is essential to remind both Jews and non-Jews of the vital role played by our community in British life.



## Please find below a summary of the recent events from the Board of Deputies:

### Community & Education Division UK Education

To help educate non-Jewish school children and the wider public, the Jewish Living Experience Exhibition is being updated including the "What do Jewish people look like" banner which will show the ethnic diversity of Jews. The Exhibition has confirmed dates for Blackburn with Darwen (January 2023); Kinloss synagogue (February/March 2023) and Hounslow (November 2023). The Board visited year 6 pupils at Bridekirk Dovenby C of E school in Cumbria and answered questions on Bar and Batmitzvahs and took part in interfaith Q & A sessions for police recruits in Leicestershire and college staff at Gateway College, Leicester.

### Health and Mental Health

The aim of this group is to set up the Health and Mental Health connection to the regions outside London and to communicate national issues and updates. Rabbi Mark Goldsmith, a trustee of EcoSynagogue, has joined the London Anchors Green New Deal working group which is focusing on air quality and active travel as well as retrofit. LJF are working on an Air Quality Information Seminar for the Jewish Community with the GLA.

### International Division

The Board condemned the harassment of worshippers at the Western Wall's Egalitarian section in Jerusalem. The Board laid a wreath at a ceremony in Parliament to commemorate the Israeli Olympians murdered in Munich in 1972. The recent new law in Iraq, which makes it punishable by death to associate with Zionists has caused great distress. The Board of Deputies has raised concerns with the Foreign Secretary and the Minister for Middle East's team and wrote an opinion piece in Newsweek ahead of US President Biden's meeting with the Iraqi Prime Minister. The Board held an introductory meeting with Nuno Brito, Ambassador of Portugal to the UK, to discuss the interests of the Portuguese Jewish community, the history of Sephardic Jewry and commitments to fostering tolerant societies and combatting antisemitism.

### Defence & Group Relations Division

#### Antisemitism

The Board participated in two meetings of the Metropolitan Police London Jewish Community Forum, co-ordinated by the London Jewish Forum. The Board met Mick Conboy, National Hate Crime Policy Lead at CPS to further discussions on tackling hate crime and to prepare for a presentation for the Hate Crime Coordinators Network. The Board addressed the Crown Prosecution Service's Hate Crime Co-ordinators Conference, providing insights into the community impact of antisemitism and hate crime. The Board met Lord Mann, Advisor to the Government on Antisemitism, to discuss the digital education project, the Crown Prosecution Service, the police's approach to hate crime and Government policy on antisemitism. The Board of Deputies, the Jewish Leadership Council, and the Community Security Trust issued a joint statement responding to the election of Naomi Wimborne-Idrissi to Labour's National Executive Council.

#### Parliamentary Engagement

The Board attended Conservative Party Conference in Birmingham, and addressed the Conservative Friends of Israel reception, speaking about the need to proscribe Iranian terrorist organisation and the IRGC. The Board met Michelle Donelan, Secretary of State for the Department of Culture Media and Sport, to share our views on the Online Safety Bill and to learn about potential changes to the proposed legislation to ensure its passage through Parliament.

If you would like any further information or have any questions, please contact Tony Seymour, [tony.seymour@ehrs.uk](mailto:tony.seymour@ehrs.uk)

