

LEDOR & VADOR

FROM GENERATION TO GENERATION

PURIM

Take part in the Shushan Circus and celebrate all things Purim *Page 5*

MUSSAR LONDON

Join us for some unique Mussar learning opportunities *Page 17*

MOVIE MAYHEM

BOOK NOW and join us for an evening of LIVE MUSIC from the movies, with this fabulous four piece act *Back Page*

RABBI NEIL KRAFT

Please join us as we say farewell, *Page 4* and read 'Some Final Thoughts', *Page 10*

SEDER MEGADRIVE

A morning for adults & young people to help to make this Pesach the best yet *Page 9*

Pesach Edition



Edgware & Hendon
Reform Synagogue
ק"ק לדור ודור



INDEPENDENCE. DIGNITY. CHOICE.

"Raymond's stroke had a devastating effect on his and Pamela's life until they moved in to their Jewish Blind & Disabled apartment. Now they enjoy the best of both worlds - independence with a social life on their doorstep"

Raymond & Pamela moved into their state-of-the-art mobility apartment in 2019.

ENABLED

To make a
donation or to apply
for an apartment visit
www.jbd.org or call
020 8371 6611

Registered Charity No. 252480

Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email communications@ehrs.uk

BIRTHS

Jessica Lynn, a daughter for Belinda and James Edelman, a granddaughter for Clare and David Magnus.

Savannah Rae, a daughter for Nakedya and Elliott Bloom, a sister for Aaliyah and Kobi, a granddaughter for Rosalinde and Eddie Bloom.

BAR/BAT MITZVAH

7 March - Alex Rees, son of Paul and Diane.

21 March - Maya Bensusan, daughter of Jay and Gina.

28 March - Ashleigh Teper, daughter of Anton and Nikki.

4 April - Joshua Cowan, son of Nicholas and Laura & Harry Icklow, son of Paul and Katie.

18 April - Uzziel Ariel, son of Rahamim and Deborah.

25 April - Jadon Lee, son of Jamie and Julia.

2 May - Alfie Wise, son of Gavin and Lisa.

The Bar Mitzvah of Matan Leigh, grandson of Sonia Leigh and the late Rabbi Dr Michael Leigh z"l, will take place on 14 March at Beth Shalom Reform Synagogue, Cambridge.

BABY BLESSING

21 March - Lyla Rose Sefton, daughter of Marc & Cristina Sefton.

ENGAGEMENTS

Mazel Tov to Karen Senitt on the engagement of her daughter Emma, to Henry Wigger.

BIRTHDAYS

Mazel Tov to Sheila Samuels on her 80th birthday.

ANNIVERSARIES

Mazel Tov to Les and Daniella Cazin on the occasion of their Pearl Wedding Anniversary.

CONDOLENCES

To Roberta Sandler on the loss of her husband Raymond Sandler.

To Barbara Fenton on the loss of her husband Geoffrey Fenton.

To Elizabeth Simons on the loss of her husband Philip Simons.

To Harry Gamp on the loss of his wife Frances Gamp.

To Sandra Eliad on the loss of her father Terence Gozzard.

To Alison Futerman on the loss of her father Lionel Flaum.

To Philip Wilson and Shirley Isaac on the loss of their father Leon Wilson.

To Rami Eliad on the loss of his mother Stella Eliad.

To Marcus Williams on the loss of his mother Denise Williams.

To Howard Simons on the loss of his mother Stella Simons.

To Malcolm Gold on the loss of his mother Annita Gold.

To Ann Bensusan on the loss of her mother Marie Green.

To Marilyn Pyser on the loss of her mother, and Craig Pyser on the loss of his sister, Sasha Pyser.

To Suzanne Goodman on the loss of her brother Lucien Serebriany.

To Shirley Cook on the loss of her brother Colin Goldbart.

To Sheila Morris on the loss of her brother Morris Gibbs.

To Estelle Silverman on the loss of her sister Anita Schogger.

To Vivien Dannenberg on the loss of her sister Susan Spalter.

To Marlene Woolf on the loss of her sister Myrtle Herscheein.

To the family of Gillian Wagonfield.

To the family of Doreen Wiseman.

To the family of Gerald Sinclair.

To the family of Philip Symons.

To the family of Norma Sheridan.

To the family of Della Black.

To the family of Gerald Rose.

To the family of Evelyne Pell.

To the family of Frank Beck.

To the family of Joyce Furrer.

To the family of Gerald Rose.

TOMBSTONE CONSECRATIONS

1 March

11:15 at Cheshunt – in memory of Sheila Lawrence.

13:00 at Cheshunt Woodlands – in memory of Barry Laymond.

14:00 at Cheshunt – in memory of Lesley Mittleman.

14:45 at Cheshunt – in memory of Renee Kaddish.

15:30 at Cheshunt – in memory of Brian Pannaman.

8 March

10:15 at Edgwarebury – in memory of Stanley Ozin

13:00 at Edgwarebury – in memory of Jeremy Hartstone.

19 March

12:00 at Edgwarebury – in memory of Valerie Bohn.

22 March

14:00 at Cheshunt – in memory of Ronald Wood

14:45 at Cheshunt – in memory of Greta Goulding.

29 March

13:30 at Edgwarebury – in memory of Ruth Rose.

5 April

14:30 at Edgwarebury – in memory of Phyliss Carr.

19 April

14:00 at Cheshunt – in memory of Cyril Lassman.

3 May

10:00 at Edgwarebury – in memory of Diana Somerston.

WELCOME

A warm welcome is extended to the following new members of our community:

The family of Rabbi Mark Goldsmith. Lawrence Samuels.

Scott McKenzie & Kimberley Noar.

Michael & Sheila Angel.

Simon Klass & Joanne Moss.

Sonia Franks.

Andrew Rose.

Barbara Fenton.

Sandra Ainley.

Sophie Papier.

Emma Brown.

Zoe Levy.

Samuel Lavender.

Grace Davis.

We welcome articles, photos and letters for publication in LeDor VaDor, particularly concerning future EHRS activities. We can also report on the success of an event already held.

Items for publication should be sent to mediacontent@ehrs.uk either as email messages or as attachments to emails in Word format. Pictures should be supplied separately in a jpg format.

Final copy date for the May/June 2020 edition is Wednesday 1 April

SHABBAT SERVICES

Erev Shabbat Services are held every Friday at 18:30. Kuddle Up Shabbat (0-5yrs) is held on the second Friday of the month from 16:15 - 16:45.

Main Shabbat Morning Service commences at 10:30

Youth & Family Services commence at 11:00.

Sat 7 Mar	Main Service Tots & Torah (under 5's) Torah Tales (5-11yrs)
Sat 14 Mar	Main Service Family Service (all ages to 11yrs)
Sat 21 Mar	Main Service Inclusivity Service (all ages to 11yrs)
Sat 28 Mar	Main Service Rock & Ruach Musical Service (all ages)
Sat 4 Apr	Main Service Tots & Torah (under 5's) Torah Tales (5-11yrs)
Sat 11 Apr	Main Service Family Service (all ages to 11yrs)
Sat 18 Apr	Main Service Inclusivity Service (all ages to 11yrs)
Sat 25 Apr	Main Service Rock & Ruach Musical Service (all ages)
Sat 2 May	Main Service Torah Tales (5-11yrs)

PARALLEL SHABBAT SERVICES

While our classical Shabbat service takes place in the EHRS Beit Tefillah (Synagogue) our Rabbis will be offering parallel services at the same time elsewhere in our shul building. These services will include the major elements of Shabbat morning prayer, including the reading of Torah and saying of Kaddish, and will finish in time for all of our community to join together for Kiddush.

Kavannah Service – Jewish Mindfulness Meditation on Shabbat

Saturday 28 March, 10:30-12:15

Rabbi Mark is leading this Shabbat morning service using a selection from our regular prayers, poetry ancient and contemporary, silence, meditation a contemplative reading of the Torah and the space to experience a special sense of rest (*menuchah*) on Shabbat.

Classic Parallel Service

Saturday 14 March, 10:30-12:15

Rabbi Kraft leads a Parallel Service in his own style as part of his final month at EHRS before his retirement.

SHABBAT SATURDAY 4 APRIL 10:30

Please join us on this special Shabbat for Rabbi Neil Kraft's last service at EHRS before his retirement. Rabbi Kraft will be leading the Shacharit Service on this Shabbat.

FAMILY SERVICES

Our family services at EHRS have had a big revamp for this Jewish year, with new special services each month. As always you can be sure that there will be a family service at EHRS every week 11:00-12:00.

Kuddle-up Shabbat – This is a special and friendly experience of Shabbat for children from birth aged five, a perfect first introduction to Shul for children accompanied by a parent, grandparent or carer. With songs, storytelling and Kiddush, on the second Friday of each month at 16:15-16:45

Tots and Torah – Our special service for 0-5's with the music of Shabbat and loads to stimulate your Jewish senses.

Torah Tales – for 5 and ups - using your drama skills make the Torah come alive in your own Shabbat morning service. An immersive Shabbat experience.

Inclusivity Service – Songs, stories and snacks! This 45 minute service is for anyone, and is especially good for those who enjoy something more interactive & lively! With a special story and sensory experiences this service will bring smiles to the synagogue.

Rock and Ruach – This is EHRS's high energy Shabbat morning for 0-100's with rhythm in their souls, featuring a live band, a full Shabbat service suitable for children of all ages, a Torah reading and the chance for everyone to participate in making the music.

CONTACT US

VISITING THE SYNAGOGUE

118 Stonegrove, Edgware, HA8 8AB
020 8238 1000 admin@ehrs.uk
The normal office hours for most staff are: **Monday-Thursday** 9:30 to 17:00;
Friday and Eve of Festivals 9:30 to 13:00.
Sundays 10:00 to 12:30.

CAR PARKING

Car parking space on site is very limited. If you hold a "blue badge" and wish to park on site for an activity or service, you need to telephone the synagogue and speak to reception during the morning on the day prior to your visit to book a space. Please do not leave a message out of hours as there is always the possibility that there may not be space available.

B'NEI MITZVAH

Parents whose child wishes to be prepared for B'Nei Mitzvah should contact the education department on 020 8238 1012 at the Synagogue two years before the proposed date to make an appointment to see the Rabbi.

BEREAVEMENT

During office hours: in all cases of bereavement please contact June Lewis, the Rabbis' Personal Assistant.

Out of office hours: in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message.

THE RABBIS

Rabbi Mark Goldsmith, Rabbi Neil Kraft and Rabbi Emily Reitsma-Jurman.

To make an appointment to see a rabbi or to advise of illness, please contact their Personal Assistant, June Lewis on 020 8238 1002 at the synagogue.

In Emergency
(outside of regular EHRS office hours):

Rabbi Mark Goldsmith (**not Monday**)
07708 731862
rabbi.mark@ehrs.uk

A Farewell and Thank You to Rabbi Neil Kraft

Sunday 5 April, 15:00 - 17:30

We invite the whole community to join us for afternoon tea as we come together to say thank you and farewell to Rabbi Neil Kraft on his retirement.



This will be held on the first floor of the Community Centre and all are welcome.

To RSVP please email events@ehrs.uk by Monday 30 March, and let us know how many of you will be attending.

To read Rabbi Kraft's final article titled '**Some Final Thoughts**', please see page 10.

Rabbi Neil Kraft (**not Wednesday**)

020 8958 4693

rabbi.kraft@ehrs.uk

Rabbi Emily Reitsma-Jurman

07708 731862

rabbi.reitsma-jurman@ehrs.uk

Join us at EHRS this Purim for The Greatest Show in Edgware!

Family Circus Party 17:15 - 18:15

Purim Service & Megillah Reading 18:30 - 19:30

Cocktails & Canapes 19:30 - 20:15

Come dressed in your best circus costume.
Let's see those acrobats, clowns, lion tamers,
jugglers, and bring out your inner Showman!

SEUSSEAN CIRCUS

MONDAY 9 MARCH

from 17:15 - 20:15

The Circus Party will take place in the Community Centre with snacks, activities, and an entertainer, after which we will move over to the Synagogue for the Service & Megillah reading.

Then join us for Cocktails & Canapes in the synagogue hall where you can enjoy alcoholic & non-alcoholic drinks, tasty treats and hamantaschen. It's not to be missed!

**Purim is for the whole community, feel free to come to
all or part of this spectacular evening.**

Please book online at www.ehrs.uk/purim so that we know you are coming. For more information email education@ehrs.uk

118 Stonegrove, Edgware, Middlesex HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk
Web: www.ehrs.uk
Charity: 1172458 Company: 10622971



Edgware & Hendon
Reform Synagogue

קהל עדוור והנדון

Yes, we have a new name, Community Care, which we feel better reflects the work we do. Val and Marissa are here to support all our members to the best of our ability and resources here at EHRS. While joining our members in happy occasions, we also recognise that difficult situations can affect all of us at some time in our lives and we aim to be the first port-of-call if that occurs.

By the time you read this we will have held our Mental Health evening 'Let's Talk' and will be continuing with our work on the EHRS mental health initiative. We are working together with you our members to support our community and need your help to do this. If this is something you are interested in or want to help with, please contact either Val or Marissa on the numbers below. We are also continuing to look at how we can encourage more intergenerational activities within our community and if you have any ideas please let us know. The monthly Lunch Club continues to be a popular calendar event and the next lunch is being held on **Tuesday 10 March**. Please remember to call to book in, especially if you are not a regular attendee. Our Memory Way Café provides support and advice for people living with dementia and their carers, the next Café will be held on **Tuesday 17 March**, hosting a wonderful magic session. The next Café on **Wednesday 20 May**, will be a talk on Danny Kaye. Please see the adverts for more information.

Val and Marissa want to take this opportunity to thank our wonderful volunteers for all the work they do for us. Our befrienders are our eyes and ears, visiting housebound and isolated members and feeding back any concerns. Telenet volunteers make vital calls to our often more isolated members. Our bereavement team provide support through difficult times. We also have a great team of Lunch Club and Memory Way Café volunteers who work hard to ensure our guests go home with a smile on their faces! **WE COULD NOT DO THIS WITHOUT YOU AND THANK YOU ALL.**

Finally, the wellbeing of our community is of paramount importance and we encourage our members to look out for the welfare of each other. Please also tell us if you, or a member of your family is unwell, don't assume we know!

communitycare@ehrs.uk,

Val: 020 8238 1013, Marissa: 020 8238 1015



Val Joseph



Bereavement Support at EHRS

Have you suffered the loss of a partner, relative or friend?

Would you welcome the opportunity to talk to someone who will listen to how you are feeling?

EHRS offers reassurance, comfort and the chance to explore your emotions.

If you are recently bereaved and would like more information please contact the Community Care Department on 020 8238 1013 or email communitycare@ehrs.uk

118 Stonegrove, Edgware, Middlesex HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk
Charity: 1172458 Company: 10622971



Memory Way Café

This social group is for people and their family carers, living with dementia.

We offer tea, cake, support and advice in a warm and welcoming environment.



Tuesday 17 March

14:00 - 16:00

(Please note new timings)

There will be no Memory Way Café in April due to Pesach

A donation of £2 per person to EHRS Community Care will be greatly appreciated. For further information please contact the Community Care Department on 020 8238 1013 or communitycare@ehrs.uk

118 Stonegrove, Edgware, Middlesex HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk
Web: www.ehrs.uk
Charity: 1172458 Company: 10622971

JEWISH CARE

Edgware & Hendon
Reform Synagogue
קהל עדוור והנדון



Monthly Lunch Club

Community Care at EHRS has great pleasure in inviting you to join our Monthly Lunch Club.

With a friendly and welcoming atmosphere, you will have the chance to spend time with other people and feel a greater sense of belonging to our Community.

The lunches are held in the synagogue hall at 13:30.

We look forward to seeing you on:

Tuesday 10 March, 13:30

There will be no Monthly Lunch Club in April due to Pesach

Please contact the Community Care Department on 020 8238 1013 or email communitycare@ehrs.uk



118 Stonegrove, Edgware, Middlesex HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk
Charity: 1172458 Company: 10622971

Edgware & Hendon
Reform Synagogue
קהל עדוור והנדון

A beautiful service of songs, prayers and reflections

Monday 20 April, 19:00

An important part of our memorial service is to read the names of victims of the holocaust who were relatives of our synagogue members, and then say a communal Kaddish in their memory.

If you know of members of your family who perished in the holocaust, please let us know their names and their relationship to you. Please email june.lewis@ehrs.uk or call 020 8238 1000.

On the 75th anniversary of the liberation of the concentration camp, this year we will hear testimony from EHRS member Norman Stone whose parents were survivors of Auschwitz.



Edgware & Hendon
Reform Synagogue
ק"ק לדור ודור

The EHRS Culture & Heritage Group invites you to Israel's Independence Day ~ Yom Ha'atzma'ut Celebrations

Tuesday 28 April 2020, from 19:15 at EHRS

Celebrating together with Israel and Jews worldwide

19:15 – Yom Hazikaron Tekes (Ceremony)

Please join us for an emotional memorial ceremony led by our Rabbis to commemorate Israel's soldiers and victims of terrorism who have fallen throughout the unique but troubled history of the Jewish state.

19:40 – Eight Decades of Israeli Music

Whilst noshing on Israeli food and socialising, Rabbi Mark and Jo Sigalov will lead a fun and informative presentation on "The Music that Makes Israel Sing"

20:15 – Film Israel: "Maktub"

Stay and watch this 2018 Israeli comedy-drama which tells the story of two reformed Israeli mobsters who set about making strangers' prayers, placed in the stones of the Cotel, come true. With English subtitles.

22:00 – Open Discussion

Let's take a few moments to think about the picture of Israel today that this film paints. Hot Cocoa available.



Cultural & Heritage

Please RSVP to candh@ehrs.uk for catering purposes.
Minimum suggested donation of £5 per head.

Edgware & Hendon
Reform Synagogue
ק"ק לדור ודור

ALL THINGS JEWISH

www.ehrs.uk/atj or atj@ehrs.uk

**All
Things
Jewish**

First Shabbat Shiur, 9:15 - 10:15

Saturday 7 March:

Mamzerut – Excluding Jews from their community.

Emma Rozenberg is a family lawyer who is doing research for her PhD on the Orthodox phenomenon of mamzerut. This is where a child born to a woman whose ex-husband refuses to grant an Orthodox religious divorce is excluded from aspects of participation in the Orthodox community, such as marriage. She will explain the situation and its painful effects. Hosted by Rabbi Mark.

Saturday 4 April:

Our First Shabbat Shiur is given by Marie Van Der Zyl, President of the Board of Deputies. Marie was elected President in 2018. In this Shiur she will share with us the challenges and delights of enabling our diverse Jewish community to have a voice in government and the nation, steering the Board through controversial issues and empowering the Board to help the development of the British Jewish community. Marie will also be giving the sermon this Shabbat.

EHRs Business Breakfast

Wednesday 4 March, 08:30 - 10:00 in the Lounge at EHRs

Following the success of our first EHRs Business Breakfast in Central London our second Breakfast is aimed at those who work more locally. We are guests of EHRs member Daniel Mitchell. The idea of this event is that, following an interactive seminar on Jewish Business Ethics with Rabbi Mark Goldsmith, we enjoy networking with each other over coffee and Danish. Rabbi Mark has written and lectured on Jewish Business Ethics at Limmud and many business and Jewish community venues over two decades. Please book at www.ehrs.uk/atj.

Rosh Hodesh: More Matriarchs with Eleanor Davis

Monday 23 March, 20:00

In honour of the New Moon, a traditional women's holiday, this is a monthly study group for women and men. We think we know our ancestral mothers, but two almost-matriarchs are largely unfamiliar. By delving into Torah and Rabbinic literature we'll explore the stories of the two handmaids and what they can teach us.

Intermediate Hebrew Tuesdays until 31 March, 11:00
(returns 21 April after the Pesach break)

A fun, conversational class that is suitable for people who can read script and have a basic spoken Hebrew knowledge.

Yiddish Conversation Tuesdays until 24 March, 11:00
(returns 21 April after the Pesach break)

An opportunity to brush up on the mameloshen that your Booba used when she got angry with your Zaider.

Torah Breakfast for B'nei Mitzvah families

Shabbats 14 March, 9:15 - 10:15

Bite of Torah for everyone interested in Torah & bagels!

Shabbats 21 March & 18 April, 9:15 - 10:15

21 March - Our Torah portion for this morning goes into great detail describing the materials needed to build the Tent of Meeting and dress the priests for service. From this we learn that sanctuaries are meant to be not only functional but beautiful also. Join us and our special guests as we explore Jewish textile design and the spirituality behind beautiful spaces. With Rabbi Emily Reitsma-Jurman.

18 April - Shemini: How Unkosher Priests turns into Unkosher Food. Rabbi Mark asks how this portion establishes the principles of kashrut, beginning with how a priest, a Cohen, should behave in the sanctuary.

How to Explain Reform Judaism to your Orthodox Friends

Tuesday 3 March, 20:00 - 21:30

Inspired by a question at an event at EHRs this is our third session where Rabbi Mark leads an evening of learning, discussion and questions about Reform Judaism, our practices, history, authenticity, theology and future. Please book at www.ehrs.uk/atj to confirm attendance.

Growing up Jewish in....

Tuesday 31 March, 20:00 - 21:30

Join Rabbi Mark to meet and hear the stories and experiences of three EHRs members who grew up in countries with a very different Jewish life to Britain, with pictures, music and food to help you feel part of their life, before they came to London. Please email atj@ehrs.uk to confirm attendance.



Talmud Class

Sundays 22 March and 26 April, 10:00 - 11:00

EHRs's new, stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today. No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism.

Please email atj@ehrs.uk to book your place.

Schlissel Challah Bake, Thursday 23 April 17:00 - 19:30

There is a delightful tradition in many Jewish communities to bake a Challah in the shape of a key on the Shabbat after Pesach. Join Rabbi Mark & Sarah Wilson to make your own Schlissel Challah from scratch with all ingredients provided, you can bake it at EHRs ready for you to use on Shabbat or take it home to finish. Includes a talk about the tradition of Challah baking for special occasions. Suitable for adults and children of all ages. Schlissel in Yiddish means key and is a symbol of our freedom from slavery. Please book your place at www.ehrs.uk/atj so that we have the ingredients ready for you.



For more details please take a copy of the ATJ Brochure from the Synagogue foyer or email atj@ehrs.uk

SEDER

MEGA DRIVE

Interactive, informative and imaginative!

Sunday 15 March, 09:30 - 12:30

In the spirit of the popular EHRS Day of Learning in December our Seder Megadrive is a morning for adults & young people to help to make this Pesach the best yet.

Sessions led by our Rabbis and guest teachers will include:

'How to lead a great Seder that engages children' and

'Pesach, the origin story in the Talmud' with Rabbi Mark

'From the Street to the Table' liberation issues in our Seder with Rabbi Emily

'Passover Cookery – Beyond Matzah – a hands on experience'

with Victoria Prever, Food Editor of the Jewish Chronicle

'Super Creative Sedarim' with Student Rabbi Eleanor Davis

'Learning the Songs of the Seder' with Rabbi Cantor Gershon Silins

'Seder as an act of Rebellion' for teens

For children aged 4-11:

How will you escape from Egypt in our great Escape Room Challenge?

Test your skills in mixing, kneading, pricking and cooking

Make matzah in 18 minutes - how edible will yours be?

Take a plague bag home straight to your Seder table! What will be in yours that will make your family quiver?

A Crèche is available for the youngest children so that parents can be with us, please book at the link below.


The cost of the event is £5 for adults, £3 concession, and free for under 18's.

Please book your place at www.ehrs.uk/megadrive

118 Stonegrove, Edgware, Middlesex HA8 8AB

Telephone: 020 8238 1000 Email: 020 8238 1000 Web: www.ehrs.uk

Charity:1172458 Company:10622971

 Edgware & Hendon
Reform Synagogue
ק"ק לדור ודור

Some Final Thoughts



After the retirement of Rabbis Smith and Katz, I decided it was my time to retire as well. About a year ago, I submitted my letter to our past Chairman, Stephen Garfinkel, and after working out the details, we came to an agreement that my last working day for EHRS will be April 4 of this year.

I have chosen not to have a farewell service, but on Sunday April 5 from 12-2 there will be a celebration tea, with bagels, pastries, and something for a L'chayim, all in a very informal way, and you are all invited.

EHRS is a very strong community, but I firmly believe that to maintain its energy, the community needs new leaders with different strengths. Leaders who are more comfortable and skilled with social media, leaders who are more adept at planning events to bring the community together, leaders who are willing to take clear political stands on the issues of the day, leaders who are better at creating and promoting EHRS in the larger community. In short, younger leaders with new and different ideas and talents which we have in Rabbis Mark Goldsmith as well as Emily Reitsma-Jurman and now Debbie Young-Somers.

EHRS will always be a part of my life. You are the community I have served the longest. We have shared memories of Holy Days and life cycle events. We have grown up and we have grown older together. We have faced times of sorrow as I have officiated at the funerals of too many people who were dear friends, and there have been times when we have celebrated and laughed together. There are young people whom I named, and

there are others whose B'nai Mitzvah I conducted, those who have studied for conversion at whose Admission Ceremonies I have officiated, and the many weddings it has been my privilege to perform. I cannot say farewell to those memories and people; they will live on.

You have honoured me by allowing me to be part of your lives, and for that I will always be grateful. You have always cared for me as I have tried to care for you...

One thing I have learned and believe is that the power of our community is found in us. It is in our relationships to one another. It is in the meaning we find in embracing our neighbours and turning them into our friends. It is in the power we find in giving the gift of Torah and community to our children and to our children's children. It is in the work we do together to transform our world through our shared commitment to a life of learning, worship, and acts of loving kindness. It is about building a community of tradition and faith.

There are many people I want to thank for helping me over the years; too many to name but I hope you know who you are.

Thank you to everyone with whom I have worked, past and present.

Thank you to those individuals who have given their time and energy serving on various committees and Council. And thank all of you for your dedication and devotion to EHRS.

I also want to thank my family. The Shul may have hired me, but my family has been, and remains an essential part of my rabbinate. Without Susannah, nothing would have been possible. I am blessed to have an amazing wife who not only loves and supports me unconditionally, but also knows when to hit me over the head and say "Stop, think about what you are doing!" Susannah has reviewed virtually every sermon I have ever delivered, and every article I have written, making them better. Sometimes I actually listened to what she has to say!

I also want to thank my children, Elie and Oscar. You have put up with so much: my long hours, often absent from the house

and the intense situations that I brought home too often. I hope you will live lives committed to our tradition; not because I am a rabbi, but because you are proud to be Jews. In the end that is what matters to me!

I have tried to live my life through a verse expressed in Psalm 100: "Ivdu et Adonai b' simcha... Worship God with joy." For me, joy in Jewish living is the key, particularly if we want to see it passed on to future generations...

I cannot sum up over 30 years in the rabbinate in a single article. But I want you to know how much serving our community has enriched my life, and my greatest joy would be to know that some of that emotion has spilled over to you during our 18 years together.

May our lives be filled with many moments of joy. And when times of sorrow fall upon us as they must, let us gather strength from the well springs of our faith and from each other.

May our future contain many blessings of health, joy, goodness and everything that we wish for ourselves as individuals and as a community.

I don't like saying farewell. Susannah and I are grateful to the Synagogue for the gift of life membership and so you will still see us. I am especially grateful to the Honorary officers and Council who have honoured me with the title of Rabbi Emeritus, joining my dear colleagues Rabbis Danny Smith and Steven Katz.

As for the future, I don't know what I will do. Now there is no excuse of work to prevent me from finally cleaning up my study! I look forward to reading all the books I should have read over the years, to study for the pure pleasure of study, to do some volunteer work, watch some rubbish telly and who knows what else? I do believe that often when we think we're at the end of something, we're really at the beginning of something new.

Wherever our journeys take us, may God go with us; and may we all be worthy of God's many blessings and the friendships we have formed over the years.

With much love,
Rabbi Neil Kraft

EHRG GROUPS

NOT THE WOMENS GUILD

Ladies of the community do join us. We are Not The Women's Guild.

We enjoyed our visit to the Park theatre in January to see Rags the Musical, although opinion was divided. The February meal out in Hatch End was as usual an enjoyable social occasion.

Forthcoming events include:

Tuesday 3 March

We have tickets for Jewish Book Week at JW3 for a talk by William Miller, son of the late Jonathan Miller. This begins at 13:30, at a cost of £10. For more information please contact Andrea Fisher **020 8958 0424**.

April – There is no meeting this month due to Pesach.

Meetings begin at 20:15 unless otherwise stated, and a warm welcome is extended to all. Please call the hostess to let her know you are coming. For further details please call Evie **020 8954 5393**, or Sandra **020 8958 7140**. We look forward to seeing you.

NEW OPTIONS

For the active retired and semi-retired (60 plus)

Schmoozing with the Rabbis – A light hearted topical discussion, in an informal setting, 10:30 - 12:15. Join us on **Monday 30 March** with Rabbi Neil Kraft, and **Tuesday 28 April** with Rabbi Mark Goldsmith.

Bridge – Our popular and friendly Wednesday sessions from 12:45 – 16:00. Join us for an enjoyable and sociable afternoon, and still only £3 including tea. Last session before Pesach **25 March**, and will restart **22 April**.

For any other enquiries about 'NEW OPTIONS' or future events, contact Jeffrey Fisher on 020 8958-0424 or Evie Woolstone on 020 8954-5393 or email newoptions@ehrs.uk

NEUROBICS

Neurobics Brain & Body Fitness is a preventative treatment course which supports senior members of our community to "Challenge the Body, Stimulate the Brain & Lift the Heart."

Brain & Body Fitness has become a vital element for lifelong well-being, and Neurobics can help you to manage, postpone or eliminate cognitive decline. Our workshops focus on memory, speed of reaction, improving concentration & attention, improving sleeping patterns, stress management and enabling an overall sharper mind. One of the best anti-ageing 'action steps' is physical exercise, however, the term "USE IT OR LOSE IT" does not only apply to muscle fitness, it also applies to the brain. The cutting-edge strategies we use, can help you to GROW YOUNGER!

Weekly workshops every Monday morning, from 11:00-12:30. Contact steve@neurobics.org.uk or 07966 000 660 www.neurobics.org.uk



EHRG Israeli Dance Group

Wednesdays, 20:15

£2 per session.

Please come along to this fun and friendly group for an evening of dance. All are welcome.

OTHER ACTIVITIES

JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

A cultural club for the active retired and semi-retired which meets on Thursdays from 13:30 – 15:30 at EHRG.

Chairmen	Stuart Winton	020 8954 8350
	Martin Wacholder	020 8950 9158
Vice Chairman	David Kalms	020 8238 2433
Programmer	Sheila Levitt	020 8954 6434

5 Mar AGM - Please come and support us

12 Mar Ralph and Carl Duo.

19 Mar Dr. Ellis Friedman - Speaking about his part in Dr Shipman's downfall

26 Mar Luke Akehurst - Director of We Believe in Israel. The State of Israel: What are the threats and opportunities facing Israel.

23 Apr Myra Sampson - Art and Social History of the 1950's and the day music died.

30 Apr Colin Oakes - London At War, 1939-1945

For further info please see website www.jumpingjacs.org.uk
We apologise when the programme has to be changed at short notice, due to circumstances beyond our control.

ZUMBA GOLD – Thursdays 10:00 to 11:00



This class is perfect for the active older adults who are looking for a modified Zumba Class that recreates the original moves you love at a lower-intensity. This class introduces easy-to-follow Zumba choreography focusing on balance, range of motion and co-ordination. £6 per session. For more information contact Laurel Ingram at dancinline@hotmail.com

Shaolin Kickboxing Club

Wednesdays, 19:30 - 21:30, held in the Community Centre
£8 per 2 hour session

For more information please contact Instructor Gerry Abram: 07767 874771

YOGA – Every Tuesday 10:00 – 11:30 in the synagogue hall.
Yoga is a form of exercise for 'every body'.
Please contact Ros Anderson on 07956 828999.

Neshamah Yoga – Saturday 28 March, 09:15 - 10:15

Join Rabbi Mark and EHRG member and yoga teacher, Lisa Morris for a fusion of body, mind and spirituality with Yoga practices and Jewish wisdom to help you be ready for Shabbat. Neshamah (Hebrew for soul and breath) Yoga is accessible for anyone, whatever their yoga experience. No special clothing is required.

Willesden's Historic Jewish Cemetery



About three years ago I read a letter in the Jewish Chronicle seeking volunteers for a project being prepared by the United Synagogue for the restoration of the Willesden (U.S.) Cemetery. This involved seeking a grant of nearly two million pounds from the Heritage Lottery Fund. My wife and I grew up in Willesden and we registered our interest and have since become very involved as volunteers. Many members of EHRS may also have family connections with the area and family buried there.

The cemetery is now in the process of being restored and the lodge and a new extension are being established as a cultural, educational and reference centre detailing the life of the Jewish community and its contribution to this Country. Tours are now regularly held highlighting some of the many people buried here and taking some of these is one of the contributions that we make. A program of talks is also planned for the new year.

Willesden is an amazing historic example of a Victorian Cemetery which opened, in 1873, following the creation of the United Synagogue and quickly became the “go to” place for burial of the rich and famous of Victorian British Jewry. It now has Parks Grade 2 listed status.

Much of the funding for the purchase of the land came from four families, the Rothschilds, Beddingtons, Montague's and Waley Cohens. Originally an eight acre site the land was purchased from All Souls College Oxford and expanded several times over the next forty or so years to its present size. The funerary buildings are English mock Gothic in their architecture and many of the graves in the older sections follow the style of Christian cemeteries illustrating the desires of many families to show assimilation into British culture following their immigration from Europe. In its early days there were greenhouses and gardeners working at the cemetery providing flowers for both the graves and the gardens. This came to an end with the great war when many of the gardeners joined up to fight.

There are approximately 29,600 graves in the cemetery and space for possibly a further 200 burials for those who have reserved plots in what is now a closed cemetery for further burials. Possibly some of these reserved plots will never be taken up as people have moved far away or left the U.S. organization. Burials here are a history of the contributions made to Britain by both nineteenth and twentieth century Jewry. Among nineteenth century burials are those of many of the Rothschilds one of whom loaned the government four million pounds to purchase the Suez Canal before a deadline expired. The Barnato family plot is here and the De Beers

Resource

All our services are free

Call us on 020 8346 4000
or visit www.resource-centre.org

Follow us on
[f](https://www.facebook.com/resourcecharity) [t](https://www.instagram.com/resourcecharity) @resourcecharity
in resource employment advice centre

Charity Reg No: 1106331
Registered in England No: 5211299

Helping
unemployed
members
of the community
get back to work

Diamond Company came about partly from their exploits. Twentieth century burials include Rosalind Franklin brilliant scientist and discoverer of DNA, the bandleader Geraldo, film director and raconteur Michael Winner, Tesco's founder Sir John Cohen and many more. Religious and community leaders are in abundance as are scientists, politicians, artists, lawyers, businessmen and community leaders etc.

The first Jewish war memorial in Britain is also located near to the cemetery entrance and an AJEX remembrance service is held annually. There are also commonwealth war graves and memorials to several hundred Jewish servicemen who gave their lives in both world wars and other conflicts, there are of course many in other Jewish and CWG cemeteries. An interesting fact is that in the first world war a higher percentage of Jewish volunteers gave their lives compared to other British volunteers!

The project leader is Hester Abrams and for further information about the project and cemetery, please contact the project development team at heritage@theus.org.uk or call 0208 343 5858.

Les Cazin



Pesach Services

Please note there is no Erev Pesach Service on Seder Night Wednesday 8 April

The EHRS team is delighted to help anyone who wants to attend a family Seder on the first night to do so. Please contact Val Joseph, Head of Community Care & Welfare, at communitycare@ehrs.uk or 020 8238 1013 as soon as possible if you would like to find a host family to join for first night Seder.

If you are willing to do the mitzvah of hosting a guest, please let Val know. Your Seder does not need to be perfect, people looking for a host family are simply hoping to be together with others.

Thursday 9 April: First Day Pesach

Main Service, 10:30

Family Service & Escape from Egypt Adventure, 11:00

Communal Seder, 18:30

Tuesday 14 April: Erev Seventh Day Pesach

My Exodus Story - Seventh Night Seder, 20:00-21:30

Wednesday 15 April: Seventh Day Pesach

Main Service & Yizkor, 10:30

Pesach Activity Morning, 11:00-12:15

Communal Seder, Thursday 9 April, 18:30

The EHRS Communal Seder will be held on Thursday 9 April at 18:30, for a 18:45 start in the main synagogue hall, ending at approx 22:15.

Please join us for a lovely and friendly evening of good food and a Seder service led by Rabbi Mark Goldsmith and Rabbi Emily Reitsma-Jurman. **This Seder is suitable for all ages, and will include a session for children with our Rabbis, helping them to enjoy being part of the Seder experience.** The 3 course catered Pesach meal will include either a meat or vegetarian meal.

Should you have a specific dietary requirement (vegetarian or other), this must be noted on the booking form at the time of booking.

EHRS Members	Adult: £30	Children 10-18yrs: £15	(under 10yrs free)
Guests	Adult: £35	Children 10-18yrs: £15	(under 10yrs free)

The closing date for bookings is Thursday 26 March.

To book your place, please see the Pesach Booklet included with this edition of LeDor VaDor, or book online at www.ehrs.uk/seder

For more information on Services and Seders, please see the Pesach Booklet included with this edition of LeDor VaDor

A New Vision for Israel that is 82 years Old - The Leo Baeck Center in Haifa Sunday 29 March, 10:15 - 11:30

Rabbi Mark hosts Benjy Maor, UK Liaison from the Leo Baeck Center in Haifa, which is the oldest Reform Jewish institution in Israel, founded in 1938. The Leo Baeck Center comprises schools, the Ohel Avraham Reform Synagogue, neighbourhood centres around the city, centres for children with special educational needs and outreach programmes aiding education in deprived areas, a sports centre and summer camps. All of them are models of Jewish – Arab coexistence. Come and hear what Israel could be, including a live link up with young people in Haifa. **Please book at www.ehrs.uk/events**

SOCIAL ACTION

EHRS Night Shelter – starting Monday 16 March, sign up now.

Following our success hosting the Together In Barnet night shelter in 2019, we will be hosting the night shelter again in 2020, this time for 12 Monday nights and Tuesday mornings from **Monday 17 March** until **Monday 1 June** inclusive.

We will need volunteers to:

- * prepare one course of an evening meal and deliver it to EHRS
- * prepare the Youth Centre space ready for our homeless guests to arrive
- * donate fresh food for breakfast and deliver it to EHRS on a Monday
- * welcome our guests, serve the evening meal and sit down and dine with our guests
- * sleep overnight in the Youth Centre with our guests
- * prepare and serve breakfast in the morning
- * clean up after our guests leave the premises at 07:45am
- * drive bedding on to the next venue
- * call and remind volunteers who have signed up for the upcoming week

We have already emailed existing volunteers with details of the rota, please sign up for your shifts now so we know when we need more help.

If you want to get involved and volunteer for the first time, please contact us on nightshelter@ehrs.uk so we can arrange essential training.

Lisa Bard & Audrey Zarach, Night Shelter Co-ordinators

Career Ready at The London Academy Seeks Internships

Career Ready only works with the 2 most deprived schools in any borough and one of them is The London Academy on Spur Road, just around the corner from EHRS. Career Ready raises aspirations, widens networks, increases confidence and builds interview skills among the 6th formers on its yearlong programme.

As chair of the Local Advisory Board running the programme at The London Academy I am seeking Easter and summer internships for the 14 of the 6th formers on the programme this year from The London Academy. Internships should be between 2 and 6 weeks, Career Ready can provide guidance on suitable projects for our interns to help your business with.

Spare Time on Sundays to Help Refugees?

If you have a couple of hours to spare on a Sunday morning, why not join volunteers at The Big Yellow storage facility at Staples Corner? You will be compiling arrival packs and sleep packs that are donated to child refugees who arrive in this country on their own. The next volunteering sessions for The Separated Child Foundation (www.separatedchild.org) are on **Sundays 8 & 22 March** and **5 & 19 April**.

For more Information about any of the volunteering opportunities detailed above please contact Lisa Bard at lisa.bard@ehrs.uk or contact the Synagogue office on 020 8238 1000.

YOUTH CENTRE – LATKE & DOUGHNUT FEST

Our fun filled Chanukah celebrations were particularly crafty and vibrant with our Latke & Doughnut Fest! We played dreidel games, made oil lamps out of clay (which we got to light at the end) and even created our own take on the Ukrainian flag as we were lucky enough to face time our sister reform community in Odessa! Whether we were singing in a service with Odessa, lighting the channukiah with our families or enjoying latke and doughnut, it was a fantastic evening!



Pesach Play Scheme 2020

Sports
Games
Art & Crafts
Cookery
Competitions
Drama
and so much more!



All food and
fun provided!
Bring your friends
and make new ones.

Monday 6 - Thursday 9 April

For 5 - 14 years old, School Years Reception - 9

Our ever popular 4 day Pesach Play Scheme is back!
For more information please take a brochure from the Synagogue foyer
or Youth Centre, or visit the EHRS website where you can also book
at www.ehrs.uk/pps. Spaces are limited so please book early!

118 Stonegrove, Edgware, Middlesex HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk
Charity: 1172458 Company: 10622971



Edgware & Hendon
Reform Synagogue
ק"ק לוד וודור



At 3rd Edgware we believe in preparing young people with skills for life.

Each week, we help our young people (boys and girls) enjoy fun and adventure while developing and improving the key life skills they need to succeed, now and in the future.



(ages 6-8)

beavers@third.org.uk

Thursdays, 17:45 - 18:45

Beavers is all about growing and learning in small but mighty ways.

Beavers spend lots of time exploring the great outdoors – one week you might be building dens, the next going on trips and another sleeping out under the stars.

Going to Beavers is very different from going to school – instead of learning from books, you'll figure out the world by exploring, playing and doing.

Cubs is all about going on outdoor adventures, learning new skills and helping others.

Cubs learn by doing – some of the skills you develop will be practical (building rafts, fire lighting, cooking on fires and outdoor activities) – along with other Cubs you'll spend plenty of time outdoors.

Cubs work as a team to help other people – learning about global and community issues and what we can all do to help solve them.



(ages 8-10½)

cubs@third.org.uk

Thursdays, 18:45 - 20:00



(ages 10½-14)

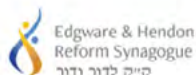
scouts@third.org.uk

Tuesdays, 19:00 - 20:30

Being a Scout is all about discovering the world on your own terms and making the most of what you have, wherever and whoever you are.

Alongside your new friends, you'll master the skills that will help you weather the storms of life, and try things you'd never get the chance to do at home or at school – working with trained volunteers to achieve whatever you set your mind to.

118 Stonegrove, Edgware, Middlesex HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk
Charity:1172458 Company:10622971



3rd Edgware Brownies

Wednesdays, 17.15 – 18.45

If you are age 7 and want to join our vibrant group, make new friends and have lots of fun, please join us at 3rd Edgware Brownies every Wednesday at EHRS.

We enjoy activities such as arts & crafts, games, cooking, Tie-Dye, t-shirt printing, pottery, painting, completing badges & more! We also go on outings to Gambado, bowling, wall climbing, trampolining, horseriding, the fire station and many other exciting places.



To register and for more information please contact:
Brown Owl – Marilyn on 020 8952 6239 / 07711 873 953
or email mazalbert@talktalk.net

118 Stonegrove, Edgware, Middlesex HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk
Charity:1172458 Company:10622971



'Serenade at Stonegrove'

A couple of EHRS members are looking into the possibility of our Synagogue hosting inexpensive weekday lunchtime concerts of high quality on a monthly basis, similar to those which take place currently at New North London Synagogue in Finchley. NNLS members are happy to help us to set this up and to share the contacts they have with London's music students and professional musicians. To get this initiative started we need to create a group of five volunteers. Might you be willing to join this delightful task group?

Please let Rabbi Mark and Eric Sander know through our Rabbis' PA, june.lewis@ehrs.uk or 020 8238 1000

UNIFORMED GROUPS

Beavers, Cubs, Scouts, Brownies & Guides

Our uniformed groups meet weekly with a huge range of activities: cooking, team games, climbing, camping, arts and crafts, sports and hiking – just a taster of what we get up to. Why not come along and give us a try.

Beavers (Boys/Girls 6-8yr olds) Thurs 17:45 - 18:45
Contact: beavers@third.org.uk

Cubs (Boys/Girls 8-10½yr olds) Thurs 18:45 - 20:00
Contact: cubs@third.org.uk

Scouts (Boys/Girls 10½-14yr olds) Tues 19:00 - 20:30
Contact: scouts@third.org.uk

Brownies (Girls 7-10yr olds) Wed 17:15 - 18:45
Contact: Marilyn Albert on 020 8952 6239

Guides (Girls 10-14yr olds) Mon 19:15 - 21:00
Contact: Abi Glass at edgwareguides@gmail.com

OROT CLASSES

TERM DATES:

Last day of Term: Sunday 29 March.

Orot restarts: Sunday 19 April.

Half Term: Sunday 24 May.

BBM CLASSES:

Last day of Term: Tuesday 31 March.

Term restarts: Tuesday 21 April.

Half Term: Tuesday 26 May.

We all have mental health. We all have Jami.

Jami is the specialist provider of mental health services in the Jewish community. We provide practical and emotional support for everyone affected by a mental health problem: the person with the diagnosis, friend, relative or employer.

For more information about our services and to refer yourself or someone you are concerned about, call 020 8458 2223 or go to jamiuk.org

**Change the life of someone living with mental illness.
Donate today at jamiuk.org/donate**



Give support • Get support • Get involved

- @JamiPeople
- JAMIMentalHealth
- Jami UK

Jami

The Mental Health Service for our Community

Registered charity no. 1003345.

YOUNG ADULTS/FAMILIES



On Sunday 22 December, 40 families joined us to celebrate Chanukah in style!! Dreidel decorating, candle themed crafts, tots and baby toys and a wonderful candle lighting ceremony, and song session led by Rabbi Mark was enjoyed by all. The afternoon finished with everyone's favourite... food! A feast of latkes and sausages, and of course donuts to conclude a really special event. It was amazing to see the party welcome many new young families to our community.

We are delighted to be running more events for families with children from birth to age 8 (older siblings always welcome). Please save the date and book now for our Young Families Purim Party on Sunday 8 March at 15:00.

Please like our new Facebook page EHRS Young Families to find out about all our upcoming events. For any more information contact Sarah Koster youngadults@ehrs.uk



Young Families Purim Party

Sunday 8 March, 15:00-17:00

Join us for a lovely afternoon celebrating Purim with a fancy dress parade, a family friendly Megillah reading, and of course plenty of Hamantaschen. £5 per family. Please book at www.ehrs.uk/familypurim

For more information please email youngadults@ehrs.uk, and visit EHRS Young Families on Facebook

Mussar London 2020/5780

Wednesday 13 - Sunday 17 May 2020

Personal Resilience in a Changing World

What is Mussar?

Mussar is a 1000-year-old Jewish tradition that gives concrete instructions on how to live a meaningful and ethical life. Mussar teaches how not get to stuck in the same place again and again.

What is Mussar London?

Mussar London is the U.K.'s first opportunity to learn from two of the world's foremost teachers of Mussar: Dr Alan Morinis, author of the two classics of modern Mussar, "Climbing Jacob's Ladder" and "Everyday Holiness" and Rabbi Avi Fertig, Director of Mussar at The Mussar Institute.

Join us for one or more of these unique Mussar learning opportunities

Wednesday 13 May, 19:30 - 21:30

Everyday Holiness - Introducing Mussar

With Alan Morinis and Avi Fertig. An evening to introduce you to the basic concepts of Mussar.

At Finchley Progressive Synagogue (FPS). Admission £8.

Thursday 14 May, 10:30 - 15:00

Learning Mussar to Teach It

With Alan Morinis and Avi Fertig. A tailor-made seminar for Rabbis, Student Rabbis, Cantors and Educators who want to bring Mussar to their communities as well as into their own lives. **At Leo Baeck College, Finchley. Admission £25 (includes lunch).**

Friday 15 - Sunday 17 May, 17:00 Friday - 14:00 Sunday

Personal Resilience in a Changing World

With Dr Alan Morinis, Rabbi Avi Fertig, Rabbi Monique Mayer and Rabbi Mark Goldsmith. EHRS is proud to host an extended Shabbaton full of Mussar learning, practice, prayer and spirituality. Workshops, lectures, chavrutah, specialist Mussar bookstall, outdoor Mussar in Canons Park, Mussar theatre performance. A caring weekend of growth. Mussar is a 1000-year-old Jewish tradition that gives concrete instructions on how to live a meaningful and ethical life. Mussar teaches how not get to stuck in the same place again and again.

At Edgware & Hendon Reform Synagogue (EHRS). Weekend Fee £95 (includes lunches and dinners). Please go to www.ehrs.uk/events for full details.



There are Early Bird Prices available if booked before 2 March.

To book for any of the sessions please visit

www.ehrs.uk/mussar-london





**EVERYONE IS WELCOME
AT OUR SEDER TABLES.**

BUT IT'S ONLY POSSIBLE THANKS TO PEOPLE LIKE YOU.

This Pesach, Jewish Care will touch the lives of 10,000 people across our community. Just like every other week, we will give them the very best professional care and support they need and deserve. We need to raise £300,000 every single week to provide that care.

So please make a gift today. Thank you.

***TO MAKE YOUR GIFT, PLEASE CALL 020 8922 2600,
OR VISIT [JEWISHCARE.ORG/DONATE](https://www.jewishcare.org/donate)***

Charity Reg No. 802559

JEWISH CARE

If you would like to place a classified ad in the magazine, please contact us for a rate card of sizes and costs.

Experienced mobile ladies
hairstylist, specialist in
cutting and blow drying,
visits NW London area.
Contact LISA 07949 440064

MOBILE NAIL TECHNICIAN
BIO SCULPTURE GEL
SHELLAC
MANICURES & PEDICURES
CLAUDINE 07957-285-425

PC LAPTOP / DESKTOP REPAIRS
Upgrades / Viruses / Troubleshooting
NO OBLIGATION FREE ESTIMATE
NO FIX NO FEE
Tel: 020 8207 2387
Mobile: 07973 501 001
Email: Emetad@Help4pcs.com

HELPING HANDS LTD

We are a local domestic cleaning agency
established 20 years.

All cleaners are personally interviewed
and references taken. Most of our clients
are via recommendation.

Regular cleaning/ironing/no contract/
reasonable rates/same cleaner each time.

RING HEATHER ON 020 8954 4488



Bonnie Bakes For You

Novelty, themed or classic
cakes & cupcakes.

A variety of flavours with beautifully
finished decoration.

Made from only the freshest
and highest quality ingredients.

bonnie.lemer@gmail.com

07894 427729

Facebook and Instagram



Catering for all your simcha's

We offer 'kosher friendly' catering at
an affordable price, with a variety of
packages available and all tailored
to your requirements.

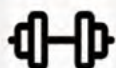
Please contact Naomi Clucas on
07798945725

naomi@simplyscrumptious.catering

www.simplyscrumptious.catering

DS FITNESS

Make 2020 all about you!



It's never too late to look after yourself
Do you find the gym intimidating but want results?
I am a Qualified Personal Trainer with knowledge,
experience and patience. I have worked and trained
all ages proving that you too can obtain optimum
fitness and health levels, and get the body you've
always wanted.

Tailor-made fitness programmes for all levels of
fitness from beginners to advanced.

Edgware based, or can train in your own home.
Children and adult sessions and individual or group
sessions available. Discretion guaranteed.

Call me now for special
promotional rates - David 07768 612778

STANMORE & DISTRICT U3A COMES TO EHRS

Stanmore & District U3A, having
outgrown our previous venue, is now
meeting at EHRS for our monthly
programme of talks/lectures. Our group
which incorporates Edgware, Stanmore,
Kingsbury and Bushey (but not limited
to these areas) was established over
20 years ago by a small group of very
enthusiastic and hard-working members.

The U3A originally started in France and
is now a global organisation. Starting up
in the U.K in 1981, it has now grown to
over 1000 groups nationally. Members
collectively organise their own activities,
sharing their knowledge in a co-operative
joint learning experience.

Because all organisers and group
leaders are volunteers, costs are kept
to a minimum and membership fees are
very low. Activities can be educational,
cultural and recreational, designed for
senior citizens, and are normally held
during the day. No qualifications are
needed to join and it's a wonderful
environment to make new friends and
find new interests. Members are friendly
and welcoming and create a comfortable
atmosphere. We also arrange monthly
visits to iconic landmarks, museums and
galleries in and around London.

If you are retired or semi-retired then
come and join us, make friends, learn
something new, or join us to offer
your own experiences and wealth of
knowledge in your own field. All because
we are retired we don't have to stagnate.
We offer groups for Art, Bridge, Current
Affairs, Classical Music, Spanish and
French Conversation, Chess, Scrabble,
Play Reading, Poetry, Literary Book Club,
English Literature and other subjects.

For further information:

Contact Frimette Carr on **07726 155460**, or
Anna Churnin on **07836 514471**, or email
stanmoreu3a@gmail.com

EHRS Badminton Club

Every Monday evening, 21:00-22:30

Do you play, did you play or do you want to play Badminton?
Come and join us each week for a friendly doubles game
or two in a non-competitive environment.
Level: recreational & social

At Aldenham School Sports Centre, WD6 3AJ

For more details please email
andrew.woolstone@ehrs.uk

After the sold out success of our Jersey Four event in 2019,
we bring you another evening of **LIVE MUSIC!**

**EHRS proudly presents another musical
extravaganza as we welcome**



‘Movie Mayhem’

**A fantastic tribute to the movies with
this musical four-piece act, bringing
to life the sounds of the big screen.**

Sunday 28 June, 20:00 at EHRS



**Featuring some of the best loved soundtracks, sung live,
from your favourite movies including Saturday Night Fever,
Dirty Dancing, Blues Brothers, The Commitments, Grease,
to name just a few!**

*Theatre style
row seating or
tables for four
available to book*

Tickets:

Adults £20

Under 21's £15

*Please bring your
friends & family
to this fantastic
musical evening*

Complimentary drinks reception at 19:30, doors open for seating at 19:45.

**Feel free to wear your best movie themed get up, or come ‘Footloose’ and
fancy dress free! Refreshments will be available to purchase during the interval.**

BOOK NOW at www.ehrs.uk/moviemayhem or call 020 8238 1000

**Please join us because ‘Nobody Does It Better’,
and we guarantee you will have the ‘Time of Your Life’!**

118 Stonegrove, Edgware, Middlesex, HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk
Charity:1172458 Company:10622971



Edgware & Hendon
Reform Synagogue
ק"ק דודור ודור