

EHRS Young Families Interactive Seder 2022

This Seder is short and interactive and aims to get the whole family/friends involved. Although we all hope to be in person this year, for anyone who still needs to be fully online or have some members join virtually this Seder is designed to also work on *Zoom ([instructions for online in blue](#)).

*Please see end of document for tips to use this Seder virtually.

Family Member

(Rhythmically) Shalom! Shalom! We say Shalom! We wish you well and welcome you. It's Seder time, it's Seder time! (Children repeat) Four questions begin the story we tell to four kinds of children we know so well. (Everyone counts to four or counts out four people)

Ma'nistanah – Youngest child or anyone capable! You can also show it being sung in this video

https://www.youtube.com/watch?v=fn3FNA4Ar40&feature=emb_logo (Share screen to show video)

מה-נשתנה הלילה הזה מכל-הלילות?

Mah nishtanah halailah hazeh mikol haleilot?

How is this night different from all other nights?

שְׁבֹכֵל-הַלֵּילוֹת, אָנוּ אוֹכְלִין חֶמֶץ וּמָצָה; הַלֵּילָה הַזֶּה, כֵּלּוּ מָצָה.

Sheb'chol haleilot anu ochlin chametz umatzah, halailah hazeh, kuloh matzah.

On all other nights, we eat chametz (leavened foods) and matzah. Why on this night, only matzah?

שְׁבֹכֵל-הַלֵּילוֹת, אָנוּ אוֹכְלִין שָׂאֵר יִרְקוֹת; הַלֵּילָה הַזֶּה, מָרוֹר.

Sheb'chol haleilot anu ochlin sh'ar y'rakot, halailah hazeh, maror.

On all other nights, we eat all vegetables. Why, on this night, maror (bitter herbs)?

שְׁבֹכֵל-הַלֵּילוֹת, אֵין אָנוּ מִטְבִּילִין אֶפְלוּ פֶּעַם אַחַת; הַלֵּילָה הַזֶּה, שְׁתֵּי פְעָמִים.

Sheb'chol haleilot ein anu matbilin afilu pa'am echat; halailah hazeh, sh'tei f'amim.

On all other nights, we don't dip even once. Why on this night do we dip twice?

שְׁבֹכֵל-הַלֵּילוֹת, אָנוּ אוֹכְלִין בֵּין יוֹשְׁבֵין וּבֵין מְסֻבִּין; הַלֵּילָה הַזֶּה, כֵּלְנוּ מְסֻבִּין.

Sheb'chol haleilot anu ochlin bein yoshvin uvein m'subin; halailah hazeh, kulanu m'subin.

On all other nights, we eat either sitting upright or reclining. Why on this night do we all recline?

Family Member

Once upon a time in the Land of Egypt, A ruler named Pharaoh Made the Jews work very hard. Family Member We worked all day, We worked all night, We had no rest, We knew it was not right. (Children repeat, while stamping feet.) (Children stand and pretend to be hammering stone and digging hard ground.)

All sing

Bang Bang Bang, bang, bang, hold your hammer low.
 Bang, bang, bang, give a heavy blow.
 For it's work, work, work, every day and every night.
 For it's work, work, work, when it's dark and when it's light.
 Dig, dig, dig, dig your shovels deep.
 Dig, dig, dig, there's no time for sleep.
 For it's work, work, work, every day and every night.
 For it's work, work, work, when it's dark and when it's light.



Family Member

Who will save us? Who will help? God heard our cry and made a plan. One helper was needed to save God's clan.
 Who will save us? Who will help? (Children repeat)

Family Member

When Moses was born his mother did fear That soldiers would take her child so dear. So she made a plan to save her son, And that's when we saw how God's work can get done.

Family Member

One fine day, Moses climbed and climbed so high. (Pretend to climb) He thought that he actually could reach the sky. There on the mountain was an awesome sight. A bush stood burning with a radiant light. (Reach hands upward, like rays) It was God right there, right there in the bush. It was God speaking to Moses. Oh my, how he shook! (Everybody shake) With fear and awe and confusion and might, Moses understood he was starting a new time in his life.

Family Member

So down the mountain Moses came, a staff in hand, a face of faith. "To Egypt I must go," he told his wife, Tziporrah. To Pharaoh I must say, "Please let my people go!" To Pharaoh I must say, "Please let my people go!" (Children repeat)

All Sing - Let My People Go!

When Israel was in Egypt Land
 Let my people go!
 Oppressed so hard they could not stand
 Let my people go!



First cup of grape juice

Family Member

We drink four cups of wine because there are four Hebrew words for freedom. (Count the cups together)

We raise our cups numbered 1 and sing the blessing together:

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.

Blessed are You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.

Family Member

Moses went to the Pharaoh and said, "Let us go!" (Children repeat "Let us go!") He looked him in the eye and said, "My God says so." (Point your finger and say it strong!) Pharaoh laughed, Pharaoh smirked, Pharaoh folded his arms and said, (Children fold their arms and say what Pharaoh said) "No way, no way, will I let your people free. I need them to build my great big city. I need them to make the statues. I need them to make bricks. I need them to schlep water. I need them for all my tricks."

Family Member

I will return, you will see The God of Israel will set my people free. You have one day to change your mind, Or we will find ways to make you more kind. Family Member So Moses went home and saw his family. He was sad, he was troubled, and he prayed to Elohim. They made a plan to try to teach. The Pharaoh must learn that God is our King.

Family Member

Pharaoh still would not be kind, So God sent some reasons to help change his mind. He sent some frogs to jump and twitch (All pretend to be frogs and jump, jump, jump)

Children sing along - Frog Song <https://www.youtube.com/watch?v=OrhhVSVYV5E> (Share screen)

One morning when Pharaoh woke in his bed,
There were frogs in his bed and frogs on his head,
Frogs on his nose and frogs on his toes,
Frogs here, frogs there, Frogs were jumping everywhere!



He sent some bugs to make Pharaoh itch. (Everyone scratches) Blood in the water turned the river red. Flies all around made him cover his head. There were 10 plagues God sent in all, so finally to Moses, Pharaoh did call.

Family Member

Let us all count to 10 together. When we count the plagues in the seder, we mark them by taking a little of the juice (wine) out of one of our cups with our finger and put it on our napkins, like this. (Demonstrate first, then do it together while counting to 10.) (Don't list the plagues; just count to 10 to get the idea that there were 10 things God did to help set our people free.)



Second Cup of Grape Juice

Family Member

We raise our cups numbered 2 and sing the blessing together:
Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.

Blessed are You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.

Family Member

(Act out packing here) It took lots of patience. It took lots of work. But Pharaoh was being a great big jerk. At last he said, "Yes, take your people now." And we packed up our toys and our pillows and blankies. (Encourage the children to say something they would pack and pretend to put it in the suitcase.)

Family Member

We packed up our shoes and our hairbrushes and our crayons.

Family Member

We packed up our toothbrushes and our socks and our pets.

Family Member

We packed up everything we could 'cause we had to move fast. Third Cup of Grape Juice



Third Cup of Grape Juice

Family Member

We raise our cups numbered (count 1-2-3) and sing the blessing together:

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.

Blessed are You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.

Family Member

Every year at our Passover seder, we invite a very special guest.

Family Member

Do you know who it could be? Is it Mickey Mouse? No! (Encourage the children to respond with a group “no.”) Is it Zuma? No! Is it the Cat boy? No!

Family Member

It's a very special prophet who goes from house to house on Passover night and has a sip of wine from a special cup put out just for him!

Family Member

Elijah is his name! Elijah the Prophet! We'll stand up and face the door and use our imaginations to welcome Elijah because one day, we hope very soon, Elijah will come and help to make peace throughout the world!



Fourth Cup of Grape Juice

Family Member

Now we will raise our cups, once again, for the fourth cup of wine. (count cups one at a time ... 1-2-3-4)

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.

Blessed are You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.

Family Member

We eat matzah to remind us that when Pharaoh let us go we had to hurry, and there wasn't enough time to finish making the bread. So, we took the dough that wasn't ready yet.

Family Member

There are many ways of eating matzah, but during our Seder, it's charoset we eat to remind us of the bricks the slaves were forced to make. (Everyone gets a piece of matzah and some charoset, and we say the blessings before eating.)

Baruch atah, Adonai Eloheinu, Melech haolam, maMotzi lechem min haaretz.

Blessed are You, Adonai our God, Sovereign of all, who brings forth bread from the earth



Seder plate (share screen)

Show the Seder plate to the children, pointing out what is on it and getting them to ask questions.

Find the Afikomen!

Hide a matzah or cracker/or anything! and children race to find it – (Could turn off videos and the first household to turn camera back on with the matzah is the winner!!)

Chag Pesach Semach! from EHRIS

Top tips for using this Seder virtually:

1. Decide which family member or family friend is saying which part beforehand if possible and write their names in place of 'family member'
2. Get each household to print a copy or have a copy available on a device
3. Use 'speaker view' on zoom, this will spotlight and have the person speaking large on the screen.
4. Host to mute everyone who is not speaking
5. Go to gallery view and unmute everyone when singing songs. It will sound messy but it is fun!
6. Shorten, alter this service to whatever works for your family.

Tips to engage children in the Seder:

- Use the activity table mats from the centre of Ledor Vador or see attached PDF doc. p
- Print and play the PJ Library card game – found here: <https://pjlibrary.org/PJLibrary/media/PJ-Library/PDF-files/Passover-Card-Game.pdf>
- Read Passover stories, this is one from PJ library <https://pjlibrary.org/PJLibrary/media/PJ-Library/content/holidays/Passover-River-Ride.pdf>
- Get children involved in setting up the table with you and decorating. You can make/colour frogs, decorate place cards.
- Allow children to bring a special toy/teddy to the table to do Seder with them!
- For younger children, keep it light, short and as fun as possible. This is a taste of family festivals which can grow with them. Take the pressure of yourselves to do it traditionally.