

LEDOR & VADOR

FROM GENERATION TO GENERATION

New Year Edition

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a happy and peaceful Shana Tova.**

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I am writing this as we tentatively come out of lockdown, but by Yom Tov I hope many more of you will have attended services and other activities at 118.

What a year it has been since my last New Year's piece in our magazine, and how proud I am of the way the shul rose to the challenge of taking things on-line and reaching out to the community.

And now we face the new challenge of being a community in transition, the hybrid reality of life being both in and out of the building. While the government said that 'all bets are off' in June, (and then changed this to July) it's not quite as simple as that. We recognise that many of you are wary of being back among a lot of people, yet others can't wait to see their friends again. Rest assured, we are working on the new 'normal' and will be here to support you every step of the way.

For those who want to return but are not sure of safety – our Beit Tefillah is arranged so that families can sit as bubbles, widely spaced in such a way

as to ensure social distancing, but still to be as a praying community. There are books set out on each chair (which are not touched from week to week to avoid cross-contamination) so you don't have to bring your own. Masks and hand sanitiser are on hand for everyone. Our wonderful, albeit smaller, choir is back in the room, safely screened off from the congregation and from each other. All possible precautions have been taken and are under continual review. I suggest you have a look on our website for the You Tube film by Rabbi's Mark and Debbie to see how it is all arranged. The first time I went back for Shabbat I found it quite emotional, and I'm sure you will too.

During the year, we have taken advantage of people not being around, to change some things in the building. Our youth team has been brought into the main building, our education department has moved its offices upstairs and now they are working together as one team. We have said goodbye to Murray Brown as our youth leader and wish him every success for his future. The youth team is now led by Sara Moon who hit the ground running in May with some exciting Spring and Summer programming. Families of Bar/Bat Mitzvah children are now meeting for Friday night services after moving the classes from Tuesdays to Friday afternoons.

Sarah Koster has joined the staff as a Young Families Worker promoting new activities for this section of our community. We have had some wonderful Stay and Play, Tea and Tots, and Kuddle up Shabbat sessions and I know that more activities are planned for

the future. As we no longer host Jewish Care in the community centre, the space has been remodelled to allow the Nagila nursery and Bookies Babes to expand. We recognise that providing activities and a welcome to young families is important for our future sustainability as a synagogue, and wish Sarah well in all her future plans.

Since last Rosh Hashanah, Rabbi Emily Reitsma-Jurman has left us to join the rabbinic team at West London Synagogue. We wish her well in all her future endeavours, we will miss her kind and funny personality, her knitting and her messy office! While we wait for our new Rabbi, Rabbi Mati Kirschenbaum, to join us after the High Holy Days, we have been so happy and thankful that Rabbi Roberta Harris, has stood in as locum. We have enjoyed studying such wide-ranging topics as Archeology in the Bible to an Argumentative Service – we hope she has enjoyed her time with us as much as we have enjoyed having her.

As you read this magazine, we will fast be approaching Rosh Hashanah. Please see the High Holy Day Brochure for all we have in store for you this year, in person and online. I am really looking forward to the New Year as a new beginning for the synagogue. Hopefully coming out of lockdown, we will all face the future together and it will be a bright one for EHRS. May the year ahead be a good year for all of you and your families.

Robert and I, and the girls wish you all Shanna Tovah – may it be a good one, a healthy one, and one where we see more of each other!

Janet Brand
Chairman

HIGH HOLY DAYS 2021/5782 – IN PERSON AND ONLINE

You are welcome to and need to book to join any or all of our services that are in person at EHRS this year.

We need to know who is with us to comply with 'track and trace' guidelines. We will be fully complying with government guidelines to create a safe environment using our experience of in person services at EHRS since April 2021.

Please see your copy of the High Holy Day Brochure, or go to www.ehrs.uk/hhd for full details of services and to book your ticket.

You can also join us online for most of our services via the Livestream Classic Channel or the LeDor VaDor Family Channel. Many activities also include a Zoom option to help the experience to be much more active. All details are in the High Holy Day Brochure.

First Aid for High Holy Days - We welcome any First Aiders who wish to volunteer during the High Holy Day services. Please contact martine.allen@ehrs.uk or call 020 8238 1011 if you can help.

SERVICES

For Service Zoom details please see forthcoming Our Week Ahead emails, or email admin@ehrs.uk. To book for services with in person attendance, please go to the calendar section on the EHRS website, www.ehrs.uk, and select the date and service you wish to attend. If you are not able to use the Synagogue website, then please call the EHRS office on 020 8238 1000

Erev Shabbat Service

in person in the Beit Midrash.

Every Friday Evening, 18:30-19:20

Led by our Rabbis in person and through the EHRS Livestream Classic Channel. They give a beautiful sense of rest and togetherness to help you to cope with the stresses of the world. Currently a maximum of 15 people are most welcome to attend in person.

On Fridays 3 September 3 & 1 October, you are most welcome to arrive from 18:00 to join our Rabbis for a welcome drink and snack before the service.

After our services on 24 September and 29 October, Rabbi Mark invites you join him for Shabbat dinner. Bring a non meat dish and let's share a haimische (friendly and warm) dinner in the EHRS lounge. You are of course welcome to come to the service and not stay for dinner! Please let us know you are coming by emailing junelewis@ehrs.uk or call 020-8238 1000.

Our Friday night service on 15 October will be a special musical service with live music to inspire the soul for a great spirit of Oneg Shabbat (the joy of Shabbat)..

Shabbat Morning Service In Person, 10:30-12:30

We are able to welcome an in person congregation to the EHRS Beit Tefillah (sanctuary). Please book directly and simply through the EHRS website, www.ehrs.uk or please call the EHRS office by the Friday at 12:00, of week of the service to give us the details we need. Hand sanitising is available in the Beit Tefillah. The service is also available on the EHRS Livestream Classic Channel.

Saturday 11 September - On this Shabbat join us for our regular Shabbat Morning service in which we will also remember the tragic events of 20 years ago.

Sunday Shacharit in Person, 09:30-10:00

Join our Sunday Shacharit back now in the EHRS Beit Midrash. We can accommodate up to 15 participants socially distanced. If you would like to join the in-person minyan, please ensure you register. For safety and traceability you will need to register that you would like to join us by Friday at noon before the service and we apologise that we cannot let anyone in who has not pre-registered. Also available on the EHRS Livestream.

Kuddle Up Shabbat by Livestream

Every Friday Afternoon, 16:15-16:45

Go to the EHRS website at 16:15 and join our Rabbis and their Shabbat Dinosaurs for Shabbat stories and songs through our livestream on the Learning and Soul Channel. Best for younger children. Please check the EHRS Our Week Ahead email for the opportunity to join on Zoom so we can hear your suggestions for what to put in the chicken soup pot and where you have your Shabbat feelings!

Kuddle Up Shabbat In Person

Fridays 24 September & 22 October, 16:15-16:45

On these dates, Kuddle Up Shabbat will be held in person at EHRS in our spacious Community Centre, or weather permitting, outside in the Sukkah. You will need to book via the website or call the office. You are welcome to arrive from 15:45 for a Shul playdate before Kuddle Up begins.

Thursday 2 September

Soul Candles for Teens, 18:00-19:00

in person or on Zoom

There was a ritual performed in the villages of Eastern Europe by women preparing for the High Holy Days. All our teens are invited to join us for this beautiful ritual where we will be making candles in memory of those who have come before, and thinking about what blessings we need in the present. Join us in person (or on Zoom, in which case you will need to buy some resources, please contact Rabbi Debbie to find out what!)

Soul Candles for 5782, 20:00-21:30

in person or on Zoom

Join Rabbi Debbie at EHRS for a very special evening of memory and sharing. We will be learning about and performing the ritual of making soul candles, a rite that comes to us from the Shtetls of Eastern Europe and allows us in the month of Elul to recall and honour those we will remember at Yizkor on Yom Kippur. If you wish to you can bring the soul candles to our parallel Yizkor service where we will be able to share who we are remembering.

Cheshbon HaNefesh Service

Saturday 4 September, 10:30-12:00

in person and on Zoom

Join Rabbi Debbie for a service of reflection and preparation for the High Holy Days. Cheshbon HaNefesh – Soul Searching, helping us to arrive at Rosh Hashanah and Yom Kippur with some of the inner work of the festivals begun.

Shabbat Shuvah BaBayit

Saturday 11 September, 11:00-12:00

Join Rabbi Mark LIVE on the EHRS Facebook page or on Zoom for Shabbat B'Bayit, a fun Shabbat morning service with songs, stories, and Shabbat Shuvah (Sabbath of Repentance) reflections to give you Shabbat flavour without the formality.

The EHRS Shabbat Family Service

Saturdays 18 September & 16 October, 11:00-12:00

Our innovative and participative Shabbat service for young people aged 6-12 and their families uses Zoom so we can pray, sing, learn and question together. It is led by our Rabbis and the young people of our community. Join us in person, on Zoom, or the LeDor VaDor Livestream.

Torah and Tots Service

Saturday 18 September & 16 October, 11:00-12:00

Our Shabbat morning in person service for the youngest in our community. Specially made for 0-6 year olds and led by EHRS's Young Families Lead, Sarah Koster.

Shabbat b'Ya'ar (in the Forest!)

Saturday 25 September, 10:30-11:30

If you go down to the woods today... you'll find Rabbi Debbie and EHRS members appreciating their surroundings and connecting our Shabbat service to the natural world. We will meet in Red Road playground in Borehamwood, ready to enjoy meadows and woods and Shabbat. Dress for the weather!

Shabbat for the Soul

Saturday 2 October, 10:30-12:15

Rabbi Debbie is leading this Shabbat morning service using a selection from our regular prayers, poetry ancient and contemporary, silence, a contemplative reading of the Torah and the space to experience a special sense of rest (*menuchah*) on Shabbat. Join us on Zoom or the Learning and Soul Livestream or in person at EHRS (please book in through the EHRS website calendar).

Bark Mitzvah Service

Saturday 9 October, 11:00-12:00 at EHRS in the Courtyard (Car Park)

Yes we really mean it – on the week when we hear the Torah portion of Noach (Noah's Ark) Rabbi Mark invites you to bring your pet to the Synagogue for us to celebrate the place of animals in our lives. The past year has made their company and loyalty ever more significant and today we thank them with special prayers and blessings and the Torah portion of Noah read from the point of view of the animals. You are of course welcome to come if you don't have a pet or if yours is not transportable – just bring a photo. Wet weather plan – bring an umbrella!

Friday Night Lights

Fridays 22 October, 20:00-20:45

Join Rabbi Mark on Erev Shabbat for a warm and friendly candle lighting and Shabbat songs, on Zoom or the EHRS Facebook page through Facebook Live.

Vision Service

Saturday 23 October, 10:30-12:00

in person at EHRS

The theme of this morning's Torah portion is 'seeing in a new way': in other words

perhaps, an 'eye opener'. It is even called 'Vayera' - the basic meaning of the word has to do with seeing. So as we progress through the service this morning, let's try to look at some of the prayers in a new way and bring out meanings that we haven't seen in them before, meanings that will enlighten our way of seeing the world, ourselves, and even, perhaps, the Eternal.

Led by Rabbi Roberta who completes her term as our interim Rabbi at EHRS on the following Shabbat.

HaKol B'Seder Service

Saturday 6 November, 10:30-12:15

Join Student Cantor Rachel Weston and Rabbi Debbie for a special service which includes new music from the Reform and Conservative Jewish world, an interpretative Torah reading and plenty of participation. The service uses our regular Reform Judaism Siddur. You can join us on the EHRS Facebook page or on Zoom.

CONTACT US

Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email communications@ehrs.uk

As a community we have been slowly reopening the building over the last few months. We continue to carefully and warmly welcome you back into services, classes, and an increasing number of in person activities. We want to ensure we are able to welcome as many people as safely as possible, so will continue to ask for bookings for services and activities, as well as requesting that attendees wear face masks, maintain social distancing inside, use hand sanitiser and test regularly, so as to keep our more vulnerable members safe.

Please call the synagogue if you would like to visit us. The synagogue departments are operating as normal within the government regulations at this time.

The telephone is operated during the normal office hours. Although some of the staff are operating from home, they are reachable via the usual telephone numbers and email addresses.

Please listen to the menu when you call, to be connected as appropriate.

Please try to make any payments online contact us via the synagogue website at www.ehrs.uk/payment, via bank transfers or otherwise please phone to pay with a credit or debit cards.

Please can we ask you not to send cheques and certainly please do not bring in (or send) cash.

SOCIAL AND PERSONAL

BIRTHS

Oliver, a son for Gideon and Charlotte Wittenberg, a grandson for Michael and Wendy Horwitz.

George, a son for Richard and Ana Jayson.

BABY NAMINGS

25 September

Charlie Graham, son of James and Claire.

2 October

Kane Benjamin Green, son of Gary and Ruth.

BAR/BAT MITZVAH

as currently scheduled

4 September

Harry Mero, son of Emma and Dean.

18 September

Dillon Perloff, son of John and Josette.

2 October

Harrison Kay, son of Grant and Louise.

WEDDINGS

Mazel Tov to Nicky Harris and Dominic Berko and their families on their wedding.

Mazel Tov to Gaby Markham and A-D Peters and their families on their wedding.

BIRTHDAYS

Mazel Tov to David Posner on his 90th birthday.

ANNIVERSARIES

Mazel Tov to David and Belinda Chalom on their Ruby Wedding Anniversary.

Mazel Tov to Marcel and Carol Ulrich on

their Ruby Wedding Anniversary.

Mazel Tov to Alfred and June Leader on their Platinum Wedding Anniversary.

SPECIAL CONGRATULATIONS

Mazel Tov to Marc Abraham on receiving an OBE for services to animal rights, and establishing 'Lucy's Law' banning the commercial (for profit/non-rescue) 3rd party trade in puppies and kittens.

CONDOLENCES

To Elizabeth Rees on the loss of her husband, and Paul Rees on the loss of his father, Barry Rees.

To Norma Bernstein on the loss of her husband, Phillip Bernstein.

To Diane Brand on the loss of her father, Albert Gold.

To Bridgit Gold on the loss of her mother, Carole Grant.

To Vaughan Mandel on the loss of his mother, Dora Mandel.

To Susan Middleburgh on the loss of her mother, Sybil Middleburgh.

To Donna Delane on the loss of her mother, Ruth Lenszner.

To the family of Sandie Dinnen.

To the family of Ingrid Jonas.

To the family of Beverley Davis.

NEW MEMBERS:

A warm welcome is extended to the following new members of our community:
Abigail Sklan.

Matthew, Renata, Milly & Chloe Winters.

Gabriel & Susan Kessler

BEREAVEMENT

During office hours: in all cases of bereavement please contact June Lewis, the Rabbis' Personal Assistant.

Out of office hours: in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message.

JJBS email info@jewishfunerals.org.uk

THE RABBIS

Our EHRS Rabbinic Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on 020 8238 1002 or june.lewis@ehrs.uk

You can contact them directly:

Rabbi Mark Goldsmith (Senior Rabbi)
020-8238 1020, rabbi.mark@ehrs.uk

Rabbi Debbie Young-Somers
020-8238 1019, rabbi.debbie@ehrs.uk

Rabbi Roberta Harris-Eckstein
020 8238 1017, rabbi.roberta@ehrs.uk

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the Rabbinic Team.

Sunday 5 September Memorial Services from 10:00

EHRS is arranging short collective Memorial Services at the following cemeteries, following which people can visit the graves of family and friends to say a prayer and Kaddish.

Cheshunt Woodlands (10:00)
Southgate (10:45)

Cheshunt Western (12:00)
Edgwarebury Lane (12:00)

We will also hold a service at **EHRS (12:00)** and on the EHRS Classic Channel Livestream for those whose relatives were cremated or who are buried elsewhere or who cannot attend in person.

COMMUNITY CARE

Val took part in the first ever EHRS Transition to High School event held by the Education team for Year 6 students in July. Organised by Marian Cohen, it involved current Year 8 students giving tips to Year 6 students and hearing advice from a PCSO with the Barnet police safer transport team. Rabbi Mark provided a very informative session on what it means for Reform children to go to an Orthodox school and staying involved in our community and parents and students had the opportunity to talk to each other. Michael Benjamin, chair of the EHRS Let's Talk working group rounded up the event with advice on signposting and informing everyone about the support available at EHRS from the Let's Talk team. The event was very successful and we hope this will become an annual event to support our Year 6 students with their move to high school. One of our mums, Debbie Morris created a booklet with helpful advice for parents and children which has been sent out to all Year 6 students, along with the Year 8 tips and advice and a copy of a wellbeing guidebook from Happy Space.

Fortnightly coffee mornings commenced in July in the EHRS lounge and are proving to be very sociable events. It is wonderful to hear everyone chatting away especially after the building has been quiet for so long during the week. Organised and run by Shirley Lever (who bakes the most amazing cakes) these mornings are for people on their own who would like to meet others in the same situation and are held in the EHRS lounge from 10:00-11:30 on the second and fourth Wednesdays monthly. Due to the High Holy Days there will only be one coffee morning in September on Wednesday 22 September, and they will then resume twice monthly in October. Please contact Shirley Lever for more information on 020 8958 8220.



Meanwhile, EHRS member Sue Casale held a successful first meeting of her new group on the evening of Wednesday 28 July in the EHRS lounge. As everyone gradually relaxed and heard each other's journey Sue said it felt a powerful group, sad, happy and fun and it was a good mix and balance of people in their 60s and 70s who have been bereaved of loved ones in the past few years. At the next meeting they hope to come up with a name for their group.



If you are interested in starting up a group please contact Val for an informal chat.

Monthly Lunch Club

All being well we are planning to restart lunch club on **Tuesday 12 October** and will be contacting all regular guests during the



Bereavement Support at EHRS

Have you suffered the loss of a partner, relative or friend?
Would you welcome the opportunity to talk to someone who will listen to how you are feeling?
EHRS offers reassurance, comfort and the chance to explore your emotions.

If you are recently bereaved and would like more information please contact the Community Care Department on 020 8238 1013 or email communitycare@ehrs.uk

EHRS is a registered charity, no longer a charity, no longer a charity, no longer a charity. Telephone: 020 8238 1013 Email: communitycare@ehrs.uk Website: www.ehrs.co.uk Charity No: 1045080

week before. If you have not attended in the past but would like to, please contact us to register your interest as this event is subject to advance booking. A volunteer team runs the lunch club and we are always looking for more help so if this interests you please contact us.

Memory Way Café

The EHRS Memory Way Café is a social group providing support for people living with dementia and their family carers. We meet on the third Wednesday afternoon monthly and for the past year have been meeting on zoom and hope to start a 'hybrid' café in October, meeting back at EHRS with the opportunity to Zoom in also. If you have not visited our cafe previously and would like more information, please contact Val or Marissa. If you do not wish to visit our café but would like to discuss any concerns please do not hesitate to contact us.

We need you!

If any members are able to give short talks or provide some entertainment at any of your groups we would love to hear from you. Please contact either Val or Marissa to discuss further.

Work Avenue

The Richard Mintz Bursary Fund will provide bursaries to those in the community wishing to train for a new career. It has been designed to help those wishing to improve their earning potential but who are prevented from doing so due to the cost of training courses. For more information, please visit www.theworkavenue.org.uk/rmbf or call on 020 8371 3280.

Please provide the EHRS Admin Team, admin@ehrs.uk, with any Next of Kin details for your membership record, as without this additional information we cannot always get hold of members.

Finally, we wish to take this opportunity to thank all our amazing volunteers for everything they do for our community as we could not do this without you! We wish you all a very happy and healthy New Year and please don't forget we are here at EHRS to support you with your welfare needs.

communitycare@ehrs.uk

Val: 020 8238 1013

Marissa: 020 8238 1015



Val Joseph

The month of Elul this year begins on 7 August. It means we are in the last month of the year, and Jewishly is a time to prepare for the High Holy Days. Some of the customs of Elul are better known than others; we visit the graves of our loved ones to pay our respects, and to remember those whose memories we wish to honour in our behaviour in the coming year. On 5 September we will offer the chance to make these visits as a community with our memorial services, including one at the Synagogue for those who cannot visit the burial places or ashes of their loved ones.



damaged in our earthly relationships. For me, a huge part of this year will be the excitement of finally meeting many of you face to face. However this still isn't as simple as we would like. In order to honour the idea of Elul and relationships being intertwined, we need to find the balance between being in relationship and connected to one another, and keeping one another safe – both loving, both still needed. This will mean some things aren't quite as we were used to them, but we hope EHRS will still feel like home whether you are with us in person or over the internet. Being in relationship with one another is as

But Elul is not only about remembering, and revisiting our loss. It is also about being very much present with those still here. Elul is said to be an acronym for 'Ani Ledodi V'dodi Li' – I am my beloveds and my beloved is mine (from Song of Songs). This is meant to serve as a reminder to us to reflect on our relationships, and to begin the work of repairing them before we arrive at Rosh Hashanah – also known as Yom HaDin – Day of Judgement. On Yom Kippur we will apologise to God, but we cannot fix our broken relationship with God unless we have fixed what is

complicated today as it ever was, perhaps more so! But Elul is a reminder that while we never have everything perfect, it is an ongoing piece of work that we continue to return to again and again.

We hope to welcome many of you on your return back, and to connect with many more so we might be in relationship with one another, even if in a different way. And after starting in lockdown, I can't wait to meet even more of you face to face.

Rabbi Debbie Young-Somers

We are ready to welcome you to our homes.

Throughout the Covid-19 pandemic, keeping our residents safe has been our priority. Our experienced and caring staff ensure our homes have the highest level of cleanliness, regular testing and ample amounts of PPE.

We also know how essential it is for you to stay in touch with your loved one. We have made sure that families stay connected through one on one visits, video calls, special visiting pods and garden visits when possible. Each of our homes is a very special community with daily activities promoting wellbeing and stimulating both body and mind. We proudly celebrate our Jewish life and enjoy Shabbat and festivals together as well as delicious Kosher food.

For more information please call our team on 020 8922 2222 or email lwjc@jcare.org

VIDEO TOURS AVAILABLE

JEWISH CARE

Charity Reg No. 802559

What a year... and into the future!



Nagila Pre-School has always been regarded as something “special.” We believe in meeting the needs of our families and are constantly evolving to ensure this happens. Who could have foreseen our biggest challenge yet? How could we ensure our families remained linked to Nagila throughout the Corona virus pandemic and lockdowns? Our fantastic and dedicated staff created exciting weekly learning ideas for our families. We used Zoom as a means to connect with everyone for our Kabbalat Shabbat and other occasions.

Let’s talk about bubbles.... We re-opened our doors at the beginning of June 2020, after closing for over two months. We had to make bubbles. Bubbles of staff and bubbles of children. These bubbles had limited play equipment to use each day. As teachers, we quickly realised that we had to support our families’ well- being alongside the early year’s education we provided for their children. Upon reflection, although 2020/2021 proved extremely challenging for us as a team, it was equally rewarding. We forged stronger bonds with our families and got to know them on a deeper level.

Fast forward to September 2020, and we were by now, used to the “new “Nagila. No more bubbles, but plenty of cleaning, more lockdowns, and isolating! We worked hard, and the children have flourished throughout the year. The feedback from our parents and carers has been phenomenal, for which we are extremely grateful.

In the midst of all this, we have been planning for our expansion. From September 2021, we will be able to provide our families with a much improved, bigger learning environment for their children. Our parents have spoken, and we have listened. Our hours will be longer. Our outdoor play areas will be

unrecognisable. We have sourced, researched, and been able to do lots and lots of shopping, (which we love!)

Finally, as restrictions are lifting and we look forward to a much-deserved summer break, we are very excited to welcome back our families in September to the “New Nagila.” A little bit different, much bigger, but remaining as “special” as we have always been.



← Having fun at Nagila ↑ ↓



For more information on the ‘new Nagila’ contact Milissa Seiler, Nagila Manager at nagila@ehrs.uk



Our new home corner waiting to be played with !



Photo: our end of year walking tour of the East End

Cornerstone, our introduction to Judaism course is open to everyone in the community, and those exploring conversion.

Join us on Tuesday evenings to explore a wide breadth of Jewish knowledge including making Shabbat meaningful, Jewish History, how does Talmud work, what does keeping kosher mean to us as Progressive Jews, and understanding the festivals and lifecycle celebrations. As a part of Cornerstone we are also offering introductory and next steps Hebrew classes.

Please contact rabbi.debbie@ehrs.uk for more details.



Looking forward to a New Year of Jewish education and activities

Coming back to in person classes for both Orot and B'nei Mitzvah classes last term worked very well and we are planning to have only in person classes from September (all being well).

OROT:

The only down side of last term in Orot was that we couldn't do projects as we didn't want to mix the children's bubbles, but we are planning to offer the children a choice of project again from September. This year we are going to do a project on the 'Jews of England', starting with learning about how the Jews originally came to this country and the history of Jewish life in England, by exploring this through the lens of individual Jews.

We are also planning some trips to enrich this project, which Rabbi Mark is very excited to get involved with. We would love you to talk to your children about your family and how and when did they come to England.

Our other project through the year will be on the 'Animals in the Bible' so from the Creation Story in Bereshit to Noah's Ark, to Balaam's talking donkey, the BIG fish that swallowed Jonah, to what makes an animal kosher. We will offer trips for this project as well to enrich the learning experience of our children. Whenever we ask our students what they want to do more of they always say trips.

I am waiting to confirm with the Jewish Museum that our children in Years 5 and 6 can participate in a special pilot project they are running next term, which I will tell you more about if it happens. In the past, we have worked on special projects with the Museum of London, the British Museum and the Jewish Museum. I am always keen for our children and families to participate in opportunities like this, as I believe it enriches their experiences of Jewish life, culture and history.

Of course, we will continue to build the Hebrew skills of all our students with more emphasis this year on 1:1 reading practice. Years 5 and 6 will be under the skillful guidance of Laurence Stein who teaches Hebrew in a very engaging and thorough way and he will continue to prepare them in the prayers they need to know for their bar and bat mitzvah.

I am pleased that Caroline our teacher



Jessica & Zoe making challah at BBM Drop In

in Chatool (Reception and Year 1) will be given the all clear from her doctor to come back to in person classes from September. I know the families who have been coming to the Zoom sessions will be happy to hear that. Caroline did a fantastic job on Zoom as did all our teaching staff but we want our children to have the full experience of what Orot offers on Sunday mornings and make those all-important connections with each other, the rabbis, teaching staff and EHRS. We can't wait to welcome you all back on Sunday 12 September.

If you have children who are starting reception or older and you would like them to join Orot please contact education@ehrs.uk for an enrolment form. If you would like to try Orot before you sign up you are very welcome to, again just email us, you can be sure of a warm welcome from our adorable children and wonderful teaching staff.

B'NEI MITZVAH CLASSES:

Last term about 2/3rds of our students came to in person classes and many came early to our Drop In Youth Club. It was a lovely opportunity for them to connect with each other, to chat about their week and school experiences, and participate in craft and cooking activities organised by Sara our Lead Youth Worker. This term they studied Gemilut Chasdim, deeds of loving kindness culminating in projects that they shared at the end of term Friday night service, making us all very proud of



Eve displaying her colourful face paint

them. Their projects included - laughing yoga, posters on combating racism and one group organised and led activities for the young children who come to Kuddle Up Shabbat. Activities included face painting, fairground games, decorating and eating pizza. It was an enjoyable event for all concerned and very special to see how well the young and older children interacted together.

We are excited to announce that from September we will have mentors (post b'nei mitzvah students) who have been trained up to work with our current b'nei mitzvah students, to support them and build their confidence in speaking up and presenting and reinforcing the key prayers and blessings they have learnt for their bar and bat mitzvah. Our next training programme for new mentors will take place in January. Becoming a mentor will keep our b'nei mitzvah students involved after their BBM until they join the Hadracha Leadership Programme, which they can do once they reach the age of 14.

If your child is coming up to their eleventh birthday and you haven't yet booked an interview with Rabbi Mark to make a date for their bar or bat mitzvah, please contact education@ehrs.uk, we will be pleased to book an appointment for you. Shanah Tova to all our families, see you next year.

Marian Cohen,
Director of Education

Calling all do-ers and give-it-a-go-ers.

Ready to try something new?

#SkillsForLife

Yes, we go camping, hiking, swimming, abseiling, cycling and canoeing. But we also get to hang out with our friends every week – having fun, playing games, working in a team and taking on new challenges.

Who
All young people aged 6 to 14 years old

When
Thursdays 5:45pm-6:45pm (ages 6-8)
Thursdays 6:45pm-8pm (ages 8-10½)
Tuesdays 7pm-8:30pm (ages 10½-14)

What
Outdoor adventures and skills for life

Where
Edgware & Hendon Reform Synagogue and the great outdoors

Contact
info@third.org.uk



For girls aged 7 to 10

Brownies

3rd Edgware

"I love brownies because you get to do lots of cool activities and it's really fun."

Sophie, aged 9

Brownies offers girls exciting opportunities to take on new challenges, make brilliant friends and discover the world around them.

Virtual sessions will continue until we can meet again in person.

"Brownies gives me the time to do something enjoyable, be together with others and we learn many things."

Leah, aged 8



For more information about 3rd Edgware Brownies

email Brown Owl:

mazalbert@talktalk.co.uk

And find us on **Twitter** @3rdEdgware



WE DISCOVER, WE GROW

Girlguiding



Designed by www.threemusesmarketing.co.uk



Edgware & Hendon Reform Synagogue
קיץ לור ודור

LOOKING FOR A JOB?

Resource offers a free, full range of tailored services to help you find your next role:

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- CV development to secure you an interview
- Networking contacts that will help you open more doors
- Interview preparation to ensure you land the job

Take the first steps to getting back to work.
Call Resource now on 020 8346 4000
or visit resource-centre.org

Resource

Helping the community into employment



Charity No. 1106331

This term the brownies have become Climate Heroes and have all earned themselves Green Blue Peter Badges. The girls undertook surveys, planted seeds, and made and kept pledges to reduce the amount of plastic and water that they use. We have also managed a scavenger hunt and some orienteering, as well as pizza making, art and completing our communication badges.

We look forward to an exciting term in September.

If there are any girls aged between 7 – 10 years old who would like to join a fun brownie pack, please contact Brown Owl at mazalbert@talktalk.net

EHRs Together Group Foraging!

During the special Jewish Year known as the 'Shmita' or sabbatical, we are looking forward to learning with our member Peter Bradley about local foraging opportunities through the seasons.

Join us on **Sunday 26 September, 13:30** for a Sukkot celebration of what can be gleaned on Stanmore Common in Autumn, and again in 2022 on **15 April & 19 May** to explore spring & summer offerings as well as celebrating Pesach & Shavuot harvests!

For details of where to meet, please email rabbi.debbie@ehrs.uk

Shana Tova from EHRS Young Families! We wish you and your family a Sweet and Happy New Year, and really look forward to the year ahead.

Despite a challenging year gone, whether online or in person (socially distanced, of course!) – we have managed to continue our programming and it has been wonderful to see so many families and enjoy some really special moments. My personal highlights over the last few months have been watching the confidence grow in our Stay & Play pre-schoolers, who bound in on a Friday morning enthusiastically, feeling right at home at the group. Being able to Kuddle Up in person once a month has been an intimate and special service. It has also been wonderful to welcome new babies to our community with our brand new baby packs.



I am excited to announce that we have created new special activity service bags for children to use during whole community Shabbat morning services. These are differentiated for different ages and are filled with quiet toys to keep your munchkins entertained. They will at the entrance to the synagogue, pick one up and enjoy!

We have lots planned for our youngest members this year and cannot wait to welcome you back into the EHRS life. Make sure you book for in person events, through our website.

Kuddle Up Shabbat Service In Person
Fridays 24 September (in the Sukkah) and 22 October, 16:15-16:45

NEW Early arrival (optional) from 15:45!
Come straight from school pick up, or just arrive early to play before the service. Selection of toys for the kids and hot drinks available for the adults!



(Other weeks continue on Zoom, can collect CRP points from attending)

Shabbat Stay & Play

Fridays, 10:30-11:45, returns Friday 24 September

Our baby and toddler group with toys, crafts and song session and Kiddush with the Rabbis. The perfect way to meet other parents, and enjoy a hot drink and a catch up. (Can collect CRP points from attending).

Torah & Tots Service

Saturdays 18 September and 16 October, 11:00-12:00

Our special interactive Shabbat service for pre-schoolers. Songs, stories and activities. A perfect way to introduce your little ones to a synagogue service. (Can collect CRP points from attending)

Sukkah Decorating Party

Sunday 19 September, 11:00-14:00

Join us at the shul for Sukkah building



fun. A large event for all the family, with activities to explore our theme 'Around the World'. Includes lunch and refreshments.

Sukkot Family Service

Tuesday 21 September, 10:30-12:30

Join us for a kids treasure hunt! Discover the world around us this Sukkot before joining the end of the main service for a blessing on the Bimah.

Into the woods!

Sunday 26 September, 15:00-17:00

We return following the success and popularity of last year's event in Stanmore Common for family shelter building, stories and snacks. Specific location will be revealed on booking.

Simchat Torah Evening Service

Monday 27 September, 18:00-19:30

Keep the kids up a little late and join in the celebrations of Simchat Torah. Children will enjoy flag making, tambourine making and be taught a dance for the parade!

Torahastic Family Activity

Tuesday 28 September, 10:30-12:30

If your kids are off school, then join us for a special morning activity for the kids. Arts & crafts, toys and creativity! Explore, make and eat before joining the end of the main service for the Torah Parade (Hakkafah).

Sarah Koster,
Young Families Lead
youngfamilies@ehrs.uk

Andrew Weber: For 20+ years as Head of the House Committee and as past Head of the Security Committee and as a member of the security team.

Daniel Weber: For 20+ years as a member of the security team including several years as Head of the Security Committee.

Tony O'Brart: For volunteering. Whilst a member of Hendon, and then the merged community, he telephoned every member to keep in contact and now calls every member on their birthday. He also set up the table tennis group which we hope will start up again soon.

Annita Tischler: As a lead volunteer in the Care and Community Department, particularly in the Befriending Group. Annita has served as warden for many years and enjoyed it so much she has volunteered to start the cycle again this year as Junior Warden.

Youth Honours -

Yasmin Duke-Cohan and Jasmine Freeman: Both for dedication and commitment to the Hadracha course, for volunteering on the Friday afternoon Bar/Bat mitzvah 'drop in', for proposals for new activities and groups in the youth department.

Mazel Tov to you all.



Some of our exceptional Kaytana 2021 leaders

By the time this reaches you we will be in our third and final week of Kaytana and Kadima, the much loved EHRS summer holiday scheme. This year we have welcomed a staggering 60 children to scheme, supported by an incredible team of over 20 dedicated leaders. This year we are also especially excited to welcome Jack Murphy as our SEN Lead and fellow youth worker. Jack has been ensuring we provide the right support for all our participants with additional needs as well as supporting leaders with their programming. We spent many weeks preparing to make this a summer to remember, especially after the last 18 months we have had.

We have seen the leaders run wonderful, creative programming at EHRS - our own Olympics, a music festival, travelling through



Enjoying games together

space and time, baking with Bonnie, making sushi, making clothes and taking part in our own fashion shows.... and we have also enjoyed our trips to Adventure Golf, Gulliver's Land and the Sadeh, the Jewish Farm in Kent, building memories and friends for a lifetime, and learning so much along the way. It is particularly special to have so many little faces at EHRS this year and working with our leaders and our Young Families Lead, Sarah Koster, we have made scheme a safe and welcoming place for our first-time participants to thrive.

YOUTH CENTRE UPDATE

Reece Crugman, team leader for Mishpacha in Week 2 of Scheme says of the experience, "I wanted to lead camp because it is so exciting to have the creative freedom to write and shape your own programmes. There is nothing more fulfilling and rewarding than watching the group engaged and enjoying each activity, using their own skills and creativity to thrive!"

We are already planning for an amazing array of Youth focused High Holy Day sessions and services (please see the High Holy Day Brochure available online at www.ehrs.uk/hhd for more information), our Autumn Half Term Scheme running from Monday 25 – Friday 29 October, our Hadracha Graduates Residential, and our incoming Hadracha course. Stay tuned for Autumn/Winter plans for teens, including trips, drop in's, discussions about the things that matter most, and Jewish learning with a twist.



Lunchtime at Kaytana

Your ideas and suggestions are always welcome, and I love getting to know you all. Do reach out to youth@ehrs.uk or **020 8238 1024**, and follow us on Social Media!

On Facebook search - EHRS Education and Youth, and Instagram - EHRS Youth and Education

Shana Tovah to you all and wishing you a sweet new year.

Sara Moon, youth@ehrs.uk, www.ehrs.uk/youth

One Giant Leap – the Transition from School to University or College Wednesday 1 September, 19:00-21:00

EHRS aims to support all our members at the points of transition in their lives. Rabbi Mark, Sara Moon - EHRS's Lead Youth Worker, Progressive Jewish Students and EHRS members currently at University or College, invite you to come to the shul for dinner and an evening to find out about enjoying University and College life, away from home or at home, the excitements and the challenges. Please let us know that you are coming by emailing sara.moon@ehrs.uk so we can make sure there is enough food to go around!

SUPPORT THE HOMELESS IN BARNET

Hotel Project Meals – Together in Barnet are seeking funding to provide accommodation for up to 16 rough sleepers based in a hotel starting at the beginning of October. So we are seeking volunteers to provide evening meals again and deliver them to the hotel. Please email Lisa & Audrey at nightshelter@ehrs.uk if you would like to support us by preparing an evening meal for up to 16 people or delivering it to the hotel in Golders Green.

Volunteer Drivers Needed –

We continue to need volunteer drivers to collect care parcels from Homeless Action Barnet in Finchley on Thursday afternoons and deliver to the people that HAB are supporting in temporary accommodation. This is all done contactless with no need to go indoors. If you are able to help out, even for one Thursday, please do contact Together in Barnet's operations manager Amanda by email on amanda@togetherinbarnet.org

Mentoring & Befriending Scheme –

The aim of the Together in Barnet Mentoring and Befriending Project is to

tackle isolation and loneliness as well as offering people engaging with Together in Barnet and Homeless Action in Barnet an opportunity to gain from the breadth of experience in the community. The sessions will be tailored to each person, who will set short, medium and long-term goals, reviewing and developing these during the course of the project.

People experiencing homelessness face many challenges. Life on the streets or moving from place-to-place (sofa-surfing) is emotionally, mentally, and physically taxing. Living without a stable environment makes the route into secure accommodation incredibly difficult. Then there are the challenges of adapting to living 'inside' and some find maintaining their new accommodation a challenge. This project has been designed to help facilitate this and support those who engage with the project to positively move out of homelessness whilst improving their overall wellbeing.

This project is a hybrid of 'mentoring and befriending'. Befriending projects typically aim to support people's emotional health by offering them support in the form of someone to talk to on a regular basis. Mentoring projects typically aim to support people practically by improving their life skills or by helping

them achieve their education or career goals. Our project hopes to have the flexibility to provide both depending on each individual's needs and goals. Volunteers and the individuals engaging with the project can either choose to go down the befriending side of the project, or the mentoring side of the project, or a combination of both. Our hope is that this will cater to all individuals.

When applying to take part in this project, volunteers and individuals, will outline which area they would like to focus on, which will allow us to match pairings accordingly.

Together in Barnet will then support both the volunteers' and individuals' journey throughout this project via regular communications and feedback sessions. This feedback will help mould the direction of the project and help us realise its potential.

If you are interested in being involved, please contact Together in Barnet's Operations Manager for an initial chat to find out more - amanda@togetherinbarnet.org

Many Thanks for your support
Lisa Bard & Audrey Zarach,
nightshelter@ehrs.uk

Struggling to cope
is more normal
than you think.

Uncertainty and isolation can cause any of us to experience feelings of distress or anxiety. Whatever you are going through, you don't have to face it alone.



If you need support or are supporting someone who needs help, contact Jami.

jamiuk.org/get-support or call 020 8458 2223



If you're struggling to cope or need immediate help, contact Shout's 24/7 crisis text service.

Text Jami to 85258



Free, safe and anonymous online counselling and emotional support.

Visit qwell.io/jami

Change the life of someone living with mental illness.
Donate today at jamiuk.org/donate



Jami

The Mental Health Service for our Community

Registered charity no. 1003345

YOUNG ADULTS

Our Young Adults Programme includes our monthly learning opportunity 'Beer and Shiur' currently held on Zoom, and we will continue to consult about when it is sensible to begin to meet in person. Past discussions have been on the topics of Teshuva in the Movies, MeToo & Dina, Purim gets... alternative, and Lilith: Demoness or Jewish Heroine, Beer Goggles and Queer Lenses, and Can

dialogue make a difference?

Beer and Shiur, 20:00

Zoom details are: Meeting ID: 839 2128
5866 Password: 978112

Wednesday 13 October: 21st Century

Gender - Join Rabbi Mark to look at our changing understanding of gender. Our society is now much more inclusive of people questioning their gender identity. The age at which people are supported in making decisions to identify as a different gender than theirs at birth is lowering

and there is a better understanding of the choice not to identify as a fixed gender. We will study the issues through a Jewish lens and learn from each other.

Wednesday 10 November: Gunpowder, Treason and Plotting? Having just celebrated Fireworks Night, we will examine what Jewish Rebellions against established powers have looked like through the ages, from rebelling against the Romans to rebelling against modern powers, Hasmoneans to the Bund.

ALL ADULTS



Monthly Cook-a-Longs

Our Cook-a-Long's led by Rabbi Debbie are open to all adults who would like to



join us. To join our Cook-a-Longs, please email rabbi.debbie@ehrs.uk for Zoom details and ingredients lists.

In the last few months we have made easy Pesach Florentines, found Shavuot alternatives to cheesecake, created wild garlic salt at our freebies and foraging



Cook-a-long, made delicious loaf cakes and cookies for tea time, and we beat the Summer heat with our own ice-cream and lollies.

Wednesday 29 September: Travel to

Odessa - Join Andie Lucas and Vivienne Lewis as we honour our sister community in Odessa, making Varenikis and Blintzes!

Wednesday 27 October: Challah Back - a challah bake-along and braid-along for all!

Rabbi Kraft Memorial Book Club

Tuesday 12 October, 19:30

At this meeting we will be reading 'Shuggie Bain' by Douglas Stuart.

This is the 2020 Booker Prize winner, The Times 'Novel of the Year' and the Daily Telegraph 'Book of the Year'.

It is 1981. Glasgow is dying and good families must grift to survive. Agnes Bain has always expected more from life. She dreams of greater things: a house with its own front door and a life bought and paid for outright (like her perfect, but false, teeth). But Agnes is abandoned by her philandering husband, and soon she and her three children find themselves trapped in a decimated mining town. As she descends deeper into drink, the children try their best to save her, yet one by one they must abandon her to save themselves. It is her son Shuggie who holds out hope the longest. Shuggie is different. Fastidious and fussy, he shares his mother's sense of snobbish propriety. The miners' children pick on him and adults condemn him as *no' right*. But Shuggie believes that if he tries his hardest, he can be normal like the other boys and help his mother escape this hopeless place.

Douglas Stuart's *Shuggie Bain* lays bare the ruthlessness of poverty, the limits of love, and the hollowness of pride. A counterpart to the privileged Thatcher-era London of Alan Hollinghurst's *The Line of Beauty*, it also recalls the work of Édouard Louis, Frank McCourt, and Hanya Yanagihara, a blistering debut by a brilliant writer with a powerful and important story to tell.



Join us on Zoom Meeting ID: 815 1484 0820 Password: Bookclub

For more information please go to www.ehrs.uk/bookclub

Book Club is still currently via Zoom, we hope to meet in person very soon.

Author and EHRS member Debra Barnes runs this book club. For more information and to give your suggestions for future books to discuss, please email debrabarnes@outlook.com or education@ehrs.uk

Edwards & Haddon
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NEW OPTIONS

For the active retired and semi-retired (60 plus)

Schmoozing with the Rabbis – A light hearted topical discussion, in an informal setting, currently on Zoom. Join **Rabbi Roberta on Zoom on Monday 13 September, 11.00-12.00**. Zoom details will be provided in the Our Week Ahead email.

Bridge – Our popular and friendly Wednesday afternoon sessions are currently suspended, but we hope to re-start sometime soon.

For any other enquiries about 'NEW OPTIONS', contact Jeffrey Fisher on 020 8958-0424 or email newoptions@ehrs.uk

Our other EHRS groups, **Not The Women's Guild, Yoga and Israeli Dancing**, all hope to return in person later in the year when it is safe to do so. Please check the weekly Our Week Ahead email for updates. We look forward to seeing you all at EHRS soon.

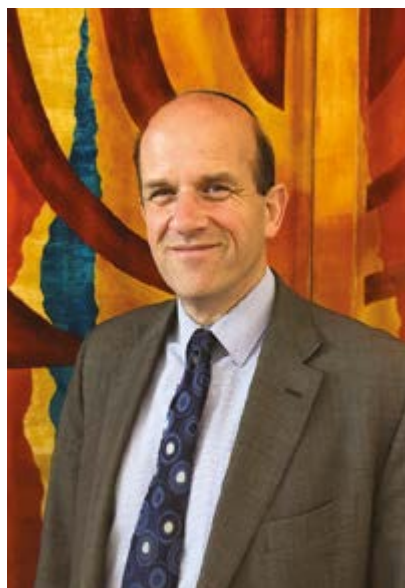


Mondays & Thursdays
10:00-11:15

Neurobics specialise in cognitive health for adults over 60, energising the body, stimulating the brain & enriching the soul.

Join us on Zoom. Workshops £5.
Contact Steve on 07966 000660 or
steve@neurobics.org.uk

TOGETHERNESS IN THE NEW YEAR – EHRS TOGETHER GROUPS



What makes Synagogue life so valuable is when we know each other. It is the foundation of the care that a Synagogue can give for the expected transitions in life, like Bar and Bat Mitzvahs, the festival year and the journey of growing up, and for the unexpected transitions in life, such as bereavement, illness and moving to a new area. Synagogues are

not shops where we buy what we want at the point when we need it, instead they are caring, holistic organisations whose every member should be of equal value and which are part of our growth through life. Synagogues exist in a covenant, a brit, with their members. We support each other, both receiving and giving.

Edgware and Hendon Reform Synagogue is of course a very sizeable organisation. Just over 1900 households are members of our shul. This brings us great advantages in that we can achieve so much when we put our minds, visions and actions to it. We enjoy the staff and resources to be able to make almost anything happen. And it also brings us a big challenge in that really knowing each other, which is the basis of the Synagogue covenant, can be tough to achieve.

As we go into 5782, the new Jewish year starting at Rosh Hashanah, we are going to introduce what we hope will be a great way of making sure that more and more of our members find the people within the Synagogue that we would especially enjoy getting to know. It is based on a very successful model that has been developed by a number of other large Synagogues around the world. Two great examples are Central Synagogue in Manhattan's Core Groups (www.coregroups.groupvitals.com/groupFinder), and The Temple of Atlanta, Georgia's Temple

Connect Small Groups (www.the-temple.org/findyourtribe).

The idea is this: your synagogue will support our members in creating groups, which could be as few as five or six people or as many as twenty-five to thirty, around any interest or topic that sits alongside the values of the Synagogue. They could be shared care groups, such as our two groups that now exist for the recently bereaved of different ages or our many existing local area Community Circles. They could be interest groups, such as our Rabbi Kraft z"l Memorial Book Club or a group to enjoy musicals together. They could be groups to help meet a challenge, such as a new parents and first Babies Group or a group for members living with Multiple Sclerosis. They could be groups just for fun, such a local walking group or a bike group. They could be learning groups, such as a Hebrew for conversation or studying Pirke Avot (Jewish Ethics). The principle is that they are led by members of the Synagogue with the support of the Synagogue staff team to get started, get out to members and find resources. The groups would not be open ended – meaning that they are for this year and they close after the year unless the members of the groups want to carry on, so no-one feels stuck if they have enjoyed but want to move on. We are going to call them EHRS Together Groups. **See page 10 for our NEW Foraging Group starting in September.**

We feel that this is a natural way of bringing our community together, person by person and helping our Synagogue to be more and more a way of building great relationships in our lives, with people we do know and with people we don't.

Rosh Hashanah is always a point of review of our lives and the life of our community. This year we are looking out on a continually uncertain environment, where connections have been hard to maintain and new friendships especially difficult to make as we cope with Covid-19 in our society. We hope that the EHRS Together Groups will bring a great extra dimension to our lives. If you have a group you might like to get going please contact any of our Rabbis, Marian Cohen or Val Joseph at the Synagogue and we will be delighted to help you.

Rabbi Mark Goldsmith

ALL THINGS JEWISH

For Zoom details please see Our Week Ahead,
or email atj@ehrs.uk

**All
Things
Jewish**
www.ehrs.uk/atj
atj@ehrs.uk

Rosh Hodesh Torah Study via Zoom, occurs monthly



EHRs say a huge thanks to Student Rabbi Eleanor Davis who has held and taught our Rosh Hodesh group for a decade! Rabbi Debbie will continue to welcome everyone who would like to learn at this monthly group. We will relaunch on Wednesday 6 October, 20:00 on Zoom, and will be exploring the origins and diverse celebrations of Rosh Hodesh through the ages.

Join us on Zoom, Meeting ID: 831 9383 8150 Password: 405337

Beyond the Music of Selichot Wednesday 25 August, 20:00-21:00

Late on the Saturday night before Rosh Hashanah every year we enjoy the hauntingly beautiful music of the Selichot service. Rabbi Mark asks what is the meaning of these songs and the special prayers that make Selichot the perfect introduction to the High Holy Days season. How do different Jewish communities, Ashkenazi and Sephardi, help us to feel ready for the peak of the Jewish year?

Join us on Zoom Meeting ID: 958 2858 0857 Password: 480192

Selichot Choral Service & Film - Sunday 28 August, 20:30-00:10 at EHRs

Selichot is a beautiful way to bring yourself towards the High Holy Days and to enhance their spiritual impact. We come together on a Saturday evening to hear for the first time the sound of the High Holy Days and the poems which search our souls.

We will start the evening with the 2017 film Remember Baghdad. On the hundredth anniversary of the British invasion in 1917, Remember Baghdad is the untold story of Iraq, an unmissable insight into how the country developed from a completely new perspective – through the eyes of the Jews who lived there for 2,600 years until only a generation ago. With vivid home movies and archive news footage, eight characters tell their remarkable stories, of fun that was had, and the fear that followed as Iraq laid foundations for decades of unrest. Amid the country's instability today we follow one Iraqi Jew, Edwin Shuker, on a journey home, back to Baghdad. It is a moving and dramatic story of remembrance and return. Edwin will be with us on the evening for our discussion about the film and its meaning.

After a break for refreshments, we will begin our beautiful choral service led by our rabbis, Ann Sadan, our Cantors and featuring the EHRs Choir.

20:30-22:45 Havdallah & Film ~ 22:45-23:00 Tea Break ~ 23:00-00:10 Choral Service

Please go to www.ehrs.uk/event/selichot21 to book your place.



First Shabbat Shiur, 9:15-10:00

Our First Shabbat Shiurim are on all kinds of areas of Jewish life. You can join us in person at the Synagogue or at home using Zoom. If you then wish to attend the main Shabbat Service after the Shiur please ensure you have booked via the website.

Saturday 4 September - Repentance and Teshuvah in Judaism and Christianity - Join Rabbi Debbie and a Christian guest as they explore the different faith approaches to repentance. Zoom Meeting ID: 971 3652 3571 Password: 590140

Saturday 2 October - Israel in Ancient Days - There are new discoveries about ancient Israel almost every week. As an ex-archaeologist Rabbi Roberta is fascinated as new things about an old world emerge. She would like to share some of the most recent ones with you. So do come along and be surprised and horrified in turn by the things she wants to show you. Zoom Meeting ID: 864 2089 8984 Password: 409881

Zoom details in Our Week Ahead or email admin@ehrs.uk

Israeli Premiere Night at the EHRs EveryJew Cinema

Wednesday 6 October, 19:30

For the next three months our Rabbis will be hosting a cinema evening at EHRs (also Wednesdays 3 November and 1 December). For this opening night of the EveryJew Cinema (you don't have to be Jewish to come of course!) our films give a fascinating insight into Israel right now. They are award winning short films made by the students of the Tel Aviv Film School. The students are across the spectrum of Israeli society, Jewish and Arab. Look out for more details coming soon in OWA and the website, www.ehrs.uk

Talmud Class Sundays 19 September, 3 & 31 October, 10:00-11:00

EHRs's stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today. No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism. This class is conducted online through Zoom as discussion and argument is what it is all about! Please email rbbi.mark@ehrs.uk to get the Zoom details and the Talmud texts we are studying.

Bite of Torah for everyone interested in Torah

Learn Torah with our Rabbis at home using Zoom or in person. These sessions are full of new insights which bring Torah to life. If you then wish to attend the main Shabbat Service after the Shiur please ensure you have booked via the website.

Saturday 18 September, 09:15-10:00

As Moses's life draws to an end he does what many of us would wish to. He speaks to the Jewish people of the future and gives them a feeling of where they might be going and how to avoid the pitfalls they might experience. He does so in a special poem in the Torah portion Ha'azinu. Join Rabbi Mark to consider Moses' last words. Zoom Meeting ID: 858 4694 2863 Password: 584203

Saturday 16 October, 09:15-10:00

Lech L'cha is the Torah portion of Abraham's call to found the Jewish people – that's straightforward. What on earth then is the Haftarah portion attached to it from the Book of Isaiah going on about? Rabbi Mark continues his series of Shiurim on making sense of our Haftarah, our second bible reading of every Shabbat morning which can often seem impenetrable!

Zoom Meeting ID: 831 7873 7490 Password: 576118

LOOKING BACK AT 5781

Zichronam Livracha –
May Their Memory Be A Blessing

Maurice Appleberg
Donald Anders
David Aschenbrenner
Ruth Austin
David Bensusan
Judy Benton
Isadore Berkowitch
Sylvia Berliner
Alan Bilgora
Helene Blass
Patricia Brand
Samantha Brown
Edward Castle
Esther Challis
Claude Chalom
Susan Clayton
Ian Clucas
Muriel Cole
Stephen Curtis
David Davis
Gerda Deutschmann
Norma Diamond
Kurt Dukes
Peter Eden
Shirley Elias
Helen Fern
Daniel Fifer
Ruth Finer
Toni Finlay
Sidney Finn
Doris Fox
Rose Gamp
David Garson
Geoffrey Gilbey
Rita Goldenberg
Suzanne Goodman
Joseph Gosschalk
Evelyn Gould
Lee Grayson
Ursula Gross
Eddie Harman

Alan Harrison
Rita Hart
Isabella Joseph
Inge Katz
Doreen Kern
Henry Kesel
Michael Kosky
Alan Kutner
Barbara Lancaster
Brian Landau
Melvyn Langer
Walter Leaf
Eric Lenz
Naomi Ruth Lesser
Maurice Levene
Audrey Levy
Ruth Livingston
Mildred Lynne
Joy Marks
Penelope Mendoza

Maureen Messing
Barry Morris
Laurence Music
Helen Myers
David Nathan
Michael Nathan
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Sheila Perez
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Barry Russoff
Helen Salik
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Linda Stewart
Edna Stuart
Alfred Summers
Lesley Summers
Kenneth Teacher
Patricia Temple
Rita Temple
Natalie Trainis
Nicholas Waitsman
Frances Wax
Myrna Wax
Betty Zeiderman

Sukkot

Sukkot gives us a brilliant opportunity as a community to get together outdoors. If you don't yet feel ready to return to EHRS indoors then please take advantage of these brilliant opportunities to come back to your shul campus.

Gifts of fruit, vegetables and flowers for the Sukkah will be welcomed from Friday 17 September, 08:30-14:30

Sunday 19 September

Sukkah Decorating Party, 11:00-14:00

The theme for our Sukkah this year is 'Around the World'. Most of us have not been able to travel this year so our Sukkah will take us on a journey of six continents, through their distinctive fruits and vegetables which together make up the harvest of the world. Come anytime to EHRS during the party and join us at our fruit and veg craft stalls, bring a musical instrument to join into the 'Etrog Jam Session', help build the Sukkah itself (please bring some vegetation or fruit/veg to hang in the Sukkah), enjoy lunch on one of our food stalls, and have fun on one of the special attractions. You will also have the chance to meet the EHRS High Holy Day Appeal charities to help you to decide how you might want to help. A (mostly) outdoor festival of fun for all ages.



Monday 20 September

Pre Sukkot Tea Party, 17:30

In the Talmud Rabbis called Sukkot the happiest festival so come and join our EHRS Tea party before our evening service. We will put the finishing touches to our Sukkah and also learn a skill that some of our ancient Rabbis used to enjoy... juggling!

Erev Sukkot Service, 18:30-19:30 Finishing with Kiddush in the Sukkah

Tuesday 21 September

Morning Service, 10:30-12:30 Finishing with Kiddush in the Sukkah

Natural Treasure Hunt Family Sukkot Service, 11:00-12:30

This is a special year in the Jewish world, the Shmitta year when the land of Israel was left to restore itself from intensive agriculture. Our service is mostly outdoors - discovering the world around us on Sukkot. Finishing with Kiddush in the Sukkah.

Wednesday 22 & Thursday 23 September

EHRS's Open Sukkah, 16:30-17:30

Come and join our Rabbis for a cup of tea and a wave of the Lulav in our Sukkah

Friday 24 September

Kuddle Up Sukkot in the Sukkah, 16:15-16:45 in person

Come and join our Rabbis in the Sukkah for songs, stories and the chance to wave the Lulav especially for 0-5 year olds and their parents and carers. You are welcome to arrive and play from 15:45.

Simchat Torah

This is our festival where we celebrate with simchah (joy) the end of our cycle of Torah reading at the end of Deuteronomy and begin the Torah at Genesis again.

Monday 27 September

Simchat Torah Procession Preparation Party, 18:00

Join our Rabbis & educators to get your flags and banners and dances ready for our Simchat Torah Hakkafah (procession) in the service that begins at 18:30, with special treats for the festival! For all young people.

Erev Simchat Torah Service, 18:30-19:30

Including the Hakkafot where we dance with our Sifrei Torah

Tuesday 28 September

Toratastic Family Service, 10:30

Our family experience on Simchat Torah begins with your opportunity to make yourself a Torah to take home and then we will join the Hakkafot where we dance with our Sifrei Torah.

Simchat Torah Morning Service, 10:30

Our service where we finish reading the Torah at the end of Deuteronomy and start again in Genesis, with the help of our Chatanim (see page 12), and including the Hakkafot where we dance with our Sifrei Torah.



If you would like to place a classified ad in the magazine, please contact us for a rate card of sizes and costs.

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Do you want to work as part of a forward thinking, supportive and dynamic team of professionals?

Are you a creative and enthusiastic informal Jewish educator?

Do you love working with young people?

We are looking for an experienced youth worker to work with our Lead Youth Worker to plan, energise, innovate and run our exciting youth activities including weekly clubs, holiday play schemes, festival events and leadership training.

This is a part time position (17.5 hours pw), with a salary of £10,500-£12,000 depending on experience.

Are you interested?

Please contact our EHRS Lead Youth Worker, Sara Moon sara.moon@ehrs.uk for the job description, and Sara looks forward to answering any questions you may have about our passion for youth.

We are ready for you to join us!

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