

# LEDOR & VADOR

FROM GENERATION TO GENERATION

## INTERGENERATIONAL SHABBAT

We welcome all EHRS generations to this special service and lunch *Page 3*

## EHRS AWARDS

Join us as we celebrate our everyday heroes *Page 6*

## EHRS YOUTH CENTRE

Book now for our NEW Winter Warmer Scheme and Pesach Play Scheme *Page 13*

## RABBI NEIL KRAFT

A New Year, A New Book of Torah *Page 9*

## PURIM

Join the Shushan Circus and celebrate all things Purim *Page 11*

## HOLOCAUST MEMORIAL DAY SATURDAY 27 JANUARY

## VISITING THE SYNAGOGUE

118 Stonegrove, Edgware, HA8 8AB  
020 8238 1000 [admin@ehrs.uk](mailto:admin@ehrs.uk)

The normal office hours for most staff are: **Monday-Thursday** 9:30 to 17:00; **Friday and Eve of Festivals** 9:30 to 13:00. **Sundays** 10:00 to 12:30.

## CAR PARKING

Car parking space on site is very limited. If you hold a "blue badge" and wish to park on site for an activity or service, you need to telephone the synagogue and speak to reception during the morning on the day prior to your visit to book a space. Please do not leave a message out of hours as there is always the possibility that there may not be space available.

## B'NEI MITZVAH

Parents whose child wishes to be prepared for B'Nei Mitzvah should contact the education department on 020 8238 1012 at the Synagogue two years before the proposed date to make an appointment to see the Rabbi.

## BEREAVEMENT

**During office hours:** in all cases of bereavement please contact June Lewis, the Rabbis' Personal Assistant.

**Out of office hours:** in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message.

## THE RABBIS

Rabbi Mark Goldsmith, Rabbi Neil Kraft and Rabbi Emily Reitsma-Jurman.

To make an appointment to see a rabbi or to advise of illness, please contact their Personal Assistant, June Lewis on 020 8238 1002 at the synagogue.

**In Emergency**

**(outside of regular EHRS office hours):**

Rabbi Mark Goldsmith (**not Monday**)  
07708 731862

[rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk)

Rabbi Neil Kraft (**not Wednesday**)  
020 8958 4693

[rabbi.kraft@ehrs.uk](mailto:rabbi.kraft@ehrs.uk)

Rabbi Emily Reitsma-Jurman  
07708 731862

[rabbi.reitsma-jurman@ehrs.uk](mailto:rabbi.reitsma-jurman@ehrs.uk)

## SOCIAL AND PERSONAL

**Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email [communications@ehrs.uk](mailto:communications@ehrs.uk)**

We wish a hearty Mazel Tov to Rochelle Franks, our EHRS Receptionist, and her husband Brian on becoming British Citizens after 7 years in the UK.

## BAR/BAT MITZVAH

**18 January** - Zackary Morris, son of Scott and Hayley.

**8 February** - Isabella Wilson, daughter of James and Sarah.

**15 February** - Hannah Simons, daughter of Suzie and Stefan.

**22 February** - Darcey Coen, daughter of Ari and Lisa.

**29 February** - Katie Albert, daughter of Paul and Rachel.

## ENGAGEMENTS

Mazel Tov to David and Diane Moss on the engagement of their daughter Hannah, to Richard Helman.

Mazel Tov to Bradley and Jacqui Trainis on the engagement of their daughter Georgia, to Christopher Hudnott.

## BIRTHDAYS

On the occasion of their 80th birthday, we wish Mazel Tov to Elizabeth Simons, Arlene Gerold, Ruth Fasht OBE and Ros Tobe.

Mazel Tov to Stuart Winton on his 85th birthday.

An extra special Mazel Tov to Joyce Conway on her 100th birthday!

## ANNIVERSARIES

On the occasion of their Diamond

Wedding Anniversary, we wish Mazel Tov to Maurice and Babs Appleberg, and Mazel Tov to Alan and Marilyn Lazerus.

## CONDOLENCES

To Irene Cordell on the loss of her husband Martin Cordell.

To Sandra Reid on the loss of her husband Travers Reid.

To Vanessa Kabel on the loss of her husband, and Amanda Segrue and Jason Kabel on the loss of their father Michael Kabel.

To Lesley Summers on the loss of her husband, and Beth Summers on the loss of her father Alan Summers.

To Shirley Lever on the loss of her husband Brian Lever.

To Alison Shurz on the loss of her husband Leonard Shurz.

To Averil Yale on the loss of her husband Monty Yale.

To Shirley Cook on the loss of her husband, and Penni French on the loss of her step-father Roy Cook.

To Millicent Staal on the loss of her husband, and Jacki Staal on the loss of her father Louis 'Michael' Staal.

To Philip Symons on the loss of his wife Marsha Symons.

To Russell Sadur on the loss of his father Leonard Sadur.

To John Perloff on the loss of his father Max Goldberg.

To Lesley Gordon on the loss of her father Stanley Altman.

To Georgia Wrench and Peter Livesey on the loss of their mother Marilyn Livesey.

To Cole David Manson on the loss of his mother Sylvia Zealander.

To Paul Lewis on the loss of his mother Henna Lewis.

To Michael Ilsen on the loss of his mother Gertrude Ilsen.

To Barry Myers on the loss of his mother Anne Myers.

To Marilyn Glicksman on the loss of her mother, and Marissa Rosenthal on the loss of her grandmother Gertrude Smith.

To Esther Shoffman on the loss of her son, and Amanda Gale on the loss of her father Elan (Irving) Shoffman.

To Estelle Somers on the loss of her brother Melvyn Newman.

To Sandra Steinberg on the loss of her sister Joy Freedman.

To the family of Susan Grant.

To the family of David Lawrence.

To the family of Gillian Solomons.

To the family of Frieda Simmons.

## TOMBSTONE CONSECRATIONS

**5 January** at Edgwarebury

10:15 – in memory of Bryan Stevens.

**12 January** at Edgwarebury

13:45 – in memory of Anne Weisinger.

**1 March** at Cheshunt

11:15 – in memory of Sheila Lawrence.

14:00 – in memory of Lesley Mittleman.

14:45 – in memory of Renee Kaddish.

15:30 – in memory of Brian Pannaman.

**1 March** at Cheshunt Woodlands

13:00 – in memory of Barry Laymond.

## WELCOME

A warm welcome is extended to the following new members of our community:

Richard, Amy, Zachary, Mason and Max Howard.

Spencer, Elizabeth, Charlotte and William Laymond.

Laurence Judah & Charlotte Spillman.

Leor, Tamara, Mia & Max Franks.

Phoebe Greig. Melissa Williams.

## SHABBAT SERVICES

Erev Shabbat Services are held every Friday at 18:30. Kuddle Up Shabbat (0-5yrs) is held on the second Friday of the month from 16:15 - 16:45.

Main Shabbat Morning Service commences at 10:30

Youth & Family Services commence at 11:00.

- Sat 4 Jan** Main Service  
Torah Tales (5-11yrs)
- Sat 11 Jan** Main Service  
Family Service  
(all ages to 11yrs)
- Sat 18 Jan** Main Service  
Inclusivity Service  
(all ages to 11yrs)
- Sat 25 Jan** Main Service  
Rock & Ruach Musical Service  
(all ages)
- Sat 1 Feb** Main Service  
Tots & Torah (under 5's)
- Sat 8 Feb** Main Service  
Family Service  
(all ages to 11yrs)
- Sat 15 Feb** Main Service  
Inclusivity Service  
(all ages to 11yrs)
- Sat 22 Feb** Main Service  
Rock & Ruach Musical Service  
(all ages)
- Sat 29 Feb** Main Service  
Healing Service (all ages)

### INDUCTION AND CIVIC SHABBAT SERVICE FOR RABBI MARK GOLDSMITH



**Saturday 11 January 2020, 10:30**

Please join us at this Shabbat Service, together with Civic Representatives, to celebrate the Induction of Rabbi Mark Goldsmith as Senior Rabbi of EHRS, followed by a special Kiddush at 12:30.

There is also a Family Service from 11:00 to 11:45 to which all parents and children are welcome to attend before joining the congregation for the Induction.

## PARALLEL SHABBAT SERVICES

### The Layers of the Prayers Explanatory Service

Our Shabbat service is made up of layers of Jewish texts built up from the Bible, the Mishnah, Talmud and liturgical poetry over hundreds of years to the present day. Join Rabbi Mark and Rabbi Emily to uncover the history of Jewish prayer in an explanatory service.

**Saturday 11 January, 10:30-11:30**

Rabbi Emily on The Concluding Prayers, the Aleynu, Al Keyn N'kaveh and Kaddish. This Explanatory service will end in plenty of time to enable participants to join the rest of the community for Rabbi Mark's Induction.

**Saturday 8 February, 10:30-12:15**

Rabbi Mark on the The Whole of the Service. In this final explanatory service of our series Rabbi Mark looks at how the whole of the Saturday morning service fits together, how it varies on Friday night, weekdays and festivals. Includes the reading of Torah.

### Kavannah Service - Jewish Mindfulness Meditation on Shabbat

**Saturdays 24 January and 28 March, 10:30-12:15**

Rabbi Mark is leading this Shabbat morning service using a selection from our regular prayers, poetry ancient and contemporary, silence, meditation a contemplative reading of the Torah and the space to experience a special sense of rest (menuchah) on Shabbat.

**Healing Service, Saturday 29 February, 10:30-12:15**

Prayer, song and meditation come together to lift up those in our community in need of healing. Whether you're in need of a physical recovery or a mental health recovery, all are welcome at this spiritually restorative service.

## PARTICIPATING IN THE SHABBAT MORNING SERVICE IN THE EHRS BEIT TEFILLAH

Our Beit Tefillah is the Hebrew name of the main prayer space at EHRS where our main Shabbat morning service takes place, including, almost every Shabbat the delight of a Bar or Bat Mitzvah, Baby Namings or an Aufruf for a couple about to marry. It is also the place where most EHRS members feel is best to hear the naming of a loved one who is being remembered on the occasion of their Yartzheit.

June Lewis, EHRS's Rabbis' PA sends out letters every month reminding members of the dates of the Yartzheits which they commemorate. These letters also offer the opportunity to participate in a Shabbat Morning service. They used to concentrate on offering an Aliyah to say the blessings over the Torah. We have found that so many members of the Synagogue wish to take up this opportunity that, without greatly extending the length of the Shabbat morning service, it is not possible to enable all who request an Aliyah to come up to the Torah.

For this reason, and following a discussion at the EHRS Services Committee, we are now offering opportunities to participate in other parts of the service, as well, in honour of those we remember. This paragraph is now included in our Yartzheit reminder letters: You may wish to participate in the service on Shabbat morning. That might be to open the Ark, read our Study Passage (in English), read the prayer for the government and community (in English) or to receive an Aliyah (to be "called up" to the reading of the Torah) or an alternative Mitzvah, and we will endeavour to meet your request.

The Rabbi who is leading the Torah service on that morning will help you to know the opportunities to participate that are available. We also aim to reserve an Aliyah at each service for a member of the Synagogue who is celebrating a milestone in their life in order to enable our members to share in celebration as well as commemoration. Please feel welcome to contact Rabbi Mark Goldsmith or the Chair of the EHRS Services Committee, Robert Brand, if you would like to discuss any aspect of our opportunities to participate in our services.

Please join us for the EHRS Annual

## Intergenerational Shabbat Service & Lunch

Saturday 1st February, 10:30 - 14:30

We are celebrating EHRS generations at our Intergenerational Shabbat Service, followed by a catered lunch.

So no matter your age, whether you are a family, single, a couple, please join us and be part of a wonderful Shabbat. To reserve your place for lunch please book online at [www.ehrs.uk/iglunch](http://www.ehrs.uk/iglunch) £5 per person, £15 per family

At EHRS we strive to support members of all ages and their families to the best of our ability and resources and offer practical and emotional support, advice and advocacy where appropriate. We often work in partnership with other organisations and maintain strong community networks whilst striving to support our members, providing guidance, support and information.

During the autumn of 2019 we have also been working on our community mental health initiative which is progressing with an event to be held here on Sunday 23 February 2020 from 18:00-20:00. Please see opposite page for more details about this exciting step for EHRS. If this is something you want to help with, please contact either Val or Marissa if you would like to be involved.

The monthly lunch club continues to be a popular calendar event and by the time you read this we will have held our December lunch club with the Nagila nursery children providing us with musical entertainment. We wish to encourage more intergenerational activities within our community and with other departments will be looking at how this can be developed in the next year.

Our Memory Way Café provides support and advice for people living with dementia and their carers and we have been busy organising events and activities for 2020 which will start with Music through the Ages in January. Please see ad opposite for more details.

Telenet calls were made again during December but we could make even more calls with additional volunteers so if you can spare some time please get in touch. These calls are so important to our members many of whom are isolated and lonely and to hear a friendly voice from their community can make a huge difference and let them know they have not been forgotten.

The wellbeing of our community is of paramount importance and we encourage our members to look out for the welfare of each other. Please also tell us if you or a member of your family is unwell.

[welfare@ehrs.uk](mailto:welfare@ehrs.uk) Val: 020 8238 1013  
Marissa: 020 8238 1015



Val Joseph



## Bereavement Support at EHRS

Have you suffered the loss of a partner, relative or friend?

Would you welcome the opportunity to talk to someone who will listen to how you are feeling?

EHRS offers reassurance, comfort and the chance to explore your emotions.

If you are recently bereaved and would like more information please contact the Welfare Department on 020 8238 1015 or email [welfare@ehrs.uk](mailto:welfare@ehrs.uk)

## Memory Way Café

This social group is for people living with dementia, and their family carers. We offer tea, cake, support and advice in a warm and welcoming environment.



**Wednesdays**  
**15 January & 19 February**  
**14:30 - 16:30**

A donation of £2 per person to EHRS Welfare will be greatly appreciated.  
For further information please contact the Welfare Department on 020 8238 1013 or [welfare@ehrs.uk](mailto:welfare@ehrs.uk)

118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk)  
Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971

JEWISH CARE

Edgware & Hendon Reform Synagogue  
קהל עדוור והנדון



## Monthly Lunch Club

Welfare at EHRS has great pleasure in inviting you to join our Monthly Lunch Club.

With a friendly and welcoming atmosphere, you will have the chance to spend time with other people and feel a greater sense of belonging to our Community.

The lunches are held in the synagogue hall at 13:30. We look forward to seeing you on:

**Tuesdays, 14 January & 11 February**

*Booking in advance is essential!*

Please contact the Welfare Department on 020 8238 1015 or email [welfare@ehrs.uk](mailto:welfare@ehrs.uk)



118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971

Edgware & Hendon Reform Synagogue  
קהל עדוור והנדון



# **‘LET’S TALK’ MENTAL HEALTH AWARENESS EVENING**

**SUNDAY 23 FEBRUARY 2020, 18:00 - 20:00**

EHRIS will be launching a Mental Health initiative on Mental Health Shabbat Saturday 1 February when we plan to share in more detail the work that is taking place to make this happen.

We want to start the conversation with our community here at EHRIS and on 23 February 2020 we will be holding a Mental Health Awareness evening.


The focus of the evening will be the mental health of children, youth, young adults and their families in our community.

**We are pleased to announce that our keynote speaker will be Jonny Benjamin. He will be joined by representatives from the Amy Winehouse Foundation, Jami, and Reform Judaism for a Q&A panel, talking about the support their organisations provide. Rabbi Mark Goldsmith will facilitate a discussion of our needs and potential as a community to support each other’s mental health.**

Please put this date in your diaries. We also need help to organise this event and plan what we can do to support our community. Whether you have experience as a professional, or are willing to simply offer your time to volunteer or just want to get involved, please get in touch and we can then discuss this exciting initiative in more detail

**welfare@ehrs.uk ~ Val: 020 8238 1013 ~ Marissa: 020 8238 1015**

118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk  
Charity:1172458 Company:10622971



Edgware & Hendon  
Reform Synagogue  
ק"ק לדור ודור



## ART CLASS

Throughout the Winter of 2019, EHRS held a 6 week creative art class run by the wonderful Claire Bright, for all artistic abilities. With Claire's careful guidance and teaching, the participants took part in still life drawing, self-portraits and cubism art, using a variety of medium such as graphite, acrylic paint and collage. Due to its popularity there will be a new 8 week course starting on 6 January running through until 2 March (no class 17 February due to half term). All materials are supplied in this enjoyable and friendly art class where all abilities are welcome, and will again be run by Claire. Donations for costs of art supplies: Adults - £40 total (£5pw), Concession (over 60's & students) - £24 total (£3pw) There are 10 places available. To secure your place please book and pay online at [www.ehrs.uk/atj](http://www.ehrs.uk/atj)



**Tu B'Shevat Tree Planting – Sunday 9 February, 11:30 - 12:30**  
Join Rabbi Mark for coffee and a Tu B'Shevat Seder, the mystical meal which celebrates the fruits we enjoy from trees. We will end by planting a tree in the EHRS garden. Tu B'Shevat is the Jewish New Year for trees.

# EVERYDAY HEROES RECOGNISED AS STARS

**Thursday 27 February 2020  
at 20:00, Reception at 19:30**


BACK BY POPULAR DEMAND

EHRS is lucky enough to have members who make a massive impact in society, it's only right that their community honours them. Join us for the second EHRS Awards. This will continue to be our premier event of the year, so make sure you don't miss out - especially if you couldn't make last year!

**If you're coming, make sure you "Dress to Impress"**

**EHRS AWARDS 2020** book your place TODAY - [atj@ehrs.uk](mailto:atj@ehrs.uk)

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971

 Edgware & Hendon  
Reform Synagogue  
ק"ק לדור ודור

# ALL THINGS JEWISH

## First Shabbat Shiur, 9:15 - 10:15

**Saturday 4 January:** Central to this morning's portion of Vayigash is the Jewish journey, in this case, moving from one country to another. This shiur will give us the opportunity to think of our metaphorical Jewish journeys, with some special guests to share their personal stories.

Led by Rabbi Emily Reitsma-Jurman

**Saturday 1 February:** This Shabbat morning marks Mental Health Shabbat. Is our concern over mental health and wellbeing a modern invention? How was mental health discussed and approached in ancient times? In this shiur we turn to our classical rabbinic texts to find out. Led by Rabbi Emily Reitsma-Jurman

**Saturday 8 February:** Tzedek – Jews against Poverty  
Tzedek is the UK Jewish community's response to extreme poverty. Dr Judith Stanton is Tzedek's Chief Executive. On this Shabbat Judith will speak with us about how Jews can be involved in long lasting development in Africa and India, putting into action our responsibility to care for the poor and the stranger. Hosted by Rabbi Mark. Judith will also give the sermon in our Shabbat morning service.

## How to Explain Reform Judaism to your Orthodox Friends

**Tuesdays 14 January, 4 February & 3 March, 20:00 - 21:30**

Inspired by a question at an event at EHRs, Rabbi Mark will use these 3 sessions for an series of evenings of learning, discussion and questions about Reform Judaism, our practices, history, authenticity, theology and future. **Please book online at [www.ehrs.uk/atj](http://www.ehrs.uk/atj) to confirm your attendance.**



## Film Screening: From Bitter Earth Monday 27 January, 20:00

Paul Morrison's powerful and moving documentary, which was originally made for the BBC, tells the story of the artists trapped in the ghettos and camps of World War II who risked their lives to bear witness to the unfolding horror around them. There will be a chance to meet and ask questions of the Director Paul Morrison after the film. **Please email [atj@ehrs.uk](mailto:atj@ehrs.uk) to let us know you will be joining us.**

## EHRs Business Breakfast Thursday 6 February 08:30 - 10:00 at a Central London Venue

At our first EHRs Business Breakfast we are guests of EHRs member Paul Herman of Bluebox Corporate Finance. The idea of this event is that, following an interactive seminar on Jewish Business Ethics with Rabbi Mark Goldsmith, we enjoy networking with each other over coffee and Danish. Rabbi Mark has written and lectured on Jewish Business Ethics at Limmud and many business and Jewish community venues over two decades. **Please book at [www.ehrs.uk/atj](http://www.ehrs.uk/atj). You can email [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk) for the address.**



## Seder Megadrive Sunday 15 March, 09:30 - 12:30

In the spirit of the popular EHRs Day of Learning in December, our Seder Megadrive is a morning for adults and young people to help to make this Pesach the best yet. Sessions led by our Rabbis and guest teachers will include 'How to lead a great Seder when it's your first time', 'How to make your Seder a special memory for children', 'Pesach cookery', the songs of the Seder and much more. **Look out for the full programme coming in February on the EHRs website [www.ehrs.uk/atj](http://www.ehrs.uk/atj)**

## EHRs Spring Outing – Disraeli Day at Hughenden Manor

**Thursday 26 March 09:00 - 18:00**

Join Rabbi Mark for a day out in the Berkshire countryside at Hughenden Manor, the home of the first (and so far only) British Prime Minister of Jewish origin, Benjamin Disraeli. Following refreshments and a talk by the curator of the Manor, we will visit the house and gardens. The Manor is displaying the exhibition "Between Two Faiths" which is an exploration of Disraeli's Jewish roots, his childhood baptism, anti-Semitic public reception, as well as how he created a Jewish visual identity towards the end of his life. Cost £34 (£24 for National Trust members on presentation of their membership card at Hughenden Manor) which includes all transport from and back to EHRs, admissions and refreshments, but does not include the cost of lunch (approx. £10-15 at the Stables Café or feel welcome to bring a packed lunch). **Please book your place via our website [www.ehrs.uk/spring](http://www.ehrs.uk/spring) or with Guy Ronen in the EHRs Education Office on 020 8238 1012 no later than 18 March. There are 34 places available.**



## Rosh Hodesh: More Matriarchs with Eleanor Davis

**Monday 20 January & 24 February, 20:00**

In honour of the New Moon, a traditional women's holiday, this is a monthly study group for women and men. We think we know our ancestral mothers, but two almost-matriarchs are largely unfamiliar. By delving into Torah and Rabbinic literature we'll explore the stories of the two handmaids and what they can teach us.

## Intermediate Hebrew Tuesdays 7 January - 31 March, 11:00

A fun, conversational class that is suitable for people who can read script and have a basic spoken Hebrew knowledge.

## Yiddish Conversation Tuesdays 7 January - 24 March, 11:00

An opportunity to brush up on the mameloshen that your Booba used when she got angry with your Zaider.

## Torah Breakfast for B'nei Mitzvah families

**Shabbats 11 January & 8 February, 9:15 - 10:15**

## Bite of Torah for everyone interested in Torah & bagels!

**Shabbats 18 January & 15 February, 9:15 - 10:15**

**18 January - Shemot:** Why was Moses chosen to lead the Israelites? What special quality did he possess? With Rabbi Neil Kraft.

**15 February - Yitro:** What happened at Sinai? What does Torah mean for Reform Jews today? With Rabbi Neil Kraft.

## NEW: Beginners Hebrew Sundays 12 January - 16 February, 11:00

A six session course led by Student Rabbi Matt Turchin primarily for parents who can't keep up with their child's Hebrew homework! **Cost £30 per person, please book by emailing [atj@ehrs.uk](mailto:atj@ehrs.uk)**

**Please book online at [www.ehrs.uk/atj](http://www.ehrs.uk/atj) to confirm your attendance.**

For more details please take a copy of the ATJ Brochure for January-April 2020 from the Synagogue foyer.

**EHRS Night Shelter – Mondays 16 March – 1 June**

Together in Barnet (TiB) have appointed Amanda Weiss as Charity Operations Manager. This role incorporates the role of night shelter co-ordinator as well as fundraising and communications duties. Amanda worked as the night shelter co-ordinator 2015-2017 and after leaving TiB worked in a mental health charity until her appointment back at TiB as Charity Operations Manager in September 2019.

Following our success hosting the Together In Barnet night shelter in 2019, we will be hosting the night shelter again in 2020, this time for 12 Monday nights and Tuesday mornings from Monday 17 March until Monday 1 June inclusive. We will need volunteers to:

- \* prepare one course of an evening meal and deliver it to EHRS
- \* prepare the Youth Centre space ready for our homeless guests to arrive
- \* donate fresh food for breakfast and deliver it to EHRS on Monday
- \* welcome our guests, serve the evening meal and sit down and dine with our guests
- \* sleep overnight in the Youth Centre with our guests
- \* prepare and serve breakfast in the morning
- \* clean up after our guests leave the premises at 07:45
- \* drive bedding on to the next venue
- \* call and remind volunteers who have signed up for the upcoming week

If you have attended training and volunteered at EHRS in 2019, you should have received an email asking you to sign up on the 2020 rota already. If you are an existing volunteer and have not received that email, please let us know at [nightshelter@ehrs.uk](mailto:nightshelter@ehrs.uk). If you have not volunteered for the night shelter before

and would like to join us in 2020, you will need to register as a volunteer and we be holding essential volunteer training on **Thursday 13 February** at 20:00. Please register your attendance at [nightshelter@ehrs.uk](mailto:nightshelter@ehrs.uk).

**Lisa Bard & Audrey Zarach, Night Shelter Co-ordinators**

**Career Ready at The London Academy Seeks Internships**

Career Ready only works with the 2 most deprived schools in any borough and one of them is The London Academy on Spur Road, just around the corner from EHRS. Career Ready raises aspirations, widens networks, increases confidence and builds interview skills among the 6th formers on its yearlong programme.

As chair of the Local Advisory Board running the programme at The London Academy I am seeking Easter and summer internships for the 14 of the 6th formers on the programme this year from The London Academy. Internships should be between 2 and 6 weeks, Career Ready can provide guidance on suitable projects for our interns to help your business with.

**Spare Time on Sundays to Help Refugees?**

If you have a couple of hours to spare on a Sunday morning, why not join volunteers at The Big Yellow storage facility at Staples Corner? You will be compiling arrival packs and sleep packs that are donated to child refugees who arrive in this country on their own. The next volunteering sessions for The Separated Child Foundation ([www.separatedchild.org](http://www.separatedchild.org)) are on Sundays 12 & 26 January and 9 & 23 February.

For more information about any of the volunteering opportunities detailed above please contact Lisa Bard at [lisa.bard@ehrs.uk](mailto:lisa.bard@ehrs.uk) or contact the synagogue office on 020 8238 1000.

**EHRS SUPPER QUIZ**



On Sunday 27 October, 160 people joined 17 tables of supper quizzers to challenge their wits and raise money for the EHRS Youth Centre.

The supper quiz committee of Lisa Bard, Babs Weintraub, Helen Feller, Sue Cooper, Michele Wacholder worked hard to decorate the room and provide a delicious meal with fruit and cakes for dessert. We were assisted by trainee youth leaders from our Hadracha course – Ollie Lytton, Hannah & Ben Weber, Nadine Coen, Jaime Wolson and Ellie Williamson along with the council member responsible for the Youth Centre, Jo Weber.

The atmosphere was electric with tense competition as teams dug deep into their general knowledge to answer questions that ranged from the UK citizenship tests, to cover



versions of Beatles songs. For the first time ever there was a tie between the top scoring tables, which led to a tie break question about the calories in a Pizza Express margherita pizza. The Weber team were the closest and took away first prize, congratulations to our winners.

The committee sourced 18 raffle prizes from local businesses and people gave generously. Together we raised £2,688.69 which was a record-breaking amount.

A massive thank you to all the EHRS staff and volunteers who gave their time in making this year's YCC Supper Quiz a resounding success.

**Lisa Bard**



## A New Year, A New Book of Torah



Three weeks into the new secular year we begin the second book of Torah. For the next ten months we will read the story of our people which is linked with Moses.

What do we know about Moses?

He was marked by his imperfections. He stammered. He had a horrible temper. It seems that he often hated the very people he led. Almost as frequently, he was at odds with the God who sent him on his mission. And yet, for more than 3,000 years, there have been few lives more memorable and outstanding.

A young child was born during persecution, oppression and slavery. His parents protected him from the evil world that was around him; but they were unable to keep him in their home after 3 months.

He was sent down the River Nile in a small basket to begin life anew in the household of Pharaoh - the enemy of his people who has threatened to kill him, and all those associated with him...

This is a story for Hollywood, and it became one. Many of us were raised on the film *The Ten Commandments* and will always picture Moses as Charlton Heston, who ages in front of our very eyes from

this young child, to the man of the long hair and flowing white beard...

Today's generation see Moses as an animated figure in the film *The Prince of Egypt*. Here he is the half-brother of Ramses who becomes the new Pharaoh and refuses to take note of Moses' demand to "let my people go."

We are fascinated with the biblical story of Moses, because it is in our nature to search for heroes. Moses - rebel and saint - is as relevant today as he ever was. He is a symbol for our times; proof that a single, flawed, human being can be chosen to change the world. He is someone with whom we can identify.

Moses is a person in search of identity. Who is he? Prince or slave? Egyptian or Israelite? leader or follower?

"Who am I?" Moses says at the burning bush that he should go to Pharaoh to communicate God's demands. Who is he to see God face-to-face - like no other person has, or ever will?

Moses is a person who is unsure of himself. Four times at the burning bush he attempts to evade the mission with which he is presented. He is a person in search of a life filled with meaning. He could have spent his entire lifetime in the palace of Pharaoh - but that type of lifestyle was not to be his. Instead, he set out on a journey to find a purpose in life and was presented with possibilities that allowed him to grow in his own personal identity, as he made a difference in the world.

He was the one who led his people out of Egypt, across the Reed Sea into battle against many enemies. He ascended Mt. Sinai to receive Torah. He interceded repeatedly on behalf of the Israelites

when God threatened to destroy them, and eventually led them to the border of the Promised Land.

And it all began with the courage to go back to the place from which he had come - to the palace of Pharaoh - to respond to the Divine mission, to show courage and faith in his own abilities and in God.

Moses is one of us, and he is yet more than us. Each of us is in search of a life filled with significance. Like Moses we are often hesitant to reach our own potential. We search for excuses and become complacent. Deep down we know that we can never be like Moses, and yet, though we will never be Moses, does that give us the license not to try?

Though we will never be Moses, we are inspired to see him as our hero, our visionary, and our example. From the little baby travelling down the stream in a basket, to the man of 120 years of age seeing the Promised Land from the peak of Mt. Nebo, Moses was not privileged to see all his dreams fulfilled - nor will we. Yet we can learn from his example that *it is possible to overcome weaknesses, and difficulties to search for lives filled with meaning.*

Moses' life teaches us to recognize that a single flawed human being *can* be chosen to change the world. This is a story that is personally challenging to each of us, and one we should take to heart...

As we begin this new book of the Torah, and a New Year, may the story of Moshe Rabbenu - Moses our teacher - challenge us to understand that we too can accomplish great things and leave a legacy that will be honoured by future generations.

Rabbi Neil Kraft

### BOROUGH OF BARNET HOLOCAUST MEMORIAL DAY COMMEMORATION



#### Holocaust Memorial Day 2020: **Stand Together**

*'Don't be content in your life, just to do no wrong, be prepared every day to try and do some good.'*

Sir Nicholas Winton,  
who rescued 669 children from Nazi-occupied Europe

#### Sunday 26 January, 14:30-16:00

This moving service which takes place in the Ricketts Quadrangle of the Middlesex University, The Boroughs, Hendon, will be led by Rabbi Mark Goldsmith, Rabbi Miriam Berger and Rev Bernd Koschland with the music provided by a number of choirs and bands. It includes moving testimony by young people who have been learning about the Shoah. All are welcome.

## EHRS GROUPS

### NOT THE WOMENS GUILD

Ladies of the community do join us. We are Not The Women's Guild.

An enjoyable social evening was held in September, where members were entertained by a light hearted quiz. We were pleased to see both new faces and regulars.

**Forthcoming events include:**

**Thursday 16 January** – We are going to the Park Theatre, Finsbury Park, for the 15:00 matinee performance of Rags the Musical. We will be travelling as a group. For more information please contact **Evie on 020 8954 5393**.

**Thursday 6 February** – We will be eating out tonight at a local restaurant. This is always an enjoyable and sociable event, and if you would like to join us, please contact **Andrea on 020 8958 0424 or Evie 020 8954 5393**.

Meetings begin at 20:15 unless otherwise stated, and a warm welcome is extended to all. Please call the hostess to let her know you are coming. We look forward to seeing you.

### NEW OPTIONS

**For the active retired and semi-retired (60 plus)**

**Schmoozing with the Rabbis** – A light hearted topical discussion, in an informal setting, 10:30 - 12:15. Join us on **Tuesday 28 January** with Rabbi Mark Goldsmith, and **Monday 24 February** with Rabbi Emily Reitsma-Jurman.

**Bridge** – Our popular and friendly Wednesday afternoon sessions return **8 January**, 12:45 – 16:00. Join us for an enjoyable and sociable afternoon, and still only £3 including tea. For any other enquiries about 'NEW OPTIONS' or future events, contact Jeffrey Fisher on 020 8958-0424 or Evie Woolstone on 020 8954-5393 or [newoptions@ehrs.uk](mailto:newoptions@ehrs.uk)

### NEUROBICS

Neurobics Brain & Body Fitness is a preventative treatment course which supports senior members of our community to "Challenge the Body, Stimulate the Brain & Lift the Heart." Brain & Body Fitness has become a vital element for lifelong well-being, and Neurobics can help you to manage, postpone or eliminate cognitive decline. Our workshops focus on memory, speed of reaction, improving concentration & attention, improving sleeping patterns, stress management and enabling an overall sharper mind. One of the best anti-ageing 'action steps' is physical exercise, however, the term "USE IT OR LOSE IT" does not only apply to muscle fitness, it also applies to the brain. The cutting-edge strategies we use, can help you to GROW YOUNGER! Weekly workshops every Monday morning, from 11:00-12:30. Contact [steve@neurobics.org.uk](mailto:steve@neurobics.org.uk) or 07966 000 660 [www.neurobics.org.uk](http://www.neurobics.org.uk)

### TABLE TENNIS

Mondays 19:30 - 22:00 in the Community Centre, all ages and abilities. With light refreshments.



### Ehrs Israeli Dance Group

Wednesdays, 20:15

£2 per session.

Please come along to this fun and friendly group for an evening of dance. All are welcome.

## OTHER ACTIVITIES

### JACS (JEWISH ASSOCIATION OF CULTURAL SOCIETIES)

A cultural club for the active retired and semi-retired which meets on Thursdays from 13:30 – 15:30 at EHRS.

<b>Chairmen</b>	Stuart Winton	020 8954 8350
	Martin Wacholder	020 8950 9158
<b>Vice Chairman</b>	David Kalms	020 8238 2433
<b>Programmer</b>	Sheila Levitt	020 8954 6434

**9 Jan** Paul Ross entertains.

**16 Jan** James Bernard returns.

**23 Jan** Richard Reddie – Black History.

**30 Jan** Andrew Leigh – The History of Nightingale.

**6 Feb** David Goodman – The Changing Face of Israel.

**13 Feb** Adele – Classical Clarinet Quartet.

**20 Feb** To be advised.

**27 Feb** Sandra Simmonds. A day in Iran as a Housewife.

For further info please see website [www.jumpingjacs.org.uk](http://www.jumpingjacs.org.uk)  
We apologise when the programme has to be changed at short notice, due to circumstances beyond our control.

### ZUMBA GOLD – Thursdays 10:00 to 11:00



This class is perfect for the active older adults who are looking for a modified Zumba Class that recreates the original moves you love at a lower-intensity. This class introduces easy-to-follow Zumba choreography focusing on balance, range of motion and co-ordination. £6 per session. For more information contact Laurel Ingram at [dancinline@hotmail.com](mailto:dancinline@hotmail.com)

### Shaolin Kickboxing Club

Wednesdays, 19:30 - 21:30, held in the Community Centre

£8 per 2 hour session

For more information please contact Instructor Gerry Abram: 07767 874771

**YOGA – Every Tuesday 10:00 – 11:30 in the synagogue hall.**

Yoga is a form of exercise for 'every body'.

Please contact Ros Anderson on 07956 828999.

**Neshamah Yoga – Saturday 25 January, 09:15 - 10:15**

Join Rabbi Mark and EHRS member and yoga teacher, Lisa Morris for a fusion of body, mind and spirituality with Yoga practices and Jewish wisdom to help you be ready for Shabbat. Neshamah (Hebrew for soul and breath) Yoga is accessible for anyone, whatever their yoga experience. No special clothing is required.

**Join us at EHRS this Purim for  
The Greatest Show in Edgware!**

Family Circus Party 17:15 - 18:15  
Purim Service & Megillah Reading 18:30 - 19:30  
Cocktails & Canapes 19:30 - 20:15

Come dressed in your best circus costume. Let's see those acrobats, clowns, lion tamers, jugglers and bring out your inner Showman!

**SEUSHEAN CIRCUS**

**MONDAY 9 MARCH, from 17:15 - 20:15**

The Circus Party will take place in the Community Centre with snacks, activities, and an entertainer, after which we will move over to the Synagogue for the Service & Megillah reading. Then join us for Cocktails & Canapes in the synagogue hall where you can enjoy alcoholic & non-alcoholic drinks, tasty treats and hamantaschen. It's not to be missed!

**Purim is for the whole community, feel free to come to all or part of this spectacular evening.**

Please book online at [www.ehrs.uk/purim](http://www.ehrs.uk/purim) so that we know you are coming!  
For more information email [education@ehrs.uk](mailto:education@ehrs.uk)

118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971

Edgware & Hendon Reform Synagogue  
ק"ק לדור ודור

## 2020 MEMBERSHIP SUBSCRIPTIONS

By the time you receive this edition of Ledor Vador, your 2020 subscription notice may have dropped through your letter box (or appeared in your email inbox) or will in the next few days.

Please take time to review this and let us know if you have any queries. Contact us on 020 8238 1004 or email [membership@ehrs.uk](mailto:membership@ehrs.uk)

You may have had a standing order with EDRS or HRS but have not yet changed this to pay to the new EHRS bank account. It is most important that you do this. Otherwise your payments may get missed or rejected. If this happens we could be chasing you for not having paid, when you think you have. If you pay by standing order, you do need to adjust this so that you are paying the correct amount for 2020.

Your notice may indicate that you have some arrears still owing from 2019, when you think you have paid. This is often because at the time of sending the notice to you, your last payment for 2019 has not yet arrived. It may also be that you genuinely do have some arrears. Again, give us a call and we can sort it out for you. You can pay the arrears over the phone with a credit card to bring things up to date and start the new year clear.

The synagogue can only survive if subscriptions are

paid. There is very little or sufficient other income to support the activities. So it is essential that members do pay the correct amounts and in a timely manner.

### The EHRS Lottery

In 2020, the EHRS Lottery will be taking place again. For just £36 per year (equivalent to £3 per month) your family would be entered in the EHRS Lottery. Each month a member family will be drawn at random to win £250.

If you wish to participate in the lottery you have to specifically subscribe. The £36 will show on your subscription notice as an optional payment along with the donation for the Board of Deputies. If you chose to participate, the £36 will be taken with your subscription. Do let us know if you do not wish to participate, so that it can be removed from your account.



Edgware & Hendon  
Reform Synagogue  
ק"ק לדור ודור



At 3rd Edgware we believe in preparing young people with skills for life.

Each week, we help our young people (boys and girls) enjoy fun and adventure while developing and improving the key life skills they need to succeed, now and in the future.

**BEAVERS**  
(ages 6-8)  
beavers@third.org.uk  
Thursdays, 17:45 - 18:45

Beavers is all about growing and learning in small but mighty ways.

Beavers spend lots of time exploring the great outdoors – one week you might be building dens, the next going on trips and another sleeping out under the stars.

Going to Beavers is very different from going to school – instead of learning from books, you'll figure out the world by exploring, playing and doing.

**cubs**  
(ages 8-10½)  
cubs@third.org.uk  
Thursdays, 18:45 - 20:00

Cubs is all about going on outdoor adventures, learning new skills and helping others.

Cubs learn by doing - some of the skills you develop will be practical (building rafts, fire lighting, cooking on fires and outdoor activities) – along with other Cubs you'll spend plenty of time outdoors.

Cubs work as a team to help other people – learning about global and community issues and what we can all do to help solve them.

Being a Scout is all about discovering the world on your own terms and making the most of what you have, wherever and whoever you are.

Alongside your new friends, you'll master the skills that will help you weather the storms of life, and try things you'd never get the chance to do at home or at school – working with trained volunteers to achieve whatever you set your mind to.

**SCOUTS**  
(ages 10½-14)  
scouts@third.org.uk  
Tuesdays, 19:00 - 20:30

118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk  
Charity:1172458 Company:t0622971





# 3rd Edgware Brownies

Wednesdays, 17.15 – 18.45

If you are age 7 and want to join our vibrant group, make new friends and have lots of fun, please join us at 3rd Edgware Brownies every Wednesday at EHRS.

We enjoy activities such as arts & crafts, games, cooking, Tie-Dye, t-shirt printing, pottery, painting, completing badges & more! We also go on outings to Gambado, bowling, wall climbing, trampolining, horseriding, the fire station and many other exciting places.



To register and for more information please contact:  
Brown Owl – Marilyn on 020 8952 6239 / 07711 873 953  
or email mazalbert@talktalk.net

118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk  
Charity:1172458 Company:t0622971



## Cubs visit to the Stanmore mosque

The World Faith Activity Badge gives Cub Scouts the opportunity to learn more about one of the “major world faiths”. Being a Jewish group, we obviously know quite a lot about Judaism, so the leaders thought it would be good idea to learn about a different religion. With the help of Rabbi Mark, arrangements were made for the Cubs to visit the Stanmore mosque. The trip started with a tour of the mosque, followed by a discussion about the four pillars of Islam, its similarities with Judaism and the stories that can be found in the Quran – spoiler, they are mainly the same stories we read in the Torah. The Cubs then had the chance to sit in on and experience the evening prayer service.

All those that attended (Cubs, Leaders and Parents) had a thoroughly interesting experience, learning more about a religion that is very similar to our own.

We welcome articles, photos and letters for publication in LeDor VaDor, particularly concerning future EHRS activities. We can also report on the success of an event already held.

Items for publication should be sent to [mediacontent@ehrs.uk](mailto:mediacontent@ehrs.uk) either as email messages or as attachments to emails in Word format. Pictures should be supplied separately in a jpg format.

**Final copy date for the March/April 2020 edition is Wednesday 5 February**

## UNIFORMED GROUPS

### Beavers, Cubs, Scouts, Brownies & Guides

Our uniformed groups meet weekly with a huge range of activities: cooking, team games, climbing, camping, arts and crafts, sports and hiking – just a taster of what we get up to. Why not come along and give us a try.

**Beavers** (Boys/Girls 6-8yr olds) Thurs 17:45 - 18:45  
Contact: [beavers@third.org.uk](mailto:beavers@third.org.uk)

**Cubs** (Boys/Girls 8-10½yr olds) Thurs 18:45 - 20:00  
Contact: [cubs@third.org.uk](mailto:cubs@third.org.uk)

**Scouts** (Boys/Girls 10½-14yr olds) Tues 19:00 - 20:30  
Contact: [scouts@third.org.uk](mailto:scouts@third.org.uk)

**Brownies** (Girls 7-10yr olds) Wed 17:15 - 18:45  
Contact: Marilyn Albert on 020 8952 6239

**Guides** (Girls 10-14yr olds) Mon 19:15 - 21:00  
Contact: Abi Glass at [edwareguides@gmail.com](mailto:edwareguides@gmail.com)

## OROT CLASSES

### TERM DATES:

Orot restarts Sunday 12 January.  
Half Term: Sundays 16 & 23 February.  
Last day of term Sunday 29 March.

### BBM CLASSES:

Term restarts Tuesday 7 January.  
Half Term: Tuesday 18 February.  
Last Day of term Tuesday 31 March.

**NEW!!**

## WINTER WARMER SCHEME 2020

Monday 17 - Wednesday 19 February 2020

For 5 - 14 years old,  
School Years  
Reception - 9



Sport ~ Drama ~ Music  
Arts & Crafts ~ Cookery  
Competitions ~ Team Games  
Friendship ~ Fun

Welcome to our BRAND NEW Scheme for 2020 with  
3 fun packed days for those aged 5-7, 8-10 and 11-14.

For more information please take a brochure from the Synagogue foyer  
or Youth Centre, or visit the EHRS website where you can also book  
at [www.ehrs.uk/winter](http://www.ehrs.uk/winter). Spaces are limited so please book early!

118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971



Edgware & Hendon  
Reform Synagogue  
ק"ק לודור ודור

# Pesach Play Scheme 2020

Sports  
Games  
Art & Crafts  
Cookery  
Competitions  
Drama  
and so much more!



All food and  
fun provided!  
Bring your friends  
and make new ones.

Monday 6 - Thursday 9 April

For 5 - 14 years old, School Years Reception - 9

Our ever popular 4 day Pesach Play Scheme is back!  
For more information please take a brochure from the Synagogue foyer  
or Youth Centre, or visit the EHRS website where you can also book  
at [www.ehrs.uk/pps](http://www.ehrs.uk/pps). Spaces are limited so please book early!

118 Stonegrove, Edgware, Middlesex HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971



Edgware & Hendon  
Reform Synagogue  
ק"ק לודור ודור

Special offer: Discount available when booking both our Winter Warmer Scheme and Pesach Play Scheme together! Visit [www.ehrs.uk](http://www.ehrs.uk) for more information

## YOUTH & EDUCATION TRIP TO PRAGUE

The trip to Prague was such an incredible and fun experience – I learned so much and made so many friends. The visits to the museums were so interesting, very unique and very creative. Shabbat in Prague was so lovely as we all came together and made some great memories – going to the Shabbat Service with an Ambassador, and even Havdallah on the roof! Even just getting to know the people around me was one of the best parts. This trip had definitely been one of the highlights of my year, and it has allowed me to make so many memories that I will never forget.

Mia Morris



The Post B'nei Mitzvah group in The Communist Museum with a statue of Karl Marx



Leon Morris contemplating an optical illusion in the Museum of Senses

## Creating Magic Moments with your Child

*'Building Jewish confidence for children aged 5-10 and parents together'*

**2<sup>nd</sup> Sunday of the Month, 11:00-12:30 at EHRS**

Judaism is beautiful when lived *l'dor vador*, (from generation to generation). Do you want your child to experience the best of Judaism and inspire a love that could last a life time? Come to EHRS's brand new monthly parent and child together programme to celebrate important aspects of Jewish culture, tradition and values and meet other families from your community in an environment that is fun and meaningful for parents and children.

**This programme is for families with primary school aged children (5-10) who attend Jewish day schools or mainstream schools of any type. Everyone welcome whatever your knowledge, background or family make-up.**

**There is no charge and you can come to any one or all sessions as you choose.**

### 12 January - Magic of Hebrew

Hebrew is the language that joins Jews all around the world together, and also joins us to all previous Jewish generation. In this Magic led by Rabbi Mark we will discover together the beauty of Hebrew, its sound, its unique way of saying things and the elegance of its letters. This magic led by Rabbi Mark.


### 9 February - Magic of Tu B'Shevat

In Judaism even trees get to celebrate birthdays! In honour of Tu B'Shevat, the birthday for trees, we will be going for a Torah Walk through Stonegrove park. Please meet us in the Beit HaMidrash at ten to eleven with weather-appropriate clothing. This magic led by Rabbi Emily.

### 15 March - Magic of Pesach

From Seder Night to the special foods we eat, to the impulse in Jews to fight for freedom for ourselves and other peoples Pesach, its stories and its traditions are central to Judaism. This Magic, led by our Rabbis is part of the whole Synagogue 'Seder Megadrive' event, especially adapted for you.

118 Stonegrove, Edgware, Middlesex, HA8 8AB  
Telephone: 020 8238 1000 Email: [admin@ehrs.uk](mailto:admin@ehrs.uk) Web: [www.ehrs.uk](http://www.ehrs.uk)  
Charity:1172458 Company:10622971

 Edgware & Hendon  
Reform Synagogue  
קייק לדור ודור

## I'M JEWISH, MY PARTNER ISN'T



**Sunday 2 February 15:00 - 17:30**

This EHRS event offers mixed-faith couples the opportunity to chat about your experiences of being in a multi-faith relationship, sharing your ups & downs, as well as exploring ways that the shul can be welcoming and helpful towards you and your family. It will be led by Rabbi Mark Goldsmith and members of the community.

Entry is for anyone, whether or not you are Synagogue members, and is for both the Jewish and non-Jewish partners alike. We are also welcoming parents or grandparents of mixed-faith relationship couples, where we will have opportunities for you to also share your experience. There will be a free crèche available, as well as snacks and refreshments. **There is a charge of £5 per couple and you can book at [www.ehrs.uk/couples](http://www.ehrs.uk/couples).** We will send out an email with more details leading up to the event.

This is the start of a conversation and journey, and we hope you able to join us. If you have any questions, please feel free to contact Rabbi Mark Goldsmith [rabbi.mark@ehrs.uk](mailto:rabbi.mark@ehrs.uk) or 020 8238 1020 or Danielle Trainis [danielletrainis1@hotmail.com](mailto:danielletrainis1@hotmail.com).



**Mussar London 2020:**

**Personal Resilience in a Changing World**

**Friday 15 May 17:00 -  
Sunday 17 May 14:00**

EHRS is proud to host an extended Shabbaton full of Mussar learning, practice, prayer and spirituality. Workshops, lectures, chavrutah, specialist Mussar

bookstall, outdoor Mussar in Canons Park, and Mussar theatre performance, with Dr Alan Morinis, Rabbi Avi Fertig, Rabbi Monique Mayer and Rabbi Mark Goldsmith. A caring weekend of growth.

Mussar is a 1000-year-old Jewish tradition that gives concrete instructions on how to live a meaningful and ethical life. Mussar teaches how not get to stuck in the same place again and again. Weekend Fee £95 (includes lunches and dinners).

For full details please go to [www.ehrs.uk/mussar-london](http://www.ehrs.uk/mussar-london) or pick up a leaflet in the Synagogue foyer or email [june.lewis@ehrs.uk](mailto:june.lewis@ehrs.uk) for a copy.

## TEA & TOTS TAKE 2



On Sunday 24 November, we held our second Tea & Tots stay and play, which was attended by over 16 families. Themed around the story of Noah's Ark, the children had fun making rainbow cupcakes and painting a giant ark, as well as playing with an array of toys and parachute games. Rabbi Mark led a wonderful song session, which was followed by dinner for all the children. It was wonderful to welcome new families as well as returners, and the parents enjoyed time getting to know each other with tea, coffee and cookies!

EHRS are committed to supporting the young families in our community and we are delighted to be running more events for families with children aged 0-8 (older siblings always welcome). We will continue to run Tea & Tots as well as other events throughout the year. Please visit and like our new Facebook page EHRS Young Families to find out about all our upcoming events.

For any more information please contact Sarah Koster [youngadults@ehrs.uk](mailto:youngadults@ehrs.uk)



# Mitzvah Day

Sunday  
17 November

Once again on Mitzvah Day, EHRS participated in several projects in and around the community.

One group visited the Anita Dorfman House in Stanmore, where they joined in an intergenerational quiz with the residents which was enjoyed by all. Riess Morris (12yrs) said: 'We had a great visit to the Anita Dorfman House, and the residents were really interesting. We met 96 year old Rivka who used to be a Furrier, and another lady called Maria who used to work with HRH Queen Elizabeth. We also did a quiz which everyone enjoyed, with residents getting a score of 42, and families just winning with a score of 45!'



Anita Dorfman House



Anita Dorfman House



On site at EHRS

On site at EHRS, families came together to make bird feed, dog toys from t-shirts, gift bags from newspapers and flowers from plastic bags, and finally the Nagila Nursery mural was completed.

Some families also went to Norwood's Kennedy Leigh for a Make and Bake and crafting session. It was a wonderful crafting morning, and the children (and the adults!) thoroughly enjoyed the activities, and spending time with some of the wonderful people who make use of the facilities.

The children of Nagila Pre-School were also very busy preparing for Mitzvah Day all week. We had to make 70 small plaited chollahs for the Jewish Care Day Centre members. We decorated a large box and bagged up the chollahs with pretty ribbons ready to hand out for our mitzvah. We also all gathered together to sing and dance with the Day Centre. It was lovely! There is always something very special when our Nagila children spend time with the elderly residents, and they all had a fantastic time. Everyone sang, danced and clapped. The very young held hands with the elderly with huge smiles all around. This is what it's all about, bridging the gap between the very young and the elderly in the most wonderful way, through music and song. A very special Mitzvah Day had ended and there was not a dry eye in the house.



Nagila children at the Day Care Centre





Harrow Weald Park

Rabbi Mark Goldsmith and volunteers from EHRS joined the regular volunteers, local councillors and brownie pack to help plant trees and bulbs in Harrow Weald Park. Six new apple trees were planted to start an orchard and hundreds of bulbs to add some spring colour. The EHRS volunteers were welcomed by the regular 'Friends of Harrow Weald Park' who have transformed the park in recent years. The EHRS team of volunteers plan to go back next year, when there will be a new cafe, and hope to see the fruits of their labour.

EHRS Odessa have been involved with international Mitzvah



Harrow Weald Park

Day for many years. This year they visited a boarding house for children (girls) with disabilities and special needs. The community and the youth club 'Necer' went there to give these girls a little bit of their warmth, love and communication. They sang songs together, watched a puppet show, and talked with each other. The community gained a lot of experience on this day, and showed this was the beginning of new friendships.

As you can see, everyone had a great time this year. Thank you to everyone who came to help, and make Mitzvah Day so special. We look forward to seeing you next year!



EHRS Odessa visiting children with special needs

# A picture is worth a thousand words



Our "fragile earth" themed Sukkah decorating with Norwood



Orot students turning over a new leaf making Teshuvah Tacos for Rosh Hashanah



Chloe-Bella Shrago practising blowing the Shofar for the children's Rosh Hashanah service



Nagila Pre-School enjoying snacks in the Sukkah with Rabbi Mark



Henry Futerman & Saul Morris showing off their edible Torahs



Our joyous community Simchat Torah Service

If you would like to place a classified ad in the magazine, please contact us for a rate card of sizes and costs.

Experienced mobile ladies hairstylist, specialist in cutting and blow drying, visits NW London area.  
Contact LISA 07949 440064

MOBILE NAIL TECHNICIAN  
BIO SCULPTURE GEL SHELLAC  
MANICURES & PEDICURES  
CLAUDINE 07957-285-425

PC LAPTOP / DESKTOP REPAIRS  
Upgrades / Viruses / Troubleshooting  
**NO OBLIGATION FREE ESTIMATE  
NO FIX NO FEE**  
Tel: 020 8207 2387  
Mobile: 07973 501 001  
Email: [Emetad@Help4pcs.com](mailto:Emetad@Help4pcs.com)

**HELPING HANDS LTD**

We are a local domestic cleaning agency established 20 years.

All cleaners are personally interviewed and references taken. Most of our clients are via recommendation.

Regular cleaning/ironing/no contract/ reasonable rates/same cleaner each time.

**RING HEATHER ON 020 8954 4488**



**Bonnie Bakes For You**

Novelty and themed cakes and cupcakes for any occasion.

A variety of flavours with beautifully finished decoration.

Made from only the freshest and highest quality ingredients.

Please enquire at [bonnie.lemer@gmail.com](mailto:bonnie.lemer@gmail.com) or call 07894 427729



We offer 'kosher friendly' catering at an affordable price, with a variety of packages available and all tailored to your requirements.

Please contact Naomi Clucas on 07798945725

[naomi@simplyscrumptious.catering](mailto:naomi@simplyscrumptious.catering)

[www.simplyscrumptious.catering](http://www.simplyscrumptious.catering)

**Catering for all your simcha's**

**EHRS proudly presents another musical extravaganza as we welcome .....**



**'Movie Mayhem'**

A fantastic tribute to the movies with this musical four-piece act, bringing to life the sounds of the big screen.

**LIVE MUSIC**

**THEATRE STYLE SEATING OR TABLES OF FOUR AVAILABLE**

**SAVE THE DATE**

**Sunday 28 June, 20:00 at EHRS**

Bring your family & friends to this fantastic musical evening, featuring some of the best loved soundtracks, sung live, from your favourite movies including Saturday Night Fever, Dirty Dancing, Blues Brothers, The Commitments, Grease, to name just a few! Complimentary drinks reception at 19:30, doors open for seating at 19:45.

Please join us because 'Nobody Does It Better', and we guarantee you will have the 'Time of Your Life'!

**\*BOOKINGS CAN BE MADE ONLINE VIA THE EHRS WEBSITE FROM FEBRUARY\***

# Hall & Room Hire at EHRS

Where can I hold a business seminar for my employees?

Can I find a hall big enough for my child's birthday party?

For further information and to book one of our spaces, please call 020 8238 1011 or email [banqueting@ehrs.uk](mailto:banqueting@ehrs.uk)

With a variety of different sized rooms and halls, we offer a unique setting and excellent service with event, business and meeting facilities.

We have several rooms and spaces available for hire at EHRS, the perfect place to have your event, whether it be a personal celebration or a business event.

We can offer use of our Main Function Hall, Community Centre Hall and a selection of fully equipped Meeting Rooms.

## Main Function Hall

The modern, light and airy Function Hall measures 16mx13m giving plenty of space to seat 180 guests and leave room for dancing. A room extension is also available if required to accommodate up to 220 guests.

Function Hall includes: Full stage, large well equipped kitchen, tables and chairs, security during your event, disabled access, sound & video systems



## Meeting Rooms

We can accommodate all of your business requirements from one-to-one meetings to large conferences and seminars.

As well as our Function Hall, we offer newly refurbished air conditioned training rooms, set up to your individual requirements located on the first floor of our main building. These rooms can accommodate 50 – 100 people, are equipped with interactive white boards & WiFi, table & chair layout to suit you, refreshments, has disabled access and can be opened up into one large space or separate rooms. or as individual rooms.



## Community Centre Hall

We also have a lovely spacious hall on the first floor of our Community Centre building. Perfect for parties and events, this hall offers 180 capacity, toilet facilities, disabled access and use of a separate kitchenette/preparation area.

