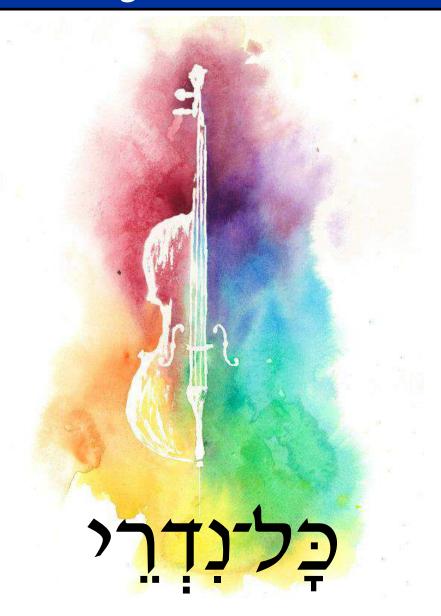


Kal Nidre

Evening Meditative Service



All of our Vows



KOL NIDREI

May we be absolved from all vows

The words of *Kol Nidrei* sound like a legal document - yet they have no legal authority.

We stand as if in a courtroom, held to account – yet the accounting we do has no counterpart on earth.

It is our souls, alone, that are at stake.

Kol Nidrei is less a prayer, more an invocation of mood, and hope.

Before us lies a day of prayer and meditation, of confession and petition, of encounter with our innermost self as individuals and as the Jewish people.

And we are reminded that seriousness and honesty are needed for all that is to follow.

The words we chant are an appeal to be heard, to evoke God's compassion – but the music speaks to deeper needs and feelings that we cannot even express.

Kol Nidrei is the first tentative step into the day that opens up before us, the first opportunity to meet ourselves on the journey towards understanding, healing and renewal.

The Editors

Answer me, one who is poor and not proud in my own esteem, and take away my sin, for You accept our prayers. In Your compassion, fulfil my years and all I ask of You. Think of my prayers as incense, and my offering in place of the sacrifices of old. O God, hear my voice, for You accept prayer and listen to our voice.

עֲנֵה עָנִי שְׁפַל כְּּלְ־הַשְּׁפָּלִים. וְשָׂא חֶטְאוֹ מְקַבֵּל הַתְּפִּלּוֹת: וְהַאֲרֶךְ־נָא בְּרַחֲמֶיךְ שְׁנוֹתִיו. וְצֵוֵּה כְּלִ־שְׁאֵלוֹתִיו לְמַלְּאוֹת: וְתַחְשֹׁב כְּלִ־תְּפִלּוֹתִיו קְטְׂנֶרת לְפָנֵיךְ כְּקְרְבָּנוֹת וְעוֹלוֹת: וְהָאֵל הַמְקַבֵּל הַתְּפִלּוֹת. שְׁמֵע קּוֹלִי אֲשֶׁר יִשְׁמֵע בְּקוֹלוֹת: שְׁמֵע קּוֹלִי אֲשֶׁר יִשְׁמֵע בְּקוֹלוֹת:

אַנֵּה Aneih ani sh'fal kol ha-sh'falim, v'sa chet'o m'kabbeil ha-t'fillot. V'ha'arech na b'rachamecha sh'notav, v'tsavveih chol sh'eilotav l'mall'ot. V'tachshov kol t'fillotav k'toret l'fanecha k'korbanot v'olot. V'ha-eil ha-m'kabbeil ha-t'fillot, sh'ma koli asher yishma b'kolot.

All Our Grudges: An Alternative Kol Nidrei

All grudges, resentments, and vows of vengeance and bitterness,

All undying hatreds or annoyances that we may hold onto

Or talk endlessly about, boring our friends,

Or lose sleep obsessing over

Or write bad poetry about

Or bring up at family dinners to the consternation of all present;

From the previous Day of Atonement until this Day of Atonement

For the benefit of our mental health

And the peace of mind of all who surround us;

Regarding all of this that we have refused to let go,

Despite the fact that they are long past

Or pointless

Or one-sided

Or ridiculous

Or destructive of the innocent

Or hurting ourselves more than anyone else;

Regarding all of them, these intrusions on the Holy Wholeness, we repudiate them.

All of them, we let them go,

Give up

Wave away

Acknowledge as stupid

Declare null and void

Because we are done.

Our grudges are no longer our grudges,

Our silent resentments are no longer silent,

Our eternal vows of vengeance are no more.

Trisha Arlin

These days are called 'days of awe', though 'awe' is not something often encountered in our lives or readily created. And yet, year by year we gather in numbers, resigned or dutiful, indifferent or hopeful, a family of strangers joined together at this annual waystation on our private journeys. Are we simply 'manifesting as Jews', or is there more at stake in our presence here? Such questions may attend us, puzzle or nag us in the hours ahead, but that may also be why we are here.

The Editors

פישיבה By the authority of the court on high and with the consent of the court below, with the consent of God and with the consent of this congregation, we are permitted to pray with each other who have sinned.

בִּישִׁיבָה שֶׁל מַעְלָה וּבִישִׁיבָה שֶׁל מַטָּה. עַל דְעַת הַמָּקוֹם וְעַל דְעַת הַקָּהָל. אֲנוּ מַתִּירִיז לְהִתְפַּלֵּל עִם הָעֲבַרְיָנִים:

בּישִּׁיבְה Bishivah shel ma'lah uvishivah shel mattah, al da'at ha-makom v'al da'at ha-kahal, anu mattirin l'hitpalleil im ha-avaryanim.

May we be absolved from all the vows and obligations we make to God in vain, from this Yom Kippur to the next – may it come to us for good; the duties and the promises we cannot keep, the commitments and undertaking which should never have been made.

We ask to be forgiven and released from our own failings. Though all the promises to other people stand, may God annul the empty promises we made in our foolishness to God alone, and shield us from their consequences.

Do not hold us to vows like these!

Do not hold us to obligations like these!

Do not hold us to such empty oaths!

בְּלָ בְּנְיֵנֵי וְקוֹנְמֵי וְכִנּוּיֵי וְקוֹנְמֵי וְכְנּוּיֵי וְקוֹנְמֵי וְכְנּוּיֵי וְקוֹנְמֵי וְקוֹנְמִי בְּקוֹנְא מִיּוֹם כְּפָּרִים זָה עַד יוֹם כִּפָּרִים כָּבְּיוֹ לְטוֹכְה: כְּכְּלְהוֹן אָחֶרֶטְנָא בְהוֹן. כְּלְהוֹן כְּבִּיתִין שְׁבִיתִין שְׁבִיתִין שְׁבִיתִין שְׁבִיתִין בְּיִבְיִיתִין בְּיִבִיתִין בְּבִיתִין בְּבְיתִין: בְּבְיבְיתִין בְּבִיתִין בְּבִיתִין בְּבִיתִין בְּבְּבְיתִיתְנַא לְא בְּבְרֵייִי בְּבִּתְנִתְנַא לְא בְּבִיתִי

Kol nidrei ve'esarei va'charamei v'konamei v'chinnuyei v'kinnusei ush'vu'ot dindarna ud'ishtaba'na ud'achareimna v'di'asarna al nafshatana miyyom kippurim zeh ad yom kippurim ha-ba aleinu l'tovah.

Kull'hon icharatna v'hon, kull'hon y'hon sharan sh'vikin sh'vitin b'teilin um'vuttalin la sh'ririn v'la kayyamin.

Nidrana la nidrei, ve'esarana la esarei, ush'vu'atana la sh'vu'ot.

Psalm 130

¹A Pilgrim Song.

Out of the depths

I called to You, God,

²God, hear my voice.

Let Your ears listen
to the voice of my pleading.

God, if You should mark sins,
 O God, who could stand?
 But with You there is forgiveness,
 for this You are held in awe.

⁵I hope in God, my soul has hope, and for God's word I wait. ⁶My soul waits for God more than watchmen for the morning, watching for the morning.

Israel, hope in God, for with God is constant love, and great power to redeem.

⁸It is God who redeems Israel from all their sins.

אָשִיר הַמַּעֲלוּת מִמַּעֲמַקִּים קְרָאתִיךְּ יהוה: אֲדֹנָי שִׁמְעָה בְקוֹלִי תִּהְיֶינָה אָוְנֵיךְ קַשָּׁבוֹת

לקול תחנוני:

ُאָם־עֲוֹנוֹת תִּשְׁמְּר־יָה אֲדֹנָי מִי יַעֲמֹד: ֹכִּי־עִמָּךְ הַסְּלִיחָה לִמֵעֵן תִּוָּרֵא:

הקויתי יהוה קותה נפְשִׁי וְלִדְבָרוֹ הוֹחֶלְתִּי: נפְשִׁי לַאדֹנָי מִשֹׁמִרִים לַבִּקֵר שׁמִרִים לַבִּקֵר: מִשֹׁמִרִים לַבִּקֵר שׁמִרִים לַבִּקֵר:

> יַחֵל יִשְּׂרָאֵל אֶל־יהוה כִּי־עִם־יהוה הַחֶסֶד וְהַרְבֵּה עִמֹּוֹ פִּדוּת: וְהַרְבֵּה עִמֹּוֹ פִּדוּת:

וְהוּא יִפְּדֶּה אֶת־יִשְׂרָאֵל מִכּל עֵוֹנֹתִיוּ:

Shir ha-ma'alot.

ממענהקים Mimma'amakkim k'raticha Adonai.

Adonai shim-ah v'koli, tihyenah oznecha kashuvot l'kol tachanunai.

Im avonot tishmor yah, Adonai mi ya'amod.

Ki imm'cha ha-s'lichah l'ma'an tivvarei.

Kivviti Adonai kivv'tah nafshi v'lidvaro hochalti.

Nafshi ladonai mishom'rim la-boker shom'rim la-boker.

Yacheil yisra'el el Adonai, ki im Adonai ha-chesed v'harbeih immo f'dut.

V'hu yifdeh et yisra'el mikkol avonotav.

Look again at that dot. That's here. That's home. That's us. On it everyone you love, everyone you know, everyone you ever heard of, every human being who ever was, lived out their lives. The aggregate of our joy and suffering, thousands of confident religions, ideologies, and economic doctrines, every hunter and forager, every hero and coward, every creator and destroyer of civilization, every king and peasant, every young couple in love, every mother and father, hopeful child, inventor and explorer, every teacher of morals, every corrupt politician, every 'superstar,' every 'supreme leader,' every saint and sinner in the history of our species lived there—on a mote of dust suspended in a sunbeam.

Our posturings, our imagined self-importance, the delusion that we have some privileged position in the Universe, are challenged by this point of pale light. Our planet is a lonely speck in the great enveloping cosmic dark. In our obscurity, in all this vastness, there is no hint that help will come from elsewhere to save us from ourselves.

There is perhaps no better demonstration of the folly of human conceits than this distant image of our tiny world. To me, it underscores our responsibility to deal more kindly with one another, and to preserve and cherish the pale blue dot, the only home we've ever known.

Carl Sagan



אלי Who is the person who longs for life,
Who desires many days to enjoy what is good?
Keep your tongue from evil, and your lips from telling lies.
Turn away from evil and do good, seek peace and pursue it.¹

מִי־הָאִישׁ הֶחְפֵץ חַיִּים אֹהֵב יָמִים לְרְאוֹת טוֹב: נְצֹר לְשׁוֹנְךְ מֵרְע וּשְׂפָתֶיךְ מִדַּבֵּר מִרְמָה: סוּר מֵרָע וַעֲשֵׂה־טוֹב בַּקֵשׁ שָׁלוֹם וְרָּדְפֵהוּ:

מי Mi ha-ish he-chafeits chayyim, oheiv yamim lir'ot tov. N'tsor l'shon'cha meira, us'fatecha middabeir mirmah. Sur meira va'aseih tov, bakkeish shalom v'rodfeihu.

There is a tradition about spending the whole day – including the night – in the synagogue on Yom Kippur. In part this may be because conjugal relations are among the prohibitions of the day: on Yom Kippur we have the possibility of becoming 'angelic' and, angel-like, eating, drinking, anointing and sex are what humans need and do, but not angels. For some years, when I was rabbi in Paris, I brought a campbed into my synagogue office and spent the night alone in the building. It wasn't just the silence that felt special, without any of the usual distractions; but there was also a sense of separation from the hurly-burly of everyday life and concerns that felt then, still feels now, so much a part of what Yom Kippur is meant to be about. I remember the feeling on leaving the synagogue and seeing Parisian life all around me, just as it had been 24 hours before. But it felt naively wondrous to see all that going on, as if I'd been out of it for much more than 24 hours, almost 'reborn.'

Synagogues need windows to remind us that we are part of the world and synagogue shouldn't be a withdrawal from it. Later on in my career, we used a hall for our Yom Kippur services which had no windows. For once I welcomed that, albeit unplanned, withdrawal: no reminder of the world 'out there,' even the symbolic one of a patch of sky seen through a window. On Yom Kippur, I welcome the opportunity to withdraw from the world and refocus.

Rabbi Colin Eimer

The sh'liach tsibbur calls:

בְּרְכֹּנְ Bless the Living God whom we are called to bless.

בָּרַכּרָ אֶת־יהוה הַמְּבֹרָך:

בְּרְכֹּף Bar'chu et Adonai ha-m'vorach.

The community responds:

קרדי Blessed is the Living God whom we are called to bless forever and ever.

בָּרוּךְ יהוה הַמְּבֹרָךְ לְעוֹלָם וָעֶר:

בְּרוּךְ Baruch Adonai ha-m'vorach l'olam va'ed.

Blessed are You, our God and Creator, Sovereign of the universe, whose word brings on the evening twilight, who opens the gates of dawn with wisdom, and with foresight makes times pass and seasons change. Your plan sets the stars in their courses in the sky, creating day and night, turning light into darkness and darkness into light. You make the day fade away and bring on the night, separating day and night. You are the Ruler of the hosts of heaven. Blessed are You God, who brings on the evening twilight.

בְּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶּךְים הָעוֹלְם. אֲשֶׁר בִּיְבְרוֹ מַעְרִים. עֲרְבִים. בְּחְׂכְמָה פּוֹתֵחַ שְׁעָרִים. וּבִתְבוּנָה מְשַׁנֶּה עִתִּים. וּמַחֲלִיף אֶת־הַיְּמַנִּים. וּמְסַדֵּר אֶת־הַכּוֹכְבִים אֶת־הַיְּמַנִּים. וּמְסַדֵּר אֶת־הַכּוֹכְבִים בְּמִשְׁמְרוֹתִיהֶם בְּרָקִיעַ כִּיְרצוֹנוֹ: בּוֹרֵא יוֹם וְלֵיְלָה. גּוֹלֵל אוֹר מִפְּנֵי יוֹם וּמֵבִיא לְיִלְה. וּמַבְּדִיל בֵּין יוֹם וּבֵין לְיֵלְה. יהוה צְבָאוֹת שְׁמוֹ: בְּרוּךְ אַתָּה יהוה. הַמַּעְרִיב עְרְבִים: בְּרוּךְ אַתָּה יהוה. הַמַּעְרִיב עְרְבִים:

בְּרוּךְ Baruch attah Adonai eloheinu melech ha-olam, asher bidvaro ma'ariv aravim, b'chochmah potei'ach sh'arim. Uvitvunah m'shanneh ittim, umachalif et ha-z'mannim, um'saddeir et ha-kochavim b'mishm'roteihem baraki'a kirtzono. Borei yom valailah, goleil or mip'nei choshech v'choshech mip'nei or. Hama'avir yom umeivi lailah, umavdil bein yom uvein lailah, Adonai ts'va'ot sh'mo. Baruch attah Adonai, ha-ma'ariv aravim.

My children would ask 'How can I live forever?' With Jews, immortality is not dry bones rising and dancing. It is also about continuity. And continuity is in learning. Daily we give praise, for our teachers.

Ours are the children of artists, so we have to instruct them that they are allowed to create, in a world which discourages it.

They are children and grandchildren of traditionalists, so let them commit to memory their calendar, their history.

And also they are children of today, they have to find alternative teachers and community.

All this, I promise them, will assure their immortality.

Esther Broner

יִשְׂרָאֵלְ יהוָה אֱלֹהֵינוּ יהוָה אֶקְרַאַלְ יהוָה אֶקְרַאַ

Sh'ma Yisra'el, Adonai eloheinu Adonai echad

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלְם וְעֶד:

Baruch sheim k'vod malchuto l'olam va'ed.

וְאָהַבְּהָּ אָת יהוָה אֶלּהֶיְךּ בְּכְּל-לְבֶבְךָּ וּבְכְּלֹ-נַפְשְׁךָּ וּבְכְּלֹ-מְאֹדֶךְ:
יְהְיֹּוּ הַדְּבְרִים הָאֵּלֶּה אֲשֶׁר אֲנֹכִי מְצַוְּךְּ הַיִּוֹם עַל־לְבָבֶך: וְשִׁנַּנְתְּם לְבָּנִיךְ וְדְבַּרְתְּ בָּבֶּיתְׁךְ וּבְלֶּכְתְּךָ בְּבֶּיתְׁךְ וּבְלֶּכְתְּךָ וּבְלֶּכְתְּךָ וּבְלֶּכְתְּךָ וּבְלֶּכְתְּךָ וּבְשְּׁכְבְּךָ וּבְלֶּכְתְּךָ וִבְּלֶּכְתְּךָ וְבְלֶּכְתְּךָ וִבְּלֶּכְיִרְ וְטִטְפָּת בֵּיִן עֵינֶיְךְ:
וּבְקוּמְם עַל־מְזְוֹת בֵּיתֶךְ וּבִשְׁעֶרֶיך:

וְאָהַרְבְּהְ V'ahavta eit Adonai elohecha, b'chol l'vav'cha, uv'chol nafsh'cha uv'chol m'odecha. V'hayu ha-d'varim ha-eilleh asher anochi m'tsav'cha ha-yom al l'vavecha. V'shinnantam l'vanecha, v'dibbarta bam, b'shivt'cha b'veitecha, uv'lecht'cha vaderech uv'shochb'cha uv'kumecha. Uk'shartam l'ot al yadecha, v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha uvish'arecha.

Hear O Israel, the Eternal is our God, the Eternal is One.

Blessed is the knowledge of God's glorious rule forever and ever.

Love the Eternal your God with all your heart, and all your soul, and all your might. These words that I command you today shall be upon your heart. Repeat them to your children, and talk about them when you sit in your home, and when you walk in the street; when you lie down, and when you rise up. Secure them as a sign upon your hand, and let them be as reminders before your eyes. Write them on the doorposts of your home and at your gates.

How important is the night of Yom Kippur, the time of silence between the chants and prayers? It is a strange period when time hangs heavy. all the usual distractions, coffee with friends, television, some other entertainment, are ruled out — either by conviction or by a sort of uneasiness about breaking the rules, or possibly the mood. It is the first moment of that acute discomfort of being thrown on our own resources and reserves — an unfamiliar experience in crowded lives. It is the moment of temptation on the journey — to fill up the time or be filled by it; to turn back in impatience or to go on, past the strangeness, the boredom the silence.

ולאמר The Eternal said to Moses: 'Speak to the children of Israel and tell them that each generation shall put tassels on the corner of their clothes, and put a blue thread on the corner tassel. Then when this tassel catches your eye, you will remember all the commands of the Eternal and do them. Then you will no longer wander after the desires of your heart and your eyes which led you to lust.

Then you will remember all My commands and do them and you will be set apart for your God. I am the Eternal your God Who brought you out of the land of Egypt, to be your own God. I, the Eternal, am your God.'1

וַיָּאמֶר יהוָה אֶל־מֹשֶׁה לֵאמְר.

זַּבְּר אֶל־בְּנֵי יִשְׂרָאֵל וְאֶמַרְתְּ

אֲלֵהֶם וְעָשׁוּ לְהֶם צִיצֵת עַל־בִּנְפֵי

בְּגְדֵיהֶם לְדְרֹתֶם וְנְתְנְוּ עַל־צִיצְת הַכְּנָף פְּתִיל הְּכֵלֶת: וְהָיֵה לְכֶם לְצִיצִת וּרְאִיתֵם אֹתוֹ וּזְכַרְתָּם אָת־בְּנְל־מִצְוֹת יהוֹה וַעֲשִׂיתֶם אֹתֶם וְלֹא תְתֹוּרוּ אֲחֲרֵי לְבַבְכֶם וֹאַחְרֵי עִינִיכֶם אֲשֶׁר־אַתָּם זֹנִים אַחריהם:

לְמַעַן תִּזְכְּרֹּוּ וַעֲשִׂיתֶם אֶת־ כְּלֹ־מִצְוֹתֶי וְהְיִיתֶם קְּדֹשִׁים לֵאלְהֵיכֶם: אֲנִּי יהוָה אֱלְהִיכֶּם אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְלַיִם לִהְיִוֹת לְכֶם לֵאלְהַים אֲנִי יהוה אַלֹהִיכֵם:

I Vayomer Adonai el mosheh leimor: dabbeir el b'nei yisra'el v'amarta aleihem, v'asu lahem tsitsit al kanfei vigdeihem l'dorotam, v'nat'nu al tsitsit ha-kanaf p'til t'cheilet. V'hayah lachem l'tsitsit, ur'item oto, uz'chartem et kol mitsvot Adonai, va'asitem otam, v'lo taturu acharei l'vavchem v'acharei eineichem, asher attem zonim achareihem.

L'ma'an tizk'ru, va'asitem et kol mitsvotai, vihyitem k'doshim leiloheichem. Ani Adonai eloheichem asher hotseiti etchem mei'erets mitsrayim, lihyot lachem leilohim, ani Adonai eloheichem. Source of our life and our Sovereign, cause us to lie down in peace, and rise again to enjoy life. Spread over us the covering of Your peace, guide us with Your good counsel and save us for the sake of Your name. Be a shield about us, turning away every enemy, disease, violence, hunger and sorrow. Remove the temptation that awaits us and the guilt that lies behind us. Shelter us in the shadow of Your wings, for You are a God who guards and protects us, a ruler of mercy and compassion. Guard us when we go out and when we come in, to enjoy life and peace both now and forever, and spread over us the shelter of Your peace. Blessed are You God, spreading the shelter of peace over us, over Your people Israel, and over all the world.

הַשָּׁכִּיבֵנוּ יהוה אֵלהִינוּ לשׁלוֹם עלינוּ סְכַּת בַעצה טוֹבַה והושיענו למען שמד. וחרב ורעב ויגון. שַטַן מִלְפַנֵינוּ וּמֵאַחַרֵנוּ. וּבְצֵי כי תסתירנו שומרנו ומצילנו אתה. כי אל מַלֶּךְ חַנּוּן וְרַחוּם אַתַּה. וּשְׁמוֹר צאתנו ובואנו לחיים ולשלום מעתה ועד עולם. ופרש עלינו שלומה. עלינו ועל־עמו ישראל כל־העולם:

וליבנו Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim, uf'ros aleinu sukkat sh'lomecha, v'takk'neinu b'eitsah tovah mill'fanecha, v'hoshi'einu l'ma'an sh'mecha, v'hagein ba'adeinu v'haseir mei'aleinu, oyeiv dever v'cherev v'ra'av v'yagon. V'haseir satan mil'faneinu umei'achareinu, uv'tseil k'nafecha tastireinu, ki eil shom'reinu umatsileinu attah, ki eil melech channun v'rachum attah, ush'mor tseiteinu uvo'einu l'chayyim ul'shalom mei'attah v'ad olam, uf'ros aleinu sukkat sh'lomecha. Baruch attah Adonai, ha-poreis sukkat shalom aleinu v'al ammo yisra'el, v'al kol ha-olam

The self discovery of God's nearness and holiness each of us has to experience in our own way. One of Germany's great philosophers and scholars of the 20th century was Franz Rosenzweig. Early in his life decided he might leave his people and join another faith. Yet he felt that before he did so, he must enter the synagogue on Kol Nidre night and let his conscience wrestle with him until he could find the answer.

Franz Rosenzweig suddenly found a new faith that came forth – a faith that saw God near and a deep desire to be with his people, his heritage and his God. He wrote a letter to a friend and said: "After prolonged and thorough examination, I have reversed by decision. It no longer seems necessary to me and, therefore, being what I am, I will remain a Jew. But one thing this Yom Kippur has done for me is that it has made me ask myself the question of how much have I grown? How tall can I become spiritually? Every Kol Nidre night for the rest of my life I shall always ask myself that question. How much have I grown? How tall am I spiritually?"

קי־בֵּיּוֹם For on this day atonement shall be made for you, to cleanse you; of all your sins before the Eternal you shall be cleansed.²

כִּי־בִיּוֹם הַזֶּה יְכַפֵּר עֲלֵיכֶם לְטַהֵר אֶתְכֶם. מִכֹּל חַטֹאתִיכֶם לְפַנֵי יהוה תִּטִקְרוּ:

קי־בֵיּוֹם Ki va-yom ha-zeh y'chappeir aleichem l'taheir etchem, mikkol chattoteichem lifnei Adonai tit-haru.

בתנדל Let us magnify and let us sanctify in this world the great name of God whose will created it.

May God's reign come in your lifetime, and in your days, and in the lifetime of the family of Israel - quickly and speedily may it come.

Amen.

May the greatness of God's being be blessed from eternity to eternity.

Let us bless and let us extol,
let us tell aloud and let us raise aloft,
let us set on high and let us honour,
let us exalt and
let us praise the Holy One,
whose name is blessed,
who is far above and beyond any
blessing
or song, any honour
or any consolation
that can be spoken of in this world.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא (אָמֵן) בְּעָלְמָא דִּי־בְּרָא כִּרְעוּתֵה: וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דִּי־כְּל־בֵּית יִשְׂרָאֵל בַּעֲגָלָא וּבִזְמַן קְרִיב. וְאִמְרוּ אָמֵן: יְהָא שְׁמֵה רַבָּא מְבָרַךְ יִתְבְּוֹמָן וְיִשְׁתַּבָּח וְיִתְבָּאֵי

יִתְבָּרֵךְ וִישְׁתַּבֵּח וְיִתְפָּאַר יִתְבָּרֵךְ וִישְׁתַּבֵּח וְיִתְפָּאַר וְיִתְעֵלֶּה וְיִתְהַלֶּל שְׁמֵה דִי־קְדְשָׁא. בְּרִיךְ הוּא. לְעֵלֶּא לְעֵלֶּא מִכְּיל־בִּרְכָתָא וְשִׁירָתָא תֻשְׁבְּחָתָא וְנָחֲמָתָא דִי־אֲמִירָן בְּעָלְמָא. וֹאמרוּ אִמֵּן:

Amen.

יְתְלֵּבְּדֹּל Yitgaddal v'yitkaddash sh'meih rabba (amen), b'alma di v'ra chir'uteih, v'yamlich malchuteih, b'chayyeichon uv'yomeichon uv'chayyei di chol beit yisra'el, ba'agala u'vizman kariv, v'imru amen. Y'hei sh'meih rabba m'varach l'alam ul'almei almaya. Yitbarach v'yishtabbach v'yitpa'ar v'yitromam v'yitnassei, v'yit-haddar v'yit'alleh v'yit-hallal sh'meih di kudsha, b'rich hu, l'eilla l'eilla mikkol birchata v'shirata, tushb'chata v'nechemata, di amiran b'alma, v'imru amen.



אֲדֹנָי שְׂפָתֵי תִּפְתָּח וּפִי יַגִּיד תְּהִלְּתֶךְ:

בַּררָךְ אַתָּה יהוה אֱלֹהֵינוּ

ואלהי אַבוֹתִינוּ וַאלהי אָמּוֹתִינוּ.

אַלהֵי אַכְרָהָם אַלהִי שָׁרָה.

אַלהֵי יִצְחָק אֱלהֵי רְבְקָה.

ואלהי יַעֲקֹב אֱלהי רְחֵל

ואלהי לאה.

ָהָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא. אֵל עֶלְיוֹן.

גּוֹמֵל חֲסָדִים טוֹבִים קוֹנֵה הַכּּל. וְזוֹכֵר חַסְדִי

אָבוֹת וְאָמָהוֹת

וּמֵבִיא גּוֹאֵל לְבְנֵי בִנִיהֶם לְמַעַן שָׁמוֹ בִּאַהֲבָה:

זְּכְרֵנוּ לַחַיִּים. מֶלֶךְ חָפֵץ בַּחַיִּים.

וְכֶּתְבֵנוּ בְּסֵפֶר הַחַיִּים. לְמַעַנְךְ אֵלֹהִים חַיִּים:

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן:

בָּרוּךְ אַתָּה יהוה

מָגַן אַכְרָהָם פּוֹקֵד שָׂרָה:

ארני Adonai s'fatai tiftach ufi yaggid t'hillatecha.

Baruch attah Adonai eloheinu

veilohei avoteinu veilohei immoteinu.

elohei avraham, elohei sarah, elohei yitschak, elohei rivkah, veilohei ya'akov, elohei rachel

veilohei le'ah.

Ha'eil ha-gadol, ha-gibbor v'ha-nora, eil elyon,

gomeil chasadim tovim, koneih ha-kol. V'zocheir chasdei

avot v'immahot

u'meivi go'eil livnei v'neihem l'ma'an sh'mo b'ahavah. Zochreinu la-chayvim, melech chafeits ba-chayvim,

v 'chotveinu b' seifer ha-chayyim, l'ma 'ancha elohim chayyim.

Melech ozeir u'moshi'a umagein.

Baruch attah Adonai,

magein avraham pokeid sarah.

אַדֹנָי My God, open my lips and my mouth shall declare Your praise.1

GOD OF HISTORY

Blessed are You, our God, and God of our ancestors,

God of Abraham, God of Sarah,
God of Isaac, God of Rebecca,
and God of Jacob, God of Rachel
and God of Leah,

the great, the mighty, and the awesome God, God beyond, generous in love and kindness, and possessing all. You remember the good deeds of those before us, and therefore in love bring rescue to the generations, for such is Your being.

Sovereign who delights in life, recall us to life and record us in the Book of Life for Your own sake, God of life!

The Sovereign who helps and saves and shields. Blessed are You God, who shields Abraham who remembers Sarah.

אָתָּךְ גִּבּוֹר לְעוֹלָם אֲדֹנָי. מְחַיֵּה מֵתִים אַתְּה. רַב לְהוֹשִׁיעַ. מוֹרִיד הַשָּׁל:

מְכַלְכֵּל חַיִּים בְּחֶסֶד. מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים. סוֹמֵךְ נוֹפְלִים. וְרוֹפֵא חוֹלִים. וּמַתִּיר אֲסוּרִים. וּמְקַיֵּם אֲמוּנָתוֹ לִישֵׁנֵי עָפָר: מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לָךְ. מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצִמֵיחַ יִשׁוּעַה:

מִי כָמְוֹדְ אַב הָרַחֲמִים. זוֹכֵר יְצוּרָיו לַחַיִּים בְּרַחֲמִים: וְנֶאֶמָן אַתָּה לְהַחֲיוֹת מֵתִים. בָּרוּךְ אַתָּה יהוה. מְחַיֵּה הַמֵּתִים: אַקּה Attah gibbor l'olam Adonai, mechayyeih meitim attah rav l'hoshi'a, morid ha-tal.

M'chalkeil chayyim b'chesed, m'chayyeih meitim b'rachamim rabbim, someich noflim, v'rofeih cholim, umattir asurim, um'kayyeim emunato lisheinei afar. Mi chamocha ba'al g'vurot, umi domeh lach, melech meimit um'chayyeh, u'matsmi'ach y'shu'ah.

Mi chamocha av ha-rachamim, zocheir y'tsurav la-chayyim b'rachamim. V'ne'eman attah l'hachayot meitim. Baruch attah Adonai, m'chayyeih ha-meitim.

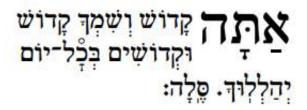
You are the endless power that renews life beyond death; You are the greatness that saves, causing the dew to fall.

You care for the living with love. You renew life beyond death with unending mercy. You support the falling, and heal the sick. You free prisoners, and keep faith with those who sleep in the dust. Who can perform such mighty deeds, and who can compare with You, a Sovereign who brings death and life, and renews salvation?

Who is like You, source of compassion, recalling Your creatures to life in compassion. You are faithful to renew life beyond death. Blessed are You God, who renews life beyond death.

GOD OF HOLINESS

You are holy and Your name is holy, and those who seek holiness praise You day by day.



אַתָּה Attah kadosh v'shimcha kadosh uk'doshim b'chol yom y'hal'lucha, selah.

Robert Fulghum, American writer, newspaper columnist and former Unitarian minister, published a book intriguingly entitled: *All I Really Need to Know I Learned in Kindergarten,* in which he derives profound life lessons from the world of childhood and everyday, commonplace occurrences. I share with you briefly, part of Fulghum's commentary on the children's game *Hide and Seek.* He writes:

Do you have a kid in your neighbourhood who always hid so good, nobody could find him? We did. After a while, we would give up on him and go off, leaving him to rot wherever his was. Sooner or later he would show up, all mad because we didn't keep looking for him...

As I write this, the neighbourhood game goes on, and there is a kid under a pile of leaves in the yard just under my window. He has been there a long time now, and everybody else is found and they are about to give up on him... I considered going out and telling them where he is hiding....Finally, I just yelled "Get found, kid!" out of the window. And scared him so bad he started crying and ran home to tell his mother. It's real hard to know how to be helpful sometimes.

Robert Fulghum concludes:

He hid too well. Getting found would have kept him in the game. *Hide-and-seek*, grown-up style. Wanting to hide. Needing to be sought. Confused about being found. "I don't want anybody to know." "What will people think?"

Hiding is something that we do well. Too well at times. We hide from each other, we hide from our families, our friends. And we hide from our people. We hide from God. Tonight, Yom Kippur, the culmination of the Ten Days of Repentance, begins. And *teshuvah*, repentance (more correctly, return) is just that – return from our hiding places, return from where we have hidden from each other, from tradition, from God.

Rabbi Philip S. Scheim

You are holy, awesome is Your name, and there is no God but You, as it is prophesied:
The God of all creation is exalted through justice, and God the Holy One is sanctified through righteousness.²

קָדוֹשׁ אַתָּה וְנוֹרָא שְׁמֶּךְ וְאֵין אֱלֹוְהַ מִבּּלְעָדֶיךְ כַּכְּתוּב: וַיִּגְבַּה יהוה צְבָאוֹת בַּמִשְׁפָּט. וְהָאֵל הַקָּדוֹשׁ נִקְדַשׁ בִּצְדָקָה. בָּרוּךְ אַתָּה יִהוָה. הַמֶּלֶךְ הַקְּדוֹשׁ:

Blessed are You, the holy Sovereign.

קרוֹשׁ Kadosh attah v'nora sh'mecha v'ein eloah mibbal'adecha ka-katuv. Vayigbah Adonai ts'va'ot ba-mishpat, v'ha-eil ha-kadosh nikdash bitsdakah. Baruch attah Adonai, ha-melech ha-kadosh.



Our God and God of our ancestors, may Your regard and concern for us and our ancestors, for the time of our redemption, for Jerusalem the city of Your holiness, and for all Your people the family of Israel, be close to You and be pleasing to You. Favour us all with freedom and goodness, with grace, love and mercy, on (this day of rest and) this Day for Atonement to be merciful to us and show salvation.

Our Living God,
remember us for good, (Amen)
bring us Your blessing, (Amen)
and save us for a good life. (Amen)
Spare us and be kind to us according
to Your promise of deliverance
and mercy.

Our eyes are turned towards You, for You are a Sovereign of mercy and compassion. אלהינו ואלהי אבותינו. יעלה ויבא ויגיע ויראה וירצה וישמע וִיפַּקֵד וִיזַכֵר זְכַרוֹנֵנוּ וּפִקְדוֹנֵנוּ וְזַכָרוֹן אֲבוֹתֵינוּ וְזַכְרוֹן מָשֵׁיחַ בֵּן דוד עבדה. וזכרון ירושלים עיר ווכרון כל־עמד בית יִשֹּׂרָאֵל לְפַנֵיךָ. לְפַלֵיטָה וּלְטוֹבַה ולחסד ולרחמים לחיים (המנוח ביום הזה וּבִיוֹם) הַכִּפּוּרִים הַזֵּה. לְרַחֵם בּוֹ עלינו ולהושיעינו: זכרנו יהוה אלהינו בו לטובה (אמן) וּפַּקדֵנוּ בוֹ לְבַרְכָה (אמד) והושיענו בו לחיים טובים (אַמַן) וּבְדַבַר יִשׁוּעָה וְרַחֲמִים חוס וְחָנֵנוּ. כִּי אֵלֵיךְ עִינֵינוּ. כִּי אַל מלך חנון ורחום אתה:

אלהינג Eloheinu veilohei avoteinu ya'aleh v'yavo v'yaggi'ah v'yeira'eh v'yeiratseh v'yishama vayippakeid vayizzacheir zichroneinu ufikdoneinu v'zichron avoteinu v'zichron mashi'ach ben david avdecha, v'zichron y'rushalayim ir kodshecha v'zichron kol amm'cha beit yisra'el l'fanecha lifleitah ul'tovah l'chen ul'chesed ul'rachamim, l'chayim ul'shalom, b'yom (ha-mano'ach ha-zeh uv'yom) ha-kippurim ha-zeh, l'racheim bo aleinu ul'hoshi'einu

Zochreinu Adonai eloheinu bo l'tovah (Amen)
U'fokdeinu vo livracha (Amen)
V'hoshi'einu vo l'chavim tovim (Amen)

Uvidvar y'shu'ah v'rachamim chus v'chonneinu, ki eilecha eineinu, ki eil melech chanun v'rachum attah.

All living are one and holy, let us remember as we eat, as we work, as we walk and drive.
All living are one and holy, we must make ourselves worthy. We must act out justice and mercy and healing as the sun rises and as the sun sets, as the moon rises and the stars wheel above us, we must repair goodness.
We must praise the power of the One that joins us.
Whether we plunge in or thrust ourselves far out finally we reach the face of glory too bright for our eyes and yet we burn and we give light.

We will try to be holy,
we will try to repair the world given to us to hand on.
Precious is this treasure of words and knowledge and deeds
that moves inside us.
Holy is the hand that works for peace and for justice,
holy is the mouth that speaks for goodness,
holy is the foot that walks toward mercy.

Let us lift each other on our shoulders and carry each other along. Let holiness move in us.

Let us pay attention to its small voice.

Let us see the light in others and honour that light.

Remember the dead who paid our way here dearly, dearly and remember the unborn for whom we build our houses.

Praise the light that shines before us, through us, after us, Amen.

Marge Piercy

Our God and God of our ancestors, pardon our sins on (this day for rest and) this Day for Atonement. Blot out and remove transgressions from Your sight, as it is said: 'I, and only I, am the One who blots out your transgressions for My own sake, recalling your sins no more.' And it is said: 'I have swept away your transgressions like a cloud, your sins like a mist. Return to Me for I have redeemed you.'2 And it is said: 'For on this day atonement shall be made for you, to cleanse you; of all your sins before the Eternal you shall be cleansed.'3

אלהינו ואלהי אבותינו. מחל לעונותינו ביום (המנוח הזה וביום) הכפורים הזה. מחה וחטאתינו פשעינו מְנָגֶד עֵינֵיך: כַּאַמוּר. אַנֹכי אַנֹכי פשעיה מחה הרא וְחַטֹּאתֵיךְ לֹא אֲזְכֹר: כעב פשעיק חטאתיך. גאַלתִיד: וְנָאֱמֶר. כִּי־בַיּוֹם הַזָּה יַכַפַּר עַלֵיכָם לְטַהֵר אֵתְכָם. מִכּּל חַשׂאתִיכֵם לְפָנֵי יהוה תִּטְהָרוּ:

אַלהֵינוּ Eloheinu veilohei avoteinu, m'chal la'avonoteinu b'yom (ha-manoach ha-zeh uv'yom) ha-kippurim ha-zeh, m'cheih v'ha'aveir p'sha'einu v'chattoteinu minneged einecha. Ka'amur, anochi, anochi hu mocheh p'sha'echa l'ma'ani v'chattotecha lo ezkor. V'ne'emar, machiti cha'av p'sha'echa v'che'anan chattotecha, shuva eilai ki g'alticha. V'ne'emar, ki va-yom ha-zeh y'chappeir aleichem l'taheir etchem, mikkol chattoteichem lifnei Adonai tit-haru.

My God, keep my tongue from causing harm and my lips from telling lies. Let me be silent if people curse me, my soul still humble and at peace with all. Open my heart to Your teaching, and give me the will to practise it. May the plans and schemes of those who seek my harm come to nothing.

May the words of my mouth and the meditation of my heart be acceptable to You, O God, my Rock and my Redeemer.¹

אֶלהֵי נְצוֹר לְשׁוֹנִי מֵרְע. וְשִׂפְתוֹתֵי מִדַּבֵּר מִרְמָה. וְלִמְקַלְלֵי נַפְשִׁי תִדֹּם. וְנַפְשִׁי כֶּעְפָר לַכּּל תִּהְיָה: פְּתַח לִבִּי בְּתוֹרְתֵךְ. וְאַחֲרִי מִצְוֹתֵיךְ תִּרְדּוֹף נַפְשִׁי. וְכְל־ הַקְמִים עָלַי לְרָעָה מְהֵרָה הָפֵּר עֵצָתַם וְקַלְקֵל מַחִשָׁבוֹתַם:

יִהְיוּ לְרָצוֹן אָמְרִי־פִּי. וְהֶגְיוֹן לְבִּי לְפָנֶיךְ. יהוה צוּרִי וְגוֹאֲלִי:

צלהי Elohai n'tsor l'shoni meira, v'siftotai middabbeir mirmah, v'limkal'lai nafshi tiddom, v'nafshi ke'afar la-kol tihyeh. P'tach libbi b'toratecha, v'acharei mitsvotecha tirdof nafshi, v'chol ha-kamim alai l'ra'ah, m'heirah hafeir atsatam, v'kalkeil machsh'votam. Yihyu l'ratson imrei fi, v'hegyon libbi l'fanecha, Adonai tsuri v'go'ali.

עֹשֶׂה May the Maker of peace in the highest bring this peace upon us and upon all Israel and upon all the world. Amen.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו. הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כְּּל־יִשְׂרָאֵל וְעַל־בְּּל־הָעוֹלָם. וְאִמְרוּ. אָמֵן: וְעַל־בְּלֹ-הָעוֹלָם. וְאִמְרוּ. אָמֵן:

עֹשֶׂה Oseh shalom bimromav hu ya'aseh shalom aleinu v'al kol yisra'el v'al kol ha-olam, v'imru Amen.

סליחות S'LICHOT

In the *s'lichot* sections of our Yom Kippur services we seek a connection with God as we prepare for our confessions as a people. We bring three requests before God: *s'lach lanu*, forgive us, *m'chal lanu*, pardon us, *kappeir lanu*, grant us atonement. But we also bring with us three remedies that our tradition offers, the responsibilities that we ourselves undertake: *t'fillah*, prayer, *t'shuvah*, repentance, *ts'dakah*, righteous behaviour. May these be our guides as we invoke the prayers and teachings of our tradition and of today.

We are judged every moment of our life by what we have done and what we have left undone. This is the judgment of truth, which is partial, or the judgment of the world, which is superficial. If we care for our souls, then now is the time for that judgment of truth we pushed aside. Without it we cannot go forward; if we reject it, we cannot grow. Eternal God, You have given us our chance this day. Let us take it now, for if not now, when?

יַּצְלֶּה May our prayer rise up from dusk, our cry for help come to You from dawn, till our song be heard at dusk.

May our yearning rise up from dusk, and come to You from dawn, till You turn to us at dusk.

יַּצְלֶה Ya'aleh tachanuneinu mei'erev, v'yavo shav'ateinu mibboker, v'yeira'eh rinnuneinu ad arev. יַּעֲלֶה תַּחֲנוּנֵנוּ מֵעֶרֶב. וְיָבֹא שַׁוְעָתֵנוּ מִכְּקֶר. וְיִרָאָה רְנּוּנֵנוּ עַד עְרֶב: יַעֲלֶה אֶנְקָתֵנוּ מֵעֶרֶב. וְיָבֹא אֵלֶיךְ מִכְּקָר. וְיַבֹא אֵלֶירָ מִכְּקָר.

Ya'aleh enkateinu mei'erev, v'yavo eilecha mibboker, v'yeira'eh eileinu ad arev.

All Vows

All vows, promises, and commitments made in Your Presence Since last Yom Kippur and in the years before, May we be given strength to keep them.

Our marriage vows – may they endure Through dark days and through dull days, Through fatigue and through anger. May our love prove strong enough, and our faith deep enough, to last.

Our vows to ourselves, commitments to good health, May we take our own lives seriously enough to heed them, Keeping our promises in the way we eat and drink, The way we work and rest, And the things that get us angry.

The promises we made to study and to worship — We meant them when we made them, But so many things get in the way. This time, may we be strong enough to let our better selves prevail.

Promises made by boys and girls, who stood on this pulpit, Who glimpsed what life as Jews might hold in store for them, May their idealism and vision be with them through all their days.

Commitments made to parents and friends, Pledges to charity, and other good intentions, — Help us to become as noble, compassionate, and generous, As we saw ourselves to be at those moments.

Dear God, we meant in all seriousness the promises we made To You, to each other and to ourselves, Even as we mean the vows we speak tonight. They were our reaching toward You, as plants toward the light.

May You reach down to us as we reach up toward You, And give us strength and self-respect, fidelity and vision, To grow to be the people we have sworn to be.

All vows, commitments, obligations, Promises we make From this Yom Kippur day until the next – May we be strong enough to keep them.

Rabbi Harold S. Kushner

אָמַר Said Rabbi Levi: 'God appears to Israel like a mirror in which many faces can be reflected; a thousand people look at it, it looks at each of them.'

אָמַר רַבִּי לֵוִי. נִרְאָה לָהֶן הַקְּדוֹשׁ בָּרוּךְ הוּא כְּאִיקוֹנִין הַזּוֹ שָׁיֵשׁ לְה פָּנִים מִכְּּל־מָקוֹם: אֶלֶף בְּנֵי אָדָם מַבִּיטִין בָּה וְהִיא מַבֶּטֶת בְּכוּלָן:

אָמַר Amar rabbi leivi, nir'ah lahen ha-kadosh baruch hu k'ikonin ha-zo sheyeish lah panim mikkol makom. Elef b'nei adam mabbitin bah v'hi mabbetet b'chulan.

God, we speak of You using a thousand images, trying to discover Your truth behind them. When we acknowledge the power that underlies creation we address you as Sovereign. When we feel Your nearness and wonder that touch us, we know You as our parent. Help us as we use these names we give You to reach beyond them and find Your presence in our lives.

There is a parable of a king's son who had gone astray from his father a hundred days' journey. His friends said to him: 'Return to your father.' He replied: 'I cannot, I have not the strength.' Then his father, the king, sent to say to him, 'Come back as far as you can, according to your strength, and I will go the rest of the way to meet you.' God is the king who says to Israel: 'Return to Me, and I will return to you.'

לְבֶּן מֶלֶךְ שֶׁהָיָה רְחוּק מֵאָבִיוּ מַהְלַךְ מֵאָה יוֹם: אֲמְרוּ לוֹ אוֹהֲבִין. חֲזוֹר אֵצֶל אָבִיךּ: אָמַר לְהֶם. אֵינִי יְכוֹל: שָׁלַח אָבִיוּ וְאָמֵר לוֹ. הֲלֹךְ מָה שֵׁאַתָּה יְכוֹל לְפִי כֹחֲךְ וַאֲנִי בָא אֶצְלְךְ בִּשְׁאַר הַבֶּרוּךְ: כָּךְ אָמֵר לְהֶם הַקְּדוֹשׁ בָּרוּךְ הוּא. שְׁוֹבוּ אֵלֵי וְאָשְׁוּבָה אֲלֵיכֶם:

אָמַר L'ven melech shehayah rachok mei 'aviv mahalach mei 'ah yom. Am 'ru lo ohavin, chazor eitsel avicha. Amar lahem, eini yachol. Shalach aviv v'amar lo, haloch mah she 'attah yachol l'fi chochacha va 'ani va etsl'cha bish 'ar ha-derech. Kach amar lahem ha-kadosh baruch hu, shuvu eilai v'ashuvah aleichem.



Our God and Sovereign, whose power rests on mercy, who works through deeds of love and kindness, who forgives the faults of Your people, whose pardon reaches out to sinners and whose forgiveness to their errors - Your justice is at work in their bodies and souls. God does not pay them back with their own evil.

O God, teach us Your own goodness and mercy. It is written in the Torah: 'And the Eternal came down in a cloud; God stood there with Moses and proclaimed the name of the Eternal. Then the Eternal passed before him and proclaimed:

The Eternal, Eternal, a God of mercy and compassion, slow to anger, generous in love and faithfulness, showing love to thousands, forgiving sin, wrong and error; who pardons.'

אֵל מֶלֶךְ יוֹשֵׁב עַל כְּסֵא רַחֲמִים מִּתְנַהֵג בַּחֲסִידוֹת. מוֹחֵל עֲוֹנוֹת עַמּוֹ. מַרְבֶּה מְחִילָה לְחַטְּאִים וֹסְלִיחָה לְפּוֹשְׁעִים. עוֹשֶׁה צְדָקוֹת עִם כְּּל־בָּשֶׂר לֹא כְרָעָתָם לְהֶם גּוֹמֵל: אֵל הוֹרִתְנוּ מִדּוֹת טוּבְךְ וְרַחֲמֶיךְ. מַבְּרוֹב בְּתוֹרָתֶךְ. וַיֵּבְר יהוה בָּעָנָן וַיִּתְיַצֵב עִמּוֹ וַיִּעֲבֹר יהוה עַל־פָּנָיוֹ וַיִּקְרָא יהוה יהוה אֵל רַחוּם וְחַבּוּן. אֵרְךְ אַפֵּיִם וְרַב־חֵסֵד וֵאֵמֵת:

נצר חסד לאלפים

נשא עון וַפַשע וַחַטָּאָה וְנַקָּה:

Eil melech yosheiv al kissei rachamim, mitnaheig bachasidot, mocheil avonot ammo, marbeh m'chillah l'chatta'im us'lichah l'fosh'im, oseh ts'dakot im kol basar v'ruach, lo ch'ra'atam lahem gomeil. Eil horeitanu middot tuv'cha v'rachamecha, ka-katuv b'toratecha, va-yeired Adonai be-anan va-yityatseiv immo sham va-yikra' v'sheim Adonai. Va-ya'avor Adonai al panav va-yikra, Adonai, Adonai, eil rachum v'channun, erech appayim v'rav chesed ve'emet, notseir chesed la-alafim, nosei avon vafesha' v'chata'ah v'nakkeih.

שמע Hear our voice, our Living God. Show us mercy and compassion, and accept our prayer with love and favour.

Turn us back to You, Eternal, and we shall return; renew our lives as of old.

שְׁמַע קוֹלֵנוּ יהוה אֱלֹהֵינוּ. חוּס וְרַחֵם עָלֵינוּ. וְקַבֵּל בְּרַחֲמִים וּכְרָצוֹן אֶת־תְּפִּלְּתֵנוּ: הֲשִׁיבֵנוּ יהוה אֵלֶיךּ וְנָשְׁוּכָה. חַדֵּשׁ יַמֵינוּ כִּקֵדִם:

שׁמֵע Sh'ma koleinu Adonai eloheinu, chus v'racheim aleinu, v'kabbeil b'rachamim uv'ratson et t'fillateinu. Hashiveinu Adonai eilecha v'nashuvah, chaddeish yameinu k'kedem. How did the Kol Nidre originate? The mysterious and solemn introduction intoned by the rabbi before the Kol Nidre, which originates in the dim past, has suggested an answer. The formula reads: Biyeshivah shel ma'alah, uviyeshivah shel mattag, 'al da'at hamakom ve'al da'at hakahal, 'anu mattirin lehitpallel 'im has'abharyanim, "With the permission of the Court on High, and the permission of the Court on earth, with the consent of God and the approval of this congregation, we hereby declare it lawful to worship with the transgressors."

Who are those "transgressors"? Scholars have suggested that this refers to one of the many periods in Jewish history when Jews were threatened with massacre or expulsion, or the expropriation of their property, unless they adopted the dominant faith if the particular country in which they lived. In spite of these perils, many Jews clung bravely to their faith and their religion, and paid a heavy price for their loyalty. But others were too week or the temptations were too strong, and so they adopted the faith of the majority. Throughout the year they professed alien rites and pronounced alien prayers.

Came Yom Kippur eve, and the moment of truth had arrived when their whole being cried out for the forgiveness of the God of Israel, and for fellowship with the household of Israel. And so in stealth and trembling they made their way to the synagogues, and the rabbis gave permission for them to enter using the formula which we have already quoted. When these penitents intoned the Kol Nidre, they were asking to be forgiven for all the unworthy vows of loyalty to alien creeds, which they had spoken out of their weakness, because of their inability to resist the threats or the blandishments invoked against them.

Where did the Kol Nidre arise? The traditional explanation sees its origin in Spain, where thousands of crypto-Jews, or Marranos, professed Christianity outwardly while seeking to remain loyal to the God of Israel. Some scholars have traced the Kol Nidre further back to Babylonia, where the fanatical sect of fire worshippers compelled Jews to accept their faith, and where there were also untold numbers who lived outwardly as Zoroastrians and inwardly as Jews.

Probably the origin of the words of the Kol Nidre, like that of its moving melody, will remain forever sealed. Precisely for this reason, the Kol Nidre will continue to be the matchless and eternal expression of the miracle of Jewish survival, a miracle which is also a mystery, deepened by two thousand years of exile and persecution, of spoliation, and massacre.

Rabbi Robert Gordis

ודוי *VIDUI* - CONFESSION

Before we can be healed, we must acknowlege our illness.

Before we can find light, we must know our own darkness.

Before we can be forgiven, we must confess our sins.

We confess our sins and those of our fellows, for we are responsible each for the other. Heal us, and lead us through the darkness into light. Our God and God of our ancestors, let our prayer reach You – do not turn away from our pleading. For we are not so arrogant and obstinate to claim in Your presence, our God and God of our ancestors, that we are indeed righteous people and have never sinned. But we know that both we and those before us have sinned.

אֱלֹהֵינוּ וֵאלֹהֵי אַבוֹתֵינוּ תָּבֹא לְפָנֶיךְ תְּפִּלְתַנוּ. וְאַל תִּתְעַלֵּם מִתְּחִנְּתֵנוּ: שֶׁאֵין אֲנַחְנוּ עַזֵּי פָנִים וּקְשֵׁי עֶרֶף לוֹמֵר לְפָנֵיךְ יהוה אֱלֹהֵינוּ וַאלֹהֵי אֲבוֹתֵינוּ. צַדִּיקִים אֲנַחְנוּ וְלֹא חָטָאנוּ: אֲכָל אֲנַחְנוּ וַאֲבוֹתֵינוּ חָטָאנוּ:

Eloheinu veilohei avoteinu tavo l'fanecha t'fillateinu, v'al tit'allam mitt'chinnateinu. She'ain anachnu azzei fanim uk'shei oref lomar l'fanecha Adonai eloheinu veilohei avoteinu, tsaddikim anachnu v'lo chatanu. Aval anachnu va'avoteinu chatanu.

ודוי זוטא VIDUI ZUTA

	דְבַּרְנוּ דְפִי:	בָּזַלְנוּ.	בָּגִדנו.	אשמנר.
טָפַלְנוּ שֶׁקֶר:	קמַסְנוּ.	וַדְנוּ.	ַרְהָרְשַׁעְנוּ.	ָדֶּעֶרֵינוּ.
נאַצָנו:	כָּלֶרֶדְנוּ.	לַּצְנוּ.	כַּזַבְנוּ.	ָּעַצְנוּ רָע.
:קשינו ערף	ַצְרַרנוּ.	פָשַׁעְנוּ.	עָרִינוּ.	סָרַרְנוּ.
תִּעְתֶּעְנוּ:	רָּעִינר.	תַּעְכְנוּ.	שׁחַתְנוּ.	רְשַׁענו.

אשמנר Ashamnu, bagdnu, dibarnu dofi. gazalnu, He'evinu. v'hirsha'nu, zadnu, chamasnu, tafalnu sheker. Ya'atsnu ra, kizzavnu, latsnu, maradnu, ni'atsnu. Sararnu, pasha'nu, tsararnu, kishinu oref. avinu. Rasha'nu. shichatnu. ta'inu. ti'ta'nu. ti'avnu.

אשמנו We have abused and betrayed. We are cruel.

We have destroyed and embittered other people's lives.

We were false to ourselves.

We have gossiped about others and hated them.

We have insulted and jeered. We have killed. We have lied.

We have misled others and neglected them.

We were obstinate. We have perverted and quarreled.

We have robbed and stolen.

We have transgressed through unkindness.

We have been both violent and weak.

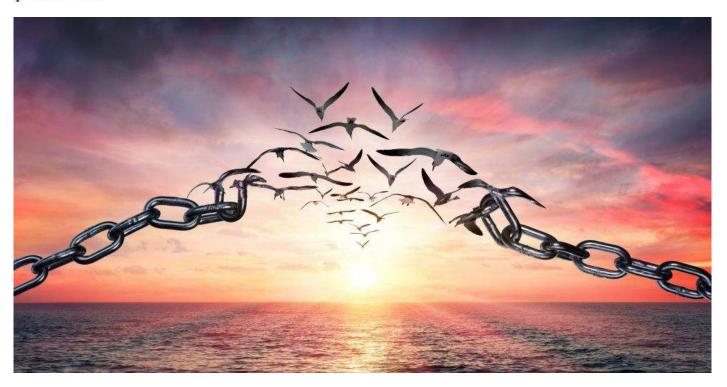
We have practised extortion.

We have yielded to wrong desires, our zeal was misplaced.

יהי רְצוֹן Our God and God of our ancestors, have mercy on us and pardon all our sins; grant atonement for all our iniquities, forgiveness for all our transgressions.

יְהִי רָצוֹן מִלְפָנֶיְדְ יהוה אֱלֹהֵינוּ וַאלֹהֵי אַבּוֹתֵינוּ. שֶׁהְּכַפֵּר לְנוּ עַל־כְּל־חַטֹּאתֵינוּ. וְתִמְחַל לְנוּ עַל־כְּל־עֲוֹנוֹתִינוּ. וְתִסְלַח לְנוּ עַל־כְּל־בְּשָׁעֵינוּ:

יָהִי ְצוֹן Y'hi ratson milfanecha Adonai eloheinu veilohei avoteinu, shet'chappeir lanu al kol chatoteinu, v'timchal lanu al kol avonoteinu, v'tislach lanu al kol p'sha'einu.



On Forgiving

'I hereby forgive all who have hurt me...': as we say the words, we may wonder: is it really that easy? Is it so straightforward for forgiveness, however heartfelt, to spread its benign balm over the hurts we have endured? Can forgiveness be achieved just by wishing it so?

We turn again to the words of tradition, centuries old, prayers worn smooth as pebbles by their repetition through the generations - and as we grasp them anew, we recognise how hard it is to bridge the gap between the words on the page and the feelings that lie within us. And yet this is the work we are called upon to do during these Days of Awe: to reflect on the hurts we have received that damaged our sense of well-being, and to acknowledge the hurts we caused, which damaged the well-being of others.

To forgive others, to forgive ourselves – this is our struggle. The words of tradition are sign-posts on the journey into ourselves: may they help us rather than hinder us, may they support us as we seek to attune our lives to the values of our tradition, may they guide us as we strive to harmonise 'the words of our mouths' with 'the meditations of our hearts'.

ודוי רבא VIDUI RABBA

Either: JVIDUI RABBA

על חֵטְא For the sin we have committed before You by foolish speech.

And for the sin we have committed before You by misusing our minds.

For the sin we have committed before You by the demands of business.

And for the sin we have committed before You by using violence.

For the sin we have committed before You by bribery.

And for all the sins we have committed before You by compulsion.

For all these sins, forgiving God, forgive us, pardon us, grant us atonement.

עַל חָטָא שֶׁחָטֵנוּ לְפָנֶיךּ וְעַל חֵטָא שֶׁחָטֵנוּ לְפָנֵיךּ בְּכְלִי דֶעַת: בְּכְלִי דֶעַת: עַל חַטְא שֶׁחָטֵנוּ לְפָנֶיךּ וְעַל חֵטָא שֶׁחָטֵנוּ לְפָנֶיךּ בְּחָזֶק יָד: עַל חַטְא שֶׁחָטֵנוּ לְפָנֵיךּ עַל חַטְא שֶׁחָטֵנוּ לְפָנֵיךּ בְּכַפַּת שֹׁחַד. וְעַל חַטְא שֶׁחָטֵנוּ לְפָנֵיךְ בְּאִנֶּס:

וְעֵל כֻּלֶּם אֱלְוֹהַ סְלִיחוֹת סְלַח לֶנוּ. מְחַל לֶנוּ. כַּפֶּר־לֶנוּ:

על חטא Al cheit shechatanu l'fanecha b'tipshut peh,
V'al cheit shechatanu l'fanecha bivli da'at.
Al cheit shechatanu l'fanecha b'massa uv'mattan,
V'al cheit shechatanu l'fanecha b'chozek yad.
Al cheit shechatanu l'fanecha b'chappat shochad,
V'al cheit shechatanu l'fanecha b'ones.
V'al kullam eloah s'lichot s'lach lanu, m'chal lanu, kappeir lanu.

על הַטְא For the sin we have committed before You by speaking slander.

And for the sin we have committed before You by showing contempt.

For the sin we have committed before You by financial greed.

And for the sin we have committed before You by tempting others.

For the sin we have committed before You by gossip.

And for all the sins we have committed before You by choice.

For all these sins, forgiving God, forgive us, pardon us, grant us atonement.

עַל חֵטְא שֶׁחָטָנוּ לְפָּנֶיךְ בִּלְשׁוֹן הָרָע.

ּוְעַל חֵטְא שֶׁחָטְנוּ לְפָנֶיךְ בְּלְצוֹן: עַל חֵטָא שֵׁחַטַנוּ לְפַנֵיךְ

בְּנֶשֶׁךְ וּבְמַרְבִּית.

וְעַל חֵטְא שֶׁחָטְנוּ לְפָנֵיךְ בִּשִׂקוּר עַיִן:

עַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְּ בּרכילוּת.

וַעַל חֵטָא שֶׁחָטֶנוּ לְפָנֶיךְ בִּרָצוֹן:

וְעֵל כָּלְם אֱלְוֹהַ סְלִיחוֹת סְלַח לָנוּ. מְחַל לָנוּ. כַּפֶּר־לָנוּ:

על חֵטְא Al cheit shechatanu l'fanecha bilshon ha-ra, V'al cheit shechatanu l'fanecha b'latson.
Al cheit shechatanu l'fanecha b'neshech uv'marbit, V'al cheit shechatanu l'fanecha b'sikkur ayin.
Al cheit shechatanu l'fanecha birchilut, V'al cheit shechatanu l'fanecha b'ratson.
V'al kullam alogh s'lighet s'lagh lang m'challang.

V'al kullam eloah s'lichot s'lach lanu, m'chal lanu, kappeir lanu.

על הַטְא For the sin we have committed before You by plotting against others.

And for the sin we have committed before You by hard-heartedness.

For the sin we have committed before You by being arrogant.

And for the sin we have committed before You by giving in to despair.

For the sin we have committed before You by giving way to our own evil.

And for all the sins we have committed before You secretly.

For all these sins, forgiving God, forgive us, pardon us, grant us atonement.

עַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ בִּצְדִיַּת רֻעַ. וְעַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ עַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ בְּעִינַיִם רְמוֹת. וְעַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ עַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ עַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ וְעַל חֵטְא שֶׁחָטֵנוּ לְפָנֶיךְ וְעַל כִּלָּם אֵלְוֹהַ סִלִיחוֹת וְעַל כִּלָּם אֵלְוֹהַ סִלִיחוֹת

סְלַח לָנוּ. מְחַל לָנוּ. כַּפֵּר־לַנוּ:

על הוטא Al cheit shechatanu l'fanecha bitsdiyyat rei'a, V'al cheit shechatanu l'fanecha b'immuts ha-leiv. Al cheit shechatanu l'fanecha b'einayim ramot, V'al cheit shechatanu l'fanecha b'timhon leivav. Al cheit shechatanu l'fanecha b'yeitser ha-ra, V'al cheit shechatanu l'fanecha ba-sater. V'al kullam eloah s'lichot s'lach lanu, m'chal lanu, kappeir lanu.

על חֵטְא For the sin we have committed before You by over-eating and -drinking.

And for the sin we have committed before You by hurting others.

For the sin we have committed before You by rejecting parents and teachers.

And for the sin we have committed before you by misusing sex.

For the sin we have committed before You by allowing ourselves to be used for evil.

And for all the sins we have committed before You openly.

For all these sins, forgiving God, forgive us, pardon us, grant us atonement.

עַל חֵטְא שֶׁחָטָנוּ לְפָנֵיךּ בְּמַאֲכָל וּבְמִשְׁתָּה. וְעַל חֵטְא שֶׁחָטָנוּ לְפָנֵיךְ עַל חֵטְא שֶׁחָטָנוּ לְפָנֵיךְ בְּזִלְזוּל הוֹרִים וּמוֹרִים. וְעַל חֵטְא שֶׁחָטָנוּ לְפָנֵיךְ בְּגִלוּי עֲרָיוֹת: בְּגִלוּי עֲרָיוֹת: בְּרִיצַת רַגְלַיִם לְפָנֵיךְ וְעַל חֵטְא שֶׁחָטָנוּ לְפָנֵיךְ וְעַל כִּלָּם אֱלְוֹהַ סְלִיחוֹת

סלח לנו. מחל לנו. כפר־לנו:

על חֵטְא Al cheit shechatanu l'fanecha b'ma'achal uv'mishteh, V'al cheit shechatanu l'fanecha b'hona'at rei'a. Al cheit shechatanu l'fanecha b'zilzul horim umorim, V'al cheit shechatanu l'fanecha b'gillui arayot. Al cheit shechatanu l'fanecha b'ritsat raglayim l'hara, V'al cheit shechatanu l'fanecha ba-gallui. V'al kullam eloah s'lichot s'lach lanu, m'chal lanu, kappeir lanu.

על הַטְא For the sin we have committed before You by hatred without cause.

And for the sin we have committed before You by envy.

For the sin we have committed before You by betraying trust.

And for the sin we have committed before You by false pride.

For the sin we have committed before You by judging others too readily.

And for all the sins we have committed before You unconsciously.

For all these sins, forgiving God, forgive us, pardon us, grant us atonement.

עַל חֵטְא שֶׁחָטְנוּ לְפָנֶיְךְ בְּשִׂנְאַת חִנָּם. וְעַל חֵטְא שֶׁחָטְנוּ לְפָנֶיְךְ בְּצְרוּת עָיִן: עַל חֵטְא שֶׁחָטְנוּ לְפָנֶיְךְ וְעַל חֵטְא שֶׁחָטְנוּ לְפָנֶיְךְ בְּקַשְׁיוּת עְׂרָף: בְּקַשְׁיוּת עְׂרָף: עַל חֵטְא שֶׁחָטְנוּ לְפָנֶיִךְ בִּפְלִילוּת.

ּוְעַל חֵטְא שֶׁחָטֶנוּ לְפָּנֶיךְ בְּשׁוֹגֵג:

וְעֵל כָּלָם אֱלְוֹהַ סְלִיחוֹת סְלַח לְנוּ. מְחַל לְנוּ. כַּפֶּר־לְנוּ:

על חֵטָא Al cheit shechatanu l'fanecha b'sinat chinnam,
V'al cheit shechatanu l'fanecha b'tsarut ayin.
Al cheit shechatanu l'fanecha bit-sumet yad,
V'all cheit shechatanu l'fanecha b'kashyut oref.
Al cheit shechatanu l'fanecha biflilut,
V'al cheit shechatanu l'fanecha b'shogeig.
V'al kullam eloah s'lichot s'lach lanu, m'chal lanu, kappeir lanu.

על חֵטָא For the sin we have committed before You by fraud and falsehood.

And for the sin we have committed before You by perjury.

For the sin we have committed before You by despising You.

And for the sin we have committed before You by denying our religious duty.

For the sin we have committed before You by insincere confession of sin.

And for all the sins we have committed before you consciously.

For all these sins, forgiving God, forgive us, pardon us, grant us atonement.

עַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ בְּכַחַשׁ וּבְכָזָב. וְעַל חֵטְא שֶׁחָטְנוּ לְפָנֶיךְ בִּשְׁבְוּעַת שְׁוְא: עַל חֵטְא שֶׁחָטָנוּ לְפָנֶיךְ בְּחָלוּל הַשֵּׁם. וְעַל חֵטְא שֶׁחָטְנוּ לְפָנֶיךְ וְעַל חֵטְא שֶׁחָטְנוּ לְפָנֶיךְ

עַל חֵטְא שֶׁחָטֶנוּ לְפָנֶיךְ בִּרְבּוּר פֵּה.

ּוְעַל חֵטָא שֶׁחָטֶנוּ לְפָּנֶיְךְ בְּמֵזִיד:

וְעַל כָּלָם אֱלְוֹהַ סְלִיחוֹת סְלַח לָנוּ. מְחַל לָנוּ. כַּפֶּר־לָנוּ:

על חֵטָא Al cheit shechatanu l'fanecha b'chachash uv'chazav,
V'al cheit shechatanu l'fanecha bishvu'at shav.
Al cheit shechatanu l'fanecha b'chillul ha-shem,
V'al cheit shechatanu l'fanecha bifrikat ol.
Al cheit shechatanu l'fanecha b'dibbur peh,
V'al cheit shechatanu l'fanecha b'meizid.
V'al kullam eloah s'lichot s'lach lanu, m'chal lanu, kappeir lanu.

אלהינוּ Our God and God of our ancestors, forgive us, pardon us and grant us atonement:

For we are Your people and You are our God. We are Your children and You are our parent. We are Your servants and You are our master. We are Your community and You are our portion.

We are Your inheritance and You are our destiny. We are Your flock and You are our shepherd. We are Your vineyard and You are our keeper. We are Your work and You are our creator.

We are Your beloved and You are our friend. We are Your own and You are our nearest. We are Your people and You are our Sovereign. We are the people known to You and You are the God known by us. אֶלהֵינוּ וַאלהֵי אֲבוֹתֵינוּ. סְלַח־לֵנוּ. מְחַל־לֵנוּ. כַּפֶּר־לֵנוּ:

כִּי אֲנוּ עַמֶּךְ וְאַתָּה אֱלֹהֵינוּ:

אָנוּ כָנֶיךְ וְאַתָּה אָבִינוּ:

אָנוּ עַכָדֶיךְ וְאַתָּה אֲדוֹנֵנוּ:

אַנוּ קַהַלֶּךְ וְאַתָּה חֵלְקֵנוּ:

אָנוּ נַחֲלֶתֶךּ וְאַתָּה גוֹרָלֵנוּ:

אַנוּ צֹאנֶךְ וְאַתָּה רוֹעֵנוּ:

אָנוּ כַרְמֶךְ וְאָתָה נוֹטְרֵנוּ:

אָנוּ פְעָלָתֶךְ וְאַתָּה יוֹצְרֵנוּ:

אָנוּ רַעְיָתֶךְ וְאַתָּה דוֹדֵנוּ:

אַנוּ סָגַלֶּתֶךְ וְאַתָּה קְרוֹבֵנוּ:

אָנוּ עַמֶּךְ וְאַתָּה מַלְכֵּנוּ:

אָנוּ מַאֲמִירֶיךְ וְאַתָּה מַאֲמִירֵנוּ:

Eloheinu veilohei avoteinu, s'lach lanu, m'chal lanu, kapper lanu.

Ki anu ammecha v'attah eloheinu. Anu vanecha v'attah avinu. Anu avadecha v'attah adoneinu. Anu k'halecha v'attah chelkeinu.

Anu nachalatecha v'attah goraleinu. Anu tsonecha v'attah ro'einu. Anu charmecha v'attah notreinu. Anu f'ullatecha v'attah yotsreinu.

Anu rayatecha v'attah dodeinu. Anu s'gullatecha v'attah k'roveinu. Anu ammecha v'attah malkeinu. Anu ma'amirecha v'attah ma'amireinu. I have no idea to whom,
I have no idea for what I am praying.
A prayer is bound up within me
and searches for a God
and searches for a Name.
I pray in the countryside
in the roar of the city street
together with the wind which rushes before me.
A prayer is bound up within me
and searches for a God
and searches for a Name.

Kadya Molodowsky



אבינר Avinu Malkeinu, we have sinned before You. Avinu Malkeinu. we have no Sovereign but You. Avinu Malkeinu, help us for Your own sake. Avinu Malkeinu, grant us a new year of goodness. Avinu Malkeinu. keep Your children safe from disease and violence, hunger and persecution. Avinu Malkeinu, abolish all oppressive laws against us. Avinu Malkeinu, bring true healing to our sick. Avinu Malkeinu, pardon us and forgive all our iniquities. Avinu Malkeinu, record us in the Book of Life for a decent life and livelihood. Avinu Malkeinu, remember that we are but dust. Avinu Malkeinu, remember us for a good life. Avinu Malkeinu record us in the Book for redemption and salvation.

אבינו מלכנו חטאנו לפניד: אַבִינוּ מַלְכֵּנוּ אֵין לַנוּ מֵלֶךְ זוּלְתַךְ: אַבינוּ מַלְכֵּנוּ עַשַּה עמַנוּ למען שמד: אַבִינוּ מַלְכֵנוּ חדשׁ עלינו שנה טובה: אבינו מלפנו פלה דבר וחרב ורעב ושבי ומשחית וּמַגַּפָה מִבְּנֵי בְרִיתֵּך: אָבֶינוּ מַלְבֵּנוּ בַּטֵל מֵעַלִינוּ בַּל־גַזֵרוֹת קשות: אַבִינוּ מַלְכֵּנוּ שָׁלָח רְפּוּאַה שׁלְמַה לְחוֹלֵי עַמֵּך: אַבֵינוּ מַלְכֵּנוּ מְחַל לַנוּ וּסְלַח לכל־עונותינו: אבינו מלכנו כתבנו בַּסֵפֵר פַּרנַסָה וְכַלְכַּלָה: אַבינוּ מַלְכֵּנוּ זְכוֹר כִּי עַפָּר אַנַחָנוּ: אבינו מלכנו זכרנו לחיים טובים: אַבִינוּ מַלְכֵנוּ כַּתבנוּ בַּסֵפֵר גָאָלָה וִישׁוּעָה:

אָבִינוּ Avinu malkeinu, chatanu l'fanecha.
Avinu malkeinu, ein lanu melech zulatecha.
Avinu malkeinu, aseih immanu l'ma'an sh'mecha.
Avinu malkeinu, chaddeish aleinu shanah tovah.
Avinu malkeinu, kalleih dever v'cherev v'ra'av ush'vi umashchit umaggeifah mibb'nei v'ritecha.

Avinu malkeinu, batteil mei 'aleinu kol g'zeirot kashot.
Avinu malkeinu, sh'lach r'fu 'ah sh'leimah l'cholei ammecha.
Avinu malkeinu, m'chal lanu us 'lach l'chol avonoteinu.
Avinu malkeinu, kotveinu b'seifer parnasah v'chalkalah.
Avinu malkeinu, z'chor ki afar anachnu.
Avinu malkeinu, zochreinu l'chayyim tovim.
Avinu malkeinu, kotveinu b'seifer g'ullah vishu'ah.

Avinu Malkeinu, strengthen Your people Israel.

Avinu Malkeinu, help us to return to You in complete repentance.

Avinu Malkeinu, hear our voice, show us Your mercy and compassion.

Avinu Malkeinu, spare us, our young and our children.

Avinu Malkeinu, let this hour be an hour of mercy and a time You favour.

Avinu Malkeinu, do this because of those who are killed in Your name.

Avinu Malkeinu, do not send us away empty from Your presence.

Avinu Malkeinu, answer us with Your grace, for we lack good deeds; deal with us in charity and love, and save us. אָבְינוּ מַלְבֵּנוּ הָרֵם קֶרֶן
יִשְׂרָאֵל עַמֶּך:
אָבִינוּ מַלְבֵּנוּ הַחְזִיבְנוּ
בְּתְשׁוּבָה שְׁלֵמָה לְפָנֶיך:
אָבִינוּ מַלְבֵּנוּ שְׁמֵע קוֹלֵנוּ
אָבִינוּ מַלְבֵּנוּ שְׁמֵע קוֹלֵנוּ
יְעַל עוֹלְלֵינוּ וְטַפֵּינוּ:
אָבִינוּ מַלְבֵּנוּ תְּהִי הַשְּׁעָה הַזֹּאת
שְׁעַת רַחֲמִים וְעֵת רָצוֹן מִלְפָנֶיךּ:
אָבִינוּ מַלְבֵּנוּ עֲשֵׂה לְמַעֵן הַרוּגִים
עַל שֵׁם קְּנְישָׁה:
עַל שֵׁם קְּרְשֶׁך:
אָבִינוּ מַלְבֵּנוּ אֵל תְּשִׁיבֵנוּ

אָבִינוּ מַלְפֵנוּ. חְּנֵנוּ וַעְנֵנוּ. כִּי אֵין בְּנוּ מַעְשִׁים. עֲשֵׂה עִמָּנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעֵנוּ:

Avinu malkeinu, hareim keren yisra'el ammecha.
Avinu malkeinu, hachazireinu bitshuvah sh'leimah l'fanecha.
Avinu malkeinu, sh'ma koleinu chus v'racheim aleinu.
Avinu malkeinu, chamol aleinu v'al olaleinu v'tappeinu.

Avinu malkeinu, t'hi ha-sha'ah ha-zot sh'at rachamim v'eit ratzon mill'fanecha.
Avinu malkeinu, aseih l'ma'an harugim al sheim kodshecha.
Avinu malkeinu, al t'shiveinu reikam mill'fanecha.
Avinu malkeinu, chonneinu va'aneinu, ki ein banu ma'asim, aseih immanu ts'dakah vachesed v'hoshi'einu.

עלינו ALEINU

נְּלֵנְנּ It is our duty to praise the Ruler of all, to recognise the greatness of the Creator of first things, who has chosen us from all peoples by giving us Torah.

Therefore we bend low and submit, and give thanks before the supreme Sovereign, the Holy Blessed One, who extends the limits of space and makes the world firm; whose glory extends through the universe beyond, and whose strength into farthest space. This is our God and no other; in truth this is our Sovereign and none else. It is written in God's Torah: 'Realise this today and take it to heart; that God is Sovereign in the heavens above and on the earth beneath; no other exists.'

ּ לְשַׁבַּחַ לַאֲדוֹן הַכֹּל. בָּחַר־בָּנוּ מִכָּל־הַעַמִּים. ונתן־לַנוּ אַת־תּוֹרַתוֹ: ומשתחוים מקה הַמַּלַכִים הַקַּדוֹשׁ בַּרוּךְ הוּא: שהוא נוטה שמים ויוסד ארץ. בשמים ממעל. יקרו בַּגַבְהֵי מְרוֹמִים: עזר עוד. אמת אלהינו זולתו: ככתוב אפס בַּתוֹרַתוֹ. וַיַדַעִתַּ הַיּוֹם וַהַשֶּׁבְתַּ אַל לְבַבַך. כִּי יהוה הוּא הַאַלהִים ממעל מתחת אין עוד:

לְלֵלְנוֹ Aleinu l'shabbei'ach la'adon ha-kol, lateit g'dullah l'yotseir b'reishit, asher bachar banu mikkol ha-ammim, v'natan lanu et torato, va'anachnu kor'im umishtachavim umodim, lifnei melech malchei ha-m'lachim, ha-kadosh baruch hu, shehu noteh shamayim v'yoseid arets, umoshav y'karo ba-shamayim mimma'al ush'chinat uzzo b'govhei m'romim. Hu eloheinu, ein od, emet malkeinu, efes zulato, ka-katuv b'torato: V'yadata ha-yom vahasheivota el l'vavecha, ki Adonai hu ha-elohim bashamavim mimma'al v'al ha-arets mittachat ein od.

על־בֵּן Therefore, Almighty God, we put our hope in You. Soon let us witness the glory of Your power; when the worship of material things shall pass away from the earth, and prejudice and superstition shall at last be cut off; when the world will be set right by the rule of God, and all humanity shall speak out in Your name, and all the wicked of the earth shall turn to You.

Either:

Then all who inhabit this world shall meet in understanding, and shall know that we are all partners in the repairing of Your world.

Or:

Then all who inhabit this world shall meet in understanding, and shall know that to You alone each one shall submit, and pledge themselves in every tongue. In Your presence, Almighty God, they shall bow down and be humble, honouring the glory of Your being. All shall accept the duty of building Your kingdom, so that Your reign of goodness shall come soon and last forever.

For Yours alone is the true kingdom, and only the glory of Your rule endures forever. So it is written in Your Torah: 'The Eternal shall rule forever and ever.'

עַל־כֵּן נְקַנֶּה לְךְּ יהוֹה אֱלֹהֵינוּ לְרְאוֹת מְהֵרָה בְּתִפְּאֶרֶת עָזֶּךְּ. לְהַעֲבִיר גִּלּוּלִים מִן הָאֵרֶץ וְהָאֱלִילִים כָּרוֹת יִכְּרֵתוּן: לְתַקֵּן עוֹלָם בְּמַלְכוּת שַׁדִּי. וְכְּל־בְּנֵי בִשְׂר יִקְרְאוּ בִשְׁמֶךְ. לְהַפְּנוֹת אֵלֶיךְ כְּלֹּרְתְשֵׁי אֵרֶץ:

Either

יַבֶּירוּ וְיֵדְעוּ בְּּל־יוֹשְׁבֵי תַבֵּל כִּי שֻׁתָּפִים כָּלֵנוּ בְּתִקוּן עוֹלְמֶךְ. בּי

יַבְּירוּ וְיִדְעוּ בְּּלֹ־יוֹשְׁבֵי תֵבֵל כִּי לְּךְּ תִּכְרַע בְּּלֹ־בָּנֶדְ. תִּשְּׁבַע כְּלֹ־לָשׁוֹן: לְפָנֶיךְ יהוה אֱלֹהֵינוּ יִכְרְעוּ וְיִפְּלוּ. וְלִכְבוֹד שִׁמְךְ יְקָר יִתֵּנוּ. וִיקַבְּלוּ כֻלְם אֶת־עוֹל מַלְכוּתֶךְ. וְתִמְלֹךְ עֲלֵיהֶם מְהַרָה לעוֹלִם ועד.

פִּי הַמַּלְכוּת שֶׁלְּדְ הִיא וּלְעוֹלְמֵי עַד תִמְלוֹךְ בְּכְבוֹד: כַּפָּתוּב בְּתוֹרָתֶךְ. יהוה יִמְלֹךְ לְעוֹלְם וְעֶד: וְנָאֱמֵר. וְהָיָה יהוה לְמֵלֶךְ עַל־כְּּל־הָאֲרֶץ. בַּיוֹם הַהוּא יִהְיָה יהוה אַחַד וּשְׁמוֹ אַחַד:

על־כֵּן Al kein n'kavveh l'cha Adonai eloheinu lir'ot m'heirah b'tif'eret uzzecha, l'ha'avir gillulim min ha-arets, v'ha-elilim karot yikkareitun, l'takkein olam b'malchut shaddai, v'chol b'nei vasar yikr'u vishmecha, l'hafnot eilecha kol rish'ei arets. Yakkiru v'yeid'u kol yosh'vei teiveil,

either ki shuttafim kullanu b'tikkun olamecha.

or ki l'cha tichra kol berech tishava kol lashon. L'fanecha Adonai eloheinu, yichr'u v'yippolu, v'lichvod shimcha y'kar yitteinu, vikabb'lu chullam et ol malchutecha, v'timloch aleihem m'heirah l'olam va'ed.

Ki ha-malchut shell'cha hi, ul'ol'mei ad timloch b'chavod, ka-katuv b'toratecha: Adonai yimloch l'olam va'ed. V'ne'emar: v'hayah Adonai l'melech al kol ha-arets, ba-yom ha-hu yihyeh Adonai echad ush'mo echad.

קדיש יתום MOURNERS' *KADDISH*

בּרֵל Let us magnify and let us sanctify in this world the great name of God whose will created it.

May God's reign come in your lifetime, and in your days, and in the lifetime of the family of Israel - quickly and speedily may it come.

Amen.

May the greatness of God's being be blessed from eternity to eternity.

Let us bless and let us extol, let us tell aloud and let us raise aloft, let us set on high and let us honour, let us exalt and let us praise the Holy One,

whose name is blessed,

who is far above and beyond any blessing or song, any honour or any consolation that can be spoken of in this world.

Amen.

May great peace from heaven and the gift of life be granted to us and to all the family of Israel.

Amen.

May the Maker of peace in the highest bring this peace upon us and upon all Israel and upon all the world.

Amen.

יִתְגַּדָּל וְיִתְקַדְשׁ שָׁמֵה רַבָּא בַּעַלְמַא דִי־בָרָא כָרְעוּתָה: וַיִמְלִידְ מַלְכוּתָה בַּחַיֵּיכוֹן וּבִיוֹמֵיכוֹן וּבִחַיֵּי דִּי־כָּל־בֵּית יִשְׂרָאֵל בַעגַלָא וּבְזָמֵן קַריב. ואמרו אמן: יהא שמה רבא מברך לעלם ולעלמי עלמיא: יִתְבַּרֶךְ וִיִשְׁתַבַּח וְיִתְפַּאַר וִיתִרוֹמַם וִיִתְנַשֵּׂא וְיִתְהַדֵּר ויתעלה ויתהלל שָׁמֵה דִּי־קְדַשָּׁא. בריך הוא. לעלא לעלא מכּל־בּרכתא ושירתא תשבחתא ונחמתא די־אַמִירָן בִּעַלְמָא. ואמרו אמן: יָהָא שָׁלְמַא רַבַּא מָן שָׁמַיָּא וְחַיִּים עַלֵינוּ וְעַל־כָּל־יִשְׂרָאֵל. ואמרו אמן: עשה שלום בִּמְרוֹמֵיו הוא יעשה שלום עלינו ועל כני ישראל וְעַל־כַּל־הַעוֹלָם.

ואמרו אמן:

יתגדל Yitgaddal v'yitkaddash sh'meih rabba,

b'alma di v'ra chiruteih,
v'yamlich malchuteih,
b'chayyeichon uv'yomeichon
uv'chayyei di chol beit yisra'el,
ba'agala u'vizman kariv,
v'imru amen.

Y'hei sh'meih rabba m'varach, l'alam ul'almei almaiya.

Yitbarach v'yishtabbach v'yitpa'ar v'yitromam v'yitnassei v'yit-haddar v'yit'alleh v'yit-hallal, sh'meih di kudsha,

b'rich hu,

l'eilla l'eilla mikkol birchata v'shirata tushb'chata v'nechemata, di amiran b'alma, v'imru **amen**.

Y'hei sh'lama rabba min sh'maiya, v'chayyim aleinu v'al kol yisra'el, v'imru amen.

Oseh shalom bimromav, hu ya'aseh shalom aleinu v'al kol yisra'el, v'al kol ha-olam,

v'imru **amen**.

יְגְרֵּל We praise the living God, the One Whom we adore, who is outside the bounds of space and time;

Who is unique, alone and far beyond compare, outside all limitations we define;

Who has no human frame, no human shape or form; alone the source of holiness and awe.

When not a single form appeared within the world, God was the first where nothing was before.

Such is the Sovereign power that rules the universe, each creature knows it lives in God's domain.

But through a special grace the prophets learned God's will, those chosen ones who guide our journeying. ָּלְבָּרָל אֶלהִים חֵי וְיִשְׁתַּבַּח. נִמְצָא וְאֵין עֵת אֶל־מְצִיאוּתוֹ:

אֶחֶד וְאֵין יָחִיד כְּיִחוּדוֹ. נֶעְלָם וְגַם אֵין סוֹף לְאַחְדוּתוֹ:

אֵין לוֹ דְמוּת הַגּוּף וְאֵינוֹ גוּף. לא נַעֲרוֹך אֵלְיו קְדָשְׁתוֹ:

קַדְמוֹן לְכְּל־דָּבָר אֲשֶׁר נִבְרָא. רִאשׁוֹן וְאֵין רֵאשִׁית לְרֵאשִׁיתוֹ:

הָנּוֹ אֲדוֹן עוֹלְם. לְכְּל־נוֹצָר יוֹרֶה גְדֻלְּתוֹ וּמַלְכוּתוֹ:

> שֶׁפַע נְבוּאָתוֹ נְתָנוֹ אֱל־אַנִשֵׁי סִגָּלָתוֹ וְתִפָּאַרְתּוֹ:

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יְגְדֵּלֹ Yigdal elohim chai v'yishtabach, nimtsa v'ein eit el m'tsi'uto. Echad v'ein yachid k'yichudo, ne'lam v'gam ein sof l'achduto. Ein lo d'mut ha-guf v'eino guf, lo na'aroch eilav k'dushato. Kadmon l'chol davar asher nivra, rishon v'ein reishit l'reishito. Hinno adon olam l'chol notsar yoreh g'dulato umalchuto. Shefa n'vu'ato n'tano, el anshei s'gullato v'tif'arto. No prophet has there been since Moses was our guide, who knew the Living God and came so close.

God gave to Israel truth by which to lead our lives taught by the faithful prophet that God chose.

God will never change the teaching we received nor ever put another in its place.

God watches and can see the secrets in our hearts, before each deed foresees its final ways.

Whoever loves good deeds rejoices in God's love, but evil leads to evil which destroys.

And at the end of days, an anointed one will come redeeming those who wait for God to save.

Life beyond all death, God gives with greatest love. We bless for evermore God's glorious name.

> These thirteen play a part in Israel's faith in God, the principles derived from God's Torah.

לֹא קֶם בְּיִשְׂרָאֵל כְּמֹשֶׁה עוֹד נְבִיא. וּמַבִּיט אֶל־תְּמוּנָתוֹ:

> תּוֹרַת אֱמֶת נָתַן לְעַמּוֹ אֵל. עַל יַד נְבִיאוֹ נֶאֱמֵן בֵּיתוֹ:

לֹא יַחֲלִיף הָאֵל וְלֹא יָמִיר דְּתוֹ לְעוֹלְמִים לְזוּלָתוֹ:

צוֹפֶה וְיוֹדֵעַ סְתָרֵינוּ. מַבִּיט לְסוֹף דְּכָר בְּקַדְמוּתוֹ:

גּוֹמֵל לְאִישׁ חָסִיד כְּמִפְּעָלוֹ. נוֹתֵן לְרָשָׁע רָע כְּרִשְׁעָתוֹ:

יִשְׁלַח לְקַץ יָמִים מְשִׁיחֵנוּ. לִפְדוֹת מְחַכֵּי קַץ יְשׁוּעָתוֹ:

מֵתִים יְחַיֶּה אֵל בְּרוֹב חַסְדּוֹ. בָּרוּךְ עֲדֵי עַד שֵׁם תְּהָלֶתוֹ:

אֵלֶה שְׁלשׁ עֶשְּׂרֵה לְעַקֶּרִים. הָנָּם יְסוֹד דַּת אֵל וְתוֹרָתוֹ:

Lo kam b'yisra'el k'mosheh od navi, umabbit el t'munato.
Torat emet natan l'ammo eil, al yad n'vi'o ne'eman beito.
Lo yachalif ha-eil v'lo yamir dato, l'olamim l'zulato.
Tsofeh v'yodei'a s'tareinu, mabbit l'sof davar b'kadmuto.
Gomeil l'ish chasid k'mif'alo, notein l'rasha ra k'rish'ato.
Yishlach l'keits yamim m'shicheinu, lifdot m'chakkei keits y'shu'ato.
Meitim y'chayeh eil b'rov chasdo, baruch adei ad sheim t'hillato.

Eilleh sh'losh esreih l'ikkarim, Hinnam y'sod dat eil y'torato. How important is the night of Yom Kippur, the time of silence between the chants and prayers? It is a strange period when time hangs heavy. All the usual distractions, coffee with friends, television, some other entertainment, are ruled out — either by conviction or by a sort of uneasiness about breaking the rules, or possibly the mood. It is the first moment of that acute discomfort of being thrown on our own resources and reserves — an unfamiliar experience in crowded lives. It is the moment of temptation on the journey — to fill up the time or be filled by it; to turn back in impatience or to go on, past the strangeness, the boredom the silence.

יהיי May it be Your will, Eternal One our God, that there dwell among us love and harmony, peace and friendship. May You increase our numbers and prosper our aims with a future and a hope. May You direct us in Your world with good companions and good intentions. May we rise in the morning and find ourselves eager to do Your will.

יְהִי רָצוֹן מִלְּפָנֶיךְ יהוה אֱלֹהֵינוּ שֶׁתַּשְׁכֵּן בְּפוּבִינוּ אַהֲבָה וְאַחֲוָה וְשָׁלוֹם וְבעוּת. וְתַרְבֶּה גְּבוּלֵנוּ בְתַלְמִידִים וְתַצְלִיחַ סוֹפֵנוּ אַחֲרִית וְתִקְנָה. וְתַקְנֵנוּ בְּחָבֵר טוֹב וְנִצֶר טוֹב בְּעוֹלְמֶךְ. וְנַשְׁכִּים וְנִמְצָא יחוּל לְבָבֵנוּ לִיִרְאָה אֶת־שִׁמֶךְ:

יהי' Y'hi ratson mill'fanecha Adonai eloheinu shettashkein b'fureinu ahavah v'achavah v'shalom v'rei'ut. V'tarbeh g'vuleinu b'talmidim v'tatsliach sofeinu acharit v'tikvah. V'takk'neinu b'chaveir tov v'yeitser tov b'olamecha. V'nashkim v'nimtsa yichul l'vaveinu l'yir'ah et sh'mecha.



Adapted from the draft of Seder HaTefillot, Prayers for the High Holidays, 9th Edition and Moments of Transcendence.

Please feel welcome to keep this booklet and take it home with you.