'Walk an Hour in their Shoes' 11:30-12:30 on Sunday 3 April

This is our EHRS sponsored walk in aid of the World Jewish Relief and World Union for Progressive Judaism Ukrainian crisis appeals. Turn up at EHRS at 11:20 on Sunday 3 April. Feel welcome to bring a stroller, dog, wheelchair and anyone who would like to join you. We ask that you collect at least £10 sponsorship or donate £10 or more to join this two mile walk.

In the middle of our walk we will meet up with the members of The Liberal Synagogue Elstree and their Rabbi Tanya Sakhnovich. Rabbi Tanya escaped from Kiev with her son, brother and niece on the day that the Russian invasion of Ukraine started. She will share her experiences of four days in a car trying to get out of the country. Together we will share food at our half way mark and when we get back to shul.



Sponsorship Form

Thank you for collecting funds for the **World Jewish Relief** and **World Union for Progressive Judaism** Ukraine Crisis appeals. Please simpy fill in your name and sponsorship amount below and once you have collected the sponsorship send the donations through our Synagogue website front page, or drop off cash to the Synagogue in an envelope clearly marked for these causes. We will pass them on right away. Thank you for helping

Name	Contact Number	Amount

