

LEDOR & VADOR

FROM GENERATION TO GENERATION

SELICHOT

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Service & film showing
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ALL THINGS JEWISH

High Tech High Holy Days
and more
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JEWISH NEW YEAR FOR ANIMALS

Celebrating our animals,
with special guests
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It would be quite an understatement for me to say that this has been an unusual year! Since my last High Holy Days message to the community so much has changed. Although 2020 started with some new initiatives such as the Business Breakfasts and the Young Families events, it very quickly became apparent that our shul, just like everywhere else, would be closed down and from March onwards, we became an on-line community.

Last Yom Kippur I asked if this would be the year that the shul became more a part of your lives and if giving more by volunteering would be a way forward for people who wanted to feel engaged. How you have risen to that challenge! Our Community Circles have enabled people to reach out to others in their area to offer support in these difficult times. We have some wonderful members who have raised enormous amounts for charities. We have some who have been cooking up a storm, making and delivering meals to those on the front lines at various hospitals in the area. On behalf of the synagogue I want to say a massive thank you to all of you. It's been heart-warming to see such selfless acts of volunteering and of charity within our own community.

In becoming an on-line community, we now offer, dare I say it, more than we did before! Apart from our regular services from the main synagogue, we have services on Facebook, informal b'bayit services on Friday night and

Saturday mornings, zoomed Kuddle-up Shabbat and Sunday Shacharit as well as a brilliant Passover Seder and other festival services. There are shiurs, talks of the week, Talmud classes, Orot on-line, Youth Moments, 'Beer and Shiur' for the young adults, 'Wine and Whine' for young families, quizzes and so much more. My particular thanks must go to the Rabbi's for their willingness and ability to turn themselves into Tech DJ's at short notice, and to all those who have helped to provide all of these events and services.

Whilst talking about Rabbi's I must of course say how sad and shocked we all were and still are, over the passing of our dear friend, colleague, and teacher Rabbi Neil Kraft. He worked so hard for our community for 18 years and it seems so cruel that he was taken from us just as he was about to start his retirement. We will all remember his wit and warmth, the twinkle in his eye, the etrog vodka and his ties, and much, much more. We are the poorer for his loss, but are much better for having had him among us for so long. We mourn the loss of too many of our community taken due to the Covid-19 virus and my condolences go out to all their families. You will find a list of their names later in the magazine.

In April we welcomed Rabbi Debbie Young-Somers to the team. I know that because of lockdown many of you have not yet met her, however, as she was a student at EDRS and has visited many times, it feels as if she is one of our own, and I hope that she will be very happy here and get to meet as many of you as possible as soon as possible.

Normally when you receive the magazine at this time of the year, the synagogue is in a state of anticipation for the coming festivals – will the logistics be right, has everyone received their tickets, have we got enough cover on security, on stewarding, are the readers ready? In the past there have also been family gatherings to look forward to and prepare for, where we share our food, our stories and our love of these times.

This year things are quite different. Some of our staff are now back in the building, albeit in a very limited way and

on a rota system to ensure that not too many people are in the space. In June Nagila came back and it was a joy to hear laughter at 118 again. Although we have had some small, limited services in the premises recently, our Yom Tov services will be on-line and we will not have the opportunity to hug and kiss our friends or to catch up on family events as in previous years.

You will have been sent a booklet about the High Holy Days outlining exactly what is on offer. My thanks to Rabbi Goldsmith and his team, and to Michael Weber, our HHD Co-ordinator, for thinking outside the box and putting together a programme that will offer so much variety to so many people. I know it has not been easy to make the decision not to have any services in the building, but I also know that many people are still wary of being among any size of gatherings and we all want to prevent a second spike (if we even got over the first). I hope that you will find the kind of service that will be meaningful to you this New Year.

On behalf of Robert and myself and the girls, I wish you a very Happy New Year and more particularly a very, very healthy one. I hope that next year I will be able to make my address from the Bimah to a 'full house' in the shul.

Shana Tova
Janet Brand

AGM

The EHRS AGM originally scheduled for June, has been re-scheduled for **Sunday 4 October, 10:30.** The AGM Agenda and Annual Report for 2019 will be available online via the website soon. Please look for the links in forthcoming Our Week Ahead emails.

Weekly Service updates and information can be found on the front page of the website www.ehrs.uk



Shabbat Ba'Bayit

Saturdays 5 & 26 September and 17 & 24 October, 11:00

Join our Rabbis LIVE on the EHRS Facebook page for Shabbat Ba'Bayit, a fun Shabbat morning service with songs, stories, and reflections to give you Shabbat flavour without the formality.

Zooming into Shabbat Family Service - Monthly Shabbat mornings

Saturday 12 September, 11:00-12:00

Fun, friendly and full of music! Please join Rabbi Emily for a family service guaranteed to help you start Shabbat morning with a smile. For young people aged 6-12 and their families using Zoom so we can pray, sing, learn and question together. Zoom details in Our Week Ahead or email admin@ehrs.uk

Ha'Kol B'Seder Service

Saturday 31 October, 10:30-12:15

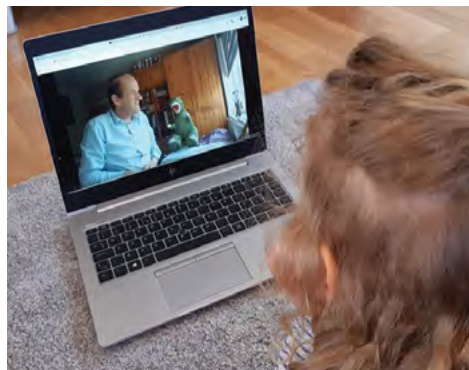
Join Rabbi Debbie and Student Cantor Rachel Weston for our special service which includes new music from the Reform and Conservative Jewish world, an interpretative Torah reading and plenty of participation. Ha'Kol B'Seder means 'this voice is fine' or 'everything is OK!' The service uses our regular Reform Judaism Siddur. You can join us on the EHRS Facebook page or on Zoom with details in Our Week Ahead or email admin@ehrs.uk

Every Friday Afternoon from 16:15-16:45

Kuddle Up Shabbat by Livestream

Go to the front page of the EHRS website at 16:15 and join our Rabbis and their Shabbat Dinosaurs for Shabbat stories

and songs through our livestream. Best for younger children. Please check the EHRS Our Week Ahead email for the opportunity to join on Zoom so we can hear your suggestions for what to put in the Chicken soup pot and where you have your Shabbat feelings! On Rosh Hashanah, Sukkot and Simchat Torah there are Kuddle Up Festival specials so your children can get into the spirit of the Chaggim.



Selichot Choral Service & Film

Saturday 12 September, 20:30-00:10. On Zoom and the EHRS Livestream Classic Channel

Selichot is a beautiful way to bring yourself towards the High Holy Days and to enhance their spiritual impact. We come together on a Saturday evening to hear for the first time the sound of the High Holy Days and the poems which search our souls. We will start the evening with the 2016 Israeli film, The Women's Balcony, a joyous, riotous and thought provoking portrayal of a community striving for equality in Jerusalem, Winner of the Best Screenplay Award - UK International Jewish Film Festival 2017. After a break for refreshments, we will begin our reflective choral service led by our rabbis, Ann Sadan, our Cantors and featuring the EHRS Choir.

20:30-22:45 Havdallah and Film

22:45-23:00 Tea Break

23:00-00:10 Selichot Choral Service.



Memorial Services at our Cemeteries and EHRS in Elul

Sunday 13 September

There is a tradition to visit the graves of loved ones in the period before the High Holy Days. This can be done privately at any convenient time. EHRS is also arranging short collective Memorial Services in the Prayer Halls at Cheshunt Western, Cheshunt Woodlands, Edgwarebury Lane and Southgate cemeteries, following which people can visit the graves of family and friends to say a prayer & Kaddish. We will also hold a service at EHRS for those whose relatives were cremated or who are buried elsewhere.

The services will take place as follows:

Southgate Cemetery, 10:45 with Rabbi Steven Katz

Cheshunt Western Cemetery, 11:00 & Cheshunt Woodlands Cemetery, 11:45 with Rabbi Debbie Young-Somers

Edgwarebury Lane, 12:00 with Rabbi Mark Goldsmith

EHRS, 12:00 with Rabbi Emily Reitsma-Jurman. This memorial service will also be broadcast live from our Beit Tefillah (Main Sanctuary) on the EHRS Livestream Classic Channel.

If you would like to join these in-person services please email junelewis@ehrs.uk or call June on 020 8238 1002.

For safety and traceability you will need to register that you would like to join us by Tuesday 8 September and we apologise that we cannot let anyone in who has not pre-registered.

We apologise that numbers will have to be limited according to the rules of the cemeteries.

CONTACT US

The synagogue premises are now closed to visitors. There is no access without prior appointment. The EHRS offices and departments are trying to operate as much as normal as is possible within the government regulations at this time.

The telephone is operated during the normal office hours. Although the staff are operating from home they are reachable via the usual telephone numbers and email addresses. Please listen to the menu when you call, to be connected as appropriate.

Please do not send anything by post. All payments should be made via the

website and also bank transfers.

We will soon be able to take payments over the phone once a new system is set up.

BEREAVEMENT

During office hours: in all cases of bereavement please contact June Lewis, the Rabbis' Personal Assistant.

Out of office hours: in all cases of a bereavement outside office hours requiring a burial at any cemetery or cremation please call the Jewish Joint Burial Society on 020 8989 5252 and listen to their full message.

JJBS email info@jewishfunerals.org.uk

THE RABBIS

Our EHRS Rabbinic Team are always happy to hear from you, please contact their Personal Assistant, June Lewis on 020 8238 1002 or june.lewis@ehrs.uk

You can contact them directly:

Rabbi Mark Goldsmith (Senior Rabbi)

020-8238 1020, rabbi.mark@ehrs.uk

Rabbi Emily Reitsma-Jurman

020-8238 1017, rabbi.emily@ehrs.uk

Rabbi Debbie Young-Somers

020-8238 1019, rabbi.debbie@ehrs.uk

Outside office hours our 24/7 EHRS Emergency Line is **07708 731862**, it will be answered by one of the EHRS Rabbinic Team.

SOCIAL AND PERSONAL

Have you Got News for Us? Whether it be a birth, anniversary or special birthday, please let us know so it can be announced. Please email communications@ehrs.uk

BIRTHS

Charlie Alexander Theo, a son for Steven and Gabriella Palmer, a grandson for Warren Palmer and the late Tanya Palmer Lydia Rose, a daughter for Emma and Andy Bord.

BAR/BAT MITZVAH

as currently scheduled

5 September -

Freddy Williamson, son of John & Michelle.

12 September -

Zachary Barton, son of Nicholas & Sara.

26 September -

Joshua Cowan, son of Nicholas & Laura.

17 October -

Theo Fine, son of Richard & Vera.

24 October -

Ruby Morris, daughter of Adam & Lisa.

ENGAGEMENTS

Mazel Tov to David Kalms on the engagement of his granddaughter Emily, daughter of Caroline & Brian Kalms, to Sam Jacobs.

BIRTHDAYS

Mazel Tov to Bernice Jaffe on her 83rd birthday.

Mazel Tov to Harvey Butnick on his 83rd birthday.

ANNIVERSARIES

Mazel Tov to Alan & Linda Franks on the occasion of their Golden Wedding Anniversary.

CONDOLENCES

To Joella Leaf on the loss of her husband, and Jeremy Leaf and Ian Andrews on the loss of their father, Walter Leaf.

To Sally Summers on the loss of her husband, to Sue & Linda Summers and Debbie Woodward on the loss of their father, and Bernard, Eddie & Henry Summers and Frances Rosenbaum on the loss of their brother, Alfred Summers.

To Rabbi Steven Katz on the loss of his mother Inge Katz.

To Julie Owen and Allan Messing on the loss of their mother, Maureen Messing.

To Robert Lesser and Sarah Spall on the loss of their mother, Naomi Ruth Lesser.

To Bonnie Harris and Raphael Aurebach on the loss of their mother, Shirley Elias.

To Deborah Bright and Jonathan Perez on the loss of their mother, and Walter Howard on the loss of his sister, Sheila Perez.

To Judi Berkovi and Ruth Schwable on the loss of their mother, and Myrna Sidlin on the loss of her sister, Helen Myers.

To Karen Crawford on the loss of her mother, and Jennifer Edwards on the loss of her sister, Norma Diamond.

To Rabbi Daniel Smith and Gordon Smith on the loss of their brother, and Hannah Smith on the loss of her husband Rabbi Uri Smith.

To Rosemarie Stein on the loss of her brother, to Trudie Harman on the loss of her husband, and to Emily Cowan and Gary Harman on the loss of their father, Eddie Harman.

Community Care and Wellbeing at EHRS offers practical and emotional support, advice and advocacy to members of all ages and their families. We maintain strong community networks and strive to support our members, providing guidance, support and information on all aspects of welfare and social care.

It is true - we have amazing volunteers and we want to thank you all. Since lockdown we have seen that the success of the EHRS Community Circles has proved that we are more than just a Shul, we are a community and what a great one! Whilst we may not have been able to reach out to every member as there are so many and we are widespread we have managed to put volunteers in touch with over 1000 members thanks to the hard work and commitment of our Community Circle Co-ordinators who volunteered at the start of lockdown. On top of this we have our befrienders and Telenet volunteers all of whom have kept in touch with the vulnerable members they support, many of whom are housebound and isolated. In addition, whilst our monthly lunch club has had to remain closed since March our volunteers have kept in touch with many of our regulars and will continue to do so until we can safely reopen again.

The EHRS Memory Way Café started up again in July on Zoom and is now operating on a fortnightly basis. As always it has been very popular providing support and advice to carers and their partners living with dementia and now most importantly it is bringing us together on screen. We have enjoyed singing together, discussing antiques and one of our members led a discussion on free will which was very thought provoking. We have a chair based exercise session via zoom lined up and other activities are being planned. If you are interested and would like to know more about the Café please contact either Val or Marissa.

We remain committed to supporting all our members and are currently working on our Let's Talk mental health



Bereavement Support at EHRS

Have you suffered the loss of a partner, relative or friend?

Would you welcome the opportunity to talk to someone who will listen to how you are feeling?

EHRS offers reassurance, comfort and the chance to explore your emotions.

If you are recently bereaved and would like more information please contact the Community Care Department on 020 8238 1013 or email communitycare@ehrs.uk

118 Stonegrove, Edgware, Middlesex, HA8 8AB
Telephone: 020 8238 1000 Email: admin@ehrs.uk Web: www.ehrs.uk
Charity 1072458 Company 0622971



initiative and further updates on this will be included in the Our Week Ahead emails.

We continue to encourage members to look out for the welfare of each other. Please also tell us if you or another member is unwell or in need of support – don't assume we know!

STOP PRESS
TELENET VOLUNTEERING OPPORTUNITIES THIS MONTH - CALL FOR MORE INFORMATION.

communitycare@ehrs.uk

Val: 020 8238 1013

Marissa: 020 8238 1015



Val Joseph



Rosh Hashanah and Yom Kippur

*Let us welcome the New Year together
Send out positive hopes for the future
Share our love and kindness abundantly
United we will make this festival
A true celebration of the sweetness in life*

Pattie Greenberg 2020

In our new draft Machzor for Rosh Hashanah Evening there is a medieval poem attributed to an Abraham Hazzan. It is sung especially in French and Italian Jewish traditions. The poem comes from a time when Jewish communities frequently suffered oppressions and collective tragedies. It is called Achot K'tannah, the little sister. This is a reference to a verse in the Song of Songs where the sister is understood as the people Israel, in relationship to God.

The song asks for God to heal the sickness of God's sister, and encourages her to be brave and find joy that destruction is in the past. Its verses end with the words: May this year, with its curses, be over! May this year with its blessings, begin! We are not the first Jewish community to have suffered an awful year.

Our losses hang heavy on us all. So many beloved members of our community died from Covid-19, including, of course our Rabbi Neil Kraft z"l. So many of our families were blighted by the experience of suffering from the effects of Covid-19. We know of course that the journey is not yet finished and that it is one that we share with all of the peoples of the world.

Yet like that little sister of the poem, we cannot and must not despair. We have found ways to make community effective this year, both in our own Synagogue and in the ways that so many members have reached out to neighbours and their local areas. Many of our members are doing remarkable work keeping parts of our health service going during the worst of times, teaching and caring for our children and so many EHRS members are trying to help the isolated.

We have to recognise that there is pain and trauma in our community as we enter this New Year. We do not know yet how we will restore the society that we used to enjoy with such ease. We are taking small steps forward but will often also have to take steps back for our safety.

There are bright sparks around.

We see the joy of our weekly Zoom Kiddushim as people get to talk to many others. We celebrate B'nei Mitzvah in the unique circumstances of on-line services. Many members of our community enjoy learning together in all kinds of shiurim and classes. Many more stepped forward to volunteer to help others in the community than in normal times. New babies are being born into our community and weddings are beginning to take place again.

In the New Year ahead, please see your Synagogue as very much alive and ready to be part of your life. We never stopped holding services, our Community Care team has worked constantly, our classes have only grown for adults and children. Let your membership of EHRS be among the blessings that you can rely on in this still extraordinary year to help you to deal with the uncharted times ahead. We are here to help.

Rabbi Mark Goldsmith



Pat, Helpline caller



"When I needed advice about end of life care for my husband, they were there"

Our Helpline can help you find the answers to the most challenging problems. We're here for the whole Jewish community in London and the South East, so if you have a question, please ask Jewish Care.

**When you need help,
call 020 8922 2222
or visit [jewishcare.org](https://www.jewishcare.org)**

Charity Reg No. 802559

JEWISH CARE

Rosh Hodesh: All About Eve with Eleanor Davis

Torah Study via Zoom (For Zoom details please email atj@ehrs.uk)

Begins Monday 19 October, 20:00-21:00, running monthly until July 2021

All About Eve: The New Moon is a traditional women's holiday, but this monthly study group is open to all. This year we're exploring Eve's story in Torah and Rabbinic literature, to investigate the first woman as an individual and as an archetype. Join us to discover how Eve is far more than just a spare rib. Please see website for future dates.

First Shabbat Shiur, 9:15 - 10:00

Saturday 5 September

Getting the most out of Elul - Rosh Hashanah and Yom Kippur are (spiritually speaking) like running a marathon. Just as most of us would only attempt such a race after a period of training, the month of Elul is traditionally used to help us prepare mentally, emotionally and spiritually for the High Holidays. Join Rabbi Emily for this first Shabbat Shiur where we will learn how to get the very most out of Elul.

Saturday 3 October

Eco-Shiur for Sukkot - Over this extraordinary year the Earth has had something of a rest from regular damaging human activity. What difference has this actually made and what can we do as Jews to improve the ecological future of the world? With Rabbi Mark.

Zoom details will be provided in Our Week Ahead or please email admin@ehrs.uk

Bite of Torah for everyone interested in Torah

Our popular Saturday morning Torah study in it's wonderful richness. Zoom link details will be provided in Our Week Ahead email so that you can participate and ask questions.

Saturday 26 September, 09:15-10:00

Parashat Ha'azinu - In this week's Parashah we hear Moses final speech, in which he talks about the hiding of God's face. What does this mean and how has it been used throughout Jewish history? With Rabbi Debbie.

Saturday 17 October, 09:15-10:00

Demigods in the Torah - Obscured by the better known stories in Parashat Bereishit, the very end of the portion serves as the jumping-off point for some of the most imaginative & risk-taking stories in extra-Biblical literature. In this Bite of Torah, Rabbi Emily will be presenting some of the more unusual non-canonical texts in Jewish history.

The High Tech Holy Days

Wednesday evenings, 20:00-21:00

The Jewish month of Elul which leads up to Rosh Hashanah is traditionally a time of personal preparation for experiencing the full meaning of the High Holy Days. This year is unique of course as we cannot come together in person safely as a community at our Synagogue campus but rather will aim to create the best experience at home online. Our Rabbis invite you to join them in any one or all of three sessions to get ready for this special season. Please email atj@ehrs.uk for Zoom details.

2 September - 'It feels so different this year' with Rabbi Mark

9 September - 'How my year has been' with Rabbi Emily

16 September - 'Making the days work at home' with Rabbi Debbie



Soul Candles - a ritual for the 10 days

Wednesday 23 September, 20:00

We will explore the origins of a largely forgotten ritual, traditionally performed in European Shtetls before Yom Kippur, honouring the dead and praying for the living. We will be crafting beeswax candles and sharing memories. These candles may also be used for our special Yizkor service on the Learning and Soul Channel on Yom Kippur (though you may attend one without the other!). For Zoom details and information on what materials will be required please email rabbi.debbie@ehrs.uk



Talmud Class Sundays 13 & 27 September and 25 October 10:00-11:00

EHR's stimulating and friendly Talmud class is open to all levels of Jewish knowledge. Join Rabbi Mark to grapple with the ideas of our classical Rabbis. Join the discussion of 2000 years ago and its remarkable relevance to issues today. No previous Talmud study experience necessary, just a thirst to get deep into the foundational texts of Judaism. This class is conducted online through Zoom as discussion and argument is what it is all about! Please email rabbi.mark@ehrs.uk to get the Zoom details and the Talmud texts we are studying.



Cornerstone, our introduction to Judaism course is open to everyone in the community, and those exploring conversion.

Join us on Tuesday evenings to explore a wide breadth of Jewish knowledge including making Shabbat meaningful, Jewish History, how does Talmud work, what does keeping kosher mean to us as Progressive Jews, and understanding the festivals and lifecycle celebrations. As a part of Cornerstone we are also offering introductory and next steps Hebrew classes.

Please contact rabbi.debbie@ehrs.uk for more details.

EDUCATION UPDATE

The last time we held an educational/cultural event in the shul was on Sunday 15 March when we held our Mega Seder Drive. The day after that was basically when we shut down to all activities in the shul and we haven't run any at EHRS since. But although we were in lock down we didn't stop our activities, they just happened virtually instead. And they actually went pretty well. For some, certainly for adults we have seen more people attend events online than we might have done in the building. And we have been able to hold some wonderful events that we probably could not have achieved if not in lock down.

The world of possibilities has actually in some ways opened up for us, certainly in terms of who we can connect with around the world without leaving our homes. A real example of this was recently when we invited Heather Morris, the author of 'The Tattooist of Auschwitz' and 'Silka's Journey'. She zoomed in all the way from Melbourne in Australia at 5.00am in the morning (her time). We had the maximum 100 people watching on Zoom and others watching on Facebook live. She was so happy with her reception from EHRS, that she has promised to visit us when she feels able to come to London in the future.

Our children's educational activities went onto Zoom as well and we ran our full bar and bat mitzvah classes and Orot right up until the end of the academic year. So while that was successful and parents were grateful for us trying to keep their children learning and connected to their community; we know that it doesn't replace the face to face connections and sense of belonging and community that meeting together at EHRS nurtures.

So we are very busy planning the return of Orot and bar/bat mitzvah classes in September. All the EHRS staff, which includes Orot and BBM staff have had COVID training, so we are confident that we are COVID compliant. We have completed a risk assessment and plan of how we will bring our children and young people back into a safe learning environment. We have many exciting changes as well.

The bar/bat mitzvah programme is moving from Tuesday evenings to Fridays with a brand new programme that will be taught by the Rabbis, Steve Wax and Nigel Williams. One to one tuition is going to continue for the time being on line as it has worked very well and offers more flexibility for families of when lessons can happen. And obviously the problem with people singing in the same room is addressed.

We are excited that we have appointed Rachael Chomer, who is going to be our SENCO for Orot and the BBM classes. She is also a professional actress and drama teacher, so we will be offering drama classes in Orot as part of our projects. She is as keen as I am to start a drama club at EHRS for children and hopefully eventually for adults too. So watch this space. I know we have a lot of lovely parents with drama, teaching and performance experience and I will be calling on you to help build what I think will be an amazing programme.

So though we know there are still challenges ahead whilst COVID 19 is circulating in our world, we have demonstrated that we can respond, and we are looking to a bright New Year back in our community at EHRS.

Marian Cohen *Director of Education*

YOUTH CENTRE UPDATE

It's been a lovely summer, seeing many young people over Zoom and most recently in the synagogue building for our Kaytana & Kadima Reinvented for 2020. The youth have also been busy outside of EHRS.

Please read below an article by Ruby Scott, one of our youth participants, who took on a challenge with fantastic results. From all of us at EHRS, well done Ruby!

Taking on the Yorkshire Three Peak Challenge,
Ruby Scott aged 10

'On Saturday 25 July I took on the hardest challenge of my life, walking the three highest peaks in Yorkshire (Pen-Y-Ghent,

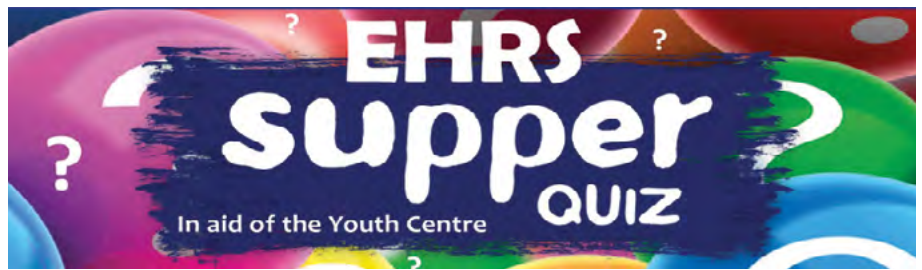


Whernside and Ingleborough) with my mum, Gillian, and my karate instructor, Sensei. The route was approximately 25 miles and included 5200ft of ascent. I set myself this challenge as part of my journey to my Black Belt and used the opportunity to raise money for Leukaemia UK. My mum helped me by setting up a GoFundMe page and we raised an impressive £1,143.

Leading up to the walk my mum and I had been exploring every road in Stanmore, increasing distance and speed daily, But no amount of training could have prepared us for how tough the challenge would be. As we set out FOR Pen-Y-Ghent the paths were muddy and slippery with the wind and rain against us. The bad weather meant we couldn't see the top, but it felt amazing to reach the summit. The walk to Whernside was long, wet, with lots of sheep and cows. We stopped along the way for a quick sandwich and the sun finally made an appearance. I had attacked the first mountain with such spirit that my body was telling me to stop, but I kept going. As we walked past Ribbleshead Viaduct we saw a steam train overhead but except for the never-ending steps, the walk to the summit of Whernside wasn't too bad. Groups of randomly placed "steps" created a path to Ingleborough on the decent. The route to the Ingleborough summit was the easiest. It contains a tough climb and you had to dig deep, but we held hands and pushed through.

It was a great feeling to complete the challenge and I am most proud of what I have done for Leukaemia UK. If just one person's cancer journey is made better by the money raised, then I've done what I set out to do.'

Sadly we have had to postpone the Supper Quiz planned for 1st November. We hope to re-schedule early next year so watch this space!



SOCIAL ACTION

Do You Have a Spare Room?

GesherEU is a charity, founded by EHRS member Emily Green, that supports people who leave the charedi (ultra-orthodox) communities. You can find out more about us at www.geshereu.org.uk. We are looking for people to host a young person in the process of leaving the charedi community in exchange for company and carrying out of odd jobs

or light work. If you or anyone you know might be interested, please contact us to find out more.

Email help@gshereu.org.uk or call Emily or Robert on 0300 800 9753.

Volunteer Drivers Needed to Support the Homeless

Homeless Action in Barnet (HAB) and Together in Barnet (TiB) are supporting

100 formerly homeless people in temporary accommodation across the London boroughs of Barnet, Enfield, Brent, Haringey & Hackney.

HAB is operating as a food distribution point and Amanda, TiB's Operations Manager, is co-ordinating volunteer drivers who collect food parcels from HAB on a Monday and Thursday afternoon at 14:30 and distribute to up to 12 addresses.

If you would like to volunteer as a driver, please email amanda@togetherinbarnet.org for more information.

HAB need the following donations to help people set up in their new accommodation:

second hand mobile phones and chargers, good quality pots and pans, can openers, and good quality sheets, duvets & pillows no rips, tears, or stains - something you would be happy to use yourself!

HAB also need regular donations of the following items to go in their twice weekly food parcels:

small washing up liquid, toilet rolls, UHT milk, tinned meat, small jars of coffee, sugar small 500g packets, butter, pot/packet flavoured noodles, stir in sauces, tinned soup, tinned fish, tinned sweetcorn, carrots, potatoes or peas (please no chickpeas or butter beans, thank you), stock cubes, individual cooking oils, sachets of salt and pepper, ketchup, long life puddings e.g. tinned fruit, fruit pots or rice pudding, chocolate, sweets & biscuits.

Donations can be dropped off at HAB, 36b Woodhouse Road, N12 0RG at any time between 9:00-15:00, Monday to Friday. Although it is best to avoid 14:00-15:00 on Mondays and Thursdays when volunteer drivers are collecting their food parcels.

If you want to drop off your donation in Mill Hill please email nightshelter@ehrs.uk to arrange drop off at Lisa or Audrey's house.



CST wishes our community a peaceful, healthy & safe New Year

It is CST's mission to protect our Jewish communities up and down the country. We are committed to you, and ensuring your security, so that Jewish life can continue to exist and thrive in the UK.

The past year has been filled with challenges, both individual and collective. The pandemic has touched all of our lives, some in deeply tragic ways. The ability to physically meet with friends, family and in community – the networks that can make the most difficult and uncertain of times more bearable – has been removed. Where there is crisis, anger and blame follow, often directed at Jewish people. Now that we can gather together once again, CST is here to make sure it happens safe from prejudice and physical harm.

We wish that the security we provide were not necessary, but sadly terrorism, although rare, is a reality that can happen anywhere. Last Yom Kippur, the synagogue in Halle, Germany, was attacked by

a neo-Nazi. Using a homemade gun, he tried and failed to enter the synagogue, but did kill a passer-by and a customer at a nearby kebab shop. It was the cooperation of the congregants and shul staff, simply properly closing the door behind them, that saved the lives of those inside the service.

CST is here to protect you and facilitate the flourishing of Jewish life. This works best when you work with us. Please be mindful of basic security procedures and of our many dedicated volunteers who are devoting their time and efforts to ensure our safety, allowing us to spend the High Holy Days in peace. We wish you a safe, happy New Year, and a meaningful fast.

Please consider volunteering for CST or donating to us. We are a charity and we cannot do our work without your help. In an emergency, call the Police and then call our 24-hour National Emergency Number 0800 032 3263.

www.cst.org.uk [Community Security Trust](#) [@CST_UK](#)

National Emergency Number (24-hour) **0800 032 3263**
 London (Head Office) **020 8457 9999**
 Manchester (Northern Regional Office) **0161 792 6666**

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Every life tells a story.

Whether someone led an ordinary life, or an extraordinary one, we think their story is worth preserving.

Visit www.hesped.org to contribute to this online treasury of eulogies or to be inspired by the lives of others.

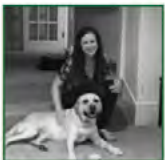
***Jewish New Year for Animals* Me and My Extraordinary Animals Sunday 6 September, 14:00-15:00**

Just as there is a Jewish New Year for Trees in the month of Shevat and a New Year for the Earth on Rosh Hashanah in Tishri there is a traditional Jewish New Year for animals on the first day of the month of Elul.



Last year EHRS celebrated with a shul dog walk.

This year we get to meet Dan Simmonds,
Gorilla Keeper for nearly ten years and
Head of Primates at London Zoo.



When your animal friends are several times your
size and strength how do you look after them?

We also speak with Dr Samantha Davis, a vet in
practice about how we look after animals when
human health is threatened.

Suitable for all ages.



Please feel welcome to bring your own
animals to the Zoom! Zoom details will be in
Our Week Ahead or email admin@ehs.uk

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ק"ק לדרור ודור

Sukkot & Simchat Torah 2020/5781

Our full Sukkot & Simchat Torah programme will be publicised closer to the time of the festival as the restrictions that will be needed to comply with government guidelines may have altered. Whether online or in person, these are the activities that we certainly plan:

Sukkot

We will build a Sukkah at the Synagogue this year and publish a schedule of activities to take place in it so that members of the congregation can visit it in safe groups. Building it will be a challenge as there is no Sunday between Yom Kippur and Sukkot. Please do help out during the week at a point that works for you.

Friday 2 October

Sukkah Decorating Party, 15:00-18:00

Volunteers are needed to cut and/or collect laurel & help build the Sukkah and all offers of help will be warmly received. Please call the Synagogue office on 0208 238 1000 if you have any laurel that we might use, we are always looking for new sources. Gifts of fruit, vegetables and flowers for the EHRS Sukkah will be welcomed from Wednesday 30 September (08:30-14:30).

Kuddle Up Sukkot, 16:15-16:45 - Experiencing the magic of the Sukkot festival for our youngest members with our Rabbis and Shabbat Dinosaur.

Sukkot Evening Service, 18:30

Saturday 3 October

Eco-Shiur, 09:15 - Over this extraordinary year the Earth has had something of a rest from regular damaging human activity. What difference has this actually made and what are can we do as Jews to improve the ecological future of the world? With Rabbi Mark

Sukkot Morning Service, 10:30 - our traditional Sukkot service led from the Beit Tefillah

Shabbat B'Sukkah, 10:30 - Shabbat B'Bayit heads into the Sukkah to bring you a very special Shabbat B'Sukkah LIVE from EHRS! Join us on Facebook Live or Zoom. Details will be found in the OWA email.

Sukkot Family Service, 11:30 - Tune in on Facebook Live for a fun and friendly family service complete with songs and stories with a Sukkot theme!



Simchat Torah



Friday 9 October

Kuddle Up Simchat Torah, 16:15-16:45 - An introduction to our Sifrei Torah for our youngest members with our Rabbis and Shabbat Dinosaur.

Rolling out a Whole Sefer Torah, 17:30-18:30 - See a whole Sefer Torah opened as our B'nei Mitzvah this year see how all of their portions fit together.

Simchat Torah Evening Service, 18:30

Saturday 10 October

Simchat Torah Service, 10:30 - including the Hakafot where we dance with the Sifrei Torah, virtually or in person. Our Chatanim and Kallot Torah and Bereshit this extraordinary year will not be individuals but rather groups within our congregation who have made a difference in the lives of their fellow members, the wider community or have coped amazingly with the challenge of Covid-19.

Family Simchat Torah Activities, 10:30 - our young people get ready for the joy of Torah with Rabbi Debbie.

YOUNG ADULTS

Our Young Adults Programme continues over the coming months with our monthly learning opportunity - Beer and Shiur, and a monthly Cook-a-long. Currently both are held on Zoom and we will continue to consult about when it is sensible to begin to meet in person.

Beer and Shiur, 20:00

Zoom details are: Meeting ID: **839 2128 5866** Passcode: **978112**



9 September: Teshuva in the Movies - does Darth Vader fulfill the requirements of true repentance? How about Andy Sachs in 'The Devil Wears Prada'? We will unpack various movie teshuva moments to understand what is really required for repentance and return to be fulfilled.

14 October: #MeToo and Dinah - The MeToo movement was a powerful moment, shifting our understanding of how prolific sexual assault against women is, and how poorly it has been dealt with by our legal systems. We will explore the story of Dinah from Genesis through the lense of the MeToo movement, and discover if the Rabbis were any better at dealing with these issues than modern courts.

11 November: Is Mikveh really for Everyone? Conversion, Niddah, maybe before a wedding, but can mikveh hold any meaning beyond this? Come and learn why Rabbi Debbie believes it is one of the most powerful rituals in our spiritual toolbox.

To join our **Cook-a-longs**, please email rabbi.debbie@ehrs.uk for Zoom details and ingredients list.

30 September: Winter Warmers: As we prepare to sit in our Sukkot, we will be preparing mulled wine and stuffed vegetables to keep us warm, satisfied, and celebrating the abundance of harvest!

28 October: Vegan deserts: Sweetening our tables! Treats will include Chocolate mousse and truffles

25 November: With 2 weeks to go until Chanukah, we will explore some alternative options to latkes and doughnuts! Olive oil cake and beer battered onion rings!

We all have mental health. We all have Jami.

Jami is the specialist provider of mental health services in the Jewish community. We provide practical and emotional support for everyone affected by a mental health problem: the person with the diagnosis, friend, relative or employer.

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Jami

The Mental Health Service for our Community

Registered charity no. 1003345.

LOOKING BACK AT 5780

Zichronam Livracha –
May Their Memory Be A Blessing

Lilian Adler
Michael Allen
Stanley Altman
Frank Beck
Peter Benedict
Thomas Benedikt
Michael David Bennet
Rudolph Berelson
Della Black
Melvyn Black
Michael Boltsa
Harold Bookey
Mary Elizabeth Bowen
Stephen Brahams
Betty Brand
Maurice Canter
Mike Casale
Phillip Cass
Gerald Chalfen
Barry Cohen
Sylvia Collins
Roy Cook
Betty Cooper
Carolynne Cooper
Martin Cordell
Mervyn Crossick
Frank Hyman Curtis
Raymond Curtis
Rita Davis
Stella Eliad
Norman Fellerman
Geoffrey Fenton
Roy Filer
Lionel Flaum
Joy Freedman
Yvette Freedman
Joyce Furrer
Frances Gamp
Morris Gibbs
Janice Gilbury
Susan Godfrey
Annita Gold
Jean Gold
Colin Goldbart
Max Goldberg
Ruth Goldsobel
Warwick Goodman
Marie Gordon
Terence Gozzard
Susan Grant
Greta Green
Marie Green
Dennis Hart
Myrtle Herscheein
Jeffrey Howard
Elaine Hyams
Paula Hyman
Gertrude Ilsen

Patricia Isaacs
Hermy Jankel
Walter Jass
Irene Jay
Gilda Kabel
Michael Kabel
Marie Karp
Michael Kay
Geraldine Kinchuck
Paul Kinchuck
Stuart Kinchuck
Rabbi Neil Kraft
Betty Krieger
Ruth Landaw
Cyril Lassman
David Lawrence
Tony Leaf
Carole Leaman
Helen Lee
Gertrude Leigh
Stanley Lerner
David Levene
Brian Lever
Henna Lewis
Eileen Lipson
Marilyn Livesey
Thelma Matthews
Anthony Michael
Adrian Morant
Clive Morris
Harry Moss

Howard Moss
Anne Myers
Flory Myers
Sara Newfield
Clare Newman
Melvyn Newman
Brian Pannaman
Evelyn Pell
Ivor Phillips
Sasha Pyser
Martin Pyzer
Cecily Rasch
Rochelle Ravenscroft
Travers Reid
Elise Reitman
Sandra Romaner
Gerald Rose
Ruth Rose
Leonard Sadur
Raymond Sandler
Anita Schogger
Anthony Seidler
Lucien Serebriany
Charles Serember
Horace Shannon
Norma Sheridan
Stella Shupick
Leonard Shurz
Elan (Irving) Shoffman
Frieda Simmons
Philip Simons
Stella Simons
Gerald Sinclair
Anita Slade
Norma Slatkin
Efin Slavinsky
Gertrude Smith
Michael Soester
Gillian Solomons
Diana Somerston
Joan Spalter
Susan Spalter
Dorothy Spitz
Louis 'Michael' Staal
Alan Summers
Gunter Susskind
Marsha Symons
Philip Symons
Edgar Vaughan
Gillian Wagonfield
Stephen Webber
Denise Williams
Leon Wilson
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Graham Wingard
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ENABLED

Rabbi Laura Janner-Klausner's High Holy Days Message for 5781

As I prepare to leave my current role as Senior Rabbi to Reform Judaism after nine years, it is certainly with a tinge of sadness that I consider my last of these messages for the High Holy Days. Serving our communities, working with the tremendous team at Reform Judaism and supporting my rabbinic and cantorial colleagues across the country - this job has been such a blessing.



What it has allowed me to see is the incredible diversity and energy which together makes up Reform Judaism. Over the last nine years I have been privileged to be able to visit our communities around the UK and I have learnt something new from every one. Being given the opportunity to see our communities as a whole has allowed me to appreciate the incredible tapestry of Reform Judaism that they make together. Each is wonderful in its own right, but together they make something which is also distinctly beautiful. We raise each other to a higher level by working together and amplify our voices by speaking together.

Nothing has more highlighted the importance of reducing the distance between our communities than the ongoing pandemic. As physical synagogue doors closed, the hearts of our communities have remained 100% open. The speed with which we have innovated and reimaged our entire Jewish communal life has been an unbelievable feat. The connections between our communities and the Reform Judaism team have enabled lessons learnt by one community to be shared rapidly and help to improve the experience of all our synagogue members.

We have innovated and we have been resilient. Our congregations have done all they can to support members in need, including those suffering loss of income, those having to isolate or those shielding for extended periods of time. Being a resilient community, able to deal with anything, means being able to support our members most in need no matter what. We have also been brave; there have been decisions which were not easy, but were necessary for the protection of life. Stopping attendance at funerals and remaining together virtually for these High Holy Days were two such decisions - but both have and will certainly protect lives and realise the most fundamental Jewish value of *pikuach nefesh* saving lives.

We come to Rosh Hashanah, known alternatively as *Yom Ha'Zikaron* in our liturgy - the day of remembrance. Over nine years of being Senior Rabbi, there is a lot for me to remember fondly. So many great moments of celebration and joy, interspersed with times of reflection and mourning, have been enhanced by the community we have built. This time is not one for nostalgia, though. Rosh Hashanah and this whole season of repentance teaches us that remembering alone is not enough - it is about applying that memory to improving our future.

I know that the future for Reform Judaism is a bright one.

Every year I have been to RSY-Netzer's *Mega Chalutz* - the gathering of the leaders of our Youth Movement before they disperse to make summer camp happen. What I have seen there is complete proof that we have a generation of talented and inspirational young people who are passionate about our Movement. These are not our future leaders - they are our leaders now. When you see how our Youth Movement and community youth programmes shape and develop these young adults, you cannot help but be optimistic about what lies ahead. Working together with the experienced leadership we already have across our community, I have no doubt the combination will be unstoppable.

It is a future I still hope to be part of, albeit in a different capacity, as I go to start my PhD in Digital Theology. It has been an honour to play my part in helping the Reform voice be heard more loudly within our communal discourse. Like the Shofar which will ring out into each of our homes during this High Holy Day period, we must all do our parts to enable Reform Judaism to continue to make waves which can be felt across the country.